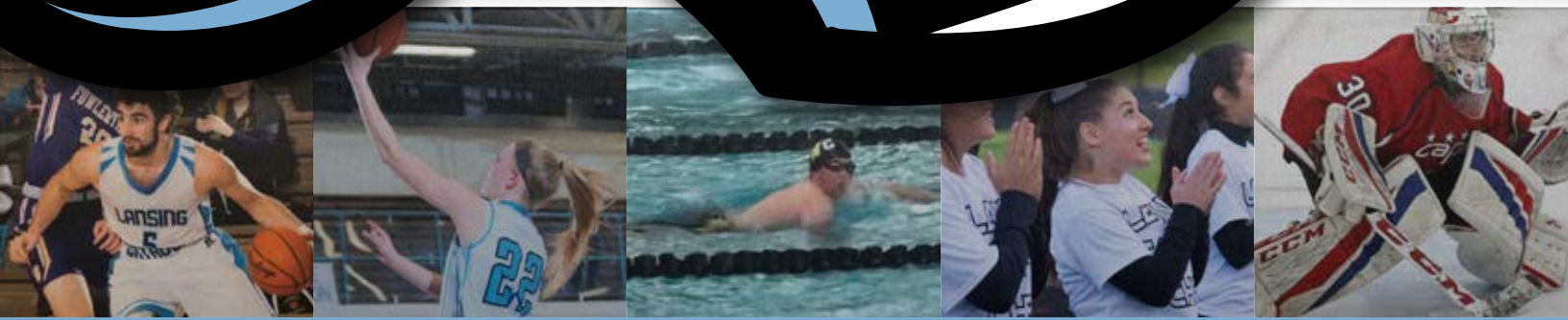


LANSING CATHOLIC COUGARS



WINTER 2018-2019





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DOUG MOORE
PRINCIPAL

"The success of a team, in fact, is the result of a multiplicity of human virtues: harmony, loyalty, the capacity for friendship and dialogue, solidarity; they are spiritual values, which become sports values. By exercising these moral qualities, you can highlight even more the true end of the world of sport, marked sometimes also by negative episodes.

Always exalt what is truly good and beautiful, through a pure witness of the values that should characterize genuine sport. And do not be afraid to make known to your admirers, with serenity and balance, the moral and religious principles on which you wish to base your life."

-- Pope Francis' address to Italian Soccer Players

Welcome to Lansing Catholic High School and another great season of Cougar athletics. The mission of our school is "to form students spiritually, intellectually, and socially into faithful disciples of Jesus Christ" and sports can be a great help to that mission if we're intentional about it. Whether we're student-athletes, coaches, parents or spectators, let us be generous losers or gracious winners as the circumstances dictate. In that way, we demonstrate what is most important: who we are as persons. Cheer for our team, not against others. Be champions in sport, but, above all, be champions in life!

Thank you for supporting our students, and "Go Cougars!"

God bless,

Doug Moore C80

Principal



BRIAN WOLCOTT
ATHLETIC DIRECTOR

Welcome to the 2018 winter sports season. There is a distinct enthusiasm and a better "feel" in the hallways and at the sport venues. I believe our spiritual theme "Make us one, that the world may know your Love!" John 17:20-23 is a fitting theme for all of our athletic teams. In our coaches' meetings we have discussed three areas of focus: playing for a higher purpose, team chemistry (make us one), and attention to detail. We know that our teams are an extension of our mission to form disciples of Christ and we are committed to making this a priority on all of our teams. As I told our coaches, the purpose of athletics isn't winning (we play for a higher purpose), but it IS athletics, so the point is to compete to win!

Evidence that these purposes can co-exist was our fall season. It was a smashing success both on and off the field/court/course. We garnered six league championships, one district and one regional title as well as qualifying three teams for state meets! The challenge is there for our winter teams: boys and girls basketball, swimming, hockey and cheer. We plan to compete for a higher purpose and compete to win.

May God hold us in the palm of his hand this coming year as we strive to do his will.

In Christ,

Brian P. Wolcott

Director of Athletics/Dean of Students



FR. PAUL ERICKSON
CHAPLAIN

Greetings to the Lansing Catholic High School Community!

The rhythm of our athletic programs always seems to set the tone for school spirit and it is wonderful to see so many of our students compete in the athletic arena. At LCHS, we continue to challenge our student-athletes to live the life of Christ in everything they do and sports can serve a vital role in this formation. Participating in athletics can teach discipline, sacrifice, teamwork, respect, and integrity.

Sports can also teach us about humility. St. Paul reminds us, "Do nothing out of selfishness or vainglory, but in all humility regard others as more important than yourselves." (Phil. 2:3) The greatest teammate is always the humble teammate, willing to sacrifice personal glory for the sake of the team and the good of the game. Truly, the greatest victory was won in total humility, as Christ humbly accepted the wood of the Cross. All of us are so called to reflect Christ to the world in humility, on and off the field.

Thank you for your continued support of our athletic program, our students, our staff, and our school. Together, let us hold our entire community in prayer that they may compete safely and respectfully. GO COUGARS!

May the Lord bless and keep you.

Fr. Paul Erickson

Chaplain

MISSION STATEMENT

The Lansing Catholic High School community forms students spiritually, intellectually, and socially into faithful disciples of Jesus Christ.

TYPE OF SCHOOL

Regional, comprehensive, co-educational Catholic high school

ACCREDITATION

Michigan Association of Non-Public Schools

ADMISSIONS

Based on prior academic, behavior and attendance records; recommendations and admissions review of application

STUDENTS

LCCHS serves the varied educational needs of Catholic and non-Catholic youth in the greater Lansing area

SIZE

Students: 520
Student/Teacher Ratio: 15:1
Average Class Size: 22

FACULTY

President: 1
Principal: 1
Dean of Students/Athletic Director: 1
Associate Dean of Students: 1
Certified Lay Teachers: 35 (18 master's degrees, 2 doctorate degrees)
Priest: 1
Religious Sisters: 2
High School Counselors: 2
Student Resource Staff: 2

SCHOOL DAY

8:00 a.m. - 3:00 p.m.
8:28 a.m. - 3:00 p.m. (Thursdays only)

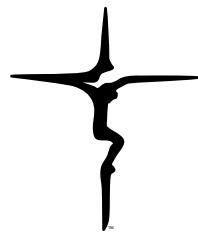
GRADUATION REQUIREMENTS

Students must successfully complete the following 24 credits:

Theology	4.0 credits	Physical Education	0.5 credit
English	4.0 credits	Health	0.5 credit
Mathematics	4.0 credits	Speech	0.5 credit
Science	3.0 credits	World Languages	2.0 credits
Social Studies	3.0 credits	Electives	1.5 credits
Fine Arts	1.0 credit		

CONTACT INFORMATION

Lansing Catholic High School
501 Marshall Street
Lansing, MI 48912
Main Office: 517-267-2100
Admissions Office: 517-267-2102
www.lansingcatholic.org



STANDARDIZED TEST SCORES

ACT TEST DATA - Class of 2018

	LCCHS	National
English	25.6	20.3
Math	24.8	20.7
Reading	25.6	21.4
Science	25.0	21.0
Composite	25.0	21.0

ACADEMIC HONORS

Honors for graduates are determined by the 7th semester cumulative Grade Point Average (G.P.A.) according to this scale:
Summa Cum Laude (3.9 to 4.0)
Magna Cum Laude (3.75 to 3.89)
Cum Laude (3.5 to 3.74)

