LANSING CATHOLIC COLUCTARS



SPRING 2021

















4 EVENTS...1 MISSION

TO BRING EXCELLENCE TO OUR STUDENTS THROUGH THE POWER OF COMMUNITY



01.30 4TH ANNUAL CORKS + CUISINE

Saturday, January 30 | 7-11 P.M.

Gather to savor delicious samplings of food and drink from area eateries while enjoying the great music and festivities. All proceeds to support future enhancements of the COLO





Due to continued COVID health guidelines, we will once again be hosting a Fr. Mac Scholarship "Non-Event". The Non-Event Fundraiser will be a celebration held in place of an actual in-person event which eliminates the cost of a big dinner and focuses on raising dollars for tuition assistance and providing a quality Catholic education for students in need. Your participation is vital. Your attendance is not.



06.18 33RD ANNUAL COUGAR CLASSIC GOLF OUTING

Friday, June 18 | 10 A.M.

LCHS community members take over the links at Forest Akers Golf Course to support our students and teachers with dollars going toward our Annual Fund.



09.25 50 YEAR CELEBRATION OF LANSING CATHOLIC

Saturday, September 25 8-10 P.M.

Join us as we celebrate 50 years of Lansing Catholic High School "Teaching A Way of Life." We invite alumni, parents, and friends to meet under the tent at LCHS for drinks, snacks, music, and fun. This special celebration will be combined with our traditional homecoming event, CougarFest.



PLEASE JOIN US AT OUR 2020-2021 ANNUAL SPECIAL EVENTS!

Visit www.lansingcatholic.org or contact Paula Wilcox at 517.267.2121 for more details and sponsorship opportunities.



KRYSTYN SCHMERBECK

PRINCIPAL

Welcome to Lansing Catholic High School, Home of the Cougars!

Let's celebrate the return of spring sports! I am encouraged and excited to see our spring athletes developing discipline, practicing perseverance enjoying the delights of sport amid constantly changing circumstances. Saint John Paul II once commented that sports have an intrinsic value both for formation of the person and as an essential component of culture. I believe our athletics program accomplishes these points with excellence in support of our school's mission to form disciples of Christ.

I am particularly grateful for our athletics department, coaches, players, families and facilities team for making this season so successful. In addition, the spring season brings a fullness of life to our campus as each and every space is utilized! On account of this fact, I extend special thanks to volunteers for welcoming as many spectators as possible to share in the joy of spring sports.

As our community continues to navigate these extraordinary times, let us look to our accomplished athletes and remember that there is no limit to what we can achieve when we work together as a team, united in faith and a common mission!

Saint John Paul the Great, pray for us!

Krystyn Schmerbeck

Principal

Sincerely,



BRIAN WOLCOTT

ATHLETIC DIRECTOR

Spring is here and we are still playing games! I thank all of our athletes, their parents and our coaches for their collective perseverance. Weekly testing is the norm for our spring athletes and they have met this challenge and our teams are off to great starts.

We will continue to focus on keeping the games in perspective and cherishing the chance to compete as we look to close out a school year that none of us will ever forget! In a special way we wish our seniors a successful close to their high school careers. Our prayers will be with them as they move on to the next stage in their lives.

Go Cougars!

Brian P. Wolcott

Director of Athletics



FR. PAUL ERICKSON

CHAPIAIN

Greetings and welcome to Lansing Catholic High School!

It's hard to believe that spring sports are finally here! With all the ups and downs of the last year, it is refreshing to have a bit of normalcy as we enter the last part of the school year.

The spiritual theme for our 2020-21 school year is from Ephesians 2:19, "You are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God." Athletic competition can bring out the best in people and elevate them into that call to holiness which exists in every human heart. Many of the Saints, including our patron John Paul the Great, were tremendous athletes. Their experiences in the sporting arena carried them into the spiritual arena and prepared them for the sacrifice and struggle that always comes with competition.

Thank you for your continued support of our athletic program, our students, our staff, and our school. Especially this year, may we encourage one another, build each other up, and call each other on toward Jesus Christ. As we join with the Saints, let us hold our entire community in prayer, that competitors both home and away would engage safely and respectfully with one another and that the hand of God would continue to guide and protect us all.

May the Lord bless and keep you. And as always... GO COUGARS!

Fr. Paul Erickson

Chaplain

SCHOOL PROFILE

MISSION STATEMENT

The Lansing Catholic High School community forms students spiritually, intellectually, and socially into faithful disciples of Jesus Christ.

