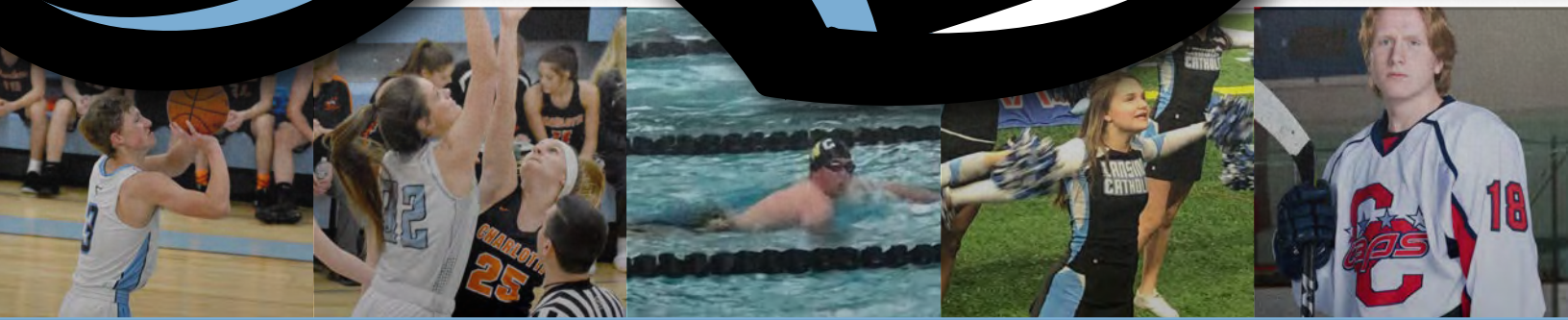


LANSING CATHOLIC
COUGARS



WINTER 2019-2020





4 EVENTS...1 MISSION

TO BRING EXCELLENCE TO OUR STUDENTS THROUGH THE POWER OF COMMUNITY



14TH ANNUAL
COUGARFEST
HOMECOMING

**THANK YOU
FOR YOUR
SUPPORT!**

Join us at our adult homecoming celebration for our alumni, parents and friends. Let's meet under the tent at the plaza inside Cougar Stadium for drinks, snacks, music and fun.



3RD ANNUAL
**CORKS +
CUISINE**

SATURDAY
JANUARY 25
7-11:30 P.M.

Gather to savor delicious samplings of food and drink from area eateries while enjoying the great music and live auction. All proceeds to support future enhancements of the campus at LCHS.



36TH ANNUAL
**FR. MAC
SCHOLARSHIP
DINNER**

MONDAY
MAY 4
6 - 9 P.M.

A fine dining experience at the MSU Kellogg Center with an inspiring program, raising dollars to support our tuition assistance fund.



32ND ANNUAL
**COUGAR
CLASSIC
GOLF OUTING**

FRIDAY
JUNE 12
10 A.M.

LCHS community members take over the links at Forest Akers Golf Course to support our students and teachers with dollars going toward our Annual Fund.

PLEASE JOIN US AT OUR 2019-2020 ANNUAL SPECIAL EVENTS!

Visit www.lansingcatholic.org or contact Paula Wilcox at 517.267.2121 for more details and sponsorship opportunities.

Lansing Catholic High School | 501 Marshall St., Lansing, MI 48912



DOUG MOORE
PRINCIPAL

Welcome to the campus of Lansing Catholic! Each year we choose a spiritual theme as a focal point for our community. This year's theme comes from Romans 12:12 - "Be joyful in hope, patient in affliction, faithful in prayer." I invite you to embody these during today's contest and model for our students what is good, right, and true.

Joyful in hope - While we play to win we also play for a higher purpose. Our hope and our joy lasts longer if we keep things in proper perspective. The manner in which we gain victory is more important than the victory itself.

Patient in affliction - Nobody likes to lose but the way in which we lose demonstrates the heart of our character. Calls will not always go our way, athletes will make mistakes, and coaches aren't perfect either. Respect them anyway.

Faithful in prayer - Any success we have is never just from our own efforts. Encouragement from fans goes a long way in motivating athletes and supporting them long after today's contest is over. Leaning on God, win or lose, is what being a faithful disciple is all about.

Thank you for supporting our students, and, "GO COUGARS!"

God bless,

Doug Moore C80

Principal



BRIAN WOLCOTT
ATHLETIC DIRECTOR

Welcome to the 2019-20 winter season!

We had tremendous success this past fall, five league champions, two regional champions and a State Championship in football! Congratulations to all! State championships are rare and deserve special recognition. I hope you are inspired as you read, watch (new video board) and learn about this team and their "chemistry". Chemistry is what happens when we put others before ourselves. Chemistry is created when we "play for a higher purpose" eg.: faith, family, football. Our football team was fortunate to be blessed with great talent, coaches and chemistry. We congratulate them for being an exemplar of what our athletic program teaches: when the games are over, the season completed we give Him all the glory. If we keep our collective focus on this 'greater purpose' I am certain each team and our community will have success.

This fall, thanks to a donation, we renovated our existing gymnasium, a new floor and bleachers were installed along with new scoreboards, a video board and wall padding. Special thanks to the donor family, those that helped with design and details, it was a great team effort!

Enjoy the season, remember the reason and give him all the Glory!

Go Cougars!

Brian P. Wolcott

Director of Athletics/Dean of Students



FR. PAUL ERICKSON
CHAPLAIN

Greetings to the Lansing Catholic High School Community!

The rhythm of our athletic programs always seems to set the tone for school spirit and it is wonderful to see so many of our students compete in the athletic arena. At LCHS, we continue to challenge our student-athletes to live the life of Christ in everything they do and sports can serve a vital role in this formation. Participating in athletics can teach discipline, sacrifice, teamwork, respect, and integrity.

St. Paul tells us, "Be joyful in hope, patient in affliction, faithful in prayer." (Rom. 12:12) These things, while they may begin on the field of sport and competition, extend much further into life. These three help us to be more conformed to the image of Jesus and bring us into that discipleship to which He calls us all. As we learn to follow and reflect the life of Christ to those around us, let us be known for our joy, our patience, and our faithfulness.

Thank you for your continued support of our athletic program, our students, our staff, and our school. Together, let us hold our entire community in prayer that they may compete safely and respectfully. GO COUGARS!

May the Lord bless and keep you.

Fr. Paul Erickson

Chaplain



MISSION STATEMENT

The Lansing Catholic High School community forms students spiritually, intellectually, and socially into faithful disciples of Jesus Christ.

TYPE OF SCHOOL

Regional, comprehensive, co-educational Catholic high school

ACCREDITATION

Michigan Association of Non-Public Schools

ADMISSIONS

Based on prior academic, behavior and attendance records; recommendations and admissions review of application

STUDENTS

LCHS serves the varied educational needs of Catholic and non-Catholic youth in the greater Lansing area

SIZE

Students: 481
 Student/Teacher Ratio: 15:1
 Average Class Size: 22

FACULTY

President: 1
 Principal: 1
 Dean of Students/Athletic Director: 1
 Associate Dean of Students: 1
 Certified Lay Teachers: 35 (19 master's degrees, 1 doctorate degree)
 Priest: 1
 Religious Sisters: 2
 High School Counselors: 2
 Student Resource Staff: 2

SCHOOL DAY

8:00 a.m. - 3:00 p.m.
 8:28 a.m. - 3:00 p.m. (Thursdays only)

GRADUATION REQUIREMENTS

Students must successfully complete the following 24 credits:

Theology	4.0 credits	Physical Education	0.5 credit
English	4.0 credits	Health	0.5 credit
Mathematics	4.0 credits	Speech	0.5 credit
Science	3.0 credits	World Languages	2.0 credits
Social Studies	3.0 credits	Electives	1.5 credits
Fine Arts	1.0 credit		

CONTACT INFORMATION

Lansing Catholic High School
 501 Marshall Street
 Lansing, MI 48912
 Main Office: 517-267-2100
 Admissions Office: 517-267-2102
www.lansingcatholic.org

STANDARDIZED TEST SCORES

ACT TEST DATA - Class of 2019

	<u>LCHS</u>	<u>National</u>
English	25.2	20.2
Math	24.6	20.6
Reading	26.0	21.3
Science	24.8	20.8
STEM	24.7	20.9
Composite	25.0	20.9

ACADEMIC HONORS

Honors for graduates are determined by the 7th semester cumulative Grade Point Average (G.P.A.) according to this scale:
 Summa Cum Laude (3.9 to 4.0)
 Magna Cum Laude (3.75 to 3.89)
 Cum Laude (3.5 to 3.74)

ADVANCED PLACEMENT COURSE OFFERINGS

AP English	AP Art History
AP Spanish	AP Computer Science
AP Biology	AP Physics 1
AP Chemistry	AP Physics 2
AP US History	AP Statistics
AP Government	AP Macroeconomics
AP European History	AP Microeconomics
AP Calculus AB	AP World History

WORLD LANGUAGES

Spanish, French, and Latin

COUGAR ATHLETICS

Fall Sports: Football, Boys Tennis, Boys Soccer, Girls Volleyball, Boys & Girls Cross Country, Sideline Cheerleading, Girls Golf, Girls Swimming & Diving

Winter Sports: Hockey, Boys Swimming & Diving, Wrestling, Competitive Cheer, Boys & Girls Basketball