ADVANCED PLACEMENT COURSE OFFERINGS

AP English	AP Art History
AP Spanish	AP Computer Science
AP Biology	AP Physics 1
AP Chemistry	AP Physics 2
AP US History	AP Statistics
AP Government	AP Macroeconomics
AP European History	AP Microeconomics
AP Calculus AB	AP World History

WORLD LANGUAGES

Spanish, French, and Latin

COUGAR ATHLETICS

Fall Sports: Football, Boys Tennis, Boys Soccer, Girls Volleyball, Boys & Girls Cross Country, Sideline Cheerleading, Girls Golf, Girls Swimming & Diving

Winter Sports: Hockey, Boys Swimming & Diving, Competitive Cheer, Boys & Girls Basketball

Spring Sports: Baseball, Softball, Boys & Girls Track and Field, Boys Golf, Girls Tennis, Girls Soccer, Boys & Girls Lacrosse

CLASS OF 2018 RECOGNITION

99 percent of our 2018 graduates are continuing their studies. Our 2018 graduates were accepted at the following colleges and universities:

Adrian College	Oakland University
Albion College	Ohio Northern University
Alma College	Olivet College
Aquinas College	Pennsylvania State University
Ave Maria University	Pratt Institute
Ball State University	Purdue University
Benedictine College	Rutgers University-New Brunswick
Butler University	Saint Mary's College
California State University-Bakersfield	Siena Heights University
Calvin College	Spring Arbor University
Central Michigan University	Stony Brook University
Charleston Southern University	Texas A&M University
Coastal Carolina University	Transylvania University
Colorado State University	The College of Wooster
Concordia University-Ann Arbor	The George Washington University
Cornell College	The University of Arizona
Davenport University	United States Air Force Academy
DePaul University	University of California-Irvine
Fairfield University	University of California-San Diego
Ferris State University	University of California-Santa Cruz
Finlandia University	University of Chicago
Franciscan University of Steubenville	University of Colorado-Boulder
Furman University	University of Dayton
Goshen College	University of Detroit Mercy
Grand Valley State University	University of Illinois-Chicago
Hillsdale College	University of Iowa
Hope College	University of Massachusetts-Amherst
Indiana Tech	University of Michigan-Ann Arbor
Indiana University-Bloomington	University of Minnesota-Twin Cities
Kalamazoo College	University of Notre Dame
Lake Superior State University	University of the Pacific
Lansing Community College	University of San Francisco
Lawrence Technological University	University of South Carolina-Aiken
Loyola University-Chicago	University of St. Thomas
Loyola University-Maryland	University of Washington
Marquette University	University of Waterloo
Miami University-Oxford	University of Wisconsin-Madison
Michigan State University	Virginia Military Institute
Michigan Technological University	Western Michigan University
Milwaukee School of Engineering	Woodland Community College
Missouri Univer. of Science & Tech	Xavier University
Northern Michigan University	
Northwood University	
Norwich University	

COLLEGE SCHOLARSHIPS EARNED

Our 2018 graduates earned over \$5.6 million in college scholarships

CLASS GRADE POINT AVERAGE

The class grade point average earned by the Class of 2018 was a 3.6.

CLUBS & ACTIVITIES

Ambassadors	National Honor Society
Art Club	Peer Assistance Leaders (PALs)
Campus Ministry Team	Poetry Club
Drama/Musicals	Prayer Partners
Eucharistic Ministers	Quiz Bowl
Evergreen Green Club	Retreat Leaders
French Club	Robotics
Golden Rule Club	Sisters (Women's Club)
Homeless Night	Spanish Club
International Travel	Sound & Lights
Intramural Basketball	Stratford Trip
Jazz Band	Student Athletic Trainers
Knitting Club	Student Fundraiser Committee
Latin Club	Student Senate
Lectors	Student Tutors
Lights & Sound Crew	Students for Life
Mission Trips	Tabletop Game Club
Mobile Food Pantry Committee	Warriors (Men's Club)
Music Ministry	Work-a-thon Committee

FAITH

- Every school day begins and ends with prayer
- All students attend Mass weekly
- 10 All-School Masses are held each year
- Daily Mass is offered
- Sacrament of Reconciliation is offered weekly
- Eucharistic Adoration is offered weekly
- All students attend a school sponsored retreat once per year
- Juniors and Seniors have the opportunity to be retreat leaders and attend our Kairos retreat
- Additional retreats, trips, and events are available for students to grow in their faith throughout the school year

MISSION TRIPS

- Mission Trips are offered during Spring Break and Summer Break to the following locations: Montgomery, Alabama; Beattyville, Kentucky; Logan, West Virginia; Pine Ridge, South Dakota; and Memphis, Tennessee
- 30% of our student body participate in a Mission Trip each year
- Financial Assistance is available to make sure all students are able to participate

SERVICE

- 80 hours of community service required for graduation
- Students also participate in numerous school wide service projects, including hosting a mobile food pantry, sponsoring families for Thanksgiving and Christmas, and various collections throughout the year for local charities
- Work-a-Thon is our annual day of service in which students, staff, and parents spend the morning volunteering in the greater Lansing area



Back Row: Coach Brauer, Coach Martin, Ian Moore, Mike McKerr, Charlie Nylander, Youssouf Sow, Coach Dartt
 Middle Row: Nathan Wilcox, Colin Day, Zach Gillespie, Matthew Plaehn, Josh Kramer, Max Sanford
 Front Row: Steven Izzo, Dylan Day, Sam Gonzalez, Alex Watters, Josh Risner



BRIAN DARTT HEAD COACH

Coach Dartt is a graduate of Superior Central High School in the UP where he played basketball and ran cross country. Brian is an Olivet alumnus where he played basketball and earned his degrees in computer science, business administration and kinesiology. While a teacher at Olivet High School, he coached freshman and varsity basketball where the Eagles were undefeated state champions in 2005. Brian has been married to his wife Barbara for 23 years and they have three children, Alexandra, Connor and Quinn.



LAUREN MARTIN
 ASSISTANT COACH

This is Coach Martin's second year as JV Head Coach. She was previously the varsity assistant coach and has coached at the college level (SUNY Oswego, NY). Coach Martin was a four-year varsity player at Traverse City St. Francis and Hillsdale College. She loves to share her passion for the game and is happy to be back in the great state of Michigan after five years of living out of state.



CHRIS BRAUER
 ASSISTANT COACH

Coach Brauer hails from Bellevue and currently resides in Williamston. He previously coached in the baseball and basketball programs in Olivet. Coach Brauer is in his second season as assistant coach and is committed to preparing young men for basketball and, most importantly, for life after as well.