TYPE OF SCHOOL

Regional, comprehensive, coeducational Catholic high school

ACCREDITATION

Michigan Association of Non-Public Schools

ADMISSIONS

Based on prior academic, behavior and attendance records; recommendations and admissions review of application

STUDENTS

LCHS serves the varied educational needs of Catholic and non-Catholic youth in the greater Lansing area

SIZE

Students: 440

Student/Teacher Ratio: 15:1 Average Class Size: 18

FACULTY

President: 1 Principal: 1

Athletic Director: 1 Dean of Students: 1 Certified Lay Teachers: 33

(18 master's degrees, 1 doctorate degree)

Priest: 1

Religious Sisters: 2 High School Counselors: 2 Student Resource Staff: 1

SCHOOL DAY

7:55am-3:02pm (Monday) 7:55am-3:02pm (Tue., Wed., Fri.) 8:55am-3:02pm (Thursday)

FAITH

- · Every school day begins and ends with prayer
- · All students attend Mass weekly, daily Mass is offered
- · Sacrament of Reconciliation and Eucharistic Adoration is offered weekly
- · All students attend a school sponsored retreat once per year
- Juniors and Seniors have the opportunity to be retreat leaders and attend our Kairos retreat
- Additional retreats, trips, and events are available for students to grow in their faith throughout the school year

MISSION TRIPS

- Mission Trips are offered during Spring Break and Summer Break to the following locations: Montgomery, Alabama; Beattyville, Kentucky; Logan, West Virginia; Pine Ridge, South Dakota; and Memphis, Tennessee
- 30% of our student body participate in a Mission Trip each year
- Financial Assistance is available to ensure all students who wish to take part in a Mission Trip are able to participate

SERVICE

- 80 hours of community service required for graduation
- Students also participate in numerous school wide service projects, including hosting a mobile food pantry, sponsoring families for Thanksgiving and Christmas, and various collections throughout the year for local charities
- Work-a-Thon is our annual day of service in which students, staff, and parents spend the morning volunteering in the greater Lansing area

CLUBS & ACTIVITIES

Ambassadors Art Club

Be Love Revolution Drama/Musicals

Eucharistic Ministers Evergreen Club Good Works Crew Guardians of the Altar

International Travel

Jazz Band Lectors Mission Trips

Music Ministry National Honor Society Outdoor Club

Peer Assistance Leaders (PALs)

Prayer Partners Quiz Bowl Retreat Leaders

Robotics

Socieded Honoraria Hispanica Spiritual Theme Committee

Strings

Student Athletic Trainers Student Leadership Team

Student Tutors Students for Life Tabletop Game Club

COUGAR ATHLETICS

Fall Sports: Football, Boys Tennis, Boys Soccer, Girls Volleyball, Boys & Girls Cross Country, Sideline Cheerleading, Girls Golf, Girls Swimming & Diving

Winter Sports: Hockey, Boys Swimming & Diving, Wrestling, Competitive Cheer, Boys & Girls Basketball, Bowling

Spring Sports: Baseball, Softball, Boys & Girls Track and Field, Boys Golf,

Girls Tennis, Girls Soccer, Boys & Girls Lacrosse



GRADUATION REQUIREMENTS

Students must successfully complete the following 24 credits:

| Theology | 4.0 credits |
|----------------|-------------|
| English | 4.0 credits |
| Mathematics | 4.0 credits |
| Science | 3.0 credits |
| Social Studies | 3.0 credits |
| Fine Arts | 1.0 credit |
| Physical Ed | 0.5 credit |
| Health | 0.5 credit |
| Speech | 0.5 credit |
| World Language | 2.0 credits |
| Electives | 1.5 credits |

ACADEMIC HONORS

Honors for graduates are determined by the 7th semester cumulative Grade Point Average (G.P.A.) according to this scale:

Summa Cum Laude (3.9 to 4.0) Magna Cum Laude (3.75 to 3.89) Cum Laude (3.5 to 3.74)

STANDARDIZED TEST SCORES ACT TEST DATA

| Class of 2020 | . LCHS | . National |
|---------------|--------|------------|
| English | 23.9 | 20.2 |
| Math | 23.4 . | 20.6 |
| Reading | 24.4 . | 21.3 |
| Science | 22.9 | 20.8 |
| STEM | 23.3 | 20.9 |
| Composite | 23.8 | 20.9 |

COLLEGE SCHOLARSHIPS & CLASS GRADE POINT

Our 2020 graduates earned over \$5 million in college scholarships. The class grade point average earned by the Class of 2020 was a 3.4.

ADVANCED PLACEMENT COURSE OFFERINGS

AP English AP Spanish AP Biology
AP Chemistry AP US History AP Government
AP European History AP Calculus AB AP Art History
AP Computer Science AP Physics AP Statistics
AP Macroeconomics AP Microeconomics AP World History

WORLD LANGUAGES

Spanish, French, and Latin

CLASS OF 2020 RECOGNITION

99 percent of our 2020 graduates are continuing their studies. Our 2020 graduates were accepted at the following colleges and universities:

Albion College
Alma College
Alverno College
Aquinas College
Arizona State University
Ave Maria University
Baldwin Wallace University
Ball State University
Bard College
Benedictine University
Bowling Green State University
Butler University

Butler University Central Michigan University College of Charleston

The Citadel, The Military College of SC

Cleary University Colorado State University Denison University Eastern Illinois University Eastern Michigan University Ferris State University

Franciscan University of Steubenville Grand Valley State University

Hillsdale College Holy Cross College Hope College

Indiana University-Bloomington

Iowa State University
Kalamazoo College
Kellogg Community College
Lake Superior State University
Lansing Community College
Louisiana State University
Loyola University Chicago
Marquette University

Michigan State University Michigan Technological University Northern Michigan University

Olivet College Purdue University

Rutgers University-New Brunswick Saginaw Valley State University Saint Mary's College

