

Herndon  
Hornets  
BASKETBALL

---

Tryouts  
2022-2023



Schoolology Group

*Access Code*

Z2KQ-7HFZ-C6HMN

## Contact Information

*Use the QR code to complete a  
short Google form*

GO HORNETS



<https://docs.google.com/forms/d/e/1FAIpQLSfYD-u3HxgesuHMmFF7Q9Czi18FIYyZszQ1ONxrQYUu4YROUw/viewform?usp=sharing>

# Requirements to Try Out

- ✓ **Parents/caregivers** have filled out or updated information on **rSchool**.
- ✓ **VHSL physical** has been submitted to **Herndon Athletics Trainers**.

The screenshot shows the rSchool interface for the 'Pillars Hornet Basketball' group. The top navigation bar includes 'Fairfax County PUBLIC SCHOOLS', 'COURSES', 'GROUPS' (circled in yellow), and 'RESOURCES'. The group name 'PILLARS Hornet Basketball' and the 'PATH' logo are highlighted with a red box. The 'Resources' section (circled in yellow) contains a table with one entry: 'VHSL Physical and Registering with rSchool', which is also circled in yellow. The entry was added by the user on July 3, 2022.

<input type="checkbox"/>	Title
<input type="checkbox"/>	VHSL Physical and Registering with rSchool Added by You · Jul 3, 2022

# PILLARS

## Hornet Basketball



# FOUNDATIONS

## Hornet Basketball

**C.P.P.**

- ✓ COMMUNICATION
- ✓ PUNCTUALITY
- ✓ PREPAREDNESS

# Coaching Staff

**Varsity Head Coach:** Kevin Quinlan ([kmquinlan@fcps.edu](mailto:kmquinlan@fcps.edu))

**Varsity Assistant Coaches:** Ahmed Elmisurati, Keshawn Hamlin, and Aaron Jackson

**JV Head Coach:** Quinton Rice ([aqrice@fcps.edu](mailto:aqrice@fcps.edu))

**Freshmen Head Coach:** Kenny Ferrer ([ksferrer@fcps.edu](mailto:ksferrer@fcps.edu))

**Freshmen Assistant Coach:** Dan Luparello

Tryouts for the  
2022-2023 Season  
*Subject to change based  
on playoffs for Fall Sports*

- Three days for tryouts
- Dates: November 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup>
- Time: 5:00-7:00PM
- Place: FR/JV in MAIN Gym, VAR in AUX Gym
- Team Selection Player Meetings on November 9<sup>th</sup> 7:00-8:00PM
- Approximately 12 roster spots per level
- During the season, we practice Monday – Saturday outside of gamedays, which are usually, but not always, Tuesday and Friday.
- FCPS Students’ Rights and Responsibilities will be honored.

---

\* Parent Night is Monday, November 14<sup>th</sup> at 6:30PM in the Cafeteria.

\* To earn a Varsity Letter, a student-athlete must complete the entire season on the Varsity Roster and in good standing.





# Schedule around Thanksgiving

			21-Nov	22-Nov	23-Nov	24-Nov	25-Nov	26-Nov		
			M	T	W	Th	F	Sa		
Week 3	MAIN	3:00-5:00PM	BFBB		9:00-11:00AM: BFBB	THANKSGIVING	3:00-5:00PM: BFBB	8:45-10:30AM: BFBB		
		5:00-7:00PM	BVBB		11:00AM-1:00PM: BVBB		5:00-7:00PM: BVBB	10:30AM-12:15PM: BVBB		
		7:00-9:00PM	GVBB		1:00-3:00PM: GVBB		7:00-9:00PM: GVBB	12:15-2:00PM: GVBB		
	AUX	3:00-5:00PM	GJVBB	*Walk-throughs*	9:00-11:00AM: GFBB		3:00-5:00PM: GFBB	8:45-10:30AM: GFBB		
		5:00-7:00PM	BJVBB		11:00AM-1:00PM: BJVBB		5:00-7:00PM: BJVBB	10:30AM-12:15PM: BJVBB		
		7:00-9:00PM	GFBB		1:00-3:00PM: GJVBB		7:00-9:00PM: GJVBB	12:15-2:00PM: GJVBB		
				FALL SPORTS BANQUET	Scrim vs Riverside Scrim @ Riverside		NO SCHOOL	NO SCHOOL	NO SCHOOL	
	Week 4	MAIN	3:00-5:00PM	GJVBB	GJVBB		GJVBB	NO SCHOOL		
			5:00-7:00PM	GVBB	GVBB		GVBB			
7:00-9:00PM			BVBB	BVBB	BVBB					
AUX		3:00-5:00PM	BFBB	BFBB	BFBB					
		5:00-7:00PM	GFBB	GFBB	GFBB					
		7:00-9:00PM	BJVBB	BJVBB	BJVBB					
			PICTURE DAY 4:45PM in Cafe	@ Heritage vs Heritage						



# Schedule around Winter Holidays

			19-Dec	20-Dec	21-Dec	22-Dec	23-Dec	24-Dec	
			M	T	W	Th	F	Sa	
Week 4	MAIN	3:00-5:00PM			BFBB	BFBB	BFBB	8:45-10:30AM: BFBB	
		5:00-7:00PM			BVBB	BVBB	BVBB	10:30AM-12:15PM: BVBB	
		7:00-9:00PM			GVBB	GVBB	GVBB	12:15-2:00PM: GVBB	
	AUX	3:00-5:00PM			GJVBB	GJVBB	GJVBB	8:45-10:30AM: GFBB	
		5:00-7:00PM			BJVBB	BJVBB	BJVBB	10:30AM-12:15PM: BJVBB	
		7:00-9:00PM			GFBB	GFBB	GFBB	12:15-2:00PM: GJVBB	
				<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>CHRISTMAS EVE</b>
				VAR vs Justice	VAR vs Meridian				
				VAR vs Pot Falls	VARbvs Meridian				
			26-Dec	27-Dec	28-Dec	29-Dec	30-Dec	31-Dec	
			M	T	W	Th	F	Sa	
Week 5	MAIN	3:00-5:00PM	GJVBB			GJVBB	GJVBB	8:45-10:30AM: GFBB	
		5:00-7:00PM	GVBB			GVBB	GVBB	10:30AM-12:15PM: GVBB	
		7:00-9:00PM	BVBB			BVBB	BVBB	12:15-2:00PM: BVBB	
	AUX	3:00-5:00PM	BFBB			BFBB	BFBB	8:45-10:30AM: BFBB	
		5:00-7:00PM	GFBB			GFBB	GFBB	10:30AM-12:15PM: GJVBB	
		7:00-9:00PM	BJVBB			BJVBB	BJVBB	12:15-2:00PM: BJVBB	
				<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NEW YEAR'S EVE</b>
					Middletown Tourney	Middletown Tourney			
					Middletown Tourney	Middletown Tourney			

# LEGITIMATE EXCUSES

## Hornet Basketball

- ❑ Death in the family (God forbid)
- ❑ Illness to the student-athlete
- ❑ Formal religious observation

It is **imperative** that student-athletes budget their time wisely to avoid potential conflicts between *academics* and *athletics*.

Team Store  
from Sports Plus  
*Use QR code  
to order gear*



<https://herndonbb2022.itemorder.com/shop/home/>