PLAYER ROSTER

- 3 Youssouf SowSenior
- 4 Josh RisnerJunior
- 5 Josh Kramer* Senior
- 10 Max SanfordJunior
- 11 Dylan DayJunior
- 12 Steven IzzoSenior
- 14 Colin Day*Senior
- 15 Nathan WilcoxJunior
- 20 Matthew PlaehnSenior
- 22 Zach GillespieJunior
- 23 Sam GonzalezJunior
- 32 Alex Watters* Freshman
- 33 Ian MooreSenior
- 42 Charlie NylanderJunior
- 54 Mike McKerrSenior

*Team Captains

SCHEDULE

- 🏠 11/27/18 7:00 PM vs Okemos HS
- 🏠 11/30/18 7:00 PM vs Williamston HS
- 🏠 12/04/18 7:00 PM vs Lansing Eastern HS
- 🚌 12/07/18 6:00 PM vs Charlotte HS
- 🚌 12/11/18 7:00 PM vs Waverly Senior HS
- 🏠 12/14/18 6:00 PM vs Eaton Rapids Senior HS
- 🚌 12/20/18 7:00 PM vs Fr. Gabriel Richard HS
- 🚌 01/04/19 6:00 PM vs Portland HS
- 🏠 01/08/19 7:00 PM vs Fowlerville HS
- 🏠 01/11/19 6:00 PM vs Ionia HS
- 🚌 01/18/19 6:00 PM vs J.W. Sexton HS
- 🏠 01/22/19 7:00 PM vs DeWitt HS
- 🏠 01/25/19 6:00 PM vs Charlotte HS
- 🚌 02/01/19 6:00 PM vs Eaton Rapids Senior HS
- 🚌 02/05/19 7:00 PM vs St. Johns HS
- 🏠 02/08/19 6:00 PM vs Portland HS
- 🚌 02/12/19 7:00 PM vs Haslett HS
- 🚌 02/15/19 6:00 PM vs Ionia HS
- 🏠 02/19/19 7:00 PM vs Holt Senior HS
- 🏠 02/22/19 6:00 PM vs J.W. Sexton HS
- 🚌 02/25/19 5:00 PM vs MHSAA Districts @ Portland

🏠 Home Game 🚌 Away Game
 Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

RECORDS 1970-2017

Total Career Points	Year	Points	Games Played	Average Points
Tony Poljan	2012-16	1325	83	16.2
Brendon Brogan	1996-00	1211	87	13.9
Bob Fata	1983-86	1111	71	15.6
Total Career Rebounds	Year	Rebounds	Games Played	Average Rebounds
Jim Cassel	1974-77	908	68	14.6
Tony Poljan	2012-16	817	83	9.8
Bob Fata	1983-86	718	71	10.1
Total Career Assists	Year	Assists	Games Played	Average Assists
Louis Baldino	1967-70	326	65	5.05
Jeff Larken	1964-68	297	55	5.40
Joe Watters	1954-57	230	43	5.35
Total Career Steals	Year	Steals	Games Played	Average Steals
Bob Fata	1983-86	167	71	2.35
Peter Murray	2009-12	152	68	2.24
Pat Prichard	1977-80	149	74	2.01

TEAM RECORDS

	Year	Feat	Games Played
Field Goals Att	1973-74	1750	24
Field Goals Made	1984-85	784	27
Field Goals %	1980-81	.491	21
3 Pt. Field Goals Att	2004-05	496	22
3 Pt. Field Goals Made	2009-10	181	23
3 Pt. Field Goals %	1987-88	41.2	23
Free Throws Att	1986-87	608	25
Free Throws Made	1983-84	412	27
Free Throws %	2006-07	.738	24
Total Points	1984-85	1980	27
Average Points	1970-71	77.2	19
Defensive Rebounds	1984-85	723	27
Avg. Rebounds	1973-74	51.8	24
Most Assists	1984-85	723	27
Most Steals	1984-85	328	27
Most Games Won	1984-85	24	27
Least Games Lost	2011-12	2	27
Best Winning %	2011-12	.913	23



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BASKETBALL — BOYS — JUNIOR VARSITY



Back Row: Coach Brauer, Thomas Gianodis, Robby Frazee, Quinn Dardt, Coach Martin
 Middle Row: DJ Ferguson, Brandon Beard, Stuart Hamilton, Jacob Maloney
 Front Row: Lucas Boehlert-Somohano, Sammy Jacobs, Ryan Bennett, Matthew DeLuca, Kevin Biergans

BASKETBALL — BOYS — JUNIOR VARSITY



LAUREN MARTIN HEAD COACH

This is Coach Martin's second year as JV Head Coach. She was previously the varsity assistant coach and has coached at the college level (SUNY Oswego, NY). Coach Martin was a four-year varsity player at Traverse City St. Francis and Hillsdale College. She loves to share her passion for the game and is happy to be back in the great state of Michigan after five years of living out of state.



CHRIS BRAUER ASSISTANT COACH

Coach Brauer hails from Bellevue and currently resides in Williamston. He previously coached in the baseball and basketball programs in Olivet. Coach Brauer is in his second season as assistant coach and is committed to preparing young men for basketball and, most importantly, for life after as well.

PLAYER ROSTER

- 3 Kevin Biergans.....Sophomore
- 5 Stuart Hamilton*Sophomore
- 10 Matthew DeLucaSophomore
- 11 DJ Ferguson*Sophomore
- 12 Thomas GianodisSophomore
- 15 Jacob Maloney.....Sophomore
- 20 Lucas Boehlert-SomohanoSophomore
- 22 Sammy Jacobs*Sophomore
- 23 Brandon BeardSophomore
- 32 Quinn Dardt.....Sophomore
- 33 Ryan Bennett.....Sophomore
- 42 Robby Frazee.....Sophomore

*Team Captains

SCHEDULE

- 🏠 11/27/18 5:30 PM vs Okemos HS
- 🏠 11/30/18 5:30 PM vs Williamston HS
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- 🚌 12/20/18 5:30 PM vs Fr. Gabriel Richard HS
- 🏠 01/03/19 7:00 PM vs Portland HS
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- 🏠 01/17/19 7:00 PM vs J.W. Sexton HS
- 🏠 01/22/19 5:30 PM vs DeWitt HS
- 🚌 01/24/19 7:00 PM vs Charlotte Senior HS
- 🏠 01/31/19 7:00 PM vs Eaton Rapids Senior HS
- 🚌 02/05/19 5:30 PM vs St Johns HS
- 🚌 02/07/19 7:00 PM vs Portland HS
- 🚌 02/12/19 5:30 PM vs Haslett HS
- 🏠 02/14/19 7:00 PM vs Ionia HS
- 🏠 02/19/19 5:30 PM vs Holt HS
- 🚌 02/21/19 7:00 PM vs J.W. Sexton HS

🏠 Home Game 🚌 Away Game
 Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



Back Row: Coach Robeson, Coach Rush, Rory Durr, Brody Kirkpatrick, Mojouk Othow, Hassan Kasti
 Middle Row: Jake Sudol, Josh Otten, Matthew Gehle, Dylan Farrar, Owen Biergans, Joey Baker, Henry Doerr
 Front Row: Max Elden, Tristan Taylor, Will Mansfield, Christian Rule, Charlie Ramont, Jackson Bigirimana



ANDREW ROBESON
 HEAD COACH

Andrew is a graduate of Lansing Catholic High School in 2011 where he played football and basketball. He went on to play at Saginaw Valley State University and graduated in 2015. Andrew graduated with a Master's Degree from the University of Michigan in 2016. He is excited to be back in the LCHS program. Go Cougars!



TIMOTHY PETE
 ASSISTANT COACH

Pete is in his first year volunteering with the freshman team.



VAL KORREY
 ASSISTANT COACH

This is Val's second year coaching the freshman team. He has coached for many years at St. Gerard and brings a lot of experience to the table. He is looking forward to helping these boys grow in their knowledge of the game. Val and his wife Mary have 3 children, all graduates of LCHS, Alexis, Jacob and Michael.



