

Grosse Pointe South



EMERGENCY ACTION PLAN ATHLETIC DEPARTMENT

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**GROSSE POINTE SOUTH HIGH SCHOOL EMERGENCY ACTION PLAN FOR
ATHLETICS**
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GROSSE POINTE SOUTH HIGH SCHOOL

EMERGENCY ACTION PLAN FOR ATHLETICS OVERVIEW

Purpose of Emergency Action Plan (EAP)

The purpose of the Emergency Action Plan (EAP) is to provide Grosse Pointe South High School Athletics with a plan in case of a serious or life-threatening situation that arises during practice, games, or competitions. Athletic trainers, coaches, administrators, and other school personnel involved in athletics must constantly be on guard for potential injuries, and although the occurrence of life-threatening emergencies is not common, the potential exists. Therefore, prepared emergency responders must plan in advance for the action to be taken in the event of such an emergency. An emergency can consist of but is not limited to a medical emergency, a weather related emergency, or a catastrophic event.

Components of the Emergency Plan

These are the basic components of every emergency action plan for athletics:

1. Emergency Personnel
2. Need for EAP
3. Making a Call to 911 / Medical Emergency Transportation
4. Emergency Equipment
5. Roles Of Certified Athletic Trainers, Student Trainers, Coaches, And Administrators
6. Venue Directions With map

Emergency Plan Personnel

With athletic practice and competition, the first responder to an emergency situation is typically a member of the sports medicine staff, most commonly a certified athletic trainer. A team physician may not always be present at every organized practice or competition. The type and degree of sports medicine coverage for an athletic event may vary widely, based on such factors as the sport or activity, the setting, and the type of training or competition. The first responder in some instances may be a coach or other institutional personnel. Certification in cardiopulmonary resuscitation (CPR), first aid, prevention of disease transmission, and emergency plan review is strongly recommended for all athletics personnel associated with practices, competitions, skills instruction, and strength and conditioning.

Need for EAP:

The EAP has been categorized as a written document that defines the standard of care required during an emergency. Serious emergencies rarely happen but when they do, a quick organized response can make a difference between a successful and unsuccessful reaction to an emergency. As a result, an EAP that is well planned and rehearsed will provide responders with the approach they need for an effective response. Grosse Pointe South High School wants to ensure the safety of all of our student-athletes, coaches, and fans. It is known that our certified athletic trainers have a legal duty as reasonable and prudent professionals to ensure high-quality care of our student-athletes. We have two certified athletic trainers in coordination with St. John Providence Health System that provide medical assistance to our student-athletes during all home events and some away events during the playoffs and off-campus events with our hockey team.

Making a Call to 911

Making the Call:

911; **or IF at GPCR (ESHF) call 313-224-1212**

Providing Information:

1. Name, address, telephone number of caller (see p. 19-35 for location addresses)
2. Nature of emergency, whether medical or non-medical *
3. Number of athletes
4. Condition of athlete(s)
5. First aid treatment initiated by ATC/Physician
6. Specific directions as needed to locate the emergency scene
7. Other information as requested by dispatcher

Medical Emergency Transportation

Emphasis should be placed at having an ambulance on site at high risk sporting events. In the event that an ambulance is on site, there should be a designated location with rapid access to the site and a cleared route for entering/exiting the venue. If an ambulance is not present at an event, entrance to the facility should be clearly marked and accessible. In the event of an emergency, the 911 system will still be utilized for activating emergency transport.

In the medical emergency evaluation, the primary survey assists the emergency care provider in identifying emergencies requiring critical intervention and in determining transport decisions. In an emergency situation, the athlete should be transported by ambulance, where the necessary staff and equipment is available to deliver appropriate care.

Nearest Hospital Locations

St. John Hospital & Medical Center – Main Campus

22101 Moross Rd, Detroit, MI 48236

Directions: From I-94 exit off Moross Road. Head east (toward Lake St. Clair), drive east about 1 mile and the emergency entrance will be on the left hand side. **Note: EMS will not transport to Beaumont Hospital in Grosse Pointe!**

Non-Medical Emergencies

For the following non-medical emergencies: fire, bomb threats, severe weather and violent or criminal behavior, refer to the school district's emergency action plan guidebook.

Conclusion

The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on how well trained and prepared athletic healthcare providers are. It is prudent to invest athletic department "ownership" in the emergency plan by involving the athletic administration and sport coaches as well as sports medicine personnel. The emergency plan should be reviewed at least once a year with all athletic personnel, along with CPR and first aid refresher training. Through development and implementation of the emergency plan, Grosse Pointe South High School helps ensure that the athlete will have the best care provided when an emergency situation does arise.

GROSSE POINTE SOUTH HIGH SCHOOL

Contact Information of Personnel

Grosse Pointe South High School Principal

Moussa Hamka
Office: (313)-432-3504

Grosse Pointe South High School Assistant Principal

Cindy Parravano – Grades 9 & 11
Office: (313)-432-3511

Grosse Pointe South High School Assistant Principal

Joe Spryszak – Grades 10 & 12
Office: (313)-432-3513

Grosse Pointe South High School Athletic Director & Assistant Principal

Chris Booth
Office: (313)-423-3540
Athletic Secretary: Jane Schmidt
Office: (313)-432-3542

Certified/Licensed Athletic Trainer

Rochelle Mazurek, AT/ ATC
Cell: 734.788.3554
TRAINING ROOM PHONE: 313.432.3581

+

Collin Karcher, AT/ ATC
Cell: 810.247.1011
TRAINING ROOM PHONE: 313.432.3581

Emergency Fire/EMS/Law Enforcement911
Grosse Pointe Farms (non-emergency)(313) 885-2100

Hospital Contact Information

Ascension St. John Hospital and Medical Center (Main Campus).....(313) 343-4000
Beaumont Hospital(313) 473-1000

Utility Emergency Contact Information

Gas Emergency – DTE Energy911 or 1-800-974-5000
Electric Emergency – DTE Energy.....911 or 1-800-477-4747

Grosse Pointe Public Schools Superintendent’s Office Contact Information

Superintendent’s Office.....(313) 432-3003
Deputy Superintendent Business Office.....(313) 432-3085
Deputy Superintendent Human Resources.....(313) 432-3015
Director of Facilities.....(313) 432-3082
Support Services Coordinator.....(313) 432-3081

GROSSE POINTE SOUTH



ATHLETICS

BASIC INJURY MANAGEMENT FOR COACHES

Introduction

Getting Hurt on the Field

If an athlete is injured on the field, no matter what type, **he/she should never be moved** if a head or neck injury is suspected. If the injured athlete has a head or spinal injury and is moved, the vertebrae can shift and sever the spinal cord. A severed spinal cord can mean permanent paralysis for that athlete. Thus, you should **never move an injured athlete!** In the case of football, wrestling, and home basketball games, an athletic trainer will always be present. At other sporting events, however, it will be necessary for the coach to evaluate the injury and use a "common sense" approach to whether or not it will be necessary to call for an ambulance.

When in doubt, dial 9-1-1.

Travel Bags for Coaches

The athletic trainers will supply a first aid kit/bag to all sport teams that do not have an athletic trainer scheduled to travel with them at the coach's request. Coaches should bring in their own bag. Supplies are limited. Coaches should not tape athletes who aren't getting taped daily by athletic trainers. You are always welcome to buy your own tape.

Injury Privacy and the Law

The Health Insurance Portability and Accountability Act (HIPAA) prohibits any dissemination of medical information to non-authorized parties. Administrators, coaches, and sports medicine personnel should never release any information about an athlete's injury or condition to any person without expressed consent of the athlete's parent.

Contacting the Athletic Trainer

Rochelle Mazurek, AT/ ATC
Cell: 734.788.3554
TRAINING ROOM PHONE: 313.432.3581

Collin Karcher, AT/ ATC
Cell: 810.247.1011
TRAINING ROOM PHONE: 313.432.3581

Additional Sports Medicine Team Members

TEAM DOCTOR

Dr. Mark Bergin, MD
St. Clair Orthopaedics and Sports Medicine
23829 Little Mack Suite 100
St. Clair Shores, MI 48080
Telephone: 586.773.1300

SUDDEN CARDIAC ARREST

Recognizing SCA:

SCA is a condition in which the heart suddenly and unexpectedly stops beating. If this happens, blood stops flowing to the brain and other vital organs. SCA usually causes death if it's not treated within minutes. Symptoms of SCA include dizziness, feeling faint and losing consciousness. All VARSITY head coaches are CPR certified.

Treatment:

1. Check to ensure scene is safe.
2. Call 911 or instruct someone to call.
3. Send for someone to grab the AED.
4. Begin chest compressions.
5. Send someone to meet the ambulance at the access point
6. Prepare/apply AED
7. Transport victim and contact family.
8. Contact AD and athletic trainer.