Spring Sports: Baseball, Softball, Boys & Girls Track and Field, Boys Golf, Girls Tennis, Girls Soccer, Boys & Girls Lacrosse

CLASS OF 2019 RECOGNITION

99 percent of our 2019 graduates are continuing their studies. Our 2019 graduates were accepted at the following colleges and universities:

Alma College	Northwestern University
Aquinas College	Northwood University
Auburn University	Oakland University
Ave Maria University	Ohio State University
Albion College	Olivet College
Ball State University	Olivet Nazarene University
Baylor University	Pennsylvania State University
Belmont University	Point Park University
Benedictine University	Purdue University
Bowling Green State University	Saginaw Valley State University
Butler University	Saint Leo University
Calvin College	Saint Mary's College
Carthage College	Siena Heights University
Central Michigan University	Spring Arbor University
Clark Atlanta University	Trine University
Cleary University	The Catholic University of America
College for Creative Studies	Tulane University
Colorado State University	University of Alabama
Cornerstone University	University of California-Davis
Creighton University	University of California-San Diego
Davenport University	University of Colorado-Boulder
DePauw University	University of Cincinnati
Eastern Michigan University	University of Dayton
Ferris State University	University of Denver
Florida International University	University of Detroit Mercy
Franciscan University of Steubenville	University of Georgia
Grand Valley State University	University of Houston
Gonzaga University	University of Illinois at Urbana-Champaign
Hillsdale College	University of Kentucky
Holy Cross College	University of Michigan-Ann Arbor
Hope College	University of Michigan-Dearborn
Indian River State College	United State Military Academy-Army
Indiana Tech	University of Mississippi
Indiana University at Bloomington	University of Northern Colorado
Indiana University-Purdue University Indianapolis	University of Notre Dame
Iowa State University	University of Tennessee-Knoxville
Kalamazoo College	University of Texas-Dallas
Lake Superior State University	University of Toledo
Lansing Community College	University of South Carolina
Lewis University	University of St. Francis
Loras College	University of St. Thomas
Loyola University Chicago	University of Washington
Marquette University	University of Wisconsin-Madison
Massachusetts Institute of Technology	Villanova University
Marian University	Wayne State University
Miami University-Oxford	West Virginia University
Michigan State University	Western Michigan University
Michigan Technological University	Wright State University
Millikin University	Xavier University
Northern Michigan University	

COLLEGE SCHOLARSHIPS & CLASS GRADE POINT

Our 2019 graduates earned over \$10 million in college scholarships. The class grade point average earned by the Class of 2019 was a 3.4.

CLUBS & ACTIVITIES

Ambassadors	Music Ministry
Art Club	National Honor Society
Be Love Revolution (Women's Group)	Peer Assistance Leaders (PALs)
Campus Ministry Team	Prayer Partners
Drama/Musicals	Quiz Bowl
Eucharistic Ministers	Retreat Leaders
Evergreen Club	Robotics
French Club	Spanish Club
Golden Rule Club	Stratford Trip
International Travel	Student Athletic Trainers
Intramural Basketball	Student Leadership Team
Jazz Band	Student Tutors
Latin Club	Students for Life
Lectors	Tabletop Game Club
Lights & Sound Crew	Warriors (Men's Club)
Mission Trips	Work-a-thon Committee
Mobile Food Pantry Committee	

FAITH

- Every school day begins and ends with prayer
- All students attend Mass weekly
- 10 All-School Masses are held each year
- Daily Mass is offered
- Sacrament of Reconciliation is offered weekly
- Eucharistic Adoration is offered weekly
- All students attend a school sponsored retreat once per year
- Juniors and Seniors have the opportunity to be retreat leaders and attend our Kairos retreat
- Additional retreats, trips, and events are available for students to grow in their faith throughout the school year

MISSION TRIPS

- Mission Trips are offered during Spring Break and Summer Break to the following locations: Montgomery, Alabama; Beattyville, Kentucky; Logan, West Virginia; Pine Ridge, South Dakota; and Memphis, Tennessee
- 30% of our student body participate in a Mission Trip each year
- Financial Assistance is available to make sure all students are able to participate

SERVICE

- 80 hours of community service required for graduation
- Students also participate in numerous school wide service projects, including hosting a mobile food pantry, sponsoring families for Thanksgiving and Christmas, and various collections throughout the year for local charities
- Work-a-Thon is our annual day of service in which students, staff, and parents spend the morning volunteering in the greater Lansing area

For more information about Lansing Catholic High School, visit our website at www.lansingcatholic.org.





BASKETBALL — BOYS — VARSITY



Back Row: Coach Darrt, Quinn Darrt, Zach Gillespie, Charlie Nylander, Vince Salquist, Thomas Gianiodis, Stuart Hamilton, Sam Gonzalez
Front Row: Sammy Jacobs, Alex Watters, Nate Wilcox, DJ Ferguson, Matt DeLuca, Josh Risner, Kevin Blergans

BASKETBALL — BOYS — VARSITY



BRIAN DARTT HEAD COACH

Coach Dartt is a graduate of Superior Central High School in the UP where he played basketball and ran cross country. Brian is an Olivet alumnus where he played basketball and earned his degrees in computer science, business administration and kinesiology. While a teacher at Olivet High School, he coached freshman and varsity basketball where the Eagles were undefeated state champions in 2005. Brian has been married to his wife Barbara for 23 years and they have three children, Alexandra, Connor and Quinn.



LAUREN MARTIN
ASSISTANT COACH

This is Coach Martin's third year as JV Head Coach. She was previously the varsity assistant coach and has coached at the college level (SUNY Oswego, NY). Coach Martin was a four-year varsity player at Traverse City St. Francis and Hillsdale College. She loves to

share her passion for the game and is happy to be back in the great state of Michigan after five years of living out of state.



CHRIS BRAUER
ASSISTANT COACH





















Coach Brauer hails from Bellevue and currently resides in Williamston. He previously coached in the baseball and basketball programs in Olivet. Coach Brauer is in his third season as assistant coach and is committed to preparing young

men for basketball and, most importantly, for life after as well.

PLAYER ROSTER

- 10 Sammy Jacobs.....Junior
- 11 Sam GonzalezSenior
- 12 Nate Wilcox.....Senior
- 13 DJ FergusonJunior
- 15 Matt DeLucaJunior
- 20 Thomas GianiodisJunior
- 21 Josh RisnerSenior
- 22 Zach GillespieSenior
- 23 Kevin Biergans.....Junior
- 24 Vince SalquistSenior
- 32 Alex WattersSophomore
- 33 Quinn Dartt.....Junior
- 35 Charlie Nylander.....Senior
- 45 Stuart HamiltonJunior

SCHEDULE

-  12/10/19 7:00 PM @ Lansing Eastern HS
-  12/13/19 7:30 PM vs Charlotte Senior HS
-  12/14/19 2:45 PM @ Moneyball Classic Everett HS
-  12/17/19 7:30 PM vs Williamston HS
-  12/20/19 7:30 PM @ Eaton Rapids Senior HS
-  01/03/20 7:00 PM vs Waverly Senior HS
-  01/07/20 7:00 PM @ Fowlerville HS
-  01/10/20 7:30 PM vs Portland HS
-  01/14/20 7:00 PM vs Father Gabriel Richard HS
-  01/17/20 7:30 PM @ Ionia HS
-  01/21/20 7:30 PM vs J.W. Sexton HS
-  01/31/20 7:30 PM @ Charlotte Senior HS
-  02/04/20 7:00 PM vs St. Johns HS
-  02/07/20 7:30 PM vs Eaton Rapids Senior HS
-  02/11/20 7:00 PM vs Haslett HS
-  02/14/20 7:30 PM @ Portland HS
-  02/21/20 7:30 PM vs Ionia HS
-  02/25/20 7:00 PM @ East Lansing HS
-  02/28/20 7:30 PM @ J.W. Sexton HS
-  03/05/20 7:00 PM @ Holt Senior HS
- 03/09/20 TBA Playoffs: Districts

 Home Game  Away Game
Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



RECORDS 1970-2018

Total Career Points	Year	Points	Games Played	Average Points
Tony Poljan	2012-16	1325	83	16.2
Brendon Brogan	1996-00	1211	87	13.9
Bob Fata	1983-86	1111	71	15.6
Total Career Rebounds	Year	Rebounds	Games Played	Average Rebounds
Jim Cassel	1974-77	908	68	14.6
Tony Poljan	2012-16	817	83	9.8
Bob Fata	1983-86	718	71	10.1
Total Career Assists	Year	Assists	Games Played	Average Assists
Louis Baldino	1967-70	326	65	5.05
Jeff Larken	1964-68	297	55	5.40
Joe Watters	1954-57	230	43	5.35
Total Career Steals	Year	Steals	Games Played	Average Steals
Bob Fata	1983-86	167	71	2.35
Peter Murray	2009-12	152	68	2.24
Pat Prichard	1977-80	149	74	2.01



TEAM RECORDS

	Year	Feat	Games Played
Field Goals Att	1973-74	1750	24
Field Goals Made	1984-85	784	27
Field Goals %	1980-81	.491	21
3 Pt. Field Goals Att	2004-05	496	22
3 Pt. Field Goals Made	2009-10	181	23
3 Pt. Field Goals %	1987-88	41.2	23
Free Throws Att	1986-87	608	25
Free Throws Made	1983-84	412	27
Free Throws %	2006-07	.738	24
Total Points	1984-85	1980	27
Average Points	1970-71	77.2	19
Defensive Rebounds	1984-85	723	27
Avg. Rebounds	1973-74	51.8	24
Most Assists	1984-85	723	27
Most Steals	1984-85	328	27
Most Games Won	1984-85	24	27
Least Games Lost	2011-12	2	27
Best Winning %	2011-12	.913	23

**Joseph Dunn
Insurance Agency**



**GO
COUGARS!**

GOOD LUCK COUGARS!!

