



BOYS BASKETBALL TEAM NLL CHAMPIONS

LETTER FROM THE ATHLETIC DIRECTOR

Southview had an exciting winter season when it came to athletics. Two gymnasts qualified for states; two wrestlers competed at districts; Cougarettes returned to states in all 3 categories; 19 swimmers/divers competed in the District swim meet; girls basketball ended with a winning record, and our boys basketball competed in a record breaking season, finishing 22-0, NLL champions, Sectional Champions and district runners-up. I couldn't be prouder of all our athletes and am so grateful to be part of such a great, supportive community.



This spring looks to be just as competitive with baseball, tennis, and track returning a great deal of athletes. After a rebuilding year for softball in 2014, the girls look to compete this year in the league. Finally, we have the addition of boys/girls lacrosse as varsity sports, so come check them out in action behind SV this spring!

Southview High School Cougar Club WINTER 2015

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FOR MORE INFORMATION

CHECK OUT OUR WEBSITE

SOUTHVIEWCOUGARS.ORG

BASKETBALL SEASON

GIRLS by Timothy Nottke

After starting the basketball season with four consecutive losses, the Lady Cougars were able to right the ship and turn the season into a very memorable one. The team continued to buy into Coach Carr and Coach Nottke's philosophies, and they were able to gain momentum as the season progressed; it allowed them to play their rival Northview in two very closely contested games. The confidence gained from executing a game plan and believing in themselves also contributed to the team beating a very good Perrysburg team at home for the first time in four years. The Cougars continued to work hard throughout the season, and they developed such great team chemistry that it propelled the team to an ending record of 14-10.



The team was led throughout the season by great senior leadership from Maria Pappas, Emily Westphal, Kennedy Moody, and Victoria Leggett. Each of the four players played a major role in the team's success. Maria Pappas supplied her uncanny leadership abilities and her ability to pull the whole team together by leading by example. Emily Westphal put

up incredible stats in all categories to lead the team and ultimately was named NLL Player of the Year along with All Ohio third team honors. Kennedy Moody supplied the defensive power by guarding the other teams' biggest player and established herself as one of the better defensive rebounders in the league. Victoria Leggett provided the spark and energy for each and every game with her relentless work ethic. The Lady Cougars also received great support from junior Keely Pohl who became a starter and averaged 8.7 points per game which placed her as the second leading scorer on the team. Sophomore Charley Kale also had a great season as she embraced and flourished as the Cougar's first person off the bench. Charley's defensive pressure defined what the coaches wanted from their team defense. The team returns a number of young players who should be able to compete and be very successful next year.

BOYS BY Bruce Smith

This past season was a highly successful year for us. It was the first time in the last 25 years that a Toledo area team enjoyed a perfect regular season. Considering the fact that we battled injuries and illnesses to



key players throughout the season, makes it more rewarding that we were able to 'stay the course' and continue to win games. It is a testament to the will and the depth of our team and our young men. In 28 years of coaching at the varsity level, it is as unselfish a team as I have ever had the pleasure of coaching.

Our players earned many post season honors. Ben Casanova was named Player of the Year in both the NLL and for the District VII Coaches Association and was 2nd team ALL-OHIO. Jeremiah Roberts was also 1st team NLL and District VII as well, just to name a few. Team awards were given out as follows:

MVP - Ben Casanova

Most Improved Players - Matt Schaffer & Willie Bankston

Best Offensive Player -

Jeremiah Roberts

Best Defensive Player -

Leon Eggleston

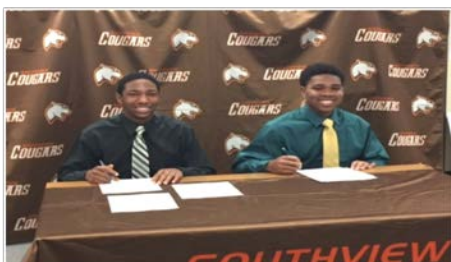
In closing, I would like to thank the Cougar Club for all their support and particularly, Mindy Potter, who has been great to work with all year. Mrs. Potter's professionalism and her promptness with any requests I have had are greatly appreciated.