Siena Heights University Spring Arbor University Syracuse University The Ohio State University University of Arizona

University of California-San Diego University of Colorado-Boulder University of Dayton

University of Dayton
University of Denver
University of Hawaii-Manoa
University of Kentucky
University of Maine

University of Massachusetts Boston University of Michigan-Ann Arbor University of Michigan-Dearborn University of Minnesota-Twin Cities

University of Mississippi University of Rhode Island University of St. Thomas University of Tampa

University of Washington-Seattle University of Washington-Bothell

Wayne State University Western Kentucky University Western Michigan University

Xavier University





BASEBALL — BOYS — VARSITY





BASEBALL — BOYS — VARSITY



RANDY FARLIN
HEAD COACH

Coach Farlin is in his fifth season as the Lansing Catholic High School varsity head baseball coach. Randy is the 7th head coach in program history. He was the JV head coach for the previous 3 years. An Eastern High School graduate, he is married to Kim and they have 2 daughters, Ava and Ella.



PETE SALENS ASSISTANT HEAD COACH

This is Pete's fifth season coaching. He is a 2008 graduate from Bad Axe and played at Albion College. Pete's main duties include working with the outfielders and pitchers.



STEVE VANKIRK ASSISTANT HEAD COACH

Coach VK is entering his 27th season on the Lansing Catholic High School baseball staff. A graduate of LCHS and Central Michigan University, he works with the infielders and coaches 1st base during games. Steve is married to Janice and has two sons, Mike and Matt, all LCHS alums.

PLAYER ROSTER

| Jordan Kohler | |
|-------------------|--------|
| Joey Baker | |
| Owen Biergans | Junior |
| Rory Durr | Junior |
| Colin Gardner | Junior |
| Matthew Gehle | Junior |
| James Green | |
| Brody Kirkpatrick | Junior |
| Vinnie LaMacchia | |
| Andrew Phelps | |
| Jake Sudol | Junior |
| Alex Watters | Junior |
| Andrew Burlingame | |
| Padraic Cotter | |
| Seth Elberson | |
| Austin Gates | |
| Daniel Shipman | |
| Patrick Doyle | |
| Ty Trahey | |
| Andrew Diehl | |
| | |

SCHEDULE

| | 03/30/21 | 4:00 8 | & 5:00 | PM @ | Lakewood HS |
|--|----------|--------|--------|------|-------------|
|--|----------|--------|--------|------|-------------|

□ 04/13/21 4:00 & 6:00 PM @ Portland HS

☆ 04/14/21 4:00 & 6:00 PM vs Dewitt HS

↑ 04/20/21 4:00 & 6:00 PM vs Charlotte HS

♦ 04/22/21 4:00 & 6:00 PM vs Haslett HS

□ 04/24/21 10:00 AM @ OPEN

⋒ 04/24/21 11:00 AM vs Waverly HS

扁 04/24/21 12:00 PM @ OPEN

☆ 04/24/21 12:00 PM vs Waverly HS

☐ 04/27/21 4:00 & 6:00 PM @ Ionia HS

□ 04/29/21 4:00 & 5:00 PM @ Mason HS

↑ 05/04/21 4:00 & 6:00 PM vs Eaton Rapids HS

♠ 05/06/21 TBA vs OPEN

💂 05/06/21 4:00 & 5:00 PM @ Pewamo-Westphalia

扁 05/08/21 10:00 AM @ REDWING INVITATIONAL

🗐 05/08/21 11:00 AM @ TBA Redwing Invite

🖨 05/11/21 4:00 PM @ Lansing Sexton H.S.

□ 05/11/21 5:00 PM @ Lansing Sexton H.S.

4 05/11/21 5.00 1 W @ Editsing Scholl 1.5

☆ 05/13/21 4:00 & 6:00 PM vs Fowlerville HS

☆ 05/18/21 4:00 & 6:00 PM vs Grand Ledge HS

♠ 05/20/21 4:00 & 6:00 PM vs Okemos HS

↑ 05/22/21 10:00 AM & 12:00 PM

Promise Schools Tourney

♠ 05/25/21 TBA vs OPEN

★ 05/27/21 4:00 & 6:00 PM vs Waverly HS

★Home Game Away Game

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.



SEASON OFFENSIVE RECORDS

| At Bats | Total | Year |
|----------------------------|-------|------|
| Will Schneider | 131 | 2004 |
| Drew Dziachan | 128 | 1996 |
| Chuck DeClarke | 128 | 2008 |
| Drew Dziachan | 127 | 1997 |
| Chad Wenzlick | 124 | 2008 |
| Hits | Total | Year |
| Scott Brandell | 58 | 1997 |
| Chuck DeClarke | 53 | 2008 |
| Carlos Fernandez | 52 | 1995 |
| Andy Muhn | 52 | 1994 |
| Matt Scyoc | 49 | 2005 |
| Marty Castellon | 48 | 1989 |
| Sean Courtney | 48 | 2007 |
| Batting Average (min.75AB) | Total | Year |
| Marty Castellon | .510 | 1989 |
| Phil Booth | .508 | 1984 |
| Scott Brandell | .500 | 1997 |
| Riley Creamer | .469 | 2015 |
| Matt Scyoc | .462 | 2005 |
| Sean Courtney | .447 | 2008 |
| Nate Wilcox | .441 | 2019 |
| Runs Batted In | Total | Year |
| Scott Brandell | 60 | 1997 |
| Justin Booth | 51 | 1991 |
| Matt Scyoc | 44 | 2005 |
| Rich Passucci | 43 | 1993 |
| Runs Scored | Total | Year |
| Charlie Lieder | 49 | 2002 |
| Doug Hawley | 46 | 2008 |
| Randy Guifoyle | 46 | 1993 |
| Matt Dziachan | 45 | 1993 |
| Chris Hornberger | 45 | 1993 |
| Adam Babcock | 44 | 2013 |
| Alec Hill | 43 | 1995 |
| Adam Babcock | 42 | 2012 |