MALONEY CARPET ONE®

The **ONE** store for your perfect floor.

CARPET • HARDWOOD
LUXURY VINYL TILE
CERAMIC TILE • LAMINATE
HOME • BUSINESS

*Family Owned
and Operated
Since 1955*

1201 E. Saginaw Street • Lansing, MI 48906
(517) 482-1455
maloneycarpetone.com

GOOD LUCK JACOB MALONEY!

SAM
EYDE

SE

MANAGEMENT



FAITH • FAMILY • TRADITION
COUSINS • GRANDKIDS • COUGARS

Sam and Judy Eyde



BASKETBALL — BOYS — JUNIOR VARSITY



Back Row: Coach Brauer, Owen Biergans, Brody Kirkpatrick, Luciano Guerrazzi, Matthew Watkins, Dylan Farrar, Coach Martin
Front Row: Tristen Taylor, Will Mansfield, Joey Baker, Matthew Gehle, Rory Durr, Brandon Lewis, Jake Sudol



BASKETBALL — BOYS — JUNIOR VARSITY



LAUREN MARTIN HEAD COACH

This is Coach Martin’s third year as JV Head Coach. She was previously the varsity assistant coach and has coached at the college level (SUNY Oswego, NY). Coach Martin was a four-year varsity player at Traverse City St. Francis and Hillsdale College. She loves to share her passion for the game and is happy to be back in the great state of Michigan after five years of living out of state.



CHRIS BRAUER ASSISTANT COACH

Coach Brauer hails from Bellevue and currently resides in Williamston. He previously coached in the baseball and basketball programs in Olivet. Coach Brauer is in his third season as assistant coach and is committed to preparing young men for basketball and, most importantly, for life after as well.

PLAYER ROSTER


- 3 Tristen Taylor.....Sophomore
- 5 Rory Durr.....Sophomore
- 10 Dylan Farrar.....Sophomore
- 11 Brandon Lewis.....Freshman
- 12 Will Mansfield.....Sophomore
- 15 Owen Biergans.....Sophomore
- 20 Jake Sudol.....Sophomore
- 22 Joey Baker.....Sophomore
- 32 Matthew Gehle.....Sophomore
- 33 Matthew Watkins.....Freshman
- 34 Luciano Guerrazzi.....Freshman
- 42 Brody Kirkpatrick.....Sophomore

SCHEDULE

- 12/10/19 5:30 PM @ Lansing Eastern HS
- 12/12/19 7:00 PM @ Charlotte Senior HS
- 12/16/19 7:00 PM @ Williamston HS
- 12/19/19 7:00 PM vs Eaton Rapids Senior HS
- 01/03/20 5:30 PM vs Waverly Senior HS
- 01/07/20 5:30 PM @ Fowlerville HS
- 01/09/20 7:00 PM @ Portland HS
- 01/14/20 5:30 PM vs Father Gabriel Richard HS
- 01/16/20 7:00 PM vs Ionia HS
- 01/21/20 5:30 PM @ J.W. Sexton HS
- 01/30/20 7:00 PM vs Charlotte Senior HS
- 02/04/20 5:30 PM vs St. Johns HS
- 02/06/20 7:00 PM @ Eaton Rapids Senior HS
- 02/11/20 5:30 PM vs Haslett HS
- 02/13/20 7:00 PM vs Portland HS
- 02/20/20 7:00 PM @ Ionia HS
- 02/25/20 5:30 PM @ East Lansing HS
- 02/27/20 7:00 PM vs J.W. Sexton HS
- 03/05/20 5:30 PM @ Holt Senior HS

Home Game Away Game

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

 BASKETBALL — BOYS — FRESHMAN



Back Row: Coach Golzynski, Adam Sambaer, Padraic Cotter, Ethan Vukovic, Jagger Hillyer, Shaymus Kelley
Front Row: Nic Gruber, Andrew Hamilton, Jack Jacobs, Daniel Shipman, Jorge Guzman-Hernandez, Dean Jacobs, Seth Elberson
Not Pictured: Kiyon Davis, Ethan Rule

BASKETBALL — BOYS — FRESHMAN



JOE GONZALEZ
HEAD COACH

Coach Gonzalez has been coaching basketball for over 14 years. He was a board member and head coach/assistant coach for boys & girls at various levels for the Capital Homeschool Athletic Program (CHAP). He also created an annual CHAP Basketball Summer Skills

Camp in 2013 which continues to offer 80+ homeschool players a week-long skills training session each summer. He is also a local podiatrist, with offices in Okemos, Grand Ledge & St. Johns.



MATT GOLZYNSKI
ASSISTANT COACH























Coach Golzynski is excited to be entering his second stint coaching basketball at LCHS this season. He has been part of the LCHS family since 2013 teaching social studies, and became the department chair in 2016. Coach Golzynski is the advisor for the National Honors Society, the

head boys tennis coach, the boys JV golf coach, and his children have graduated from and still attend Lansing Catholic.

PLAYER ROSTER

- 3 Ethan Rule Freshman
- 4 Seth Elberson Freshman
- 5 Nic Gruber Freshman
- 10 Dean Jacobs Freshman
- 11 Jack Jacobs Freshman
- 12 Shaymus Kelley Freshman
- 14 Adam Sambaer Freshman
- 20 Andrew Hamilton Freshman
- 23 Padraic Cotter Freshman
- 32 Jagger Hillyer Freshman
- 33 Daniel Shipman Freshman
- 42 Jorge Guzman-Hernandez Freshman
- 44 Kiyan Davis Freshman
- 52 Ethan Vukovic Freshman

SCHEDULE

-  12/10/19 4:00 PM @ Lansing Eastern HS
 -  12/12/19 5:30 PM @ Charlotte Senior HS
 -  12/16/19 5:30 PM @ Williamston HS
 -  12/19/19 5:30 PM vs Eaton Rapids Senior HS
 -  12/20/19 4:00 PM @ Olivet HS
 -  01/03/20 4:00 PM vs Waverly Senior HS
 -  01/07/20 4:00 PM @ Fowlerville HS
 -  01/09/20 5:30 PM @ Portland HS
 -  01/14/20 4:00 PM vs Father Gabriel Richard HS
 -  01/16/20 5:30 PM vs Ionia HS
 -  01/21/20 4:00 PM @ J.W. Sexton HS
 -  01/30/20 5:30 PM vs Charlotte Senior HS
 -  02/04/20 4:00 PM vs St. Johns HS
 -  02/06/20 5:30 PM @ Eaton Rapids Senior HS
 -  02/11/20 4:00 PM vs Haslett HS
 -  02/13/20 5:30 PM vs Portland HS
 -  02/20/20 5:30 PM @ Ionia HS
 -  02/25/20 4:00 PM @ East Lansing HS
 -  02/27/20 5:30 PM vs J.W. Sexton HS
 -  03/05/20 4:00 PM @ Holt Senior HS
-  Home Game  Away Game

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

Barbara Dartt, DVM, MS
Principal Consultant

P 269.382.0539
M 517.896.3608

555 W. Crosstown Pkwy., Ste. 303
Kalamazoo, MI 49008

dartt@thefbcg.com



THE
FAMILY BUSINESS
CONSULTING GROUP

INTEGRATIVE PHYSICAL THERAPY

Reach Your Maximum Potential

Cindy J. Swain, P.T.

517.449.4110 • cswainipt@gmail.com

**HAVE A GREAT SEASON
COUGARS!**



WWW.DCENGPC.COM

PrepareForRetirement.com





corporate office interiors

Jim Baker, Owner

GO COUGARS!



WIELAND

is proud to be the
**Construction
Manager for
LCHS**



LCHS projects completed by WIELAND:

ATHLETIC FIELD | WEIGHT ROOM
AUDITORIUM RENOVATION | CHAPEL



WIELAND
EXCELLENCE IN CONSTRUCTION.

WIELANDBUILDS.COM


ST. JOHN PAUL THE GREAT LEGACY SOCIETY

The St. John Paul the Great Legacy Society was formed to recognize those alumni and friends who have shown generosity and foresight by making planned or deferred gifts to Lansing Catholic High School. Members of the Lansing Catholic High School Legacy Society have made outright bequests in their wills, or have made other planned gifts such as life insurance, real estate, or retirement assets. Consider "adopting" Lansing Catholic High School as one of your children in your estate plan.

Please contact Jean Morgan at 517-267-2114 or jean.morgan@lansingcatholic.org.



LANSING CATHOLIC
HIGH SCHOOL

 BASKETBALL — GIRLS — VARSITY



Back Row: Megan Fischette, Marycate Heberlein, Maddy Jacobs, Olivia LaPorte, Rachel Bres, Coach Reid
Front Row: Rachel Reid, Lauren Hanes, Sydney Buda, Hannah Hauser, Sara English, Bela Fernandez

BASKETBALL — GIRLS — VARSITY



KACEE REID HEAD COACH

Coach Reid is in her seventh year leading the varsity girls basketball program. A native of Ohio and Fairview High alumna, she played basketball for Cornell University (93-97) and attend law school at MSU. Prior to coaching at LCHS, Coach Reid spent many years coaching in the local community including Haslett High School as the JV Coach. Coach Reid and her husband Joe have three children, Rachel, Leah and Joey.



