

CAMP DIRECTOR

- Kamehameha Girls Volleyball Coach
- 32 years experience as Camp Director for largest Team Volleyball Camp on the West Coast
- Former Head Women's Volleyball Coach at Oregon State University
- Division | PAC-10 Conference Coach of the Year in 1991
- Oregon High School 4A Girls State Champion Coach - Gresham High School 1986
- Oregon State Girls Coach of the Year 1986
- Oregon High School Coach of the Year 1986
- Multiple BIFF Boys Coach of the Year Award
- Multiple State of Hawai'i Boys Coach of the Year

Mandatory Medical Release Form

Player's Name: _____

Insurance Provider: _____

Insurance Policy #: _____

I hereby give my consent for the above individual to participate at Kamehameha School Volleyball Camp in training, competition, events and activities. I understand that there are inherent risks of personal injury and/or property damage in the athlete's participation. With full knowledge of such risks, whether foreseen or unforeseen, on behalf of myself, my heirs, my personal representative, my assigns and the minor child, I agree to:

1. Assume any and all risks of injury, loss or damage which may arise out of such participation, including but not limited to the rendering of any medical treatment arising there from.
2. Waive and release any and all claims against Kamehameha Schools, Guy Enriques, Volleyball Camp Staff, employees, agents and representatives, both in their professional and personal capacities, for any and all injuries, losses or damages connected with or arising out of such participation; and
3. Indemnify and hold Kamehameha Schools forever harmless from and against any and all claims which may arise out of such participation.

I represent that I have read and I understand the content of this statement; I understand the nature of this statement as contractual, and not a mere recital; I have had an opportunity to ask questions about this statement; and I have executed this statement as my own free act.

Signature of Parent/Legal Guardian

Date

BIG ISLAND'S BEST VOLLEYBALL CAMP

- Head Clinician - Guy Enriques has 32 years of Camp Director experience
- 3 meals a day plus snacks
- Free overnight stay at KS Gym facilities
- Athletic Trainer available during heavy practice hours
- Learn from coaching: "The Best way to learn a skill is to teach it." Each day session provides an opportunity to teach and motivate younger players to perform basic skills. Assume the role of a coach and team and improve your personal skills at a faster rate.
- Learn and develop the critical success skill - Goal Setting - Mental Toughness - Self-Responsibility - Discipline
- Personal Motivational/Inspirational Talk sessions every night. Team attitude and Personal Development is a major focus of camp
- Girls and Boys training together creates more energy, focus and elevated play
- Improve your ball control skills by tracking your improvement and increasing your focus using the BRED Practice strategy

What to bring for Overnights:

- Practice Clothes for 4½ days - lots of extra shirts for those who sweat a lot
- Knee pads
- Toiletries (soap, toothpaste, toothbrush, shampoo, deodorant)
- Towel
- Good pre-worn court shoes/slippers for evening
- Sleeping bag and pillow (optional - air mattress)
- Plastic bag for used laundry
- Personal Snacks

Camp Guidelines:

Overnight Camp Rules and Guidelines will be covered at the beginning of camp. Campers failing to follow rules and guidelines will be released immediately with no refund of camp fees.

Questions:

Guy Enriques (808) 217-2253

Email: enriques@hawaii.rr.com

KAMEHAMEHA GIRLS VOLLEYBALL PROGRAM
presents

All Day • All Night • All Volleyball HIGH SCHOOL Volleyball Camp

Sleep-over Camp for Boys & Girls
9th - 12th grade

June 2-6, 2019

Sunday Afternoon - Thursday



REGISTER EARLY - SPACE IS LIMITED

ELEMENTARY & MIDDLE SCHOOL Volleyball Day Camp

Day Camp for Boys & Girls
2nd - 8th grade

June 3-6, 2019

Monday - Thursday

REGISTER EARLY - SPACE IS LIMITED

ELEMENTARY & MIDDLE SCHOOL

Volleyball Day Camp

Age level: 2nd - 8th grade
Date: June 3-6, Monday - Thursday
Location: Kamehameha High School Gym (Ko'ia)
Time: 8:30 a.m. - 3:30 p.m.
Check-in: 8:00 a.m. DAILY
Camp Fee: \$140 (no lunch)
 \$170 (includes bento lunch & snacks)

Registration deadline: May 28
Late registration and walk-in registration add \$15

Daily Schedule:

Daily Check-in.....8:00 a.m.
 Morning Session 8:30 a.m. - 12 p.m.
 Lunch 12 p.m.
 Afternoon Session 1 p.m.
 End of Camp.....3:30 p.m.

