

## Central Davidson Athletic Handbook

### Summary Page

- The athletic department expects all athletes to represent, our school, our community, themselves and their families with good character at **ALL** times.
- Academic guidelines require that in order to participate in high school athletics you must pass 3 classes from the previous semester and be promoted to the next grade.
- All athletes must have had physical from a doctor within the last 365 days of beginning participation in a sport season. If that 365 day period runs out before the end of the season, the athlete must have another physical to remain eligible.
- Central Davidson High School, Davidson County Schools, and the NCHSAA requires all student-athletes, parents/legal guardians, and coaches to comply with the Gfeller-Waller Concussion Awareness Act regarding head injuries and concussions. Student-athletes and their parents/legal guardians will be provided with the Student Concussion Information Form. The student-athlete and parents/legal guardians shall read, initial, sign, and return the Student Athlete and Parent/Legal Guardian Concussion Statement form. This is required every year. Unlike the physical form, this is required on or after July 1 of every school year.
- Athletes are required to be in class at least ½ of the school day in order to participate in games or practice. According to the Davidson County School board Policy if a student is absent more than 8 days in a class in a semester he or she will not receive credit. If you lose credit in a minimum of 2 courses, then the student-athlete will be **ineligible** to participate in athletics for a full semester.
- If an athlete is suspended from school, they will not be permitted to play, practice or attend **ANY** athletic event until the suspension is complete.
- All athletes are expected to be dressed properly and be on time at all practices. If an athlete is unable to attend a practice the athletic department expects the athlete to inform the head coach in advance.
- Every disciplinary matter is unique. It is important for all to know that the athletic department reserves the right to take action it deems necessary and proper in regards to serious infractions, whether they are illegal or unlawful actions or behavior detrimental to the team. The athletic department can, but will not limit penalties to suspensions and dismissals from the team, and may continue the penalty beyond a sports season.
- If an athlete quits a sport he/she may not begin a new sport “season” until that athlete’s season is complete. A sport season is defined as fall, winter or spring.
- An athlete who leaves CDHS to attend another school and plans to participate in athletics at that school, must according to NCHSAA guidelines either change legal guardianship or have a “legal” change of “residence”. If that athlete returns to CDHS, the athletic department reserves the right to disallow participation in athletics under certain circumstances.
- Under no circumstances do you as a parent ever approach a coach immediately following a game. Nothing good can ever come out of confronting a coach at this time. Playing time and other players will not be up for discussion.
- Each coach will have a set of guidelines/rules that he/she expects all student-athletes to adhere. These rules govern practice procedures, game participation, travel to and from games, and attitude on and off the field.
- Each athlete and their parent(s)/guardian is required to read the athletic handbook and the coach’s expectations. The athlete and their parent(s)/guardian will be required to sign that they have read and understand the expectations of the coach and athletic department. **The athlete cannot participate in that sport until the coach has received the signed documents.**

- Penalties for violating team rules/guidelines will be left up to the individual coach of that sport. However in serious situations when the Athletic Director/Principal deems it necessary, he/she may have a say in the penalty.
- Penalties for violation of team/athletic department rules/guidelines can include, but not be limited to extra work (running etc.), a reprimand, probation, suspension from the team, removal from the team, forfeiture of athletic letter, and could disqualify the student-athlete from future athletic participation at CDHS.
- Athletes are expected not to participate in using tobacco products, alcohol, or other intoxicants at anytime while involved in athletics at CDHS. The athletic department has the responsibility and obligation to promote a healthy body. Violations of this policy will be dealt with by, but not limited to the athletes head coach.
- Davidson County Schools have a policy regarding off-campus behavior. See attached form.
- **Social Media**: As an athlete you represent yourself, your family, your team, and your school. Your character and moral ethics need to be beyond reproach and without question. Any inappropriate use of social networking can and will be used as grounds for discipline and/or removal from an athletic team as deemed by the coach, athletic director, and/or principal. This includes, but is not limited to, Facebook, Twitter, Instagram, Photo Messaging, Texting, etc.
- If an athlete has the desire to participate in sports beyond high school parents need to as early as the sophomore year, fill out a NCAA Clearinghouse form to be certified by the NCAA's Initial Eligibility Requirements. See someone in our guidance department and they can help you with the forms.
- If a student-athlete is involved in a fight, the consequence is a four game suspension. Other ejections for all sports will be 2 games,
- Requirements for lettering in a sport are set by the coaching staff of that particular sport.
- All athletes and team personnel are expected to ride to and from away games on school provided transportation. The only exceptions to this policy must be the result of extenuating circumstances and should be made **before** the bus leaves for the contest. If such circumstances occur, each head coach will have a sign-out sheet with them that a **parent** must sign that releases responsibility from the school and athletic department.
- Each student-athlete and their parents/legal guardian are required to read the athletic handbook and coach's expectations. The student-athlete and their parents/legal guardian will be required to sign that they have read and understand the expectations of the coach and athletic department. **The student-athlete cannot participate in that sport until the coach has received the signed documents.**

This is a summary of the Central Davidson Athletic Handbook that we are using as a guide for our sportsmanship meetings this year. If you want to look closer at the handbook, it is on the school's website, under sports zone. Please remember that nearly every circumstance is unique and will not be handled the same way in all cases. Feel free to use this opportunity to speak with the person who will be spending 2-3 hours a day with your child and get to know them. If you have any questions throughout the season contact your child's coach during their planning period and set up an appointment. Thanks for taking the time to come to this meeting and supporting your son or daughter in their athletic career.