

<b>Dec 2021</b>	<b>13</b> T & F practice 3:30-5:15pm	<b>14</b> T & F practice 3:30-5:15pm	<b>15</b> T & F practice 3:30-5:15pm  Picture Day	<b>16</b> T & F practice 3:30-5:15pm	<b>17</b> Short practice 3:30-4:30pm	<b>18</b> @Hayfield With Lewis, TJ, Just, FC	<b>19</b>
	<b>20</b> T & F practice 1-2:30pm	<b>21</b> T & F practice 1-2:30pm	<b>22</b> T & F practice 1-2:30pm	<b>23</b> No Practice	<b>24</b> No Practice	<b>25</b>	<b>26</b>
	<b>27</b> T & F practice 1-2:30pm	<b>28</b> T & F practice 1-2:30pm	<b>29</b> T & F practice 1-2:30pm	<b>30</b> No Practice	<b>31</b> No practice	<b>1</b>	<b>2</b>

Month	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>Jan 2022</b>	<b>3</b> Practice Cancelled-Snow	<b>4</b> Practice Cancelled-snow	<b>5</b> Practice Cancelled-snow	<b>6.</b> Practice Cancelled-snow	<b>7.</b> Practice Cancelled-snow	<b>8.</b> Meet Cancelled	<b>9.</b>
	<b>10.</b> T & F practice 3:30-5:15pm	<b>11.</b> T & F practice 3:30-5:15pm	<b>12.</b> T & F practice 3:30-5:15pm	<b>13</b> T & F practice 3:30-5:15pm	<b>14</b> Short practice 3:30-4:30pm	<b>15</b> Walter Bass Invite@Liberty *Limited entries- carpool And @Edison-FC, Lewis	<b>16</b>
	<b>17</b> No School T & F practice 1-2:30pm	<b>18</b> T & F practice 3:30-5:15pm	<b>19</b> T & F practice 3:30-5:15pm	<b>20</b> 2 hr ER T & F practice 1-2:30pm	<b>21</b> No School Short practice 3:30-4:30pm	<b>22</b> Edison PB Meet	<b>23</b>
	<b>24</b> No School T & F practice 1-2:30pm	<b>25</b> T & F practice 3:30-5:15pm	<b>26</b> National Districts Day 1	<b>27</b> T & F practice 3:30-5:15pm	<b>28</b> Meet Cancelled Snow	<b>29</b>	<b>30</b>
	<b>31</b> T & F practice 3:30-5:15pm	<b>1</b> T & F practice 3:30-5:15pm	<b>2</b> National Districts at TJMS Day 2	<b>3</b> T & F practice 3:30-5:15pm	<b>4</b> T & F practice 3:30-5:15pm	<b>5</b>	<b>6</b>