WINTER SPORTS

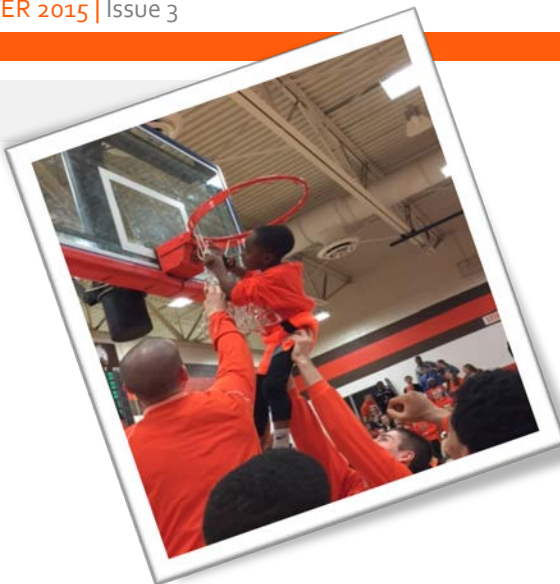


SWIM & DIVE TEAM

Swim and dive had a great season. Swimmers practiced in the early morning three days a week and in the afternoons six days a week. A new dry land program was used three days a week in hopes of strengthening areas of the body needed to better compete in the water. Numerous records were broken by a very young team including freshman Kotone Pax (100 yd & 100 m breast), RJ Kondalski (200 IM & 100 back), and a 30 year old record for the 200 medley relay (RJ Kondalski, Noah Curran, Nick Vlasnik, Zane Kruszynski). We had 19 swimmers and 1 diver qualify for the district meet which resulted in 100% personal best times and several swimmers making it to the podium. The boys' team placed 7th at the district meet out of 34 teams. The team celebrated a very successful season at a banquet that took place on March 11th.



Cougar College signing



LET US
CELEBRATE
- CUTTING
THE
BASKETBALL
NET



COUGARETTES The Southview Cougarettes finished their season this year placing 6th place in Hip Hop, 5th place in POM, and 4th place in Jazz at the state competition in Columbus!!

WRESTLING

The wrestling team had a lot of surprises happen throughout the season. Some of the surprises were unfortunate surprises due to ineligibility, injuries, and people not being able to make it through the tough sport. This of course led to a drop in the number of wrestlers able to compete. Despite this the team was able to capture four dual victories and was close to capturing a fifth, but lost by very distant criteria. The far better positives from this year were seen at the individual level. Wrestlers built several character qualities throughout the season like dedication, sacrifice, discipline, courage, and

great camaraderie. Our wrestlers gained confidence in general, and their technique improved throughout the season. Some the improvements may have been hard to recognize from a fans perspective, but this growth was definitely noticed in the wrestling room by the coaches and wrestlers themselves. Wrestlers worked hard day in and day out, and we were able to see more and more small victories in their matches throughout the season. For some, those small victories made all the difference and took their wrestling to a whole new level.

Some of the notable accomplishments throughout the year are as follows. Two sectional placers and district qualifiers; 3rd Colton Crawford (Senior) and 4th Cody Schroeder (Junior). One N.L.L. placer; 3rd Patrick Schroeder (Junior). One top four finisher at the St. John's Jesuit Wrestling Invitational; 3rd Dylan Jimenez (Senior). Four team dual victories.



COUGAR NEWS



Baseball team volunteers with Toys for Tots during the holiday season



Bruce Smith wins Coach of the Season for winter sports



Senior boys create a dance team to support the girls' basketball team versus Northview



Wrestling alumni come out to support retiring coach/teacher Terry Hoffman



Cougar Club Reverse Raffle was held on March 7, 2015 at Holland Gardens. Everyone was a winner. Thank you for your support!

TREASURER'S REPORT BY MINDY POTTER

Uniforms are purchased on a 3 year rotating basis. This year we have already purchased football, boys basketball, wrestling, girls golf, and Cougarettes. Due to our amazing basketball programs, many attended games and purchased items from our concession stand. Thank you to the many workers! The Reverse Raffle was held after a long hiatus. What a great turnout!

Cougar Club has committed \$25,000 (\$5000 per year for 5 years) to the Athletic Foundation earmarked for Southview Athletic Facilities to be paid in June.

COUGAR CLUB FINANCIALS

2014/2015
YEAR TO DATE
(MARCH 31, 2015)

Income

50/50 Raffle	\$ 4,276.00
Concessions	14,876.86
Cougar Clothing	2,560.64
Membership	6,320.00
Reverse Raffle	11,732.15
Golf Outing	6,617.09
Programs	768.55
TOTAL INCOME	\$47,205.35

Expenses

Sports Awards	\$ 4,769.65
Uniforms/Equipment	20,012.04
Taxes/Insurance/Bank Chgs	1,773.86
Athletic Foundation	0.00
Office Supplies/Misc	1,761.32
TOTAL EXPENSES	\$17,863.00
PROFIT	\$ 18,888.48



GYMNASTICS

Cougar Hockey Finishes Their Rebuilding Year Strong!

