

# Save the Date

**August 6, 2024**

Coming to Sylvania

Learn how to be  
the best you can  
be in anything  
you do!

- Establishing and Enhancing a Championship Culture
- Developing the Drive, Determination, and Discipline to Succeed
- Mental and Emotional Self-Management
- Understanding the Building Blocks to a High Performing Life



**Tyler Pazik**

Mental Performance Consultant

Tyler has worked with sports teams in and out of the Power 5 conferences, Fortune 500 Companies, military professionals, a Heisman Trophy winner, MLB players, other professional athletes, and USA National Teams.