JOE WOJDA
ASSISTANT COACH






















Coach Wojda is in his eighth year at Lansing Catholic. He was previously the head coach at Lansing Sexton. He brings a solid knowledge of the game both offensively and defensively.

MEGAN MOWID
ASSISTANT COACH

PLAYER ROSTER

- 2 Rachel ReidSenior
- 4 Bela Fernandez.....Sophomore
- 10 Rachel Bres.....Senior
- 11 Megan FischetteJunior
- 12 Hannah HauserSenior
- 21 Lauren Hanes.....Senior
- 22 Olivia LaPorteSophomore
- 24 Sydney Buda.....Sophomore
- 25 Sara EnglishSenior
- 32 Maddy Jacobs.....Senior
- 34 Marycate HeberleinSenior

SCHEDULE

-  12/03/19 7:00 PM vs Everett HS
-  12/06/19 7:00 PM @ Mason HS.
-  12/13/19 6:00 PM vs Charlotte Senior HS
-  12/17/19 6:00 PM vs Williamston HS
-  12/20/19 6:00 PM @ Eaton Rapids Senior HS
-  01/03/20 7:00 PM @ Waverly Senior HS
-  01/07/20 7:00 PM vs Fowlerville HS
-  01/10/20 6:00 PM vs Portland HS
-  01/15/20 7:00 PM @ Maple Valley Jr/Sr HS
-  01/17/20 6:00 PM @ Ionia HS
-  01/21/20 6:00 PM vs J.W. Sexton HS
-  01/28/20 7:00 PM vs Powers Catholic HS
-  01/31/20 6:00 PM @ Charlotte Senior HS
-  02/04/20 7:00 PM @ Lumen Christi Catholic HS
-  02/07/20 6:00 PM vs Eaton Rapids Senior HS
-  02/11/20 7:00 PM @ Haslett HS
-  02/14/20 6:00 PM @ Portland HS
-  02/21/20 6:00 PM vs Ionia HS
-  02/26/20 7:00 PM @ Father Gabriel Richard HS 
-  02/28/20 6:00 PM @ J.W. Sexton HS
- 03/02/20 TBA Playoffs: Districts

 Home Game  Away Game
 Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



VMD & Associates, PLLC

CERTIFIED PUBLIC ACCOUNTANTS

Whether your need is individual tax preparation, business tax preparation, business accounting and consulting, business audits and reviews, or retirement and estate planning, the professionals at VMD & Associates PLLC are ready to assist.



Randy Meder, CPA

randy@vmdcpa.com

www.vmdcpa.com

Owosso Office:
215 E. Mason
Owosso, MI 48867
(O) 989.723.8171
(F) 989.723.2561

Okemos Office:
2162 Commons Parkway
Okemos, MI 48864
(O) 517.347.9931
(F) 517.347.9932

GOOD LUCK COUGARS



517.339.1142

vanattas.com

Open Year Round



NYLANDER ENGINEERING, INC.
ENGINEERING • CONSTRUCTION STAKING

faith

THE MAGAZINE OF THE DIOCESE OF LANSING



COUGAR SENIORS 2020



BASKETBALL — BIOS

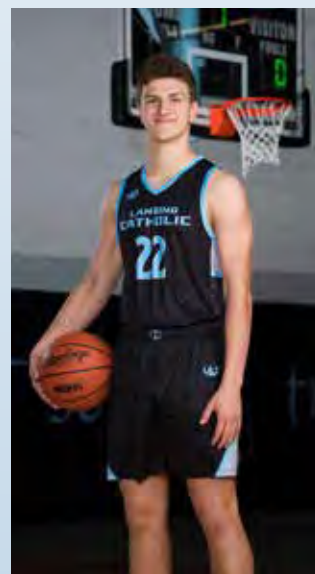


SAM GONZALEZ

Sam has played basketball for twelve years, including two on the varsity team. He would especially like to thank his dad for his continued support, and his teammates for making the game fun while pushing him to improve. He will greatly miss his teammates, bus rides back to school after a W, and pancake breakfasts at the Dartt's house. Sam is extremely grateful for all the teammates and coaches who have helped him become a better player and person, specifically Coach Martin, Coach Brauer, and Coach Dartt. He plans to study business in college.

ZACH GILLESPIE

Zach has loved basketball since before he can remember. He will never forget winning the CYL championship in 5th, 7th and 8th grade! He's grateful to his family for always coming to every game and being there for him. He sincerely wants to thank his dad for coaching him all through elementary school and to his brother Patrick for never letting him win. His favorite memory was scoring 30 points vs Haslett his junior year and feeling like his 8th grade self. He wants to thank Coach Dartt, Coach Martin and Coach Brauer for all the things they have taught him. And shout out to Ken for being the best athletic trainer there is.



CHARLIE NYLANDER

Charlie has been playing basketball since Kindergarten. His love for the game has grown every year. He would like to thank his coaches (especially Coach Dartt and Coach Martin) and teammates for encouraging him and pushing him every season. He will miss the pancake breakfasts at The Dartt's and being with his teammates. Charlie is being recruited for football and is undecided where he will attend college next year.



BASKETBALL — BIOS



JOSH RISNER

Josh has been playing basketball for as long as he can remember and has always been supported unconditionally by his parents. He really wants to thank his mom and his dad for paying for all the extra basketball activities and always pushing him to be better even if it means long car rides of being lectured. He plans to study aviation after high school. One quote he hears a lot from all of his coaches and parents is "Josh get a rebound"!!

VINCE SALQUIST

Vince has been playing basketball from a very early age but, this is his first year playing as a Cougar. His biggest influence in basketball has been Coach Mitchell from Hope Basketball from a young age when Vince went to his camps throughout elementary and middle school. His best advice came from his dad by simply saying "just enjoy the game and let it come to you." Pancakes at coaches, relationships with teammates and eating with friends after games are the best memories and things he will miss looking back on basketball. Vince thanks coaches for help and family and friends for support throughout the season. Vince wants to attend Western Michigan University and wants to study physical therapy.



NATE WILCOX

Nathan has been playing basketball since he was 6 years old. The biggest influence on his game has been his dad who has coached him through middle school and encouraged him to always give his best effort, but reminding him to have fun too. His dad's best advice emphasized teamwork..."where you have five acting as one. You become selfless."

Nathan would like to thank Coaches Martin and Brauer for believing in him and always demanding his best on and off the court. A big thanks to Coach Dartt for the opportunity to do what he loves. His best coaching advice was to ask yourself, "how can I make the person next to me better?" The team bonding experiences have been his favorite memories. For example, traveling with the team to practice in the "Hoosier Gym" and Saturday pancake breakfasts at coach's house.

Nathan is grateful to his parents for their endless support and all the opportunities they have provided. He is also thankful to his siblings, grandparents, family and friends for their encouragement and attending all his games. Nathan plans to study Sports Management and Marketing in college.



BASKETBALL — BIOS



RACHEL BRES

Rachel has been playing basketball since kindergarten. She would like to thank coach Kacee for coaching her these past three years. She would also like to thank her parents for all the time and money they've given to basketball. Rachel's favorite memory is being able to play on the "blue team". Rachel is undecided on where she wants to attend college but will miss basketball and her teammates very much next year.

SARA ENGLISH

Sara has been playing basketball since the 2nd grade rec. league. Her dad, Brian English has coached her from 2nd grade to freshman year and Sara loved it. She is very thankful for all the time her dad put in to rebounding for her and coaching Sara and her friends. Sara also wishes to thank her AAU Coach Jibri Taylor. Jibri taught her so much about how to become a tougher player and person. Sara would like to thank them for their confidence in her that helped lead to her own. Sara would also like to thank Coach Kacee Reid who coached her for the last three years of high school. Sara plan's on attending Kalamazoo College after high school to play basketball.



LAUREN HANES

Lauren has been playing basketball since she was in the 2nd grade and has played on varsity for four years. She would like to thank her family, friends and coaches for the constant support and encouragement. Her favorite memory is dancing in the locker rooms before the games with her teammates. Lauren plans to study Business in college.

HANNAH HAUSER

Hannah has been playing basketball since 4th grade. Her favorite memory is going undefeated her sophomore season with Coach Brian. Hannah would like to thank her teammates, coaches and her parents especially for helping her be the player and person she is today. Next year, Hannah plans to attend Saginaw Valley State University to play golf and study Pre-Dental.





BASKETBALL — BIOS



MARYCATE HEBERLEIN

Marycate has been playing basketball since the 2nd grade. Her biggest influence is her older sister, Allison, for showing her the game and what hard work looks like. Marycate would like to thank Coach Kacee and Coach Wojda for always pushing her to be the best she can be, and for the hours spent in the gym doing post work. A special thank you to Coach Brian for being the person who taught her how to shoot a basketball in the 2nd grade, and all the support he has shown her in the past years. Marycate's favorite memory was going undefeated sophomore year with Coach Brian. She is going to miss coming to practice everyday and playing with the girls she has played with all her life. She plans to study criminal justice in college. Last, but not least, Marycate would like to thank her parents for the hours they have spent in gyms all over Michigan, and for always encouraging her to do her best no matter what.

