

# DELTA CAMP: JUNE 16-19 FEATURING SHAWN CONTOS & J. JAGGERS

Please E-Mail Anthony Carrizales if you wish to attend or have any questions at: [ACarrizales@pdys.org](mailto:ACarrizales@pdys.org)

First day of camp registration forms will be collected. Need to be signed by parent/guardian before wrestler participates. Will have forms there or I can forward it through email.

Camp open to all wrestlers, Cost - \$90 (Payments can be made by Paypal at: <http://ohiograpplers.com/> OR check/cash accepted first day)

Delta High School, 605 Taylor Street Delta, Ohio

Daily Schedule: 9:00am-11:00am, Break 1 hour, 12:00pm-2:00pm

Clinicians will demonstrate a variety of techniques and drills to improve wrestling from the Top, Bottom, and Neutral positions. Live wrestling will also be included in every session.

Featured Coaching staff

**Mon & Tues, June 16th & 17th**

**Shawn Contos** (Assist. coach Penn State University, 2x 3rd in State for Toledo St. John, Junior Freestyle national champion)

**Wed. June 18th**

**J Jagers** (Asst. coach Ohio State University, 2x NCAA champion Ohio State University, 4x HS state champion for Bedford Channel)

**Thurs June 19th**

Will feature a variety of technique demonstrated by the Delta coaching staff and alumni

Delta coaches and alumni will assist coach Contos and Jagers in overseeing instruction throughout the week.

Robin Rayfield

Asst. coach Delta HS

Former Delta head coach 1986-2001.1999

Ohio Div. III coach of the year

State champion for Perrysburg HS

Anthony Carrizales

Head coach Delta HS

2x NCAA Tournament Qualifier Ohio University

State champion, 2x Runner up, and 4th for Delta

Danny Carrizales

Delta HS asst. and Club coach

State Runner-Up and 4th for Delta

Rob Sintobin

Head coach Clarion, PA HS

NCAA All-American 4th Clarion University

State Champion and Runner up for Delta

Mark Nagel

Head coach Springfield HS

2x State Runner-Up and 3rd for Delta

Adam Sintobin

Asst. coach Springfield HS

Wrestled 4 years for Kent State University

State Champion and 3rd for Delta

Dr. Michael Mattin

Head of the Delta Wrestling Club

State Champion and 3rd for Delta

Dean Schuler

Delta Wrestling Club coach

Wrestled 4 years for Central Michigan University.

State Champion and Runner up for Delta