BONE INJURIES

Recognizing Fractures:

An open fracture will typically be self evident due to the exposed bone. The following clues suggest you are dealing with a closed fracture:

- The athlete felt a bone break or heard a "snap";
- The athlete feels a grating sensation when he/she moves a limb;
- One limb appears to be a different length, shape or size than the other, or is improperly angulated;
- Reddening of the skin around a fracture shortly after the injury is sustained;
- Inability to move a limb or part of a limb (e.g., the arm, but not the fingers), or the movement produces intense pain;
- Loss of a pulse at the end of the extremity;
- Loss of sensation at the end of the extremity;
- Numbness or tingling sensations;
- Involuntary muscle spasms;
- Other unusual pain, such as intense pain in the rib cage when a patient takes a deep breath or coughs.

Applying Ice To A Fracture Can Increase Throbbing Sensation...

Splinting

Any suspected fracture should always be splinted before the athlete is allowed to move.

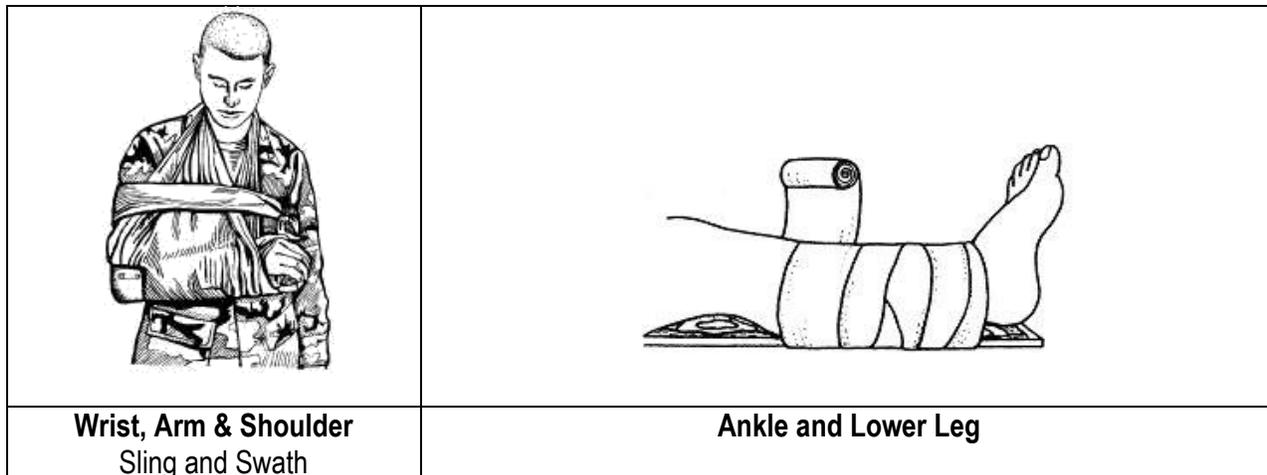
Splint the joint above and below the affected area.

How to Splint:

1. **Check pulse.** Then remove clothing from the injured part. Don't force a limb out of the clothing. You may need to cut clothing off with scissors to prevent causing additional pain.
2. Apply a cold compress or an ice pack wrapped in cloth.
3. Place a splint on the injured body part, keeping the injured limb in the position you find it. Add soft padding around the injured part, placing something firm (like a board or rolled-up newspapers) next to the injured body part, making sure it is long enough to stabilize the joints above and below the injury. Use tape to keep the splint in place.

Re-check pulse.

4. Seek medical care, and don't allow the athlete to eat or drink anything, in case medication or surgery is needed.



CONCUSSIONS

Recognizing Concussion

Concussions do not always involve a loss of consciousness. ANY traumatic blow to the head or to another part of the body that causes a whiplash effect is considered a mechanism of injury for concussions. While headache is the most common symptom of concussion, each individual will experience a concussion differently. Therefore, all of the potential signs and symptoms of a concussion should be considered. A symptom checklist can assist the evaluator in making a more objective return to play decision.

If a player sustains any signs or symptoms of a concussion, he/she must be removed from play. Only an athletic trainer or a physician may clear the athlete to return to play.

Concussion Signs and Symptoms

Amnesia Loss of orientation Balance problems Memory problems "Bell rung" Nausea Dazed or Confused Nervousness Depression Numbness or tingling Double vision Drowsiness	Poor concentration Easily distracted Personality changes "Glassy Eyed" Excessive sleep Ringing in the ears Fatigue Sadness Feeling "in a fog" Seeing "stars" Feeling "slowed down"	Sensitivity to light Headache Sluggishness Inappropriate emotions change in personality Sensitivity to noise Irritability sleep disturbance Loss of consciousness Vacant stare Vomiting
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Baseline Cognitive Testing

At Grosse Pointe South High School, the athletic trainer performs baseline neurological testing on all collision sport athletes prior to the start of the season. When an athlete sustains a concussion, the involved athlete will repeat the testing and the scores will be compared to those of the baseline test. This provides for more objective return to play decision-making. Coaches need to know that research indicates that high school aged athletes take from 7-15



days to fully recover from a Grade 1, or mild, concussion. Returning the athlete to play too soon following even a mild concussion can lead to death.

ENVIROMENTAL

Exertional Heat Illnesses (EHI)

Background

The risk of EHI is ever present during exercise in the heat, but can also occur in “normal” environmental conditions. When core body temperature increases, the body produces sweat that must evaporate in order to cool the athlete. As heat and humidity rise sweat is unable to evaporate, resulting in a dangerous rise in body temperature.

Prevention

1. Individuals should be acclimatized to the heat gradually over 7-14 days.
2. Athletes who are currently sick with a viral infection, fever, or serious skin rash should not participate until the condition is resolved.
3. Individuals should maintain hydration and appropriately replace fluids lost during practices and games.
4. Players should have free access to readily available fluids at all times.
5. Individuals who may be particularly susceptible to EHI must be identified and closely monitored during stressful environmental conditions.
6. Emergency supplies and equipment (eg, tubs for cold-water immersion) should be on site, easily accessible, and in good working order to allow for immediate intervention and treatment if needed.
7. To anticipate potential problems, the *National Collegiate Athletic Association heat-acclimatization guidelines* are to be followed by all football teams.

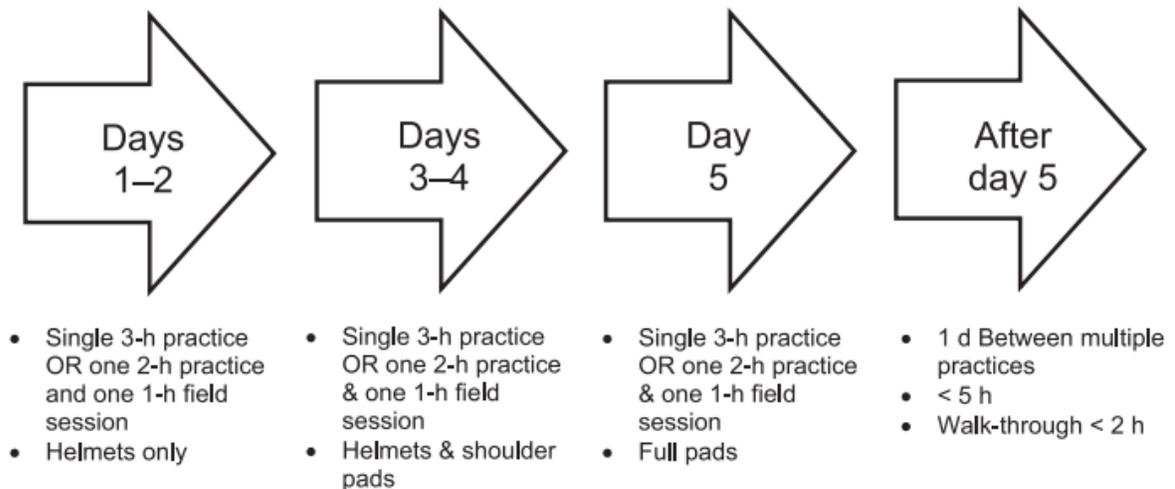


Figure 1. National Collegiate Athletic Association heat-acclimatization guidelines.



