

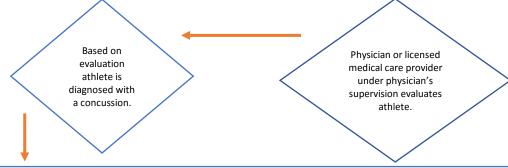


NCHSAA Student-Athlete Concussion Management Algorithm

Traumatic event or head injury occurs.

Athlete has signs, symptoms, or behaviors of a concussion or is suspected to have sustained a concussion.

NCHSAA Concussion Injury History is completed.



Medical Provider Concussion Evaluation Recommendations

- 1. Licensed physician provides care for the athlete and/or delegates aspects of care to a licensed medical provider who is working under the physician's supervision.
- 2. Recommendations are selected for SCHOOL, SPORTS, and PE based on the evaluation findings.

Concussion Return-To-Learn Recommendations

Educational accommodations are selected.

(Evaluation Recommendations and Return-to Learn Recommendations are provided to appropriate school personnel who will monitor the student-athlete's Concussion Return-to-Play Protocol.)

NCHSAA Concussion Return to Play Protocol

A step-by-step progression of physical and cognitive exertion is widely accepted as the appropriate approach to ensure a concussion has been resolved, and that an athlete can safely return to full participation in athletics. It is with this in mind that the NCHSAA Concussion Return to Play Protocol has been designed. Please refer to the **Concussion Gradual Return-to-Play Protocol FAQ** for guidance when monitoring the student-athlete's RTP.

RETURN TO PLAY FORM

Licensed Physician: 1. Must sign the Return to Play Form if the physician did not sign the Medical Provider Concussion Evaluation Recommendation Form. 2. Must sign the Return to Play Form if the Return to Play Protocol was monitored by first responder.

Licensed Athletic Trainer: May sign the Return to Play Form when stage 5 is successfully completed with approval of the Licensed Physician who signed the Medical Provider Concussion Evaluation Recommendation Form.

First Responder: The Return to Play Form <u>MUST</u> be completed and signed by the Licensed Physician overseeing the student-athlete's care before stage 5 begins.

Parent/Legal Custodian: Must sign Return to Play Form giving consent for their child to return to full participation in athletics.

Athlete Resumes Full Participation in Athletics