Month	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>Feb 2022</b>	<b>7</b> T & F practice 3:30-5:15pm	<b>8</b> T & F practice 3:30-5:15pm	<b>9</b> T & F practice 3:30-5:15pm	<b>10</b> T & F practice 3:30-5:15pm	<b>11</b> Regionals at Robinson Secondary School	<b>12</b> Regionals at Robinson Secondary School	<b>13</b>
	<b>14</b> T & F practice 3:30-5:15pm	<b>15</b> T & F practice 3:30-5:15pm	<b>16</b> T & F practice 3:30-5:15pm	<b>17</b> T & F practice 3:30-5:15pm	<b>18</b> T & F practice 3:30-5:15pm	<b>19</b>	<b>20</b>
	<b>21</b> No School No practice	<b>22</b> T & F practice 3:30-5:15pm	<b>23</b> T & F practice 3:30-5:15pm	<b>24</b> T & F practice 3:30-5:15pm	<b>25</b> Indoor State Meet @ Va Beach	<b>26</b> Indoor State Meet	<b>27</b>
	<b>28</b> Spring Track Try outs Begin  T & F practice 3:30-5:15pm	<b>1</b> Tryouts  T & F practice 3:30-5:15pm	<b>2</b> Tryouts  T & F practice 3:30-5:15pm	<b>3</b> 2 Hr Early Release--Winter Sports Awards @ 7PM T & F practice 1:00-2:30pm	<b>4</b> No School No practice	<b>5</b>	<b>6</b>
<b>Mar 2022</b>	<b>7</b> T & F practice 3:30-5:15pm	<b>8</b> T & F practice 3:30-5:15pm	<b>9</b> T & F practice 3:30-5:15pm	<b>10</b> Spring Sports Parent/Coaches Meeting @ 7pm T & F practice 3:30-5:15pm	<b>11</b> T & F practice 3:30-5:15pm	<b>12</b>	<b>13</b>
	<b>14</b> T & F practice 3:30-5:15pm	<b>15</b> T & F practice 3:30-5:15pm	<b>16</b> T & F practice 3:30-5:15pm	<b>17</b> T & F practice 3:30-5:15pm	<b>18</b> T & F practice 3:30-5:15pm	<b>19</b> Adidas Indoor Nationals	<b>20</b>
	<b>21</b> T & F practice 3:30-5:15pm	<b>22</b> T & F practice 3:30-5:15pm	<b>23</b> @Lewis (A)	<b>24</b> T & F practice 3:30-5:15pm	<b>25</b> T & F practice 3:30-5:15pm	<b>26</b>	<b>27</b>
	<b>28</b> T & F practice 3:30-5:15pm	<b>29</b> T & F practice 3:30-5:15pm	<b>30</b> @Justice (B)	<b>31</b> 2 Hr Early Release No practice	<b>1</b> No school No practice	<b>2</b> Spring Break Starts	<b>3</b>
<b>Apr</b>	<b>4</b> No practice	<b>5</b> No practice	<b>6</b> T & F practice 1:00-2:30pm	<b>7</b> T & F practice 1:00-2:30pm	<b>8</b> T & F practice 1:00-2:30pm	<b>9</b>	<b>10</b> Spring Break Ends
	<b>11</b> T & F practice 3:30-5:15pm	<b>12</b> T & F practice 3:30-4:30pm	<b>13</b> @Edison (B)	<b>14</b> T & F practice 3:30-5:15pm	<b>15</b> T & F practice 3:30-5:15pm	<b>16</b> Stallion Invite @South County	<b>17</b>

Month	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>2022</b>	<b>18</b> T & F practice 3:30-5:15pm	<b>19</b> T & F practice 3:30-4:30pm	<b>20</b> @Hayfield (B)	<b>21</b> T & F practice 3:30-5:15pm	<b>22</b> No practice	<b>23</b>	<b>24</b>
	<b>25</b> T & F practice 3:30-5:15pm	<b>26</b> T & F practice 3:30-4:30pm	<b>27</b> @TJ (A)	<b>28</b> T & F practice 3:30-5:15pm	<b>29</b> T & F practice 3:30-5:15pm	<b>30</b> Cassels Invitational @Chantilly	<b>1</b>
<b>May 2022</b>	<b>2</b> T & F practice 3:30-5:15pm	<b>3</b> T & F practice 3:30-4:30pm	<b>4</b> @Mt Vernon (B)	<b>5</b> T & F practice 3:30-5:15pm	<b>6</b> T & F practice 3:30-5:15pm	<b>7</b> Dogwood Invitational@UVA	<b>8</b>
	<b>9</b> T & F practice 3:30-5:15pm	<b>10</b> T & F practice 3:30-4:30pm	<b>11</b> @Falls Church (Full meet)	<b>12</b> T & F practice 3:30-5:15pm	<b>13</b> No practice	<b>14</b>	<b>15</b>
	<b>16</b> T & F practice 3:30-5:15pm	<b>17</b> T & F practice 3:30-4:30pm	<b>18</b> @Falls Church National District Champs	<b>19</b> @Falls Church National District Champs	<b>20</b> No practice	<b>21</b>	<b>22</b>
	<b>23</b> Regional Week Date not set yet  T & F practice 3:30-5:15pm	<b>24</b> T & F practice 3:30-5:15pm Fall Coaches Meeting @ 4:30pm	<b>25</b> T & F practice 3:30-5:15pm	<b>26</b> T & F practice 3:30-5:15pm Spring Sports Awards @ 7pm	<b>27</b> T & F practice 3:30-5:15pm	<b>28</b>	<b>29</b>
	<b>30</b> No School	<b>31</b> T & F practice 3:30-5:15pm	<b>1</b> T & F practice 3:30-5:15pm	<b>2</b> T & F practice 3:30-4:30pm	<b>3</b> VHSL Outdoor Track State Meet@Newport News	<b>4</b> VHSL Outdoor Track State Meet@Newport News	<b>5</b>
<b>Jun 2022</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> Last Day of School	<b>11</b>	<b>12</b>
	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>