| Doubles | Total | Year |
|------------------|-------|------|
| Dillon Rush | 16 | 2012 |
| Chuck DeClarke | 16 | 2008 |
| Mike Buda | 16 | 1993 |
| Doug Hawley | 15 | 2008 |
| Scott Brandell | 15 | 1997 |
| Joe Szombati | 14 | 2004 |
| Jackson Wilcox | 13 | 2018 |
| Triples | Total | Year |
| Carlos Fernandez | 8 | 1995 |
| Steve Sochay | 6 | 1979 |
| Matt Scyoc | 6 | 2015 |
| Eric Plaehn | 5 | 2012 |
| Sean Courtney | 5 | 2006 |
| Dillon Rush | 4 | 2012 |
| Joe Szombati | 4 | 2005 |
| Charlie Lieder | 4 | 2002 |
| Sean Courtney | 4 | 2008 |
| Marty Castellon | 4 | 1989 |
| Sean Courtney | 4 | 2007 |
| Home Runs | Total | Year |
| Scott Brandell | 14 | 1997 |
| Kevin Cole | 7 | 1999 |
| Randy Guifoyle | 7 | 1993 |
| Jeff Maltby | 7 | 1973 |
| Stolen Bases | Total | Year |
| Matt Dziachan | 37 | 1993 |
| Mitch Gruber | 34 | 2019 |
| Adam Babcock | 34 | 2012 |
| Jon Hiner | 34 | 1979 |
| Chris Hornberger | 32 | 1991 |
| Matt Dziachan | 26 | 1994 |
| Adam Babcock | 25 | 2013 |
| Adam Babcock | 23 | 2011 |
| Luke Baker | 22 | 2008 |
| Will Schneider | 17 | 2005 |



THANK YOU FOR YOUR SUPPORT LANSING CATHOLIC HIGH SCHOOL BASEBALL



Mark Manyen Owner Mason, MI 48854

(517)202-4120

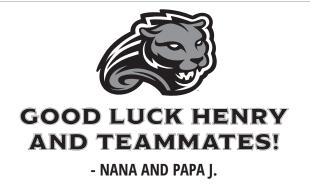
FREE ESTIMATES!



Gravel Driveway & Parking Lot Installation and Maintenance

Septic Tank/Drain Fields Landscaping Excavating

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O CAREER OFFENSIVE RECORDS

| At Bats | Total | Year |
|----------------------------|-------|-----------|
| Matt Scyoc | 421 | 2002-2005 |
| Scott Brandell | 408 | 1994-1997 |
| Adam Babcock | 373 | 2010-2013 |
| Chuck DeClarke | 346 | 2006-2008 |
| Drew Dziachan | 343 | 1994-1997 |
| Sean Courtney | 328 | 2006-2008 |
| Doug Hawley | 324 | 2006-2008 |
| Hits | Total | Year |
| Scott Brandell | 158 | 1994-1997 |
| Matt Scyoc | 151 | 2002-2005 |
| Chris Hornberger | 133 | 1988-1991 |
| Adam Babcock | 132 | 2010-2013 |
| Sean Courtney | 131 | 2006-2008 |
| Chuck DeClarke | 122 | 2006-2008 |
| Batting Average (min.75AB) | Total | Year |
| Rick Passcucci | .459 | 1992-1993 |
| Marty Castellon | .427 | 1988-1990 |
| Chris Hornberger | .422 | 1988-1991 |
| Andy Muhn | .419 | 1994-1995 |
| Andy Balasia | .418 | 1993-1994 |
| Runs Batted In | Total | Year |
| Scott Brandell | 139 | 1994-1997 |
| Matt Scyoc | 114 | 2002-2005 |
| Joe Szombati | 98 | 2003-2005 |
| Dillon Rush | 97 | 2011-2013 |
| Chuck DeClarke | 88 | 2006-2008 |
| Chris Hornberger | 88 | 1988-1991 |
| Austin Schertzing | 84 | 2012-2014 |
| Mike Buda | 82 | 1992-1993 |
| Tom Cotter | 79 | 2010-2013 |
| Pat Dean | 78 | 2001-2003 |
| Runs Scored | Total | Year |
| Adam Babcock | 135 | 2010-2013 |
| Matt Scyoc | 133 | 2002-2005 |
| Chris Hornberger | 114 | 1988-1991 |
| Marty Castellon | 110 | 1988-1990 |
| Doug Hawley | 110 | 2006-2008 |
| Drew Dziachan | 99 | 1995-1997 |

