

**Holt High School**  
**Athletic Department Information**  
**Frequently asked Questions**

- When do sports start?
  - Fall Sports & Start Dates – **Please note fall sports start PRIOR to start of school**

Boys	Girls
Cross Country – Wed. Aug 12, 2020	Cross Country – Wed. Aug 12, 2020
Football – Mon. Aug 10, 2020	Golf – Wed. Aug 12, 2020
Soccer – Wed. Aug 12, 2020	Sideline Cheer – June 2020
Tennis – Wed. Aug 12, 2020	Swimming & Diving – Wed. Aug 12, 2020
	Volleyball – Wed. Aug 12, 2020

**Winter Sports & Start Dates**

Boys	Girls
Basketball – Mon. Nov 16, 2020	Basketball – Mon. Nov 9, 2020
Bowling – Mon. Nov 16, 2020	Bowling – Mon. Nov 16, 2020
Hockey – Mon. Nov 2, 2020	Competitive Cheer – Mon. Nov 9, 2020
Swimming & Diving – Mon. Nov 23, 2020	Dance – June 2020
Wrestling – Mon. Nov 16, 2020	Gymnastics – Mon. Nov 2, 2020

**Spring Sports & Start Dates**

Boys	Girls
Baseball – Mon. March 15, 2021	Lacrosse - Mon. March 15, 2021
Golf - Mon. March 15, 2021	Softball - Mon. March 15, 2021
Lacrosse - Mon. March 15, 2021	Soccer - Mon. March 15, 2021
Track & Field - Mon. March 15, 2021	Tennis - Mon. March 15, 2021
	Track & Field - Mon. March 15, 2021

- What days do sports practice?
  - Every day after school. High school sports will practice or compete every day and some Saturdays. The expectation is that athletes will attend all practices and games.
- Is there practices during school breaks?
  - Yes. Sports in season will practice and compete during all school breaks.
- Are there academic eligibility requirements?
  - Yes. The Michigan High School Athletic Associations (MHSAA) -the governing body of high school sports – requires all student athletes to have passed 67% of their previous semester classes. In addition, they must be passing 67% of their current classes.
  - The Holt Board of Education also requires student athletes to maintain a cumulative GPA of 1.67 AND be on track to graduate with their class.

- How do I register my son/daughter for athletics?
  - Student athletes are required to obtain a participation card prior to the first date of practice/tryouts. In order to obtain a participation card, each student athlete must complete the following:
    - Register on [familyid.com](http://familyid.com) (online registration program – see flyer)
    - Turn in a completed physical to athletic office staff
    - Complete an academic grade check by athletic office staff
- If I had a physical completed last school year, is it good for this school year?
  - No. Physicals for the 2020/2021 school year must be dated after April 15, 2020. Physicals must be fully completed (all required information and parent/guardian signatures) AND must be signed by a doctor on the MHSAA physical form.
  - The MHSAA physical forms are located in the athletic office or can be printed from the [www.MHSAA.com](http://www.MHSAA.com) website or at [www.holtathletics.org](http://www.holtathletics.org).
- Is there a participation fee?
  - Yes. The participation fee for high school athletics is \$180 or \$90 for students that receive free/reduced lunch. There is also a family cap of \$360. Please see flyer for more detailed information.
- Who can I contact for more information:
  - Holt High School Athletic Director: Renee Sadler
    - [rsadler@hpsk12.net](mailto:rsadler@hpsk12.net)
- Is there a website for more information:
  - [www.holtathletics.org](http://www.holtathletics.org)