

Freshman Football

August 2015



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------|------------------------|----------------------------|---------------------------------------|----------------------------------|------------------------|------------------|
| | | | | | | 1 |
| 2 | 3 Varsity/JV Begins | 4 | 5 | 6 | 7 | 8 |
| 9 Off | 10 | 11 1st Practice 4 - 7pm | 12 Practice 4 - 7pm | 13 Practice 4 - 7pm | 14 Practice 4 - 7pm | 15 All Blitz Day |
| 16 Off | 17 Practice 4 - 7pm | 18 Practice 4 - 7pm | 19 Practice 4 - 7pm | 20 Practice 4 - 7pm | 21 Practice 4 - 7pm | 22 Off |
| 23 Off | 24 Practice 4 - 7pm | 25 Practice 4 - 7pm | 26 Practice 4 - 7pm | 27 Practice 4 - 7pm | 28 Practice 4 - 7pm | 29 OFF |
| 30 Off | 31 Practice 4 - 7pm | | Sept 2 - scrimmage vs Yorktown (home) | Sept 3 Varsity vs Eastern (home) | | |

August 11 – Freshman Begins

August 15 - Blitz Day

September 2- Home scrimmage vs Yorktown

September 10 - Away scrimmage vs Potomac Falls

Coach CJ Johnson

staylowpro@aol.com

Twitter: @fcjagsfootball