DILLON RUSH
 ASSISTANT COACH

This is Dillion's second year coaching the freshman team. He is a graduate of Lansing Catholic in 2013 where he played basketball and baseball. He is a recent graduate of University of Michigan in 2017 and is the Executive Director of CharlotteRising. Dillion brings experience, skill, knowledge and confidence to the team.

PLAYER ROSTER

- 3 Henry Doerr..... Freshman
- 4 Tristan Taylor..... Freshman
- 5 Max Elden..... Freshman
- 10 Jackson Bigirimana..... Freshman
- 11 Christian Rule..... Freshman
- 12 Charlie Ramont..... Freshman
- 14 Jake Sudol..... Freshman
- 20 Rory Durr..... Freshman
- 22 Joey Baker..... Freshman
- 23 Brody Kirkpatrick..... Freshman
- 32 Matthew Gehle..... Freshman
- 33 Mojouk Othow..... Freshman
- 42 Josh Otten..... Freshman
- 44 Owen Biergans..... Freshman
- 51 Will Mansfield..... Freshman
- 52 Dylan Farrar..... Freshman
- 55 Hassan Kasti..... Freshman

SCHEDULE

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- 🚌 02/21/19 5:30 PM vs J.W. Sexton HS

🏠 Home Game 🚌 Away Game
 Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



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Okemos - Grand Ledge - St Johns



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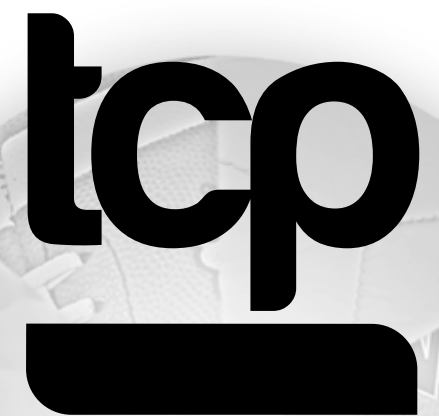
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The Michigan Knights of Columbus are proud supporters of Catholic education across Michigan and here in Lansing.


Lansing Catholic High School is an outstanding example of the importance of faith-based education for our youth and our faith.

Sponsored by the Michigan State Council and the 19 Knights of Columbus Councils in the greater Lansing area.

For more information regarding the Knights of Columbus, contact us at StateOffice@mikofc.org.



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The St. John Paul the Great Legacy Society was formed to recognize those alumni and friends who have shown generosity and foresight by making planned or deferred gifts to Lansing Catholic High School. Members of the Lansing Catholic High School Legacy Society have made outright bequests in their wills, or have made other planned gifts such as life insurance, real estate, or retirement assets. Consider "adopting" Lansing Catholic High School as one of your children in your estate plan.

Please contact Jean Morgan at 517-267-2114 or jean.morgan@lansingcatholic.org.



LANSING CATHOLIC HIGH SCHOOL

CLASS OF COUGAR SENIORS 2019



BASKETBALL — BIOS



COLIN DAY

Colin has played basketball since kindergarten. His favorite memory is beating Josh Kramer and St. Gerard in the CYL Fifth Grade Championship. This is his first year playing on the same team as his brother Dylan. He would like to thank his family, friends, coaches, and everyone that has supported him throughout the years. Colin is proud to have helped lead such a great team.

STEVEN IZZO

Steven has played basketball his entire life. He thanks all of the staff and parents at Lansing Catholic, but most importantly his parents Tom and Lupe for all the support and opportunities they have given him. A special thanks go to Raquel and Matt for coming to every game and cheering loud no matter how embarrassing it may have been. And finally, a big thanks to the coaches here at Lansing Catholic, Coach Troj, Mr. Doherty, and Coach Dartt for giving me the opportunity to do what I love. Steven will attend Michigan State University to pursue a degree in communications.



JOSH KRAMER

Joshua has play basketball since kindergarten. He wants to thank his parents for all their love and support throughout all his years of playing. He especially wants to thank his mom for coaching him for all his life. He also wants to thank his teammates and his coaches for pushing him to work harder every day. Josh's favorite memory is hitting the game winning shot his sophomore year on varsity against Williamston. He also said that he will always remember the times he has spent with his teammates, especially Colin Day. Colin has been on his team since freshman year and they have been captains for 2 years on varsity. He wants to thank Colin for being such a great teammate and a great player to be around. GO ARMY BEAT NAVY!!

PHOTO CREDIT: TCP-PHOTOGRAPHY.COM



MIKE MCKERR

Mikey has played basketball since first grade. After a successful high school wrestling career, he is back at basketball and this is his first year on varsity. He will never forget the time spent with his team and playing in his first game. He would like to thank his family, especially his parents, for the endless support and for coming to every game. He would also like to thank his teammates and coaches for welcoming him back to the sport and for always helping him to get better.

IAN MOORE

Ian has played basketball for as long as he remembers. He grew up playing against his siblings in the driveway. He especially remembers the first time he finally beat his older brother Colin. His passion for the game comes from the "Bad Boy Pistons" especially Bill Laimbeer, his idol. Ian thanks his parents for pushing him and helping him get better, his siblings for playing with him, and his grandparents for coming to every one of his games. Ian plans to attend Michigan State University to study sales and marketing.



MATTHEW PLAERN

Matthew has been playing basketball since elementary school. He has played on varsity for three years. Matthew's favorite memories are dunk contests with Josh during practice, getting to play with his brother Chuck, and team hugs around Coach Dartt. He wants to thank his family and friends for endless support, his teammates for competing with him, and Coach Dartt, Coach Troj, and Coach Martin for helping him be a better player and person. Matthew plans to study medicine in college at MSU or Hope College.

YOUSOUF SOW

Yousouf has played basketball since the fifth grade. He started because "all the cool kids were doing it" and ended up falling in love with the game. As his love for the game grew, so did his height, which has helped him throughout the years. In seventh grade his coach, Mr. Hurst, gave him the best advice he had ever received, "Yousouf, SLOWWWWWW DOWNNNNN!!". To this day he takes that advice wherever he plays. His favorite memories come from the team bonding he participated in during his Junior year season. Yousouf thanks his mom Mariama Diallo, his second mom Jill Jacobs, his brother Alpha Sow, his teachers, and everyone who has helped him get to where he is now. He plans to study marketing and continue his basketball career in college.



SOPHIE BALDINO

Sophia has played basketball since she was seven years old and has played varsity for two years. Her biggest supporters are her parents, especially her dad because he is always encouraging her to do her best, no matter what. She will miss pre-game bus rides with her team and listening to music in the locker room before taking the court. Sophia thanks her parents, her sister, and all the coaches she has had along the way for shaping her into the person she is today. Sophia plans to study nursing at Grand Valley State University next year.

DEVAN BUDA

Devan has played basketball since second grade and has played varsity all four years. Her favorite memory is playing with her cousin Lauren her freshman year. Devan's biggest influence is her dad for always pushing her to do her best and to never quit. She will miss pre-game jam sessions in the locker room and team sleepovers. Devan would like to thank her parents, grandparents, and sisters for always supporting her, and coaches Reid and Wojda. She plans to study elementary education next year.



JORDAN PENCE

Jordan has been playing basketball since third grade and this is her third year on varsity. She would like to thank her parents for always supporting her, and her coaches for pushing her to do her best. Her favorite basketball memory is the team sleepovers and locker room traditions before games. After graduation, Jordan plans to study marketing and fashion merchandising.