MADISON (MADDY) JACOBS

Madison is returning for her third year on Varsity, honored as a captain of the Cougars. She was selected all-league last year and chosen for the All Star Team at the 2019 Purdue Team Camp. For Madison this season is bittersweet — the seven seniors have been playing together since fifth grade and their days of playing together are coming to an end. She will be forever thankful to all of them as well as Coach Brian, Coach Kacee and Coach Wojda for the numerous hours spent in the gym, countless memories, stories, laughs, tears, wins and loses. A special thank you to Coach Kacee for tasking Dad with keeping the book and keeping him quiet during games! All kidding aside, she is extremely grateful to her parents, brother and sister for the time spent on this sport.

Not only does Madison love this game, she loves the competition, the time spent bonding with teammates and learning from her coaches. She wants to continue her love for the game while playing at the next level in college. It's an exciting time for her and she can't wait for the challenge.



RACHEL REID

Rachel has been playing basketball since kindergarten, it has always been a big part of her life. Rachel's favorite memories are winning districts, beating Charlotte on a buzzer beater last year, the summer team camps, and hanging out with her teammates before games. She would like to thank her mom for coaching her and pushing her the last three years and putting so much effort and time into her basketball over the last 12 years. Rachel does not know her plans for next year.

HOCKEY — BIOS



ETHAN LAPERRIERE

Ethan has played hockey competitively for many years. He thanks his coaches, teammates and family for their love, support and encouragement.

COMPETITIVE CHEER — BIOS

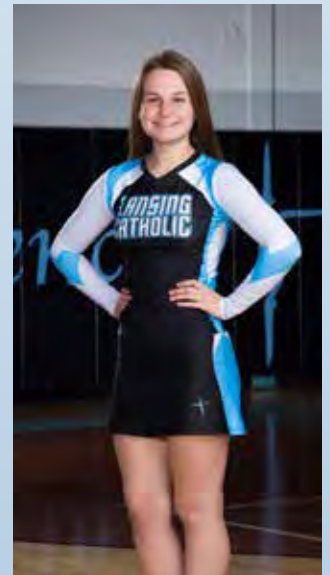


NAHEED DURANDISSE

Naheed has done competitive cheer since her sophomore year of high school. Her biggest influence in the sport are her teammates who always know when to make her laugh and are always pushing each other to do their best. Her best advice came from Coach Lindberg, "It's not practice that makes perfect, but perfect practice makes perfect." Her best memory are the sing-a-longs the team always has on the bus, the laughs they always have, and the small bonding moments they have. Naheed would like to thank her parents for letting her participate in the sport, her coaches for never giving up on the team, and her teammates for making practice fun and bearable each and everyday and for giving her another family. Naheed plans to study child development and pediatrics at Grand Valley State University.

HANNAH SLAWSON

Hannah has cheered all four years of high school, and this is her second year participating in competitive cheer. She loves taking the mat with her closest friends to show off all of their hard work. Hannah would like to thank her parents for supporting her and her teammates for pushing her to her fullest potential. She cannot wait for what the rest of the season holds.



GOOD LUCK
COUGARS



IN MICHIGAN'S



STADIUM



CAPITAL CITY



DISTRICT

DOWNTOWN LANSING - LANSINGBREWINGCOMPANY.COM

PROUD TO BE



**GILLESPIE
GROUP**

LANSING

**BUILDING LANSING
ONE BLOCK AT A TIME**
GILLESPIE-GROUP.COM

GO COUGARS!

**Ayers Basement[®]
Systems**

Since 1981

Basements, Foundations & Crawl Spaces[™]

GoAyers.com

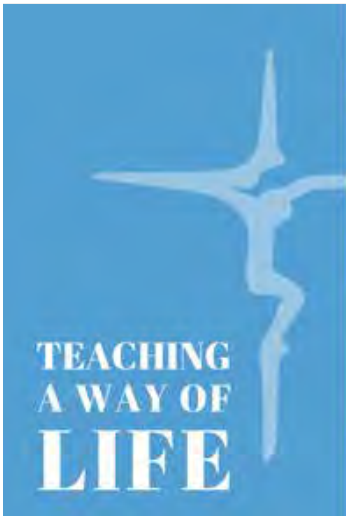
866-379-1669



ACCESS BIDCO

a Business and Industrial Development Company

(est.1991)

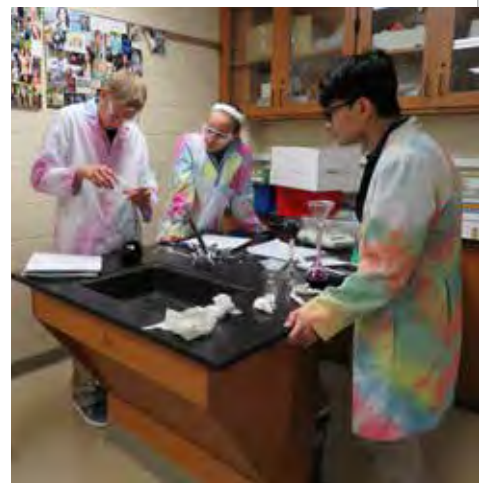


PROSPECTIVE FAMILY NIGHT

WEDNESDAY, FEBRUARY 5, 2020, 6:30-8:30PM

Prospective Family Nights are open to families with children of any age to learn more about what LCHS has to offer. Parents and students are welcome. Please note there is a set schedule for these nights. Families will first be taken on a school tour led by a LCHS student, then attend breakout sessions (on curriculum, tuition, college planning, and extracurricular and athletic activities), and the evening will conclude with a question and answer session with students and staff. Registration is not required for this event, but is appreciated. Please contact LCHS's admissions office at 517-267-2102, admissions@lansingcatholic.org or use their website to register for this event.

Please contact LCHS's admissions office at 517-267-2102, admissions@lansingcatholic.org or use their website to register for this event.



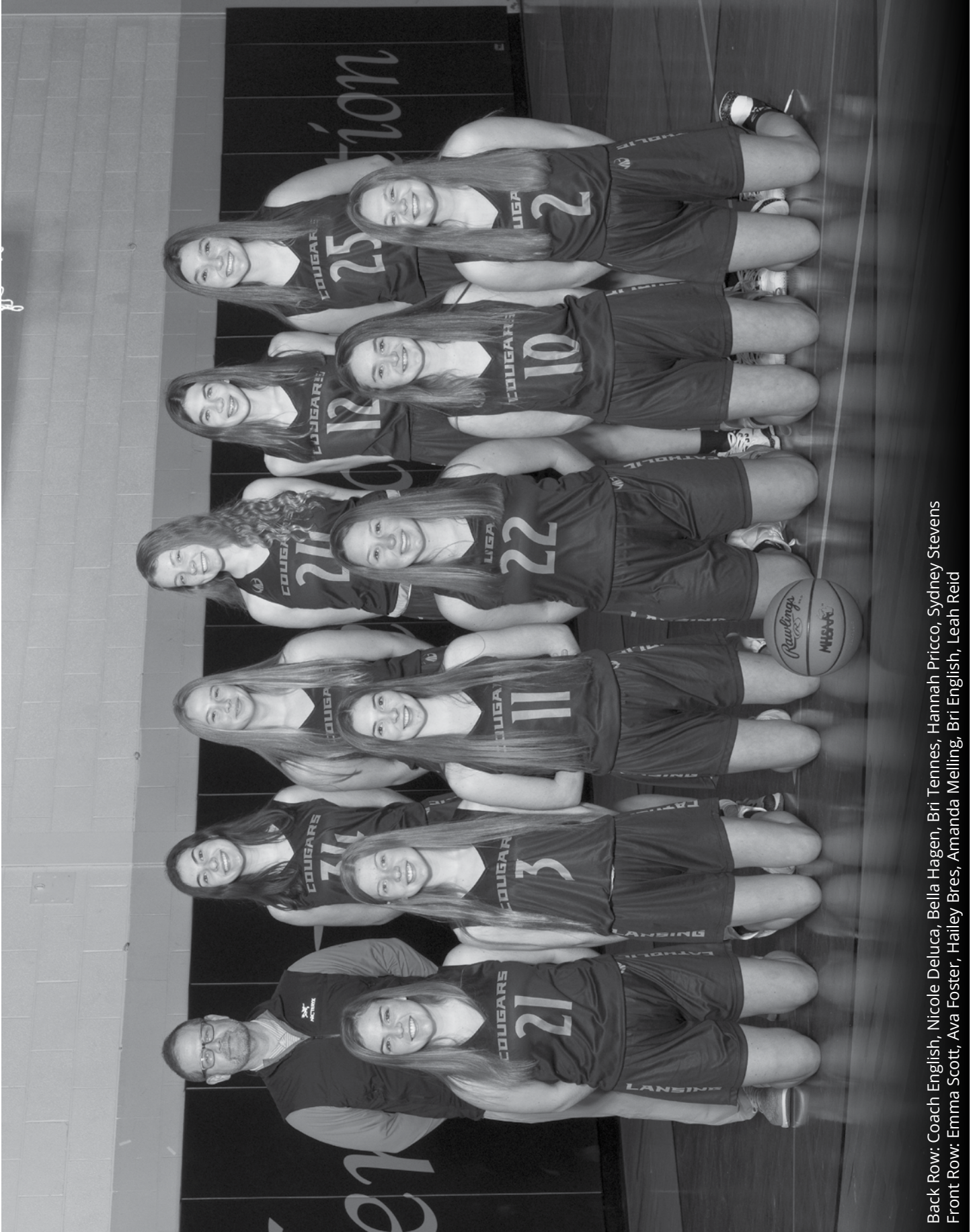


GO COUGARS!

from Jerry and Amy McKenna



BASKETBALL — GIRLS — JUNIOR VARSITY



Back Row: Coach English, Nicole Deluca, Bella Hagen, Bri Tennes, Hannah Prizzo, Sydney Stevens
Front Row: Emma Scott, Ava Foster, Hailey Bres, Amanda Melling, Bri English, Leah Reid

BASKETBALL — GIRLS — JUNIOR VARSITY























BRIAN ENGLISH HEAD COACH

Coach English is in his eighth year with the program. He currently serves as the head junior varsity coach. He has coached several years in the Catholic Youth League and brings a wealth of knowledge to the court.