| Doubles | Total | Year |
|--|---|--|
| Scott Brandell | 42 | 1994-1997 |
| Dillon Rush | 38 | 2011-2013 |
| Andy Muhn | 29 | 1994-1995 |
| Matt Scyoc | 27 | 2002-2005 |
| Tom Cotter | 26 | 2010-2013 |
| Joe Brooks | 26 | 200-2002 |
| Carlos Fernandez | 26 | 1993-1995 |
| Doug Hawley | 25 | 2006-2008 |
| Austin Schertzing | 25 | 2012-2014 |
| Triples | Total | Year |
| Sean Courtney | 11 | 2006-2008 |
| Carlos Fernandez | 11 | 1993-1995 |
| Steve Sochay | 10 | 1977-1980 |
| Matt Scyoc | 8 | 2002-2005 |
| Home Runs | Total | Year |
| Coatt Drandall | 25 | 10011007 |
| Scott Brandell | 25 | 1994-1997 |
| Steve Sochay | 25 16 | 1994-1997 |
| | | |
| Steve Sochay | 16 | 1977-1980 |
| Steve Sochay Mike Buda | 16 10 | 1977-1980 1992-1993 |
| Steve Sochay Mike Buda Jeff Maltby | 16 10 10 | 1977-1980 1992-1993 1972-1974 |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick | 16 10 10 9 | 1977-1980 1992-1993 1972-1974 2008-2009 |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick Korey Lopez | 16 10 10 9 | 1977-1980 1992-1993 1972-1974 2008-2009 2002-2003 |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick Korey Lopez Joe Szombati | 16 10 10 9 9 | 1977-1980 1992-1993 1972-1974 2008-2009 2002-2003 2003-2005 |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick Korey Lopez Joe Szombati Austin Krause | 16 10 10 9 9 9 | 1977-1980 1992-1993 1972-1974 2008-2009 2002-2003 2003-2005 2013-2014 |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick Korey Lopez Joe Szombati Austin Krause Stolen Bases | 16 10 10 9 9 9 9 | 1977-1980 1992-1993 1972-1974 2008-2009 2002-2003 2003-2005 2013-2014 Year |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick Korey Lopez Joe Szombati Austin Krause Stolen Bases Adam Babcock | 16 10 10 9 9 9 7 Total | 1977-1980 1992-1993 1972-1974 2008-2009 2002-2003 2003-2005 2013-2014 Year 2010-2013 |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick Korey Lopez Joe Szombati Austin Krause Stolen Bases Adam Babcock Marty Castellon | 16 10 10 9 9 9 7 Total 96 88 | 1977-1980 1992-1993 1972-1974 2008-2009 2002-2003 2003-2005 2013-2014 Year 2010-2013 1988-1990 |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick Korey Lopez Joe Szombati Austin Krause Stolen Bases Adam Babcock Marty Castellon Matt Dziachan | 16 10 10 9 9 9 7 Total 96 88 63 | 1977-1980 1992-1993 1972-1974 2008-2009 2002-2003 2003-2005 2013-2014 Year 2010-2013 1988-1990 1993-1994 |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick Korey Lopez Joe Szombati Austin Krause Stolen Bases Adam Babcock Marty Castellon Matt Dziachan Mitch Gruber | 16 10 10 9 9 9 Total 96 88 63 61 | 1977-1980 1992-1993 1972-1974 2008-2009 2002-2003 2003-2005 2013-2014 Year 2010-2013 1988-1990 1993-1994 2017-2019 |
| Steve Sochay Mike Buda Jeff Maltby Chad Wenzlick Korey Lopez Joe Szombati Austin Krause Stolen Bases Adam Babcock Marty Castellon Matt Dziachan Mitch Gruber Jon Hiner | 16 10 10 9 9 9 7 Total 96 88 63 61 58 | 1977-1980 1992-1993 1972-1974 2008-2009 2002-2003 2003-2005 2013-2014 Year 2010-2013 1988-1990 1993-1994 2017-2019 1977-1979 |



PROGRAM HISTORY (THROUGH 2021, THE 2020 SEASON WAS CANCELED)

PROGRAM ACCOMPLISHMENTS

| Program Established | 1971 |
|--|-----------------|
| Total Seasons | 48 |
| Total Games | 1464 |
| Total Wins | 960 |
| Total Losses | 498 |
| Ties | 6 |
| Total Winning % | .665 |
| Winning Seasons | 41 |
| 20-Win Seasons | 25 |
| 25-Win Seasons | 8 |
| 30-Win Seasons | 6 |
| Average Record | 20.0-10.38 |
| League Championships | 12 |
| Capital Circuit Conference | 6 |
| Capital Area Activities Conference | 6 |
| Diamond Classic Finalist 1976, 1983, 1 | 986, 1990, 2013 |
| Diamond Classic Champions | 1986 2013 |
| District Championships | 24 |
| Regional Championships | 10 |
| Quarterfinal Championships | 4 |
| State Finalists | 2 |
| State Championships | 1 (1996) |
| Longest Winning Season Streak | 18 (1982-1999) |