KAYLA SANFORD

Kayla has played basketball since the first grade. Kayla thanks her coaches and teammates for always pushing her to do her best. She especially thanks her parents for the endless support and encouragement they have shown her on and on off the court. Advice that Kayla would like to give to underclassman is to enjoy your years as a high school student because it will be over before you know it. There is no question that Kayla will miss her years at Lansing Catholic and all the great memories she has made. Kayla will attend Aquinas College to continue her softball career and to study Psychology and become a Child Life Specialist where she can use her big heart and love for others.



COMPETITIVE CHEER — BIOS



AUDREY MORRIS

Audrey has been in cheer, both sideline and competitive, since freshman year. Cheer has taught her many things about herself and life. Audrey credits cheer with helping her learn to always keep a smile on her face even when things are tough, and the importance of being able to rely on the people she surrounds herself with. She thanks her parents and siblings for their support, encouragement and love, and her coach for her dedication and belief in the team. Finally, she thanks her teammates for being more than just friends, but truly an extended, never-broken-no-matter-where-life-takes-us, family. Audrey plans to study nursing in college.

HOCKEY — BIOS



RYAN GILMORE

Ryan has played hockey since he was three years old. His favorite memories are sitting in the locker room with the teammates and all the funny moments that come from that. He wants to thank all of his family members and coaches, especially his parents Mike and Jen. He also wants to thank all of his teammates for making playing hockey so enjoyable. Next year Ryan plans on pursuing his career in hockey at either the Junior hockey or Collegiate level.

MISHA KLEIMAN

Misha has played hockey since he was three years old. He appreciates his teammates and coaches who make him a better player. Hockey has taught him lessons for life, especially how to ignore distractions and work hard. His favorite memories are the times that he has seen his dad, sisters and brother in the stands and heard his mom yelling his name from somewhere. Misha is looking to having a great season for his senior year.



HOCKEY — BIOS



MAXWELL KUHNERT

Max has played varsity hockey for the past 3 years. His biggest influence has always been his older brother Holden, who played with him for one year as a senior. His greatest memories of hockey have been playing with his two brothers, each for one year, and all of the times and goofy talks in the locker room with teammates. He is very thankful for his coaches, especially Coach VT, Ford, and Gilmore. He also is very thankful for his parents for always coming out to support him every weekend. Max plans to study biology in college to pursue a degree medicine.

BLAKE PARISIAN

Blake has played hockey for as long as he can remember. His earliest and best memories have come from playing hockey. His favorite memory will always be playing every season with his best friend Max Kuhnert. Blake wants to thank his coaches, especially Coach Van Tighem and Coach Ford for not only developing his hockey skills, but making him a better person. Blake wants to thank his incredibly supportive family for cheering him on for years and years and being his biggest fans.



LUCAS SAMBAER


Lucas has been skating since he was in preschool, and started hockey playing competitively on a team in first grade. He started out playing in goal, but around third grade decided to step out and test the waters of being a defenseman and has played that position ever since. This is Lucas's fourth year on a high school varsity team. He has loved all of his coaches and teammates he has been able to play with and enjoys competing with them everyday. Lucas thanks his family, friends, coaches and teammates for always supporting him during his years as a hockey player. Go Caps!



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2018-2019 UPCOMING SPECIAL EVENTS



01.26
CORKS + CUISINE
Saturday • 7:30-11:30 p.m.

Let's gather to savor delicious samplings of food and drink from area eateries while enjoying the fun activities, great music and live auction. Join us at Impression 5 for a relaxed, casual evening for our Catholic community to connect and socialize, but most importantly to have fun!



05.06
35TH ANNUAL FR. MAC SCHOLARSHIP DINNER
Monday • 6-9 p.m.

A fine dining experience at the MSU Kellogg Center with an inspiring program, raising dollars to support our tuition assistance fund. Purchase tickets, be an event sponsor or participate on the planning committee!



06.14
31ST ANNUAL COUGAR CLASSIC GOLF OUTING
Friday • 10 a.m.

LCHS community members take over the links at Timber Ridge Golf Club to support our students and teachers with dollars going toward our Annual Fund. Join us on the course, be an event sponsor or assist the planning committee!

Visit www.lansingcatholic.org for more information.

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Back Row: Jordan Pence, Hannah Hauser, Marycate Heberlein, Maddie Jacobs, Kayla Sanford, Coach Martin
 Front Row: Rachel Reid, Devan Buda, Sara English, Sophie Baldino, Lauren Hanes
 Not Pictured: Rachel Bres



KACEE REID HEAD COACH

Coach Reid is in her sixth year leading the varsity girls basketball program. A native of Ohio and Fairview High alumna, she played basketball for Cornell University (93-97) and attend law school at MSU. Prior to coaching at LCHS, Coach Reid spent many years coaching in the local community including Haslett High School as the JV Coach. Coach Reid and her husband Joe have three children, Rachel, Leah and Joey.



JOE WOJDA ASSISTANT COACH

Coach Wojda is in his seventh year at Lansing Catholic. He was previously the head coach at Lansing Sexton. He brings a solid knowledge of the game both offensively and defensively.

PLAYER ROSTER

- 2 Rachel Reid.....Junior
- 3 Mary Cate HeberleinJunior
- 4 Sophie Baldino.....Senior
- 10 Rachel Bres.....Junior
- 11 Jordan Pence.....Senior
- 12 Hannah Hauser.....Junior
- 21 Lauren Hanes.....Junior
- 22 Kayla Sanford.....Senior
- 24 Devan Buda.....Senior
- 25 Sara English.....Junior
- 32 Maddie Jacobs.....Junior

SCHEDULE

- 🚌 12/04/18 7:00 PM vs Byron Area HS
- 🚌 12/07/18 7:30 PM vs Charlotte HS
- 🏠 12/11/18 7:00 PM vs Waverly HS
- 🏠 12/14/18 7:30 PM vs Eaton Rapids Senior HS
- 🚌 01/04/19 7:30 PM vs Portland HS
- 🚌 01/08/19 7:00 PM vs Fowlerville HS
- 🏠 01/11/19 7:30 PM vs Ionia HS
- 🚌 01/15/19 6:30 PM vs Powers Catholic HS
- 🚌 01/18/19 7:30 PM vs J.W. Sexton HS
- 🚌 01/22/19 7:00 PM vs Everett HS
- 🏠 01/25/19 7:30 PM vs Charlotte HS
- 🚌 01/29/19 7:00 PM vs Williamston HS
- 🚌 02/01/19 7:30 PM vs Eaton Rapids Senior HS
- 🏠 02/05/19 7:00 PM vs Mason HS
- 🏠 02/08/19 7:30 PM vs Portland HS
- 🏠 02/12/19 7:00 PM vs Haslett HS
- 🚌 02/15/19 7:30 PM vs Ionia HS
- 🏠 2/26/19 7:00 PM vs. Father Gabriel Richard
- 🏠 02/22/19 7:00 PM vs J.W. Sexton HS
- 🏠 02/28/19 7:00 PM vs Stockbridge HS
- 🚌 03/04/19 5:00 PM vs MHSAA Districts at Lake Odessa Lakewood HS

🏠 Home Game 🚌 Away Game
 Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



Back Row: Sydney Buda, Sabrina Yousif, Olivia LaPorte, Brianna Tennes, Megan Fischette, Amanda Melling
 Front Row: Bela Fernandez, Hailey Bres, Ava Foster, Sailor Somerville, Emma Scott, Jemima Nyembwe



BRIAN ENGLISH HEAD COACH

Coach English is in his seventh year with the program. He currently serves as the head junior varsity coach. He has coached several years in the Catholic Youth League and brings a wealth of knowledge to the court.