PLAYER ROSTER

2	Leah Reid	Freshman
3	Ava Foster	Sophomore
10	Bri English	Freshman
11	Hailey Bres.....	Sophomore
13/12	Hannah Pricco	Freshman
14/4	Bella Hagen	Freshman
15/34	Nicole Deluca.....	Freshman
31/21	Emma Scott.....	Sophomore
22/25	Sydney Stevens	Freshman
23/22	Amanda Melling	Sophomore
24	Bri Tennes.....	Sophomore

SCHEDULE

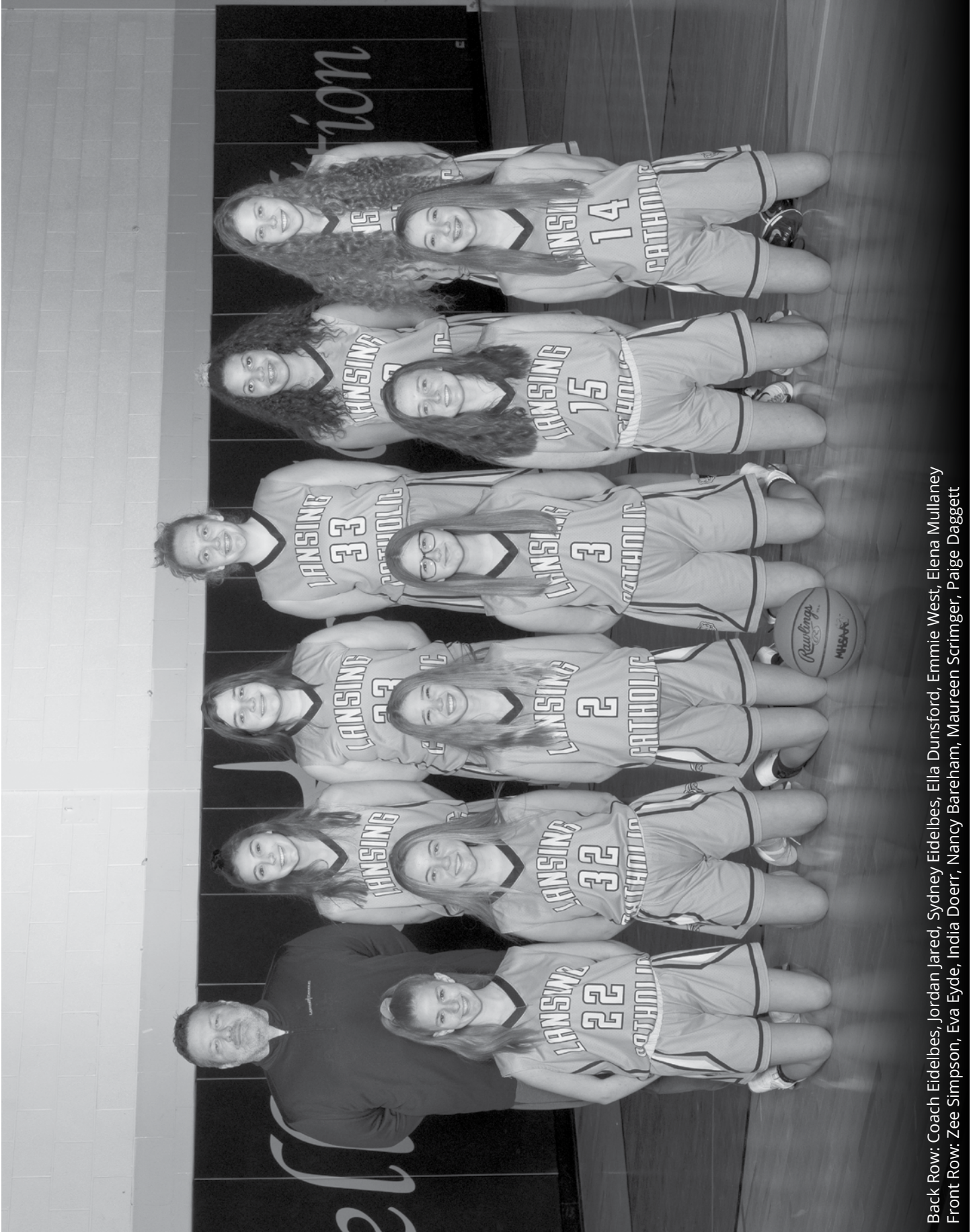
-  12/03/19 5:30 PM vs Everett HS
-  12/06/19 5:30 PM @ Mason HS
-  12/12/19 6:00 PM vs Charlotte Senior HS
-  12/16/19 7:00 PM vs Williamston HS
-  12/19/19 7:00 PM @ Eaton Rapids Senior HS
-  01/03/20 5:30 PM @ Waverly Senior HS
-  01/07/20 5:30 PM vs Fowlerville HS
-  01/09/20 7:00 PM vs Portland HS
-  01/15/20 5:30 PM @ Maple Valley Jr/Sr HS.
-  01/16/20 7:00 PM @ Ionia HS
-  01/21/20 4:00 PM vs J.W. Sexton HS
-  01/28/20 5:30 PM vs Powers Catholic HS
-  01/30/20 7:00 PM @ Charlotte Senior HS
-  02/04/20 5:30 PM @ Lumen Christi Catholic HS..
-  02/06/20 7:00 PM vs Eaton Rapids Senior HS
-  02/11/20 5:30 PM @ Haslett HS
-  02/13/20 7:00 PM @ Portland HS
-  02/20/20 7:00 PM vs Ionia HS
-  02/26/20 5:30 PM @ Father Gabriel Richard HS
-  02/27/20 4:00 PM @ J.W. Sexton HS

 Home Game  Away Game
 Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.





BASKETBALL — GIRLS — FRESHMAN



Back Row: Coach Eidelbes, Jordan Jared, Sydney Eidelbes, Ella Dunsford, Emmie West, Elena Mullaney
Front Row: Zee Simpson, Eva Eyde, India Doerr, Nancy Bareham, Maureen Scrimger, Paige Daggett

BASKETBALL — GIRLS — FRESHMAN



MIKE EIDELBES HEAD COACH

Mike Eidelbes is in his first season as freshman girls basketball head coach and his third season as junior varsity girls assistant coach. A native of Grand Rapids, Minn., he earned his bachelor’s degree in journalism from the University of St. Thomas (Minn.) and his master’s degree in public relations from the University of Denver. An editor and writer for the State Bar of Michigan, Mike lives in Holt with his wife Becky and daughter Sydney, an LCHS freshman.

PLAYER ROSTER

5/2	India Doerr.....	Freshman
14	Paige Daggett.....	Freshman
15	Maureen Scrimger.....	Freshman
21/22	Zee Simpson	Freshman
23/32	Eva Eyde	Freshman
25/10	Emmie West	Freshman
31/13	Jordan Jared.....	Freshman
33/3	Nancy Bareham.....	Freshman
41/23	Sydney Eidelbes.....	Freshman
43/31	Elena Mullaney.....	Freshman
55/33	Ella Dunsford.....	Freshman

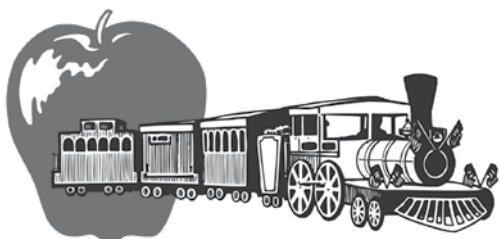
SCHEDULE

-  12/03/19 4:00 PM vs Everett HS
-  12/16/19 5:30 PM vs Williamston HS
-  12/19/19 5:30 PM @ Eaton Rapids Senior HS
-  01/03/20 4:00 PM @ Waverly Senior HS
-  01/07/20 4:00 PM vs Fowlerville HS
-  01/09/20 5:30 PM vs TBD
-  01/14/20 4:00 PM @ St. Johns HS
-  01/16/20 4:00 PM @ Fowlerville HS
-  01/23/20 5:30 PM vs TBD
-  01/28/20 4:00 PM vs Powers Catholic HS
-  01/30/20 4:00 PM @ Saint Catherine of Siena Academy
-  02/04/20 4:00 PM @ Lumen Christi Catholic HS
-  02/06/20 5:30 PM vs Eaton Rapids Senior HS

 Home Game  Away Game

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

Country Mill Orchard & Cider Mill



FAMILY FUN ON THE FARM

517-543-1019

4648 Otto Road, Charlotte, MI 48813

www.countrymill.com

“By their fruits you will know them.” Matthew 7:20



KNIGHTS OF COLUMBUS®

The Michigan Knights of Columbus are proud supporters of Catholic education across Michigan and here in Lansing.