Table 3. Clinical Distinctions of Exertional Heat Illnesses

Characteristic	Heat Illness			
	Exercise-Associated Muscle (Heat) Cramps	Heat Syncope	Heat Exhaustion	Exertional Heat Stroke
Description	Muscle (Heat) Cramps Acute, painful, involuntary muscle contractions presenting during or after exercise	Collapsing in the heat, resulting in loss of consciousness	Inability to continue exercise due to cardiovascular insufficiency	Severe hyperthermia leading to overwhelming of the thermoregulatory system
Physiologic cause	Dehydration, electrolyte imbalances, and/or neuromuscular fatigue	Standing erect in a hot environment causing postural pooling of blood in the legs	High skin blood flow, heavy sweating, and/or dehydration, causing reduced venous return	High metabolic heat production and/or reduced heat dissipation
Primary treatment factors	Stop exercising, provide sodium-containing beverages	Lay patient supine and elevate legs to restore central blood volume	Cease exercise, remove from hot environment, elevate legs, provide fluids	Immediate whole-body cold-water immersion to quickly reduce core body temperature
Recovery	Often occurs within minutes to hours	Often occurs within hours	Often occurs within 24 h; same-day return to play not advised	Highly dependent on initial care and treatment; further medical testing and physician clearance required before return to activity

Grosse Pointe South follows the MHSAA Heat Recommendations seen below. If a practice or contest needs to be altered to be compliant with MHSAA heat policy the athletic director or athletic trainer will make contact with your team. If you suspect heat may cause injury to a student athlete, you should contact the athletic office for guidance and ALWAYS put the student athlete's health first!





MHSAA [®] **MODEL POLICY for**
MANAGING HEAT & HUMIDITY
Michigan high school athletic association *Adopted March 22, 2013*

1. **Thirty minutes prior to the start of an activity, and again 60 minutes after the start of that activity, take temperature and humidity readings at the site of the activity.** Using a digital sling psychrometer is recommended. Record the readings in writing and maintain the information in files of school administration. Each school is to designate whose duties these are: generally the athletic director, head coach or certified athletic trainer.
2. **Factor the temperature and humidity into the Heat Index Calculator and Chart to determine the Heat Index.** If a digital sling psychrometer is being used, the calculation is automatic.

3. If the Heat Index is below 95 degrees:

All Sports

- o Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
- o Optional water breaks every 30 minutes for 10 minutes in duration.
- o Ice-down towels for cooling.
- o Watch/monitor athletes carefully for necessary action.

If Heat Index is 95 to 99 degrees:

All Sports —

- o Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
- o Optional water breaks every 30 minutes for 10 minutes in duration.
- o Ice-down towels for cooling.
- o Watch/monitor athletes carefully for necessary action.

Contact sports and activities with additional equipment:

- o Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
- o Optional water breaks every 30 minutes for 10 minutes in duration.
- o Ice-down towels for cooling.
- o Watch/monitor athletes carefully for necessary action.

Contact sports and activities with additional equipment:

- o Helmets and other possible equipment removed while not involved in contact.

- Reduce time of outside activity. Consider postponing practice to later in the day.
- Recheck temperature and humidity every 30 minutes to monitor for increased Heat Index.

If Heat Index is 99 to 104 degrees:

All Sports —

- o Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
- o Mandatory water breaks every 30 minutes for 10 minutes in duration.
- o Ice-down towels for cooling.
- o Watch/monitor athletes carefully for necessary action.
- o Alter uniform by removing items if possible.
- o Allow for changes to dry t-shirts and shorts.
- o Reduce time of outside activity as well as indoor activity if air conditioning is unavailable.
- o Postpone practice to later in the day.

Contact sports and activities with additional equipment:

- o Helmets and other possible equipment removed if not involved in contact or necessary for safety. If necessary for safety, suspend activity.

- Recheck temperature and humidity every 30 minutes to monitor for increased Heat Index.

If Heat Index above 104 degrees:

All Sports

- o Stop all outside activity in practice and/or play, and stop all inside activity if air conditioning is unavailable.

Note: When the temperature is below 80 degrees there is no combination of heat and humidity that will result in need to curtail activity.
— Over for Heat Index Chart —

HEAT INDEX CALCULATION AND CHART

Temperature (Fahrenheit)

		Temperature (Fahrenheit)																					
		79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
Relative Humidity at Site	100	84	87	91	95	99	103	107	112	116	121	126	132	137	143	149	155	161	168	174	181	188	195
	99	84	87	91	94	98	102	106	111	116	120	125	131	136	142	147	153	160	166	172	179	185	193
	98	84	87	90	94	98	102	106	110	115	120	124	130	135	140	146	152	158	164	171	177	184	191
	97	84	87	90	94	97	101	104	110	114	119	124	129	134	139	145	151	157	163	169	175	182	189
	96	83	87	90	93	97	101	105	109	113	118	123	128	133	138	144	149	155	161	167	174	180	187
	95	83	86	90	93	97	100	104	108	113	117	122	127	132	137	142	148	154	160	166	172	179	185
	94	83	86	89	93	96	100	104	108	112	116	121	126	131	136	141	147	152	158	164	170	177	183
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41	79	80	81	82	83	84	85	86	87	88	90	91	93	94	96	98	100	101	104	106	108	110	
40	79	80	81	81	82	83	84	85	87	88	89	91	92	94	95	97	99	101	103	105	107	109	
39	79	80	81	81	82	83	84	85	86	88	89	90	92	93	95	97	98	100	102	104	106	108	
38	79	80	80	81	82	83	84	85	86	87	89	90	91	93	95	96	98	100	102	104	106	108	
37	79	80	80	81	82	83	84	85	86	87	88	90	91	93	94	96	97	99	101	103	105	107	
36	79	80	80	81	82	83	84	85	86	87	88	89	91	92	94	95	97	99	100	102	104	106	
35	79	80	80	81	82	83	84	85	86	87	88	89	90	92	93	95	96	98	100	102	104	106	
34	79	79	80	81	82	83	84	85	86	88	89	90	92	93	94	96	98	99	101	103	105	107	
33	79	79	80	81	82	83	84	85	86	87	89	90	91	93									

SOUTH



ATHLETICS

RESPONDING TO ATHLETIC EMERGENCIES AT GROSSE POINTE SOUTH

Grosse Pointe South High School Emergency Plan: Baseball

South Baseball Diamond

11 Grosse Point Blvd. Grosse Pointe Farms, MI 48236

Emergency Personnel: Certified Athletic Trainer if on school premises.

Emergency Communication: The Certified Athletic Trainer carries a cellular telephone (Rochelle Mazurek 734.788.3554) or (Collin Karcher 810.247.1011). Because some practices occur away from GPS campus facilities, we also recommend the head coach of each baseball team carry a cellular phone, in case of emergency.

Emergency Equipment: supplies stored in Athletic Training Room include splint kit, crutches, various wound care necessities, and any other items deemed necessary by the team's physician.

Roles of Certified Athletic Trainer (ATC)

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, intermittent compression, and hot and cold therapy);
- Emergency equipment retrieval;
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
 - Activation of emergency medical system (EMS);
 - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested);
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols.

Roles of Coaches

- Direct EMS personnel (ambulance) to scene;
- Unlock and open gate between school and practice fields;
- designate individual to "flag down" EMS and direct to scene;
- Scene control: limit scene to sports medicine personnel and move bystanders (including players) away from area.