COUGAR *pride*

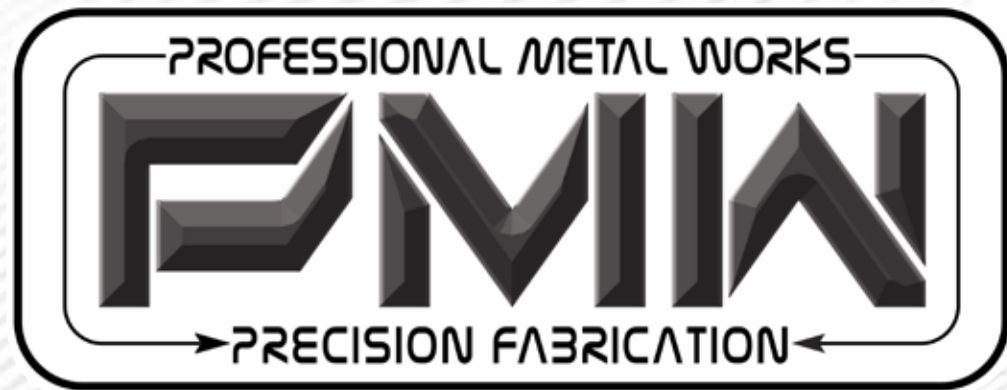
PLAYER ROSTER

- 2 Bela Fernandez Freshman
- 3 Sabrina Yousif Sophomore
- 4 Sydney Buda Freshman
- 11 Amanda Melling Freshman
- 12 Hailey Bres Freshman
- 15 Brianna Tennes Freshman
- 21 Emma Scott Freshman
- 22 Megan Fischette Sophomore
- 24 Olivia LaPorte Freshman
- 25 Jemima Nyembwe Freshman
- 32 Sailor Somerville Freshman
- 34 Ava Foster Freshman

SCHEDULE

- 12/04/18 5:30 PM vs Byron Area HS
- 12/07/18 4:00 PM vs Charlotte Senior HS
- 12/11/18 5:30 PM vs Waverly HS
- 12/13/18 7:00 PM vs Eaton Rapids Senior HS
- 12/18/18 5:30 PM vs Perry HS
- 01/03/19 5:30 PM vs Portland HS
- 01/08/19 5:30 PM vs Fowlerville HS
- 01/10/19 7:00 PM vs Ionia HSLansing Catholic HS
- 01/15/19 5:00 PM vs Powers Catholic HS
- 01/18/19 4:00 PM vs J.W. Sexton HS
- 01/22/19 5:30 PM vs Everett HS
- 01/24/19 7:00 PM vs Charlotte Senior HS
- 01/29/19 5:30 PM vs Williamston HS
- 01/31/19 7:00 PM vs Eaton Rapids Senior HS
- 02/05/19 5:30 PM vs Mason HS
- 02/07/19 7:00 PM vs Portland HS
- 02/12/19 5:30 PM vs Haslett HS
- 02/14/19 6:00 PM vs Ionia HS
- 02/21/19 7:00 PM vs J.W. Sexton HS
- 02/28/19 5:30 PM vs Stockbridge HS

Home Game Away Game
 Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



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Head Coach: Van Tighem
 Back Row: #19 Blake Parisian, #12 Lucas Sambaer, #10 Maxwell Kuhnert, #30 Ryan Gilmore
 Not Pictured: #11 Misha Kleiman