Lansing Catholic High School is an outstanding example of the importance of faith-based education for our youth and our faith.

Sponsored by the Michigan State Council and the 19 Knights of Columbus Councils in the greater Lansing area.

**For more information regarding the Knights of Columbus,
contact us at StateOffice@mikofc.org.**

GO COUGARS!

Educational Outfitters

**EMBROIDERY, SPIRIT WEAR, HATS,
TEAM UNIFORMS, VARSITY COATS**



Michael K. Peters, DDS, MS, PC
Orthodontics

Van-Anh Tran Peters, DDS, PC
Family Dentistry

**GOOD LUCK
COUGARS!**



CAPITOL
NATIONAL BANK

Smaller Bank. Bigger Service.

Proud Sponsor of Cougar Athletics

200 Washington Square North
Lansing, Michigan 48933

517.484.5080

www.capitolnational.com

Member FDIC

**i can
live with
passion.**



**AQUINAS
COLLEGE**
aquinas.edu

**you can
experience
what life is like
at
Aquinas
College.**

Join us for
AQDays!

To register:
aquinas.edu/aqday
or 800-678-9593



PLAYER ROSTER

2	Tyler Osborn	Mason	SR
4	Grant Uyl	Dewitt	JR
5	Logan Johnson	St. Johns	SO
6	Brendan Naimy	Dewitt	JR
7	Coye Ojibway	St. Johns	JR
8	Brendan Melling	LCHS	JR
9	Blake Beachnau	Dewitt	JR
10	Nathan Stevens	Dewitt	JR
11	Daniel Bendele	St. Johns	SR
12	Blake Agnew	Dewitt	SO
14	Brendan Warner	Dewitt	JR
15	Gage Bowerman	Dewitt	SR
16	Ethan Bond	Mason	JR
17	Michael LeTarte	LCHS	JR
18	Ethan LaPerriere	LCHS	SR
19	Bradley Stevens	Dewitt	JR
20	Griffin Bjorne	Dewitt	JR
23	Anderson Young	LCHS	FR
24	Logan Dunham	St. Johns	SO
30	Janek Levandowski	LCHS	JR
34	Brendon Wandle	Dewitt	FR

COACH

Travis Van Tighem Head Coach

Coach Van Tighem is coming into his second season as head coach of the newly formed Capitals program. He is following the first year that saw the team win a Regional Championship and move on to the State Quarter Finals. With over 20 years of coaching experience this is his second stint as a high school coach in the greater Lansing area. His playing career included three years at Michigan Tech University after which the signed a free agent NHL contract with the Philadelphia Flyers. He played five years professionally and cites winning the Calder cup with the Philadelphia Phantoms(AHL) in 1998 as a career highlight. Travis is married to his wife Amy has two boys, Cameron (19) and Carson (17) who attend Western Michigan University and Dewitt High School respectively.

SCHEDULE

-  11/16/19 2:30 PM @ Midland Civic Arena
-  11/23/19 8:30 PM vs Kalamazoo United
-  11/26/19 8:00 PM vs. Lapeer
-  12/04/19 8:00 PM vs. GR Northview @ Griffis Ice House
-  12/06/19 @ Cadillac Tournament (All weekend)
-  12/13/19 Jenison Tournament @ Georgetown Ice Arena
-  12/20/19 8:30 PM vs. Mid-Michigan Marauders
-  12/21/19 8:30 PM vs. Eastside @ Suburban
-  01/03/20 8:30 PM vs Okemos HS @ Suburban Ice
-  01/04/20 1:00 PM vs Notre Dame Preparatory School & Marist Academy @ Clark Park
-  01/09/20 5:50 PM vs Portage Northern HS @ Wings West
-  01/10/20 8:30 PM vs Mattawan HS
-  01/15/20 6:00 PM @ Lumen Christi Catholic HS
-  01/17/20 vs. Sault Ste. Marie @ Big Bear Arena
-  01/24/20 vs. Kalamazoo Eagles @ Suburban Ice
-  01/25/20 12:00 PM @ Forest Hills Northern High
-  01/31/20 8:10 PM @ Mid-Michigan Marauders
-  02/01/20 8:30 PM vs. Jackson United
-  02/07/20 8:30 PM vs. Eastside @ Suburban
-  02/08/20 8:30 PM vs Okemos HS.
-  02/14/20 6:30 PM vs Lumen Christi Catholic HS
-  02/15/20 TBA vs Portage Central HS @ Wings West
-  02/22/20 Conference Playoffs @ Wings West

 Home Game  Away Game

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



SWIMMING — BOYS

PLAYER ROSTER

Sebastian ShoafSophomore
Joseph Krause.....Sophomore

COACH

Kathrine Kelley.....Head Coach

Kathrine Kelley has been coaching swim teams and lessons for 14 years. She worked as an assistant coach at Alma College from 2014-2017. This is her 3rd season coaching the boy's varsity swimming and diving team.

SCHEDULE

- 🏠 12/11/19 4:00 PM Comstock Relays
- 🏠 12/19/19 6:00 PM Lansing Legacy
- 🚌 01/07/20 6:00 PM @ Holt Senior HS
- 🚌 01/16/20 6:00 PM @ Williamston HS
- 🏠 01/23/20 6:00 PM vs Charlotte Senior HS
- 🚌 01/30/20 6:00 PM @ Eaton Rapids Senior HS
- 🏠 02/06/20 6:00 PM vs Ionia HS
- 🚌 02/13/20 6:00 PM @ Mason HS

🏠 Home Game 🚌 Away Game

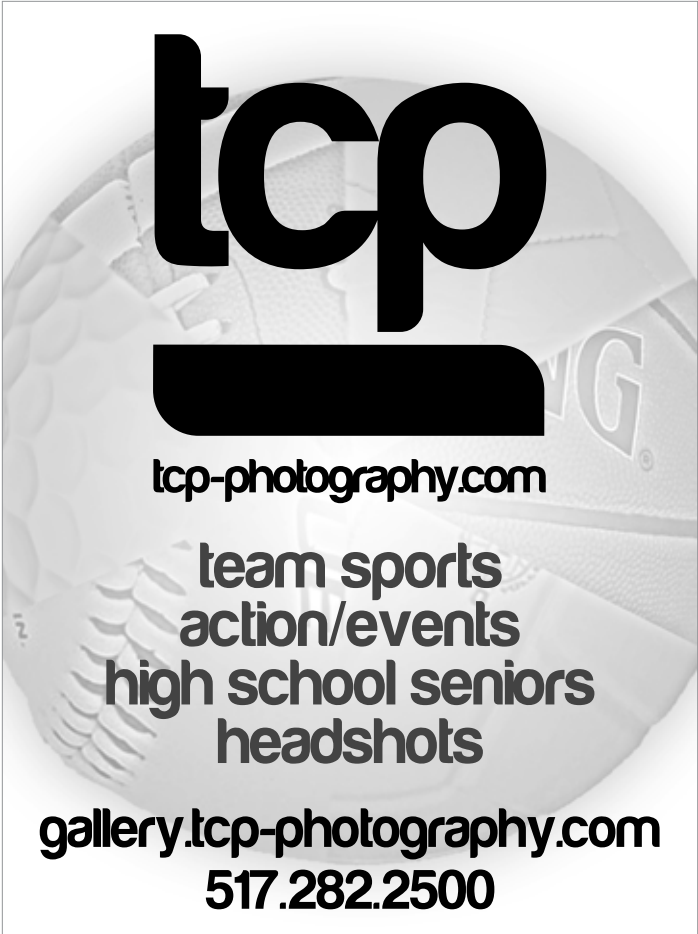
Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.




LANSING CATHOLIC HIGH SCHOOL
PERFORMING ARTS PRESENTS

HELLO, DOLLY!

MARCH 6, 7, 13 & 14 — 7 PM
MARCH 7 — 1 PM MATINEE

tcp

tcp-photography.com

team sports
action/events
high school seniors
headshots

gallery.tcp-photography.com
517.282.2500



LANSING CATHOLIC HIGH SCHOOL

A TRADITION OF EXCELLENCE

Lansing Catholic High School is part of a tradition of over 100 years of Catholic high school education in Lansing, Michigan. As a student at LCHS, you are part of something bigger, not just a number or another face in the crowd. You are part of a community of people who care about you as an individual and who strive to help you grow intellectually, spiritually, and socially. Prospective families are invited to join us at our events and for a tour to see how we truly live out our mission.

Information about how to get started with enrollment, admissions events, and tuition can be found on our website www.lansingcatholic.org. If you have any questions about the admissions process, or would like to schedule a tour or have information sent to you, please contact LCHS Admissions Coordinator Karen Gavin at: karen.gavin@lansingcatholic.org or 517-267-2102.



CYAC | CYL



The Catholic Youth League exists to assist in the wholesome growth of the child through physical fitness, development of Christian attitudes of sportsmanship and fair play and to teach children to work towards a common goal through teamwork. Over 665 kids participated in the Catholic Youth League this year!