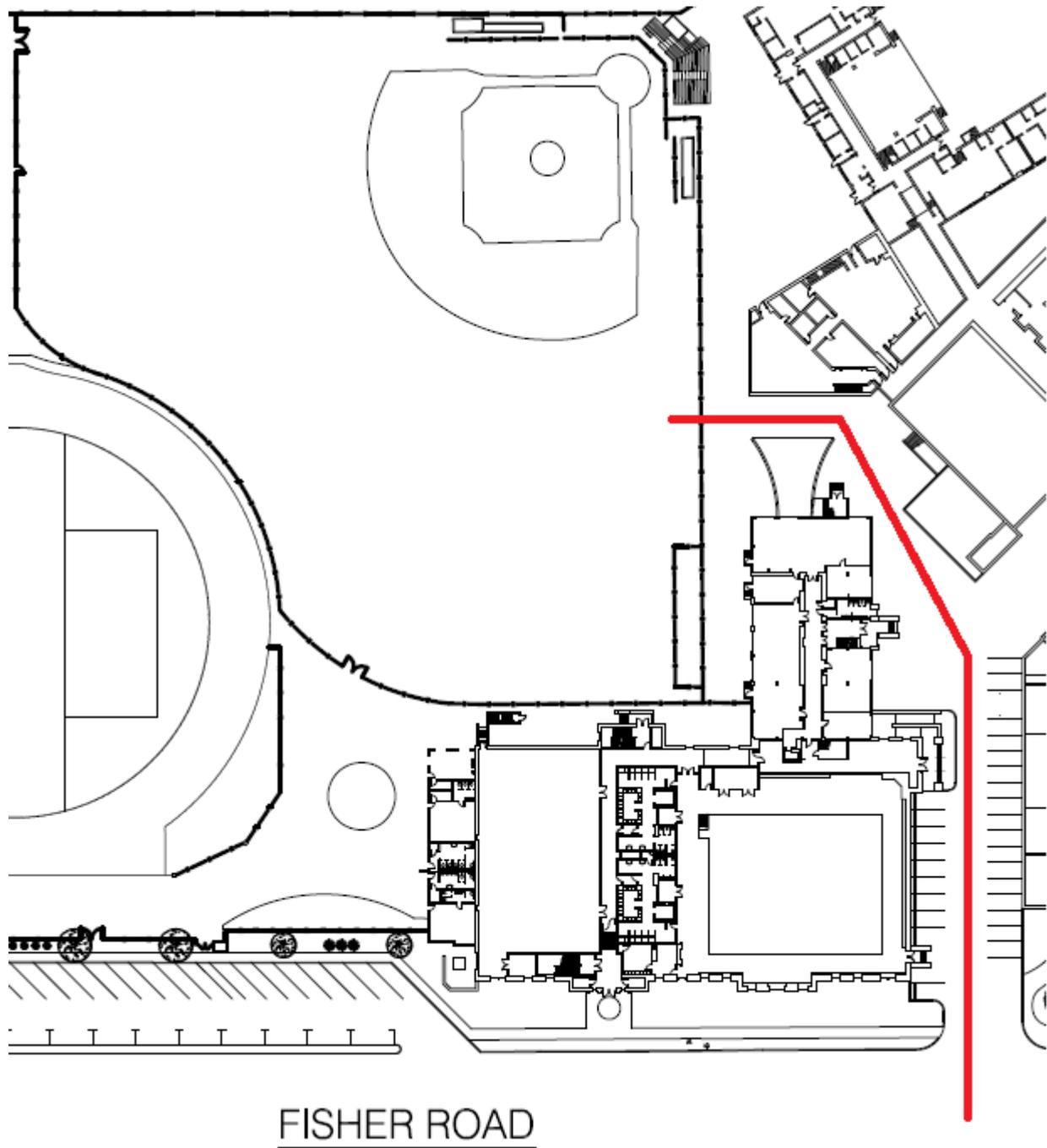
Roles of Administrative Staff

- Ensure parking lot is clear and accessible to emergency personnel

Venue Directions:

South Baseball Diamond: Take Fisher St. to employee parking lot. Drive through gate along left field. ATC on scene will provide specific directions depending on condition and site of injured athlete.

Venue Map: *Grosse Pointe South Baseball Diamond (EMS Route in RED)*



Grosse Pointe South Emergency Plan: Basketball, Volleyball & Wrestling

Main Gymnasium at Grosse Pointe South

11 Grosse Point Blvd. Grosse Pointe Farms, MI 48236

Emergency Personnel: Certified Athletic Trainer inside gymnasium premises for all games and wrestling meets.

Emergency Communication: The Certified Athletic Trainer carries a cellular telephone (Rochelle Mazurek 734.788.3554) or (Collin Karcher 810.247.1011). Because some practices occur away from GPS campus facilities, we also recommend the head coach of each of the baseball teams carry a cellular phone, in case of emergency.

Emergency Equipment: Supplies and equipment brought to gym for games include taping and bracing supplies, AED, general trauma and wound care kits.

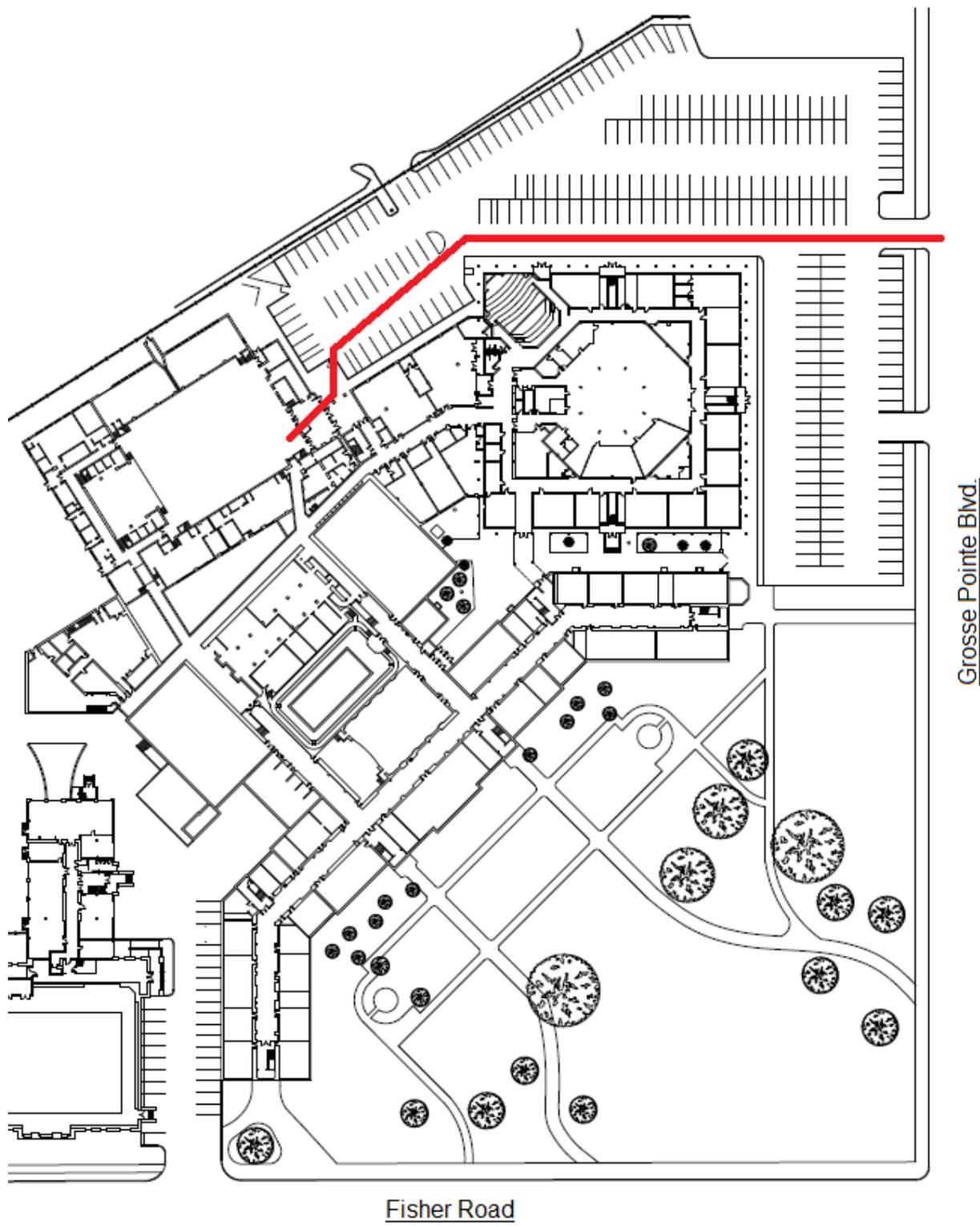
Roles of Administrators/Coaches

- Ensure emergency entrance to the Main Gym is clear and accessible (check parking lots regularly);
- Unlock and open doors for EMS to access gym;
- Direct EMS personnel (ambulance) to scene
- Scene control: limit scene to sports medicine personnel and move bystanders (including other athletes) away from area of injured athlete.

Venue Directions:

Main Gymnasium at South: Turn into the "S" parking lot from Grosse Pointe South Blvd. Ambulance is to park and enter through the main doors of the gym. ATC on scene will provide specific directions depending on condition and site of injured athlete.

Venue Map: Main Gymnasium at Grosse Pointe South (EMS Route in RED)



Grosse Pointe South Emergency Plan: Basketball, Volleyball and Swim

John and Marlene Boll Athletic Center

409 Fisher Rd. Grosse Pointe Farms, 48236

Emergency Personnel: Certified Athletic Trainer on premises for all games.

Emergency Communication: The Certified Athletic Trainer carries a cellular telephone (Rochelle Mazurek 734.788.3554) or (Collin Karcher 810.247.1011). Because some practices occur away from GPS campus facilities, we also recommend the head coach of each of the baseball teams carry a cellular phone, in case of emergency.

Emergency Equipment: Supplies and equipment brought to gym/ pool for games include taping and bracing supplies, AED, general trauma and wound care kits.