Primary Camp Goals:

- Fostering and instilling a "LOVE FOR THE GAME"
- LOTS AND LOTS OF BALL CONTROL REPETITIONS WITH UPPER LEVEL PLAYERS
- Developing Communication from DAY 1
- Lots of competition in game-like situations and mini-tournaments

Advanced Middle School and Club Players

Players with advanced skills that are still in Middle School and competed in USA Club volleyball are welcome to apply for the High School Overnight program. Sleepover is optional but attendance from start to end of each day is required. A note stating Parent and Club Coach approval/signatures IS REQUIRED AND MUST ACCOMPANY YOUR REGISTRATION FORMS.

All Day • All Night • All Volleyball

HIGH SCHOOL

Volleyball Camp

HS Sleep-over Camp for Boys & Girls

Date: June 2-6, Sunday afternoon - Thursday
Location: Kamehameha High School Gym (Ko'ia)
Camp Fee: \$190
Housing Free: Limited to space available, please register early
Check-in: Sunday 2:00 - 3:00 p.m.
Registration deadline: May 28
Late registration and walk-in registration add \$15

Sunday Schedule:

Welcome - Orientation.....3:00 p.m.
 Court Time - BRED Drills3:30 p.m. - 6 p.m.
 Dinner6 p.m. - 7 p.m.
 Court Time.....7 p.m. - 9:30 p.m.
 Shower/Snack9:30 p.m. - 10:30 p.m.
 Motivational Videos & Lectures.....10:30 p.m. - 11:30 p.m.
 Quiet Time11:30 p.m.
 Lights out.....12:00 a.m.

Daily Schedule (Monday - Thursday):

7:00 a.m..... Breakfast
 8:15..... Day's Orientation - Goal Setting
 8:30..... Morning Court Session
 12:00 p.m..... Lunch
 1:15..... Afternoon Court Session
 3:30..... Afternoon Break
 4:00..... BRED - Ball Control Court Session
 6:00..... Dinner
 6:45..... Court Time Competition
 9:30..... Shower/Snack
 10:30..... Motivational Videos & Lectures Team Building
 11:00..... Quiet Time
 11:30..... Lights out
 Camp ends Thursday at 8:00 p.m.

Team and Coaches Discount

Teams: Bring 7 high school or club team members paying full tuition and get the 8th player free. Members must all be from the same club or high school team.
Coaches: Come and assist with the camp and receive one (1) free tuition for a player of your choice. Must work 90% of camp. Free Meals - Sleep-over optional. We would love to have you!

CAMP REGISTRATION

Name: _____

Address: _____

Parents Name: _____

Emergency Contact Numbers:

Day Phone: _____ Cell: _____

Day Phone: _____ Cell: _____

Email: _____

School Attending: _____

Male Grade next fall: _____

Female

T-shirt Size (circle one)

Adult: S M L XL XXL

Youth: S M L

REGISTRATION FEES

ELEMENTARY & MIDDLE SCHOOL

Volleyball Day Camp

- \$140 (no lunch)
 - \$170 (includes bento lunch/snacks)
- Late registration after May 28 and walk-in add \$15

HIGH SCHOOL

ALL DAY • ALL NIGHT

Volleyball Overnight Camp

- \$190 Camp Fee - Includes all meals
- Late registration after May 28 and wak-in add \$15

Write checks payable to:

Kamehameha Schools - VB

Mail to:

KS Volleyball Camp
 183 Kuhilani
 Hilo, HI 96720

