

Union Pines High School



Emergency Action Plan

Union Pines High School has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the head athletic trainer (or, in the absence of a licensed trainer, a school administrator). An **emergency** is in the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the athletic trainer, coaches, administrators, and student responders be effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur.

Situations when 911 should be called are:

- An athlete is not breathing
- An athlete has lost consciousness
- It is suspected that an athlete may have a neck or back injury
- An athlete has an open fracture (bone has punctured through the skin)
- Severe heat exhaustion or suspected heat stroke
- Severe bleeding that cannot be stopped
- Seizure
- Diabetic Shock
- Head Injury

Chain of Command

Name	Position	Phone number
Dana Dowell	Certified Athletic Trainer	(773)-822-9808
Bobby Purvis	Athletic Director	(910)-986-5191
Andy McCormick	Principal	(910)-947-5511 Ext: 360520
TJ Martin	Assistant Principal	(910)- 639- 0630
Hawhan Locklear	Assistant Principal	(910)-947-5511 Ext: 360518
Crystal Goins	Administrative Asst.	(910)-947-5511 Ext: 360501
Head Coach	Of Participating Team	Present
Assistant Coach	Of Participating Team	Present
Other Athletes	Of Participating Team	Present

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the athlete until EMS arrives. Once it has been decided that EMS should be called, the following protocol should be followed:

EMERGENCY ACTION PLAN

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. The front office or an administrator should be notified that there is an emergency situation on campus.
2. The highest person on the chain of command will make the call to EMS or will designate another person to do so. The call to 911 shall be made from the nearest cell phone or school phone. If calling from a school phone you must dial 9 to get an outside line before dialing the number. EMS should be told what the emergency is, the condition of the athlete, and how to get to where the athlete is. Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST.**
3. **Phones at Union Pines High School are located in the main office, AD office, coaches' offices, and the training room office. The athletic trainer, athletic director, and all UPHS administrators have cellular phones.**
4. The leader will send runners to all intersections between where the athlete is located and the entrance used by EMS to direct the ambulance to the athlete. The runners should stay in their positions and wave the ambulance through the proper turns to get to the athlete.
5. **The leader will designate another person to make contact with the athlete's parents, guardian, or closest relative. Emergency contact information can be found in a folder kept with coaches or athletic trainers at all times. If a parent is not present, the form should accompany the athlete to the hospital.**
6. If transport is deemed necessary by EMS, the athlete will be taken to **First Health Moore Regional Hospital (155 Memorial Drive, Pinehurst, NC 28374 – (910)-715-1000)** In the event parent or guardian is not at the scene in their absence the assistant coach may accompany the student athlete being transported.

Union Pines High School is located at the intersection of Union Church Rd. and Farm Life School Rd.

Physical address: 1981 Union Church Road, Cameron, NC 28326.

Directions: First Heath Moore Regional to Union Pines High School: Take highway #501 to Carthage. In Carthage exit onto Union Church Road. The school will be on the left after approximately 5 miles.