COACHES

| Name | Years | Record | Win % |
|--------------|------------|---------|-------|
| Tony Reis | 1971 | 14-5 | .737 |
| Phil Booth | 1972-1997 | 510-219 | .700 |
| Mark Tellier | 1998-2001 | 69-65 | .515 |
| Jake Boss | 2002-2008 | 172-84 | .672 |
| Mike Scott | 2009-2012 | 73-59-3 | .553 |
| Andrew Smith | 2013- 2016 | 69-30-2 | .700 |
| Randy Farlin | 2017-2019 | 53-36-1 | .596 |

| Most Wins Per Season | Total |
|----------------------|-------|
| 1995 | 34 |
| 1996 | 32 |
| 1997 | 32 |
| 2012 | 31 |
| 2005 | 30 |
| 2008 | 30 |
| 2013 | 30 |

| Best Winning % | Total |
|----------------|-------|
| 2013 | .909 |
| 1997 | .869 |
| 1995 | .829 |
| 1996 | .821 |
| 2012 | .816 |
| 2005 | .811 |
| 1979 | .800 |



THANK YOU FOR YOUR SUPPORT LANSING CATHOLIC HIGH SCHOOL BASEBALL





300 E Oakland Avenue
Lansing MI 48906
Phone (517) 487-2066
www.olearypaint.com
www.olearyinteriors.com

RECORDS PITCHING

SEASON

| Total | Year |
|---|--|
| 13 | 1972 |
| 11 | 1997 |
| 11 | 2012 |
| 11 | 1995 |
| 9 | 2012 |
| 9 | 2008 |
| 8 | 2005 |
| 8 | 2015 |
| Total | Year |
| 1.00 (11-0) | 1995 |
| 1.00 (9-0) | 2012 |
| 1.00 (7-0) | 2013 |
| 1.00 (7-0) | 2005 |
| 1.00 (7-0) | 1999 |
| | |
| 1.00 (6-0) | 2013 |
| | 2013 1990 |
| 1.00 (6-0) | |
| 1.00 (6-0) 1.00 (6-0) | 1990 |
| 1.00 (6-0) 1.00 (6-0) Total | 1990 Year |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 | 1990 Year 2013 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 | 1990 Year 2013 2013 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 0.77 | 1990 Year 2013 2013 1995 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 0.77 0.98 | 1990 Year 2013 2013 1995 1974 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 0.77 0.98 1.08 | 1990 Year 2013 2013 1995 1974 2007 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 0.77 0.98 1.08 1.18 | 1990 Year 2013 2013 1995 1974 2007 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 0.77 0.98 1.08 1.18 1.24 | 1990 Year 2013 2013 1995 1974 2007 2007 2012 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 0.77 0.98 1.08 1.18 1.24 1.25 | 1990 Year 2013 2013 1995 1974 2007 2007 2012 2012 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 0.77 0.98 1.08 1.18 1.24 1.25 1.30 | 1990 Year 2013 2013 1995 1974 2007 2007 2012 2012 2005 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 0.77 0.98 1.08 1.18 1.24 1.25 1.30 1.30 | 1990 Year 2013 2013 1995 1974 2007 2007 2012 2012 2012 2005 2016 |
| 1.00 (6-0) 1.00 (6-0) Total 0.26 0.35 0.77 0.98 1.08 1.18 1.24 1.25 1.30 1.30 Total | 1990 Year 2013 2013 1995 1974 2007 2007 2012 2012 2015 2016 Year |
| | 13 11 11 11 9 9 8 8 Total 1.00 (11-0) 1.00 (9-0) 1.00 (7-0) |

CAREER

| Wins | Total | Year |
|-------------------------------|-------------|-----------|
| Scott Brandell | 33 | 1994-1997 |
| Bill Martin | 24 | 1973-1975 |
| Dillon Rush | 23 | 2011-2013 |
| Riley Creamer | 21 | 2013-2016 |
| Chris Denney | 17 | 2005-2007 |
| Winning % (min. 10 decisions) | Total | Year |
| Jon George | .923 (13-1) | 1996-1997 |
| Scott Brandell | .919 (33-4) | 1994-1997 |
| Jon Hartman | .917 (11-1) | 1993-1994 |
| Kyle Brown | .833 (10-2) | 2002-2003 |
| Will Schneider | .824 (14-3) | 2004-2005 |
| Joey Dean | .818 (9-2) | 2006-2009 |
| Mike DeClarke | .800(16-4) | 2010-2012 |
| Chris Hornberger | .800 (12-3) | 1988-1991 |
| Dillon Rush | .793 (23-6) | 2011-2013 |
| Matt VanKirk | .786 (11-3) | 2001-2003 |
| Riley Creamer | .778 (21-6) | 2013-2016 |
| Lowest ERA (min. 20 innings) | Total | Year |
| Scott Brandell | 1.41 | 1994-1997 |
| Eric Plaehn | 1.50 | 2012-2013 |
| Dillon Rush | 1.85 | 2011-2013 |
| Mike DeClarke | 1.97 | 2010-2012 |
| Joey Dean | 1.97 | 2006-2009 |
| Will Schneider | 2.26 | 2004-2005 |
| Kyle Brown | 2.27 | 2002-2003 |
| Drew Dziachan | 2.54 | 2001-2003 |
| Strikeouts | Total | Year |
| Bill Martin | 320 | 1973-1975 |
| Scott Brandell | 279 | 1994-1997 |
| Ron Beachnau | 233 | 1972-1973 |
| Riley Creamer | 157 | 2013-2016 |
| Matt Plaehn | 155 | 2017-2019 |
| Dillon Rush | 144 | 2011-2013 |
| Mike DeClarke | 140 | 2010-2012 |
| Dave Hendrix Jr. | 139 | 1998-1999 |
| Alec Torrez | 129 | 2001-2003 |
| | 123 | 2001-2003 |



