



Girls Basketball Candidate:

Welcome to the 2021-22 basketball season! This is my 2nd season as the coach at Woodgrove and 31st season as a high school coach. Last season, our Varsity team finished with a 13-1 record, winning the Potomac District Championship. Our JV team had a 10-1 record, and the Freshman team was 6-4. We are committed to continuing the winning TRADITION of Wolverines Basketball. The following information is provided to you and your parents. Please read it carefully and share it with your parents.

PHYSICALS: Players may NOT participate in any organized tryout or offseason activities without a physical examination by a physician after May 1, 2021. Forms for this physical are available through the Athletic Office.

PAPERWORK: Candidates must turn in all required paperwork and forms to the Athletic Office before participating. Please contact the coaching staff if you have any questions on the required paperwork for tryouts. Those participating in our Fall Activities HAVE COMPLETED all requirements

ALL REQUIRED FORMS ARE AVAILABLE AT: www.woodgroveathletics.org

TRYOUTS BEGIN MONDAY, NOVEMBER 8, 2021, TIMES TBA, IN THE MAIN GYM. TRYOUTS WILL CONTINUE TUESDAY, NOVEMBER 9, 2021 and WEDNESDAY NOVEMBER 10, 2021. Candidates will be judged on speed and agility, ball handling skills, shooting skills and rebounding ability, as well as such intangibles as potential, hustle, spirit, court presence, etc. All Candidates should wear a practice jersey and basketball shorts.

TEAM SELECTIONS/CUTS WILL BE MADE AFTER THE 3RD DAY OF TRYOUTS.

TEAMS: We will field 3 teams: varsity, JV, and freshmen. As a general rule, freshmen will try-out for the freshmen team, sophomores will try-out for the JV, & juniors and seniors will try-out for the varsity. Some players will be asked to “play up” if the coaching staff has determined the player is capable of making a significant contribution. In these cases, the coaching staff will consider the needs of each team as well as the development of the player. Every effort will be made to place each player on the appropriate level in order to enhance her development and provide a positive experience.

CUTS: Since we must limit team size, making cuts is an unpleasant, but necessary aspect of coaching. Cuts will be made after the third practice. Each player will meet with the coach to discuss reasons for being cut. The Head Coach will make the final decision on all cuts.

ABSENCES: During tryouts, absences for any reason are counter-productive. However, legitimate excuses will be accepted. Once the teams have been selected, **ALL** players are expected to be at all practices. Coaches should be notified **IN ADVANCE** of all absences. Most weekend practices will be mandatory. Work or other regularly scheduled absences are not considered legitimate excuses. (School activities, i.e. SGA, Band or Choir, etc. will be accommodated as much as possible) Homework is also not an excuse. Proper time management will allow the player to meet her commitment to the team and her education.

PRACTICES: A complete practice schedule will be provided as soon as possible. The schedule will allow all players to use after school help, and provides ample time for homework to be completed.

Any practices scheduled over school holidays, i.e. Thanksgiving break, winter break, semester break will be mandatory unless the player (JV/Frosh) is going on a family trip.

Varsity players are expected to be available during all school holidays.

DISCIPLINE: Excessive or unexcused absences from practices or games will be grounds for suspension from the team at the discretion of the coach. School related discipline problems or academic problems may also be grounds for suspension or benching. The players are expected to represent WHS in a positive fashion on and off the court. Violation of this expectation will result in disciplinary action. Each case will be handled on an individual basis.

DATES TO REMEMBER:

- *11/8/2021- Tryouts Begin
- *11/10/2021- Team Selection/Cuts
- *11/13/2021- Scrimmages@ Battlefield HS
- *11/20/2021- Scrimmages @ Oakton HS

CONTACT INFORMATION:

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