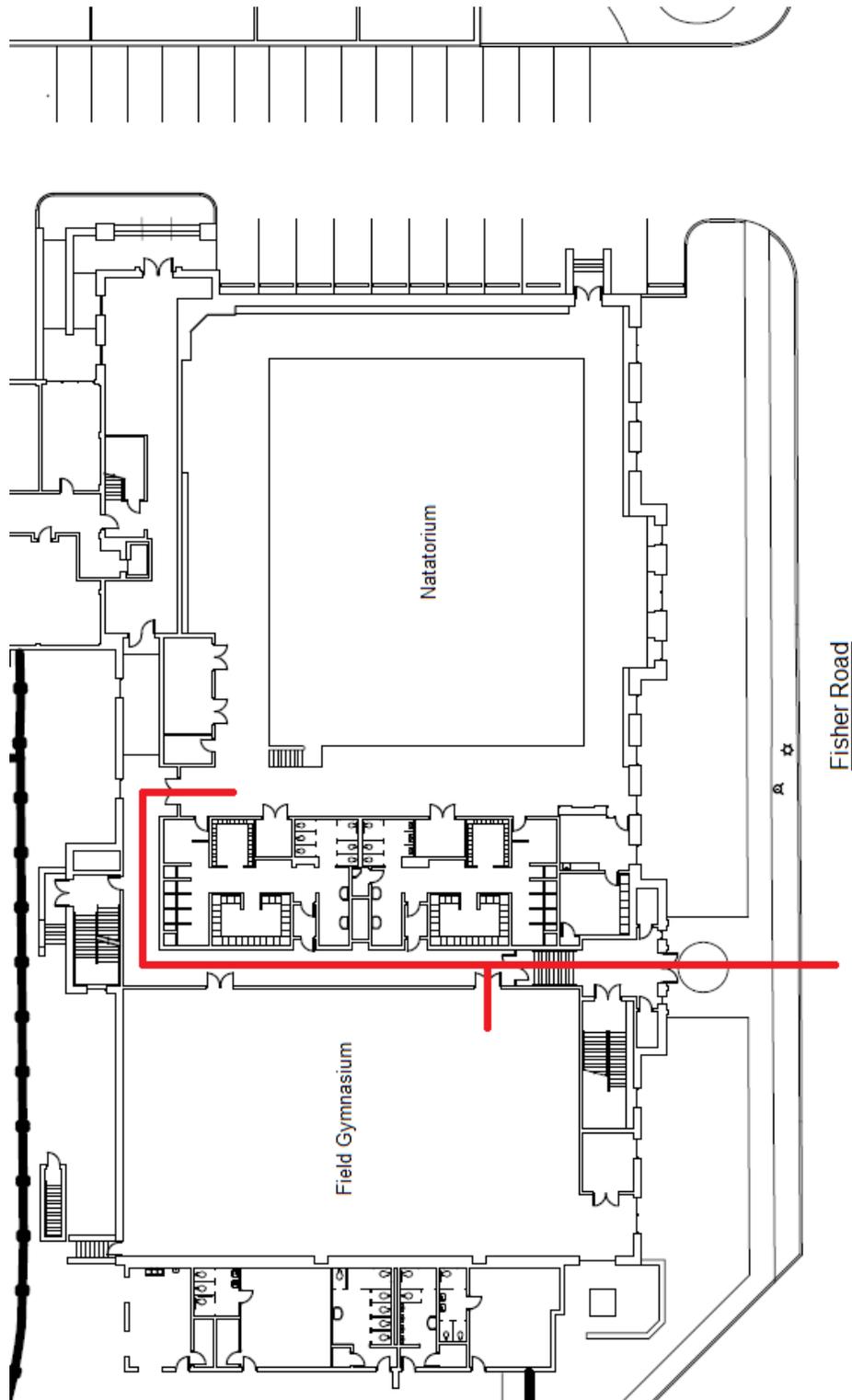
Roles of Administrators/Coaches

- Ensure emergency entrance to the Boll center is clear and accessible (check parking lots regularly);
- Unlock and open doors for EMS to access gym;
- Direct EMS personnel (ambulance) to scene
- Scene control: limit scene to sports medicine personnel and move bystanders (including other athletes) away from area of injured athlete.

Venue Directions:

John and Marlene Boll Athletic Center: Ambulance will park in fire lane on Fisher outside main entrance to the Boll Center. Gymnasium will be on the left through the doors. EMS will continue down the hall and turn right to enter the main doors of the pool. ATC on scene will provide specific directions depending on condition and site of injured athlete.

Venue Map: Boll Center Gymnasium and Pool (EMS Route in RED)



Grosse Pointe South Emergency Plan: Football, Soccer, Field Hockey, Lacrosse, Track, Cross Country

South Football Stadium

11 Grosse Pointe Blvd. Grosse Pointe Farms, MI 48236

Emergency Personnel: Certified Athletic Trainer on premises for all games and meets.

Emergency Communication: The Certified Athletic Trainer carries a cellular telephone (Rochelle Mazurek 734.788.3554) or (Collin Karcher 810.247.1011). Because some practices occur away from GPS campus facilities, we also recommend the head coach of each of each team carry a cellular phone, in case of emergency.

Emergency Equipment: Supplies and equipment brought to the field for games include taping and bracing supplies, AED, general trauma and wound care kits.

Roles of Administrators/Coaches

- Ensure emergency entrance to the Stadium is clear and accessible (check parking lots regularly);
- Unlock and open gates for EMS to access stadium;
- Direct EMS personnel (ambulance) to scene
- Scene control: limit scene to sports medicine personnel and move bystanders (including other athletes) away from area of injured athlete.

Roles of Coaches

- Direct EMS personnel (ambulance) to scene;
- Unlock and open bar gate on Kercheval
- Designate individual to "flag down" EMS and direct to scene;
- Scene control: limit scene to sports medicine personnel and move bystanders (including players) away from area.

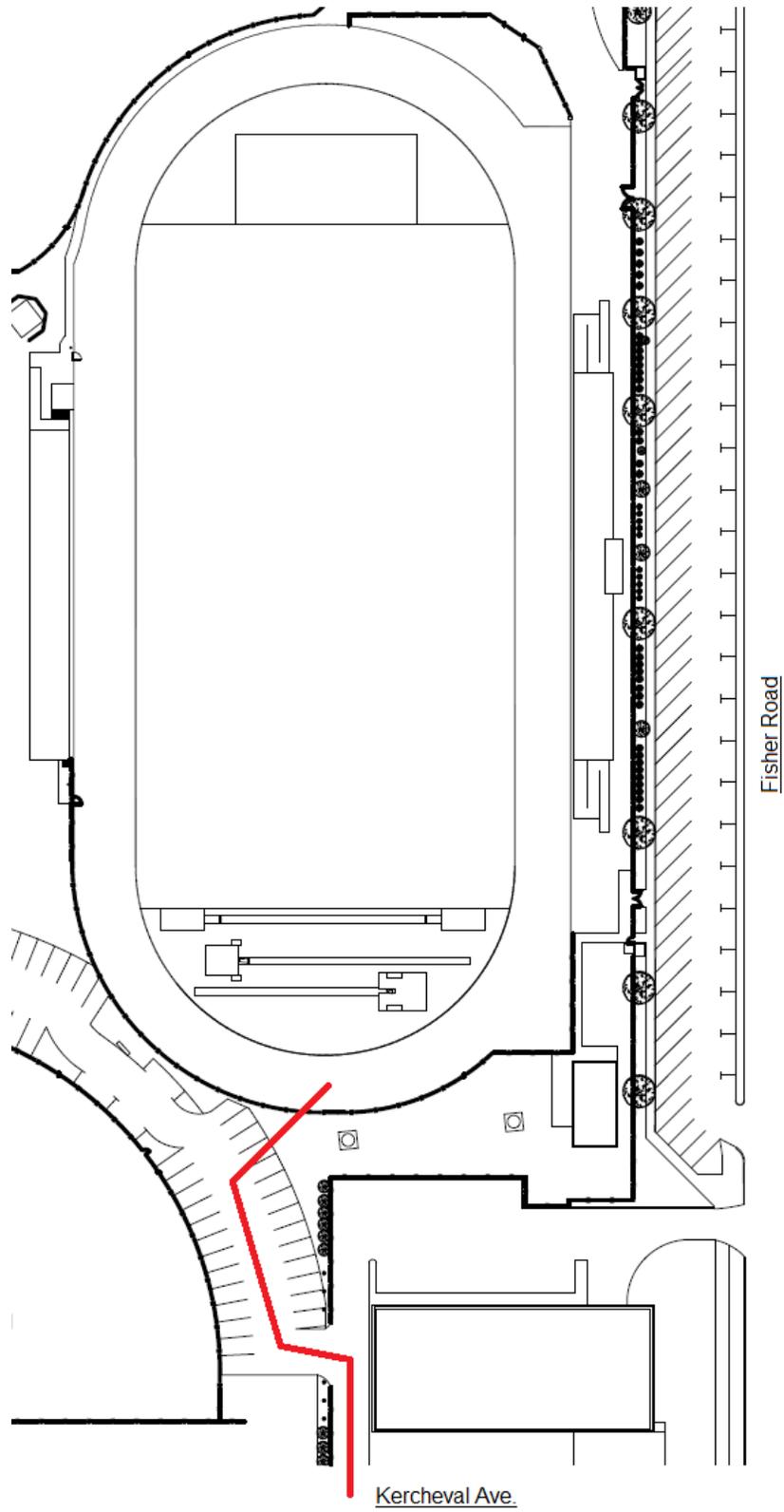
Roles of Administrative Staff

- Ensure parking lot is clear and accessible to emergency personnel (watch parking lot).

