



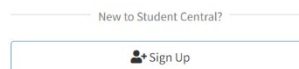
NEW! Student Athlete Online Registration Process

Dear Parent/ Guardian,

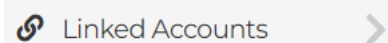
The Athletic Department at Highland High School now hosts their Pre-Participation Athletic Forms online with BigTeams. This digital platform will allow you, and your student(s), to complete and access athletic forms via computer, tablet, or mobile phone. It is HIPAA, COPPA and FERPA compliant. A link to the privacy policy is located at the bottom of the Sign in page at www.planeths.com.

IMPORTANT! BOTH STUDENT ATHLETE & PARENT NEED THEIR OWN ACCOUNT IN ORDER TO LINK AND COMPLETE FORMS!

1. Go to www.planeths.com , scroll down and click on




2. After filling out all contact and insurance information, click on



3. Enter the email address of the other account (student or parent) and click

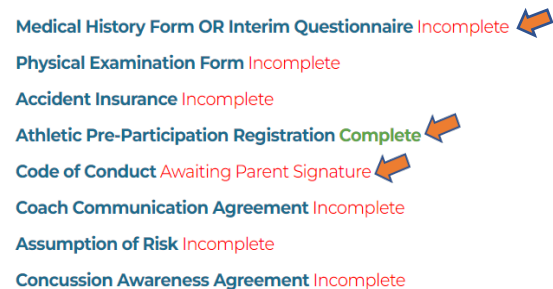


An e-mail invite will be sent to the address entered. Clicking on the link in the e-mail will connect the two accounts.


4. You should be prompted to fill out the forms next. If not, click  **Forms** and then on **Athletic Forms** at the left side of the page. (Parent accounts must be linked to a student account before they will be able to fill out forms online.)

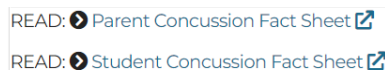
5. Indicate all sports you are interested in participating in for the entire year by checking their boxes. You can always change your options later.

6. Click on each form to view it, fill it out, or sign and submit it. Watch for the red and green words to tell you what still needs to be done.



7. Medical History Forms (the Interim questionnaire is not required) need to be printed, filled out and signed by a parent and then uploaded for admin approval. Physical examination forms should be printed, filled out and signed by your physician and then uploaded by you for admin approval. You may turn them in at the office if needed. **If you did a free physical in May, these forms will be uploaded for you.**

8. Concussion forms must be clicked on and reviewed before being initialed  and signed.



9. When one form is completed, you will be prompted to complete the



10. When all forms have been signed by both parent and student, and admin has approved your medical history and physical examination, you should see all **Complete**.