LANSING CATHOLIC YOUTH ACTIVITIES CONFERENCE LANSING CATHOLIC YOUTH LEAGUE

CONTACT YOUR ATHLETIC DIRECTOR FOR MORE DETAILS

VISIT LANSINGCYAC.ORG FOR MORE INFORMATION

BASKETBALL



VOLLEYBALL



CHARACTER. COMMITMENT. CATHOLIC.

LANSING CATHOLIC JR. COUGARS LEARN MORE THAN JUST THE GAME



The Lansing Catholic Junior Cougars program offers a variety of sport opportunities for elementary and middle school students.

VISIT LANSING-CATHOLIC.BIGTEAMS.COM AND
CLICK ON THE **YOUTH SPORTS TAB** TO LEARN MORE.

TRACK AND FIELD



CROSS COUNTRY



FOOTBALL



SOCCER



BASEBALL



SWIM
(CO-OP WITH WAVERLY)



LACROSSE
(CO-OP WITH WAVERLY)





COMPETITIVE CHEER



Back Row: Coach Kim, Amara Leppanen, Miranda Lindberg, Naheed Durandisse, Coach Olivia
Front Row: Carly Flammini, Carmen Wenzel, Reese Robinson, Hannah Slawson, Madison Kepros

PLAYER ROSTER

- Naheed DurandisseSenior
- Hannah SlawsonSenior
- Madison KeprosJunior
- Amara LeppanenJunior
- Miranda LindbergJunior
- Carmen WenzelJunior
- Carly FlamminiSophomore
- Reese RobinsonSophomore

COACH ROSTER

- Kim Lindberg.....Coach
- Olivia St GermainCoach

SCHEDULE

- 12/14/19 10:00 AM vs Leslie HS
@ Leslie Blackhawk Invite
- 12/20/19 6:00 PM CAAC Scholarship Meet
@ St. Johns
- 01/11/20 9:00 AM @ Perry HS vs Perry invite
- 01/22/20 6:00 PM @ Fowlerville HS
CAAC White #1 vs Fowlerville
- 02/01/20 10:00 AM @ Webberville HS
vs Webberville Invite
- 02/05/20 6:00 PM @ Holt Senior HS
CAAC Jamboree vs Holt

Home Game Away Game
Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



COMPETITIVE CHEER

KIM LINDBERG

VARSITY COACH

Kim is in her first year of coaching cheer at LCHS. She had coached from 1996-2000 but stopped to raise her family- she is married with six children. The past two years Kim has worked behind the scenes as team parent and support to the coaching staff. We are excited to have Kim back in the coaching ranks.



OLIVIA ST GERMAIN

VARSITY ASSISTANT COACH



COUGAR FIGHT SONG

ROAR ON YOU MIGHTY COUGARS
ALL HAIL THE SILVER AND BLUE
STAND UP AND GIVE A CHEER - RAH RAH!
SEND HIGH YOUR SPIRITS, TOO!
GROWL ON YOU MIGHTY COUGARS
BRING THUNDER TO THE SKY!
AND RAISE ON HIGH YOUR VICTORY
TO CATHOLIC CENTRAL HIGH!
C-C-COU, G-GARS
COUGARS ARE THE BEST!

PrepareForRetirement.com



PROUDLY SUPPORTING

LANSING CATHOLIC HIGH SCHOOL COUGARS

We're dedicated to strengthening our community one customer at a time. We take time to listen and understand your financial concerns and offer banking solutions tailored to fit your needs.

East Lansing
1600 Abbot Road
(517) 664-1912

HORIZON
BANK

Member
FDIC

The Best Never Quits. GO COUGARS!



Learn what our
award winning bank
can do for you today!

Visit us in Frandor: 500 N. Homer Lansing, MI 48912

(517) 679-5200 | www.dartbank.com |  EQUAL HOUSING LENDER |  MEMBER FDIC


DARTBANK

For What Matters Most.



PLAY HARD, PROTECT YOUR TEETH!

Your smile is one of a kind. Protect it by wearing a mouthguard when playing sports.

 **DELTA DENTAL®**

*Delta Dental of Michigan proudly supports
Lansing Catholic High School athletics.*

Need more hardware?

LET US DELIVER!

RePneu Tool manages your inventory to keep your production running smoothly and efficiently.



- Fasteners
- Riveting Tools & Repairs
- Cutting Tools
- Speciality Hardware
- Custom Manufacturing



RePneu Tool & Supply
[re-new tool]
repneutool.com
989-720-3636



GIVE A GIFT OF HOPE



*"The Soul of Education
is the Education of the Soul"*
— Fr. Mac

GIVE TO THE FATHER MAC SCHOLARSHIP FUND

In 1984, the Fund was founded to provide need-based tuition assistance to Lansing Catholic High School families. These dollars provide critical tuition grants to over 25% of current families.

Without tuition assistance many of our current students would not be attending LCHS today.

Donations of cash, stocks, annuities, bequests and more are gratefully accepted.

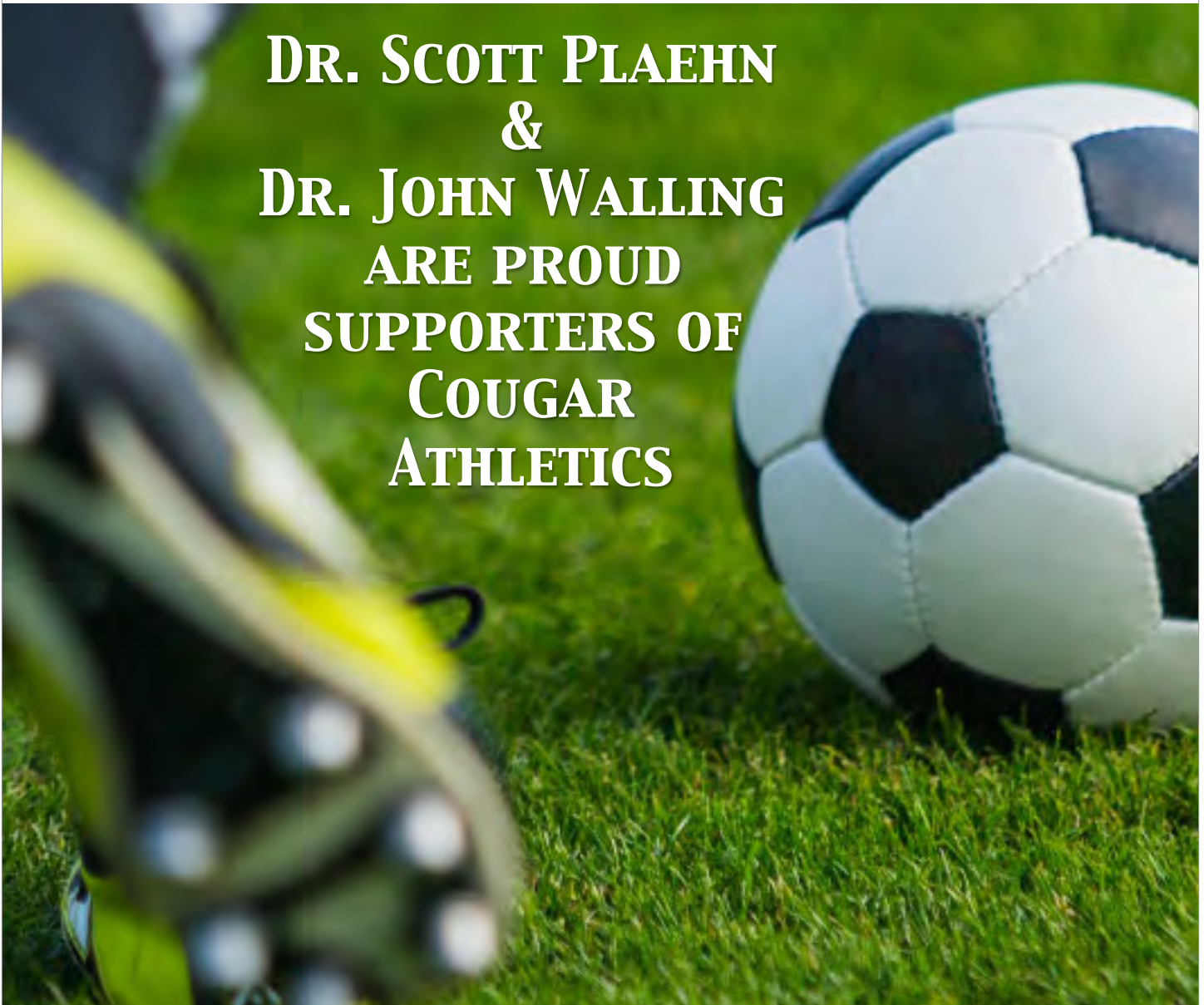
**See how you can give a gift of hope, contact Jean Morgan
at 517-267-2114 or jean.morgan@lansingcatholic.org.**



Call (517) 332-1200
to schedule your appointment today!

**Providing Compassionate,
High Quality Care**

**DR. SCOTT PLAETHN
&
DR. JOHN WALLING
ARE PROUD
SUPPORTERS OF
COUGAR
ATHLETICS**



Driving Greater Lansing.

Dean Trailways and Dean Black Car. The premier transportation choice to comfortably and safely get you where you need to go.

Whether traveling to the airport or to a special event, arrive in style and leave the driving to us.



deantrailways.com | deanblackcar.com
(800) 282-3326