Venue Directions:

South Stadium: Ambulance will enter library parking lot off of Kercheval. The ambulance will enter the West end of South Stadium field through the double gates located behind the Grosse Pointe South library. ATC on scene will provide specific directions depending on condition and site of injured athlete.

Venue Map: South Stadium (EMS Route in RED)



Grosse Pointe South High School Emergency Plan: Soccer

Barnes Field

20090 Morningside, Grosse Pointe Woods 48236

Emergency Personnel: at least one Certified Athletic Trainer in the Athletic Training Room or on cellular access during all practices and games.

Emergency Communication: The Certified Athletic Trainer carries a cellular telephone (Rochelle Mazurek 734.788.3554) or (Collin Karcher 810.247.1011). Because some practices occur away from GPS campus facilities, we also recommend the head coach of each of each team carry a cellular phone, in case of emergency.

Emergency Equipment: Because Barnes Field is off Grosse Pointe South campus, athletic training coverage is only provided when there are no “home” events. Each coach is responsible for bringing their teams first aid kit to all games and practices.

Roles of Certified Athletic Trainer (ATC)

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
 - Activation of emergency medical system (EMS);
 - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested);
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols.

Roles of Administrators/Coaches

- Ensure emergency entrance to soccer field is clear and accessible (watch for congested parking lots);
- Direct EMS personnel (ambulance) to scene;
- Scene control: limit scene to sports medicine personnel and move bystanders (including other athletes) away from area of injured athlete.

Venue Directions:

Barnes Field: Field is located behind school at the corner of Morningside Dr. and Fairford Rd. Turn into school parking lot and ATC on scene will provide specific directions depending on condition and site of injured athlete.

Grosse Pointe South High School Emergency Plan: Softball

GPS Softball Diamond

10 Kercheval Grosse Pointe Farms, 48236

Emergency Personnel: at least one Certified Athletic Trainer on premises or within cellular access during all games.

Emergency Communication: The Certified Athletic Trainer carries a cellular telephone (Rochelle Mazurek 734.788.3554) or (Collin Karcher 810.247.1011). Because some practices occur away from GPS campus facilities, we also recommend the head coach of each of each team carry a cellular phone, in case of emergency.

Emergency Equipment: Supplies and equipment brought to the field for games include taping and bracing supplies, AED, general trauma and wound care kits.

Roles of Certified Athletic Trainer (ATC)

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
 - Activation of emergency medical system (EMS);
 - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested);
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities). Rehabilitation should follow physician protocols.

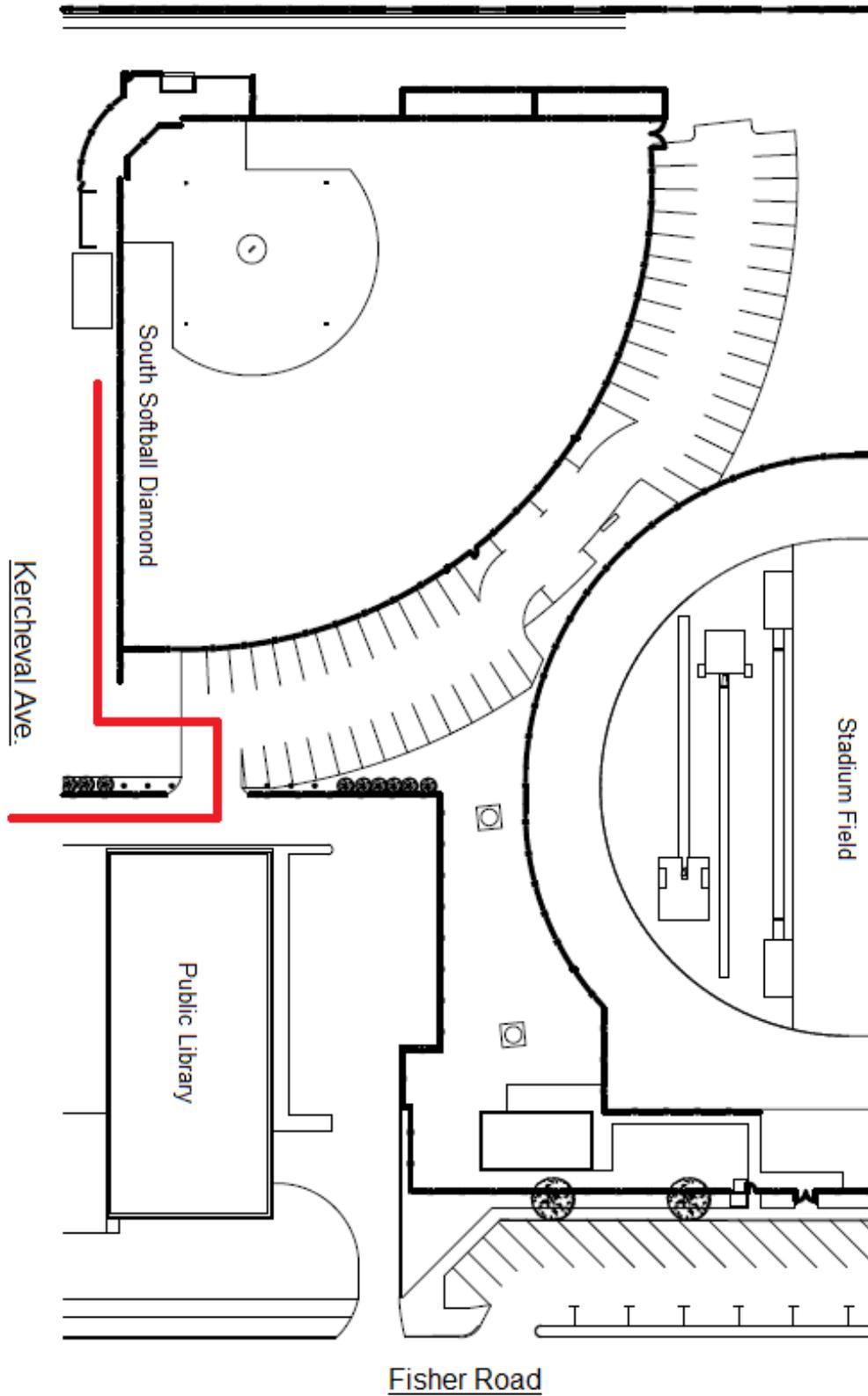
Roles of Administrators/Coaches

- Ensure emergency entrance to softball facility is clear and accessible;
- Direct EMS personnel (ambulance) to scene (in the event that there are no student trainers present);
- Scene control: limit scene to sports medicine personnel and move bystanders (including other athletes) away from area of injured athlete.

Venue Directions:

South Softball Diamond: The South Softball Diamond is located at the corner of Kercheval and McMillan. Ambulance is to enter library parking lot off of Kercheval and turn left. ATC on scene will provide specific directions depending on condition and site of injured athlete.

Venue Map: South Softball Diamond



Grosse Pointe South Emergency Plan: Baseball and Tennis

Elworthy Field

17150 Waterloo Grosse Pointe, 48230

Emergency Personnel: at least one Certified Athletic Trainer in the Athletic Training Room or on cellular access during all practices and games.

Emergency Communication: The Certified Athletic Trainer carries a cellular telephone (Rochelle Mazurek 734.788.3554) or (Collin Karcher 810.247.1011). Because some practices occur away from GPS campus facilities, we also recommend the head coach of each of each team carry a cellular phone, in case of emergency.

Emergency Equipment: Because Barnes Field is off Grosse Pointe South campus, athletic training coverage is only provided when there are no "home" events. Each coach is responsible for bringing their teams first aid kit to all games and practices.

Roles of Certified Athletic Trainer (ATC)

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
 - Activation of emergency medical system (EMS);
 - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested);
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols.