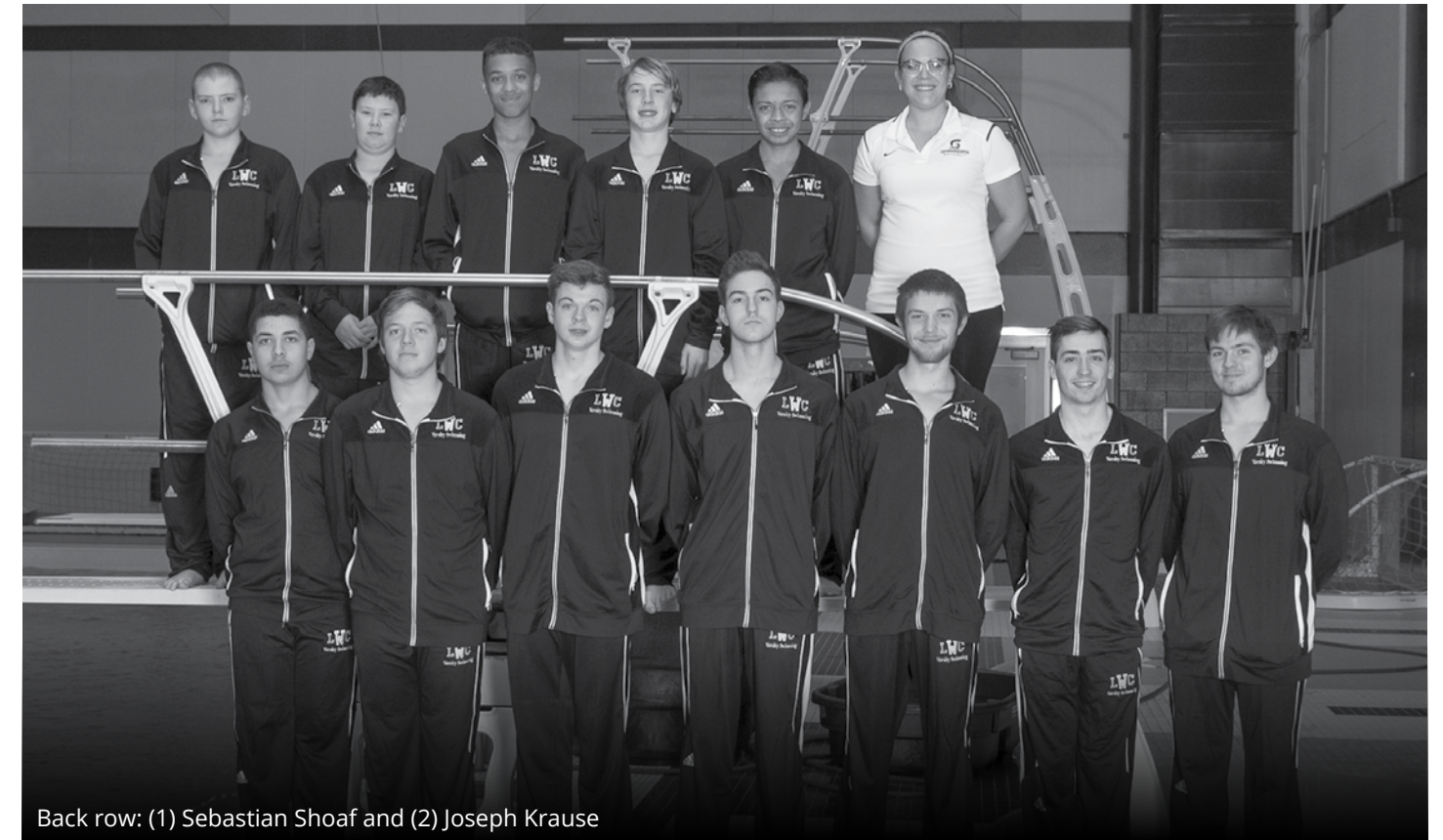
PLAYER ROSTER

- 14 Brendan Warner Dewitt.....Junior
- 17 Blake Beachnau Dewitt.....Sophomore
- 6 Brett Jimmerson Dewitt.....Senior
- Brendan Naimy Dewitt.....Sophomore
- 18 David Locher Dewitt.....Senior
- 5 Cameron Van Tighem Dewitt.....Senior
- 15 Gage Bowerman Dewitt.....Junior
- 23 Derek Hamp Dewitt.....Senior
- 8 Grant Uyl Dewitt.....Sophomore
- 34 Jacob Piros Ionia.....Senior
- 19 Blake Parisian LCHS.....Senior
- 30 Ryan Gilmore LCHS.....Senior
- 1 Janek Levandowski LCHS.....Sophomore
- 11 Misha Kleiman LCHS.....Senior
- 12 Lucas Sambaer LCHS.....Senior
- 2 Tyler Osborn LCHS.....Junior
- 10 Maxwell Kuhnert LCHS.....Senior
- 16 Ethan Bond Mason.....Sophomore
- 17 Michael LeTarte LCHS.....Sophomore
- 9 Ilya Barabanov St. John's.....Senior
- 20 Drew Moon St. John's.....Senior
- Logan Johnson St. John's.....Freshman
- 7 Ojibway Coye St. John's.....Sophomore
- 24 Logan Dunham St. John's.....Freshman
- 4 Cole Fenech St. John's.....Senior
- Blake Agnew Dewitt.....Freshman
- Griffin Bjorne Dewitt.....Sophomore
- 17 Nate Garner Dewitt.....Junior
- Anthony Rived LCHS.....Sophomore
- Lucas Faes LCHS.....Sophomore
- Carter Simpson Mason.....Sophomore
- Ross Moore Mason.....Sophomore

SCHEDULE

- 🚌 11/30/18 6:30 PM vs East Lansing HS @ Suburban
- 🏠 12/01/18 6:30 PM vs GR W. Catholic @ Suburban
- 🚌 12/08/18 7:00 PM vs Mattawan HS @ Munn
- 🚌 12/14/18—12/15/18 Jenison Tournament @ Georgetown
- 🚌 12/19/18 6:00 PM vs Notre Dame Prep @ Munn
- 🏠 12/21/18 8:30 PM vs Okemos HS @ Suburban
- 🚌 12/22/18 4:00 PM vs. Lowell/Caledonia @ Kentwood
- 🚌 01/03/19—1/04/19 Dearborn Tournament
- 🚌 01/11/19—1/12/19 Sault Ste. Marie
- 🚌 01/19/19 5:00 PM vs GR Northview @ Griff's
- 🏠 01/26/19 7:30 PM vs East Lansing HS @ Suburban
- 🏠 02/01/19 6:00 PM vs Walled Lake Northern HS @ Suburban
- 🚌 02/02/19 7:30 PM vs Okemos HS @ Suburban
- 🚌 02/08/19 vs Holt HS @ The Summit
- 🏠 02/09/19 8:00 PM vs Kalamazoo Central HS @ Suburban
- 🚌 02/13/19 TBA vs Fenton-Linden @ Hartland
- 🚌 02/16/19 8:00 PM vs Jackson LC @ Optimist

🏠 Home Game 🚌 Away Game
 Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



Back row: (1) Sebastian Shoaf and (2) Joseph Krause

PLAYER ROSTER

- Sebastian Shoaf.....Freshman
- Joseph Krause.....Freshman

COACH

- Kathrine Kelley.....Head Coach

SCHEDULE

- 🏠 12/5/18 12:00 AM vs East Lansing High School
- 🏠 12/5/18 5:30 PM vs Haslett High School
- 🏠 12/5/18 6:00 PM vs St. Johns High School
- 🚌 12/8/18 10:00 AM vs Holt Invite
- 🏠 12/18/18 6:00 PM vs Williamston High School
- 🏠 1/8/19 6:00 PM vs Holt
- 🚌 1/10/19 6:00 PM vs Charlotte HS
- 🏠 1/15/19 6:00 PM vs Grand Ledge HS
- 🏠 1/17/19 6:00 PM vs Eaton Rapids High School
- 🚌 1/24/19 6:00 PM vs Ionia High School
- 🏠 1/31/19 6:00 PM vs Mason High School
- 🚌 1/2/19 9:00 AM vs DeWitt High School
- 🚌 1/22/19 3:00 PM OPEN DATE
- 🚌 1/23/19 9:00 AM OPEN DATE

🏠 Home Game 🚌 Away Game
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Information about how to get started with enrollment, admissions events, and tuition can be found on our website www.lansingcatholic.org. If you have any questions about the admissions process, or would like to schedule a tour or have information sent to you, please contact LCHS Admissions Coordinator Karen Gavin at: karen.gavin@lansingcatholic.org or 517-267-2102.



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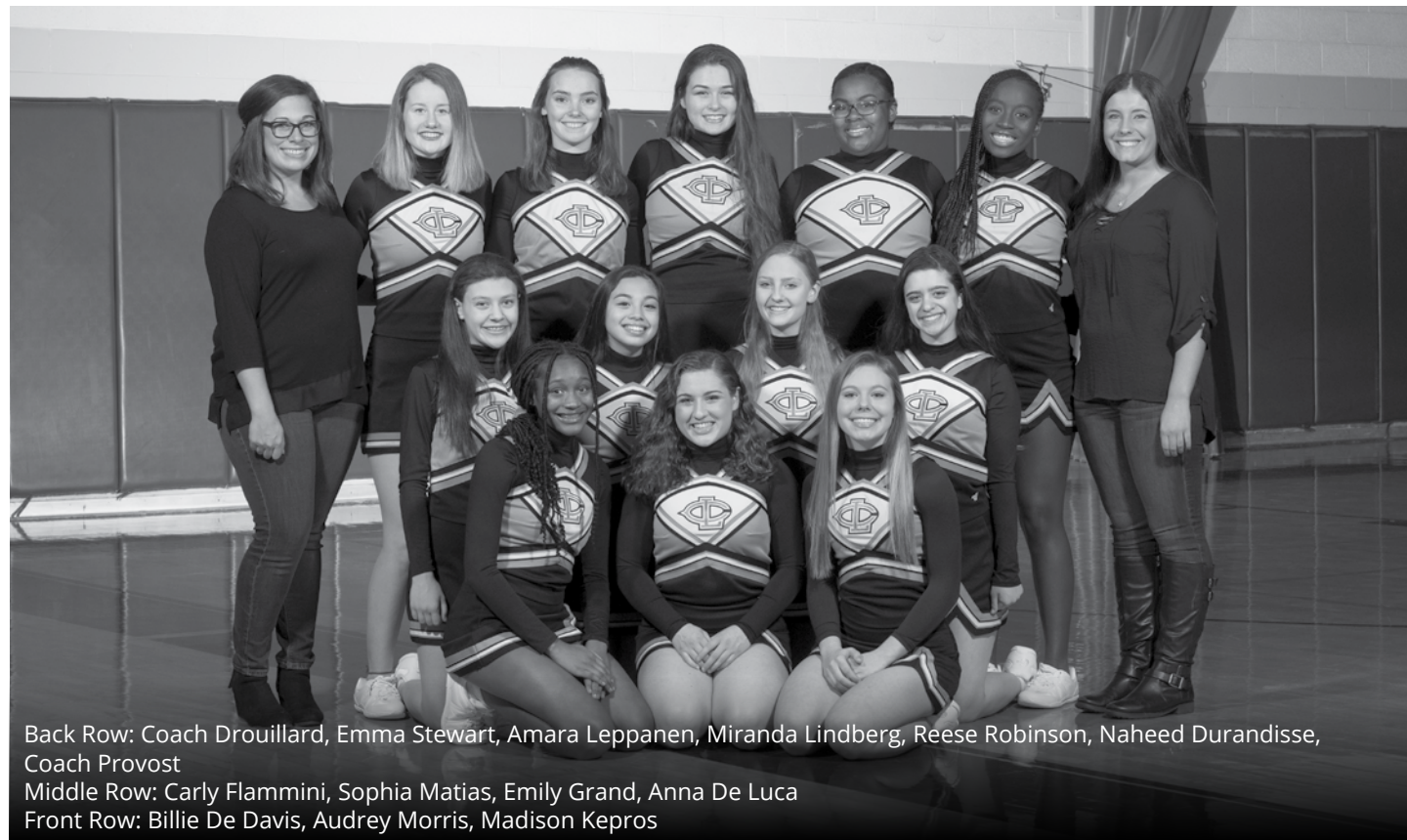
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jblair@cpaymichigan.com



