

Guidelines for Return to HS Sports



HS Workout/Practice Requirements

I. Required for all athletes prior to beginning workouts -

- A. Completed Athletic Registration via FinalForms (see next slide)
- B. Personal Water Bottle or Jug
- C. Personal Face Mask(s)
- D. Temperature Check / Questionnaire Screening
 - This information will be logged in FinalForms for documentation
 - This will determine if the student-athlete will participate or be sent home with COVID-19 concerns



Online Athletic Registration for HS

High School Student-Athlete Parents,

Please click the following link & register at:

<https://hoke-nc.finalforms.com/>

and follow the prompts to create your parent account with a valid & accessible email address, create your students account (ONLY using their HCS email address) and digitally sign the allotted registration forms.



Questions??

If you have any questions in reference to guidelines or athletic registration assistance, please contact the following members of the athletic department:

Gary Brigman, CAA - Hoke County Schools Athletic Director

gbrigman@hcs.k12.nc.us OR (910) 875.2156 Ext. 6407

Derrick Bridges, MA, LAT, ATC - Hoke County High Certified Athletic Trainer

derrick.bridges@hcs.k12.nc.us OR (910) 875.2156 Ext. 6268