Roles of Administrators/Coaches

- Ensure emergency entrance to soccer field is clear and accessible (watch for congested parking lots);
- Direct EMS personnel (ambulance) to scene;

Scene control: limit scene to sports medicine personnel and move bystanders (including other athletes) away from area of injured athlete

Venue Directions:

Elworthy Field: The baseball diamond is located at the corner of Neff Rd. and Charlevoix St. The tennis courts are located at the corner of Neff Rd. and Waterloo St. ATC on scene will provide specific directions depending on condition and site of injured athlete.

Grosse Pointe South High School Emergency Plan: Softball

Messner Field

176 McKinley Grosse Pointe, 48230

Emergency Personnel: at least one Certified Athletic Trainer on premises or within cellular access during all games.

Emergency Communication: The Certified Athletic Trainer carries a cellular telephone (Rochelle Mazurek 734.788.3554) or (Collin Karcher 810.247.1011). Because some practices occur away from GPS campus facilities, we also recommend the head coach of each of each team carry a cellular phone, in case of emergency.

Emergency Equipment: Supplies and equipment brought to the field for games include taping and bracing supplies, AED, general trauma and wound care kits.

Roles of Certified Athletic Trainer (ATC)

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
 - Activation of emergency medical system (EMS);
 - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested);
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities). Rehabilitation should follow physician protocols.

Roles of Administrators/Coaches

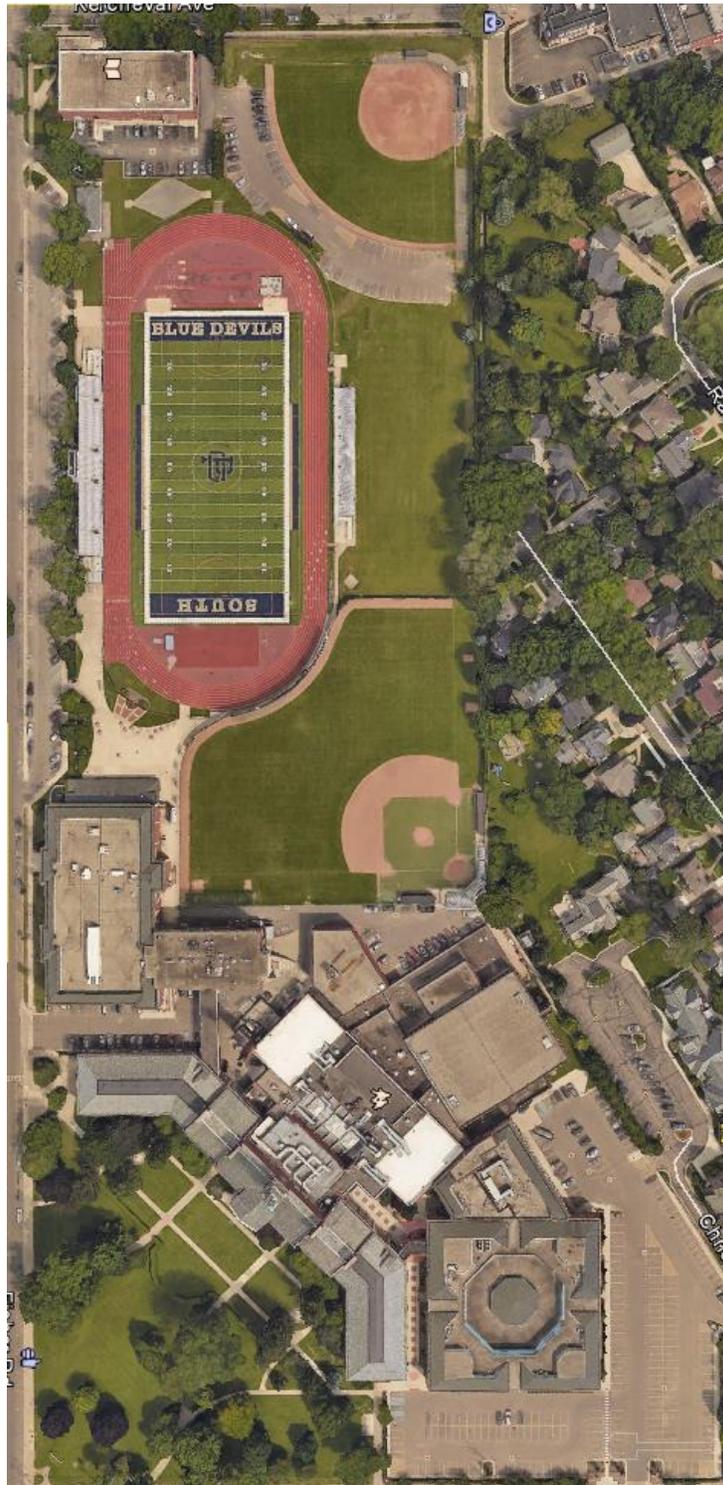
- Ensure emergency entrance to softball facility is clear and accessible;
- Direct EMS personnel (ambulance) to scene (in the event that there are no student trainers present);
- Scene control: limit scene to sports medicine personnel and move bystanders (including other athletes) away from area of injured athlete.

Venue Directions:

Messner Field: Take Kercheval to McMillian. Head West on McMillian. McMillian will dead end and the field is located on the right side. ATC on scene will provide specific directions depending on condition and site of injured athlete.

Appendix A
**GROSSE POINTE SOUTH HIGH SCHOOL EMERGENCY PLAN FOR
ATHLETICS**

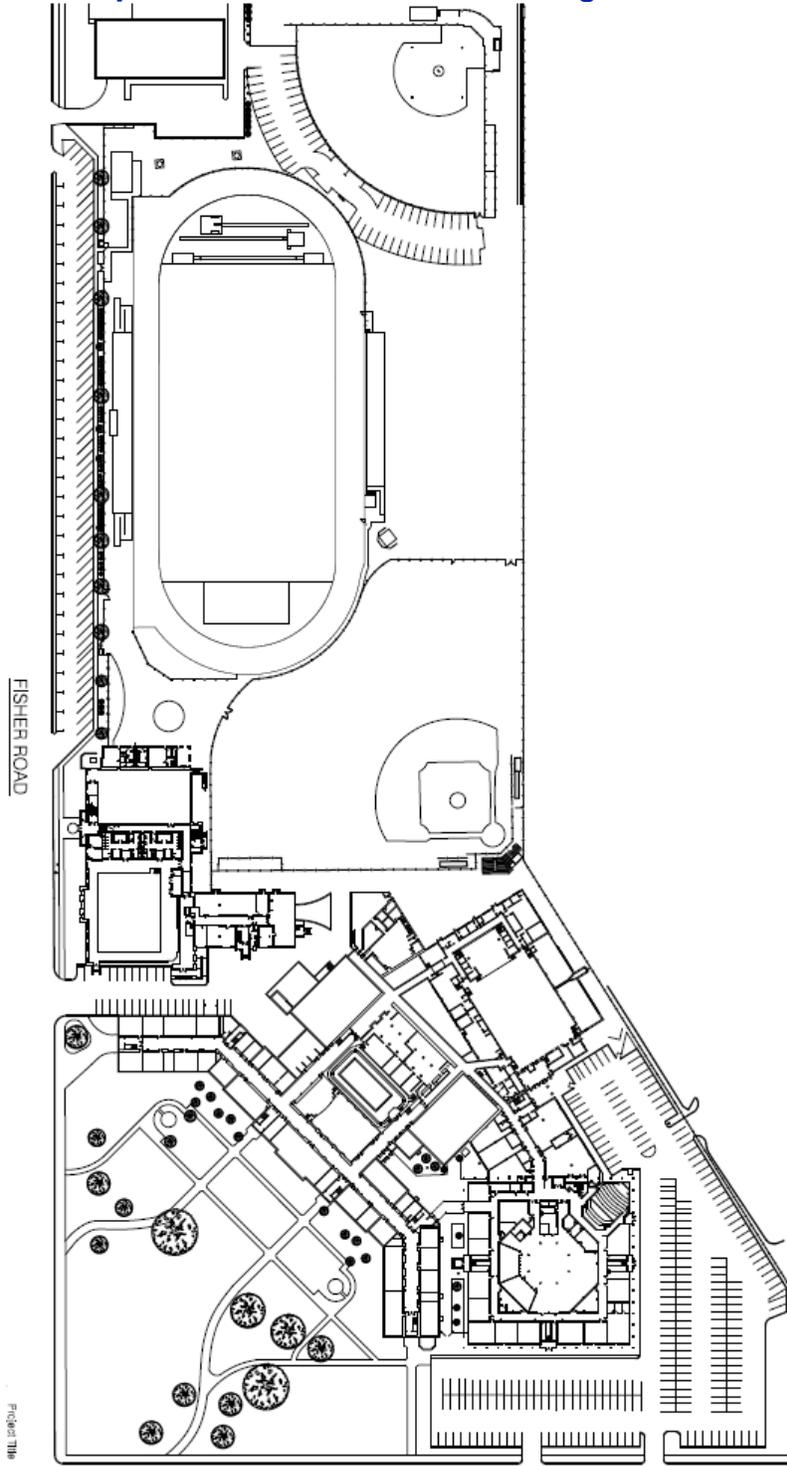
Aerial View of Grosse Pointe South High School