By Michael Chrysochoos

Southview's Varsity Ice Hockey Team started the 2014/2015 season with a very short bench after the graduation of 6 key seniors last year. However, despite injuries, the incoming freshman and existing underclassmen and upperclassmen brought the team together to compete in White Division play. Under the leadership of Coach Collins and Coach Marvin, the 10 player team took on teams with 20+ players, requiring each and every Cougar player to play shifts twice as long as their competitors. An aggressive off-ice off-season training and conditioning program in conjunction with on-ice in-season practices prepared the team for every demanding 3 periods of play.

The final roster of this year's team included:

- Senior – Derrion Grummel
- Juniors – John Chrysochoos, Andrew Jahn and Andrew Pickering
- Sophomores – Elizabeth Anderson and Kendall Linnenkugel



- Freshman – Dominic Edwards, Sydney McKie, Matthew Sampson and Sammy Vassar

The Cougars finished their regular season with 4 wins and 10 losses. However, along the way BCSN nominated two players, Andrew Jahn and Matthew Sampson, as Players of the Week. Also, several players were nominated as White Division National players including Kendall Linnenkugel for 1st team and John Chrysochoos and Andrew Jahn for 2nd team. Beyond regular season play, the Cougars also travelled to Columbus to compete in both Thanksgiving and Martin Luther King tournaments against some of the best teams in the area.

Your SV Varsity Ice Hockey Team is using their "time off" from the regular season playing spring hockey, attending hockey camps, and training in preparation for another exciting season!

SPORT HIGHLIGHTS

INDOOR TRACK

Below are the results of the 2015 State Indoor Track & Field meet :

Congratulations to the Cougar Track Team members who competed at the Ohio Association of Track and Cross Country Coaches (OATCCC) State High School Indoor Track & Field Championships at Akron University on March 7, 2015.

The following members received "state medals":

1. Boys 4x4 relay - Frank Hayes, Ja'Quan Bowers, Jay Lawrence, and Earl Armstrong took 3rd place with a time of 3:24.38.
2. Girls 4x2 relay - Lauren Micham, Kennedy Marable, Chelsey Barwiler, and Alana Johnson took 6th place with a time of 1:46.37.
3. Boys 800 Run - Frank Hayes took 7th place with a time of 2:00.28.
4. Boys 400 Dash - Earl Armstrong took 7th place with a time of 50.62.



CHEERLEADING

IN ACTION

In March, the SHVS Cheerleaders hosted their 5th Annual Cheer For A Cure event, drawing in over 1,200 spectators to watch over 75 teams compete in cheer and dance. Proceeds benefit the fight against cancer by funding research, education, advocacy, and service.



In total, Southview Cheerleading has raised over \$83,500 in five years towards finding a cure for cancer with this year bringing in \$25,500. Also this year, the SV Cheerleaders was third in team-specific fundraising for which they won an award.



The SV cheer volunteers were onsite Friday night to install the performance floor and prepare the facility for the event only to be back onsite by 7 am with doors open at 7:30. This year the event ended around 4:30, but the girls were there until 6 to clean and break down / load up the spring floor. The entire event, from admissions, warmup, events, games, concession, managing judges and the DJ, and awards are run by the girls and family volunteers. After working a 10 hour day, our Varsity squad was off to UT to cheer on our undefeated season Boys' Basketball team.

COUGAR CLOTHING

Spring is quickly approaching and that means it will be time to start designing and ordering new spirit wear for the 2015-2016 school year. Cougar Clothing would like to thank everyone for their continued support of our cougar athletes. This year, we had an exciting season in our new Nusbaum Stadium. We sold a record number of "Baum" t-shirts and will continue to have those available in the upcoming football season. This year marked a record year in sales and therefore, more support for our athletes! Please remember that we will have our new inventory available for purchase at Cougar Kickoff in August. If you have any interest in joining our "spirit wear team", please email Melanie Melfi at mmelfi86@gmail.com. We are always looking for volunteers with sales and it is a fun way to get involved while supporting our athletes! THINK SPRING!

Southview
High School
Cougar Club
WINTER 2015

7225 sylvania Avenue
Sylvania, OH 43560

THANK YOU

WE APPRECIATE ALL OF
THE VOLUNTEERS THAT
HELP SUPPORT OUR
ATHELTES -- YOU MAKE
A DIFFERENCE

THANK YOU FOR SUPPORTING SV ATHLETICS!

WE RAISED OVER \$11,700

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Twila Gillespie
Jim Pool
John Guitteau
Shawn Litzer Entertainment
Sara Huffman
Teri Glass
Lorrie Krauss
Melanie Melfi

Reverse Raffle Committee
Lisa McMurray
Deb Stout
Nate Segall
Mindy Potter
Susan Taylor
Laura Guitteau
Lori Noltner

SOUTHVIEW COUGAR CLUB
REVERSE RAFFLE