



Fall Athletic Awards 2023

Boy's Cross Country

MHSAA State Champions LP D2
OK Gold Conference Champions
MHSAA Regional Champions
MITCA Academic All State Team
3.9714 GPA

All Conference

Tate Miller
Brendan Hoving
Liam Hinman
Henry Dixon
Cooper Jacobsen

All Conference - Honorable Mention

Luke Ueland
Steven Zawacki
Tyler Endres

All Region

Tate Miller
Brendan Hoving
Liam Hinman
Henry Dixon
Cooper Jacobsen

All State

Henry Dixon (6th) School Record 15:16
Brendan Hoving (30th)
Liam Hinman (29th)

Academic All State Individual

Henry Dixon
Brendan Hoving
Tate Miller
Tyler Endres

Girl's Cross Country

All Conference

Addison Washler
Ainsley Sullivan
Jillian Clason

All Region

Addison Washler
Ainsley Sullivan
Jillian Clason

All State

Addison Washler

Academic All State Individual

Addison Washler
Jillian Clason

Girl's Golf

MHSAA State Championship (4th Place)
MHSAA Regional Runner - Up
MIGCA Academic All State Team

All Conference

Sophie Skoog - Conference Champion
Stella Bernhardt

All Conference - Honorable Mention

Lilah Zaskowski
Bella Chiodini

All State Division 2

Sophie Skoog - 9th place MHSAA Finals

All State Division 2 - Honorable Mention

Stella Bernhardt

All State HM Academic Individual

Sophie Skoog
Stella Bernhardt

Football

MHSFCA Team Academic All State

All Conference

Ace Simonson
Max Ferrick
Nathaniel Nowicki
Matthew Stotts
Braeden Mulcahy
Jake Heemstra

All Conference Honorable Mention

Will Morgan
Kaden Hinds

MHSFCA All Region

Ace Simonson
Nathaniel Nowicki
Jake Heemstra

MHSFCA All State

Ace Simonson

Mlive Grand Rapids Dream Team

2nd Team Jake Heemstra
HM Ace Simonson
HM Braeden Mulcahy

MHSFCA Individual Academic All State

Eli Prominski
Nate Kelso
Sam Metcalf
Will Morgan
Drew Patten
Landon Pflum
Landin Greene
Braedon Mulcahy
Aiden Kirkwood
Brady Hilty
Matt Stotts
Preston Hoexum

Boy's Soccer

All Conference

Mars Steenwyk

All Conference Honorable Mention

Noah McGraw

All District

Mars Steenwyk
Wesley Conkling

Individual All Academic Award

Mars Steenwyk
Cooper Wherley
Noah McGraw
Andre Stoll
Tobi Thielmann

All State Academic Team Award

Team Award 3.354 GPA

Girls' Swim & Dive

MHSAA State Finals 8th place Team
Finish

All Conference

Elliott McAlpine
Natalie Barnes (FHN)
Olivia Meisner (FHN)
Raja Nadgauda (FHN)
Anna Wiechertjes (FHN)

All State

Elliott McAlpine
200 Medley Relay - 4th Place
400 Freestyle Relay - 7th Place
200 IM (3rd place) and 100 Breast (5th place)

****Holds all swimming records for FHE****

Field Hockey

All Conference

Logan Kirkwood

All State Second Team

Logan Kirkwood

Academic All State Team

Logan Kirkwood

Mia Dye

Boy's Tennis

OK Gold Conference Champions

MHSAA State Finals 6th in State

MHSTeCA Coaches Poll 5th in State

All Conference

Justin Hunter

AJ Droog

Devin Kozal

Jace Konwinski

Drew Dylenski

Will Overbeek

Nikhil Talla

State Champions

#1 Doubles Devon Kozal/Jace Konwinski

All State

Devon Kozal

Jace Konwinski

All State Honorable Mention

Nikhil Talla

Will Overbeek

Academic All State

Team GPA 3.80

Individual Academic All State

Minimum of 3.75, 4 year cumulative
unweighted GPA

Drew Dylenski

AJ Droog

Devin Kozal

Pranav Mudhas

Equestrian

District 5 Champions

Class D Reserve State Champions

Sadie Southwell

High Point Saddle seat

Certificate of excellence for saddle seat

"Dream team"

Sportsmanship award.

Lily Russell

"Dream team"

High Point Discipline in Huntseat

Division D

Sportsmanship Award

Volleyball

OK Gold Conference Champions

MIVCA Team Academic All State -3.691

GPA

All Conference

Hope Davies

Avery Headworth

Layna Waselewsky

Adelee Kaiton

MIVCA All Region

Hope Davies

Layna Waselewsky

Adelee Kaiton

Academic Individual All State

Avery Headworth

Meijer Scholar Athlete of the Week

Avery Headworth

MIVCA All State Honorable Mention

Hope Davies

Layna Waselewsky