Appendix B

GROSSE POINTE SOUTH HIGH SCHOOL EMERGENCY PLAN FOR ATHLETICS

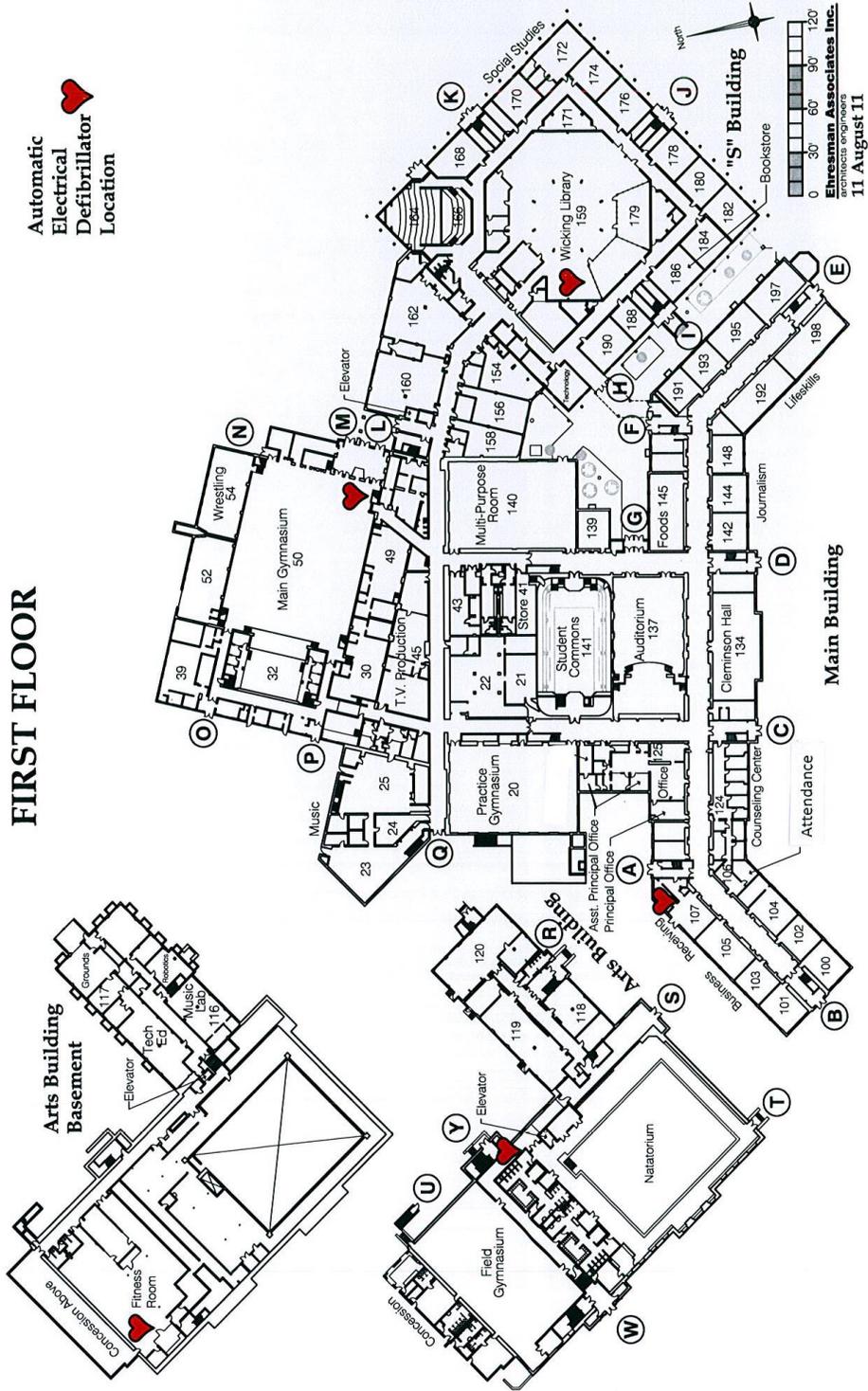
Map of Grosse Pointe South High School



Grosse Pointe South High School

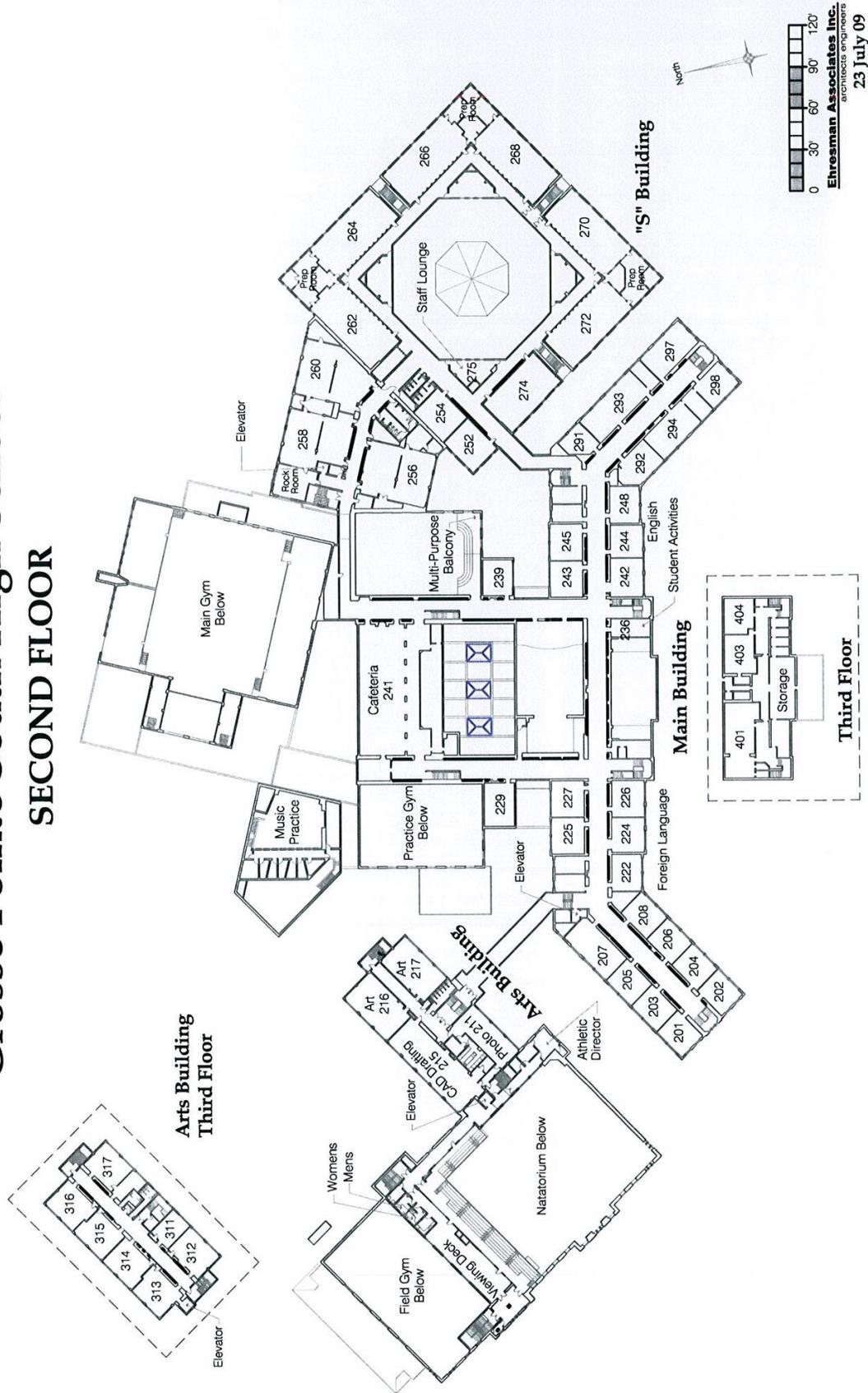
FIRST FLOOR

Automatic
Electrical
Defibrillator
Location



Grosse Pointe South High School

SECOND FLOOR



Ehresman Associates Inc.
architectural engineers
23 July 09