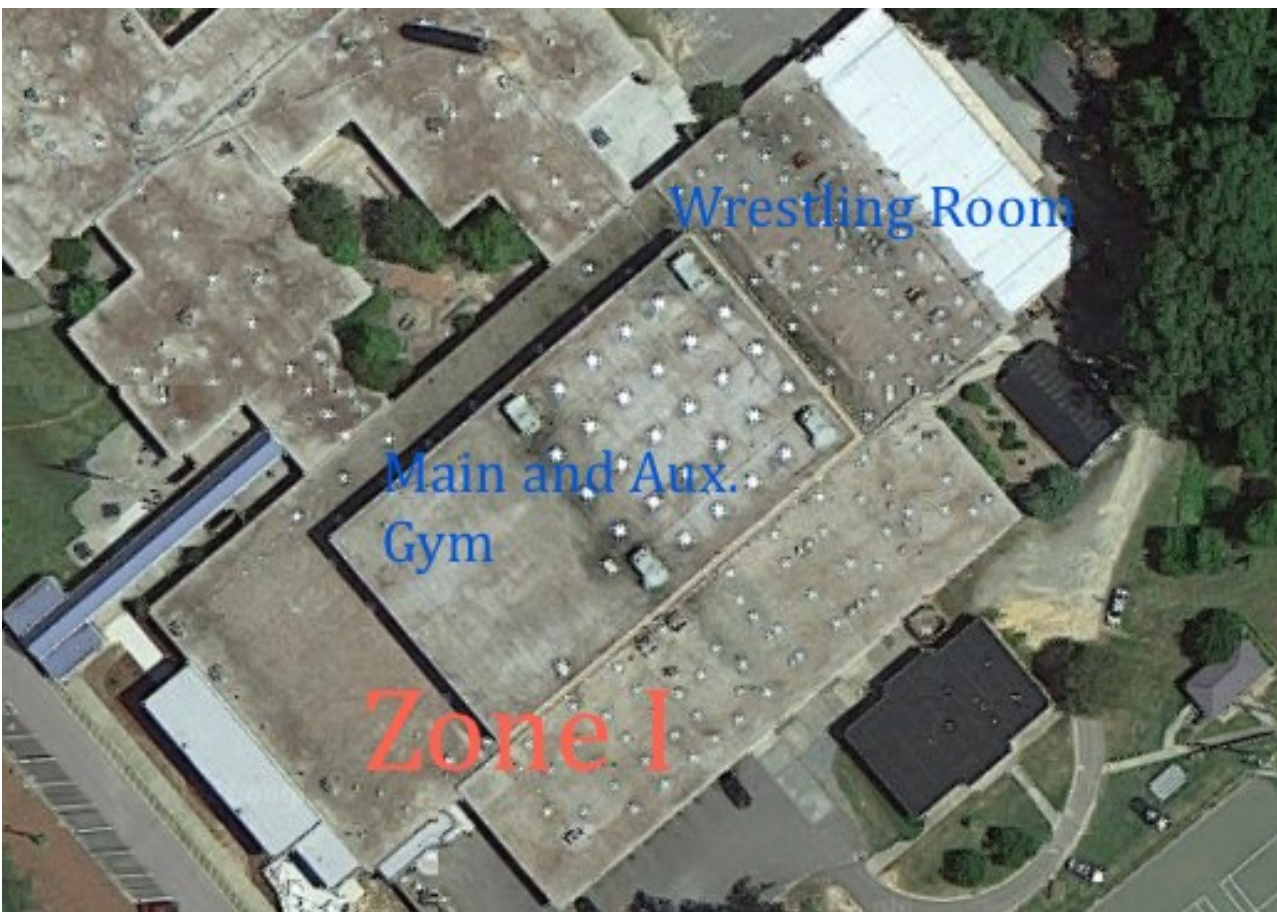
AEDs are located across from the front office, in the corner of the senior hallway near the concession stand, the lobby of the auxiliary gym, the Tennis Court Gazebo, outside the football field house near the men's restroom, and 1 mobile unit located in the athletic training room.

Lightning Protocol: In the event of lightning in these areas: Tennis Courts, Baseball and Softball Fields athletes/spectators should seek shelter in the auxiliary gym or cars and buses. In the event of lightning in the practice field areas and the football stadium seek shelter in the field house or cars and buses.

Emergency entrance gates are at the double gates that lead to the football stadium, the gates at the corner of the student parking lot near the baseball field house, and off Union Church Road near the back end of the football stadium (second double gate).

<p>Zone 1</p>	<ul style="list-style-type: none"> - Main Gym - Auxiliary Gym - Wrestling room <p>EMS route: Enter campus on Viking Drive (off Union Church Rd). If entering the main gym, go to the catwalk at the front entrance of the main building. If entering the Aux. Gym/Wrestling room, enter the front entrance of the aux. gym.</p>
<p>Zone 2</p>	<ul style="list-style-type: none"> - Baseball/Softball fields - Tennis Courts <p>EMS route: Enter campus on Viking Drive (off Union Church Rd). Go through the student parking lot to the ticket booth located at the entrance of the facility.</p>
<p>Zone 3</p>	<ul style="list-style-type: none"> - Football/soccer/track - Weight room <p>EMS route: Enter campus on Viking Drive (off Union Church Rd). Enter the double gates into the football stadium.</p>
<p>Zone 4</p>	<ul style="list-style-type: none"> - Practice fields (football/soccer) <p>EMS route: Enter the double gates near the back end of the football field off Union Church road (the</p>

second gate).



Zone 1 AED Location: Right outside the front office, beside concession stand in the senior hallway, and the lobby of the aux. gym.



Zone 2 AED Location: Lobby of the aux. gym, Tennis Court Gazebo,



Zone 3 and 4 AED Location: Outside the Men's restrooms near the football field house