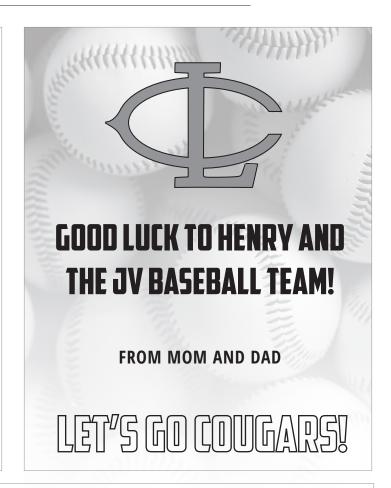
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■ BASEBALL — BOYS — JUNIOR VARSITY



BASEBALL — BOYS — JUNIOR VARSITY



CURT HANSON

JV HEAD COACH

Curt Hanson is in his third year coaching the JV Cougar team. He was previously coach for Williamston HS for fifteen years. Coach Hanson and his wife Julie have one son, Jaden, who is a freshman at LCHS.

PLAYER ROSTER

Jorge Guzman-Hernandez

Andrew Diehl Jaden Hanson
Sean Durr James Hendges
Patrick Doyle Jack Hernly
James Fisher Alex Warnke
Charlie Gates John Watters

SCHEDULE

♠ 04/12/21 4:00 & 6:00 PM vs Portland HS
 ♠ 04/14/21 4:00 & 6:00 PM @ Dewitt HS
 ♠ 04/20/21 4:00 & 6:00 PM @ Charlotte HS
 ♠ 04/22/21 4:00 & 6:00 PM @ Haslett HS

☆ 04/27/21 4:00 & 6:00 PM vs Ionia HS

☆ 04/29/21 4:00 & 5:00 PM vs Mason HS (Mason) □ 05/04/21 4:00 & 6:00 PM @ Eaton Rapids HS

☆ 05/06/21 4:00 & 5:00 PM vs Pewamo-Westphalia **☆** 05/11/21 4:00 & 5:00 PM vs Lansing Sexton H.S.

□ 05/13/21 4:00 & 6:00 PM @ Fowlerville HS
□ 05/18/21 4:00 & 6:00 PM @ Grand Ledge HS

9 05/20/21 4:00 & 6:00 PM @ Okemos HS

■ 05/25/21 4:00 PM vs OPEN

☐ 05/27/21 4:00 & 6:00 PM @ Waverly HS

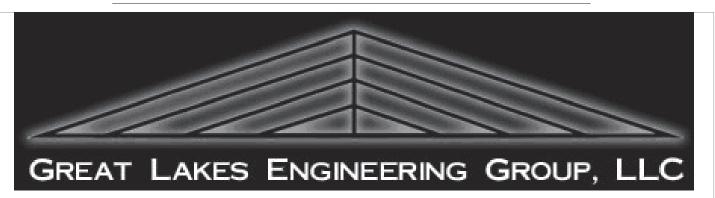
★ Home Game Away Game

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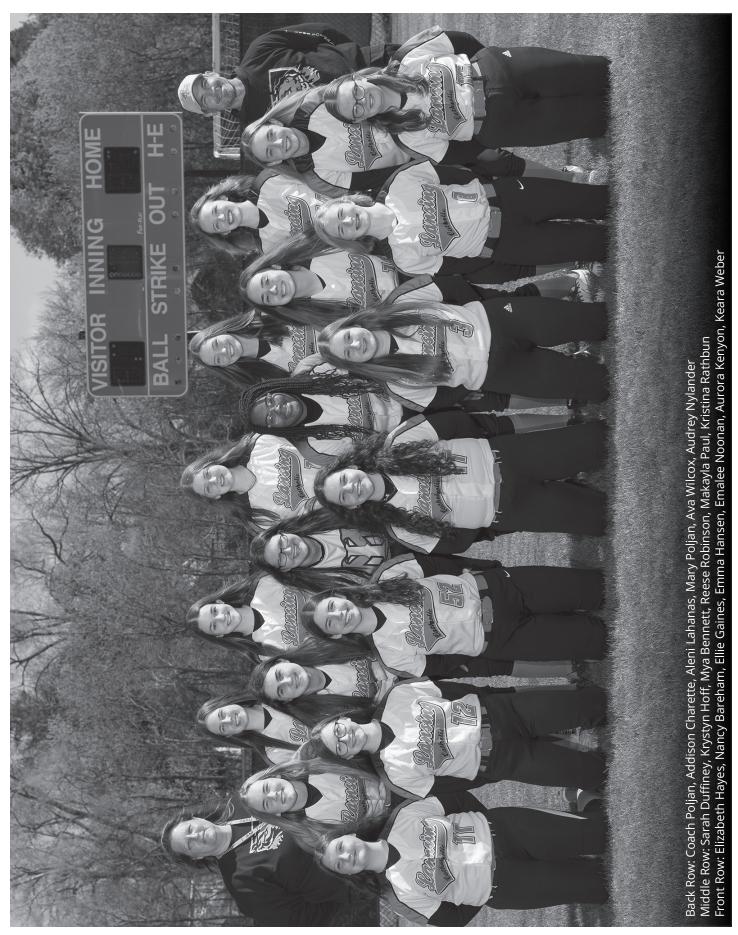


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SOFTBALL — GIRLS — VARSITY





SOFTBALL — GIRLS — VARSITY



AMY POLJAN HEAD COACH

Coach Poljan is in her ninth year as a softball coach at Lansing Catholic. She brings a wealth of experience to the coaching staff. At Indiana University she was an All-American pitcher and is now a member of the Hall of Fame. Coach Poljan teaches science at Lansing Catholic.

MARCUS WASILEVICH ASSISTANT COACH

MIKE CHARETTE ASSISTANT COACH



COUGAR FIGHT SONG

ROAR ON YOU MIGHTY COUGARS
ALL HAIL THE SILVER AND BLUE
STAND UP AND GIVE A CHEER - RAH RAH!
SEND HIGH YOUR SPIRITS, TOO!
GROWL ON YOU MIGHTY COUGARS
BRING THUNDER TO THE SKY!
AND RAISE ON HIGH YOUR VICTORY
TO CATHOLIC CENTRAL HIGH!
C-C-COU, G-GARS
COUGARS ARE THE BEST!

PLAYER ROSTER

| Kristina Rathbun | Senior |
|-------------------|----------|
| Ellie Gaines | Junior |
| Audrey Nylander | Junior |
| Reese Robinson | |
| Violet Wasilevich | Junior |
| Nancy Bareham | Sophmore |
| Mya Bennett | Sophmore |
| Sarah Duffiney | |
| Emma Hansen | Sophmore |
| Elizabeth Hayes | Sophmore |
| Emalee Noonan | Sophmore |
| Addison Charette | Freshman |
| Krystyn Hoff | Freshman |
| Aurora Kenyon | Freshman |
| Eleni Lahanas | Freshman |
| Makayla Paul | Freshman |
| Mary Poljan | Freshman |
| Keara Weber | |
| Ava Wilcox | Freshman |

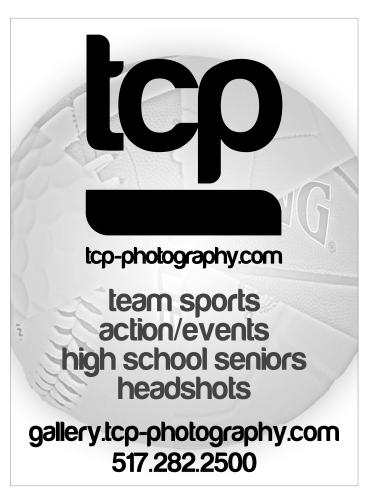
SCHEDULE

| ☐ 03/30/21 4:00 & 5:00 PM vs Lakewood HS |
|--|
| □ 04/13/21 4:00 & 5:00 PM vs Portland HS |
| □ 04/17/21 11:00 AM & 12:00 PM vs Redwing Invite |
| ↑ 04/20/21 4:00 & 5:00 PM vs Charlotte HS |
| ♦ 04/22/21 4:00 & 5:00 PM vs Haslett HS |
| 04/24/21 11:00 AM & 12:00 PM vs East Lansing |
| □ 04/27/21 4:00 & 5:00 PM vs Ionia HS |
| □ 04/29/21 4:00 & 5:00 PM vs Mason HS (Mason) |
| ♦ 05/04/21 4:00 & 5:00 PM vs Eaton Rapids HS |
| □ 05/06/21 4:00 & 5:00 PM vs Pewamo-Westphalia |
| □ 05/11/21 4:00 & 5:00 PM vs Lansing Sexton H.S. |
| ↑ 05/13/21 4:00 & 5:00 PM vs Fowlerville HS |
| ☆ 05/18/21 4:00 & 5:00 PM vs Grand Ledge HS |
| ↑ 05/20/21 4:00 & 5:00 PM vs Okemos HS |
| ♠ 05/25/21 4:00 PM vs OPEN |

☆ Home Game Away Game

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

☆ 05/27/21 4:00 & 5:00 PM vs Waverly HS

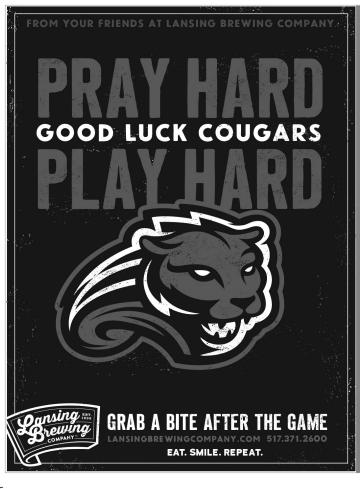


