**Concussion** The recognition and treatment of students/athletes who have

**Policy** sustained a concussion is a priority. If not properly treated, concussions can result in permanent physical and cognitive deficits.

Recovery from a concussion may require limiting physical and/or mental activities. As such, Bishop Brady High School will require the following if a student is suspected/diagnosed with a concussion:

* If a concussion is suspected, the student must see the school athletic trainer, a physician or a certified concussion specialist within 3 days. If the concussion is resolving, the athletic trainer may continue to treat the student until complete resolution. If the student is not showing improvement within 7-10 days of the injury, they will be required to see a physician with expertise managing concussions. .
* If required to see a physician or concussion specialist, after-care instructions, or a post-concussion report form for returning to school/athletics, must be completed by the physician or recognized concussion specialist provided to the school within 48 hours of the appointment.
* The information must include: date of concussion, dates of excused absences, a return-to-school day, recommended academic accommodations and modifications, and recommended accommodations or limitations on participation in wellness classes and athletics.
* A student must have a medical clearance from the treating medical professional **as well as the BBHS Athletic Trainer** to continue with normal academic and athletic activities.
* Bishop Brady will make all attempts to comply with reasonable requests by medical professionals for academic and athletic accommodations or modifications.