 **COMPETITIVE CHEER**



Back Row: Coach Drouillard, Emma Stewart, Amara Leppanen, Miranda Lindberg, Reese Robinson, Naheed Durandisse, Coach Provost
 Middle Row: Carly Flammini, Sophia Matias, Emily Grand, Anna De Luca
 Front Row: Billie De Davis, Audrey Morris, Madison Kepros










PLAYER ROSTER

- Audrey Morris.....Senior
- Naheed DurandisseJunior
- Billie'De Davis.....Sophomore
- Emily Grand.....Sophomore
- Madison Kepros.....Sophomore
- Miranda Lindberg.....Sophomore
- Sophia Matias.....Sophomore
- Anna De LucaSophomore
- Emma Stewart.....Sophomore
- Carly Flammini..... Freshmen
- Amara Leppanen.....Sophomore
- Reese Robinson Freshmen

COACH ROSTER

- Alex Drouillard.....Coach
- Alex ProvostCoach

SCHEDULE

-  12/08/18 9:00 AM vs Jackson Northwest
-  12/14/18 6:00 PM CAAC Scholarship @ DeWitt
-  01/12/19 9:00 AM vs Perry HS
-  01/16/19 6:00 PM vs CAAC White #1 @ E.R.
-  01/26/19 9:00 AM vs Grand Blanc Community HS
-  01/30/19 6:00 PM vs CAAC CAAC # 2 @ Portland
-  02/04/19 6:00 PM vs Charlotte HS
-  02/09/19 9:00 AM vs Webberville HS
-  02/16/19 4:00 PM vs Chesaning HS

 Home Game  Away Game
 Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

 **COMPETITIVE CHEER**

ALEX DROUILLARD
 VARSITY COACH

Alex Drouillard is a Lansing Catholic High School Alumni, Class of 2008. She is a middle school teacher at St. Joseph Catholic School in Howell where she is in her sixth year of teaching. Most recently, she was the head cheer coach for Fowlerville High School from 2013-2017.



ALEX PROVOST
 VARSITY ASSISTANT COACH

Alex has been cheering since second grade. She is a graduate of Fowlerville High School and coached Fowlerville HS Varsity and JV cheer teams and the youth programs prior to joining LCHS for the 2018 season. Alex is currently working at a daycare and is pursuing her education to become a daycare owner in the future!



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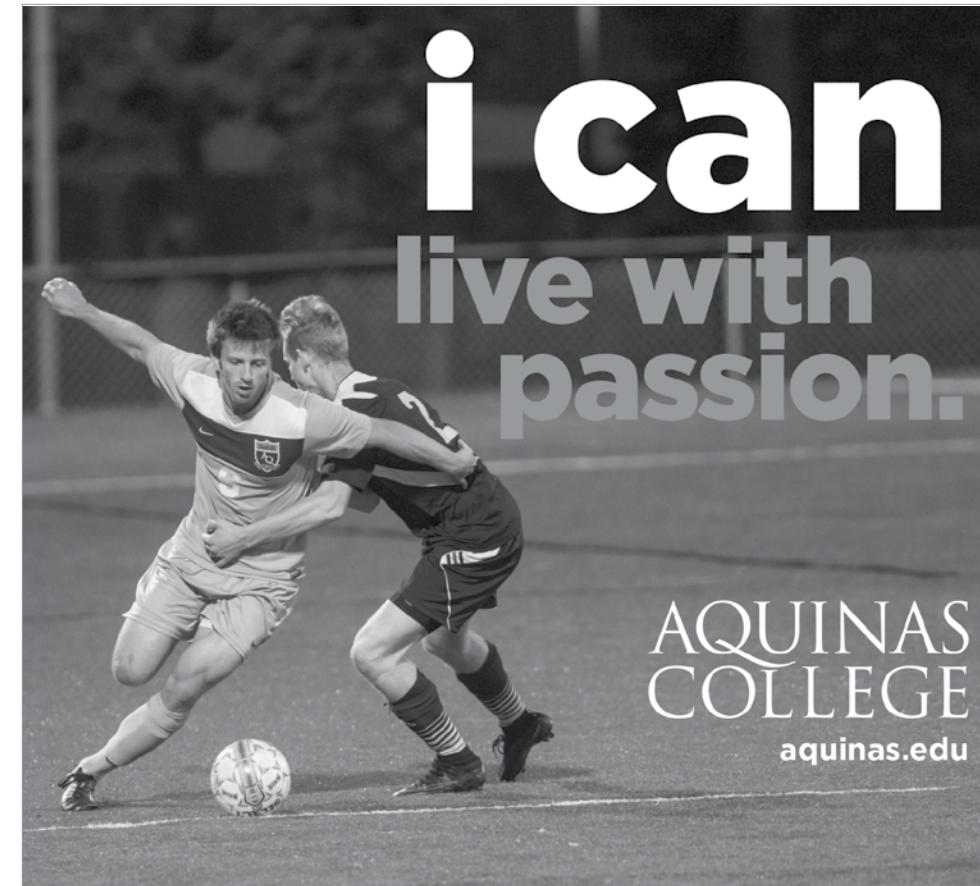
TEACHING
A WAY OF
LIFE

PROSPECTIVE FAMILY NIGHT

WEDNESDAY, FEBRUARY 6, 2019, 6:30-8:30PM

Lansing Catholic High School is hosting its winter Prospective Family Night on Wed., Feb. 6, 2019 from 6:30pm to 8:30pm. Parents and students are welcome at this event to learn more about what LCHS has to offer. Please note there is a set schedule for this event. Families will first be taken on a school tour led by a LCHS student, then attend breakout sessions (on curriculum, tuition, college planning, and extracurricular and athletic activities), and the evening will conclude with a question and answer session with students and staff. Registration is not required for this event, but is appreciated.

Please contact LCHS's admissions office at 517-267-2102, admissions@lansingcatholic.org or use their website to register for this event.



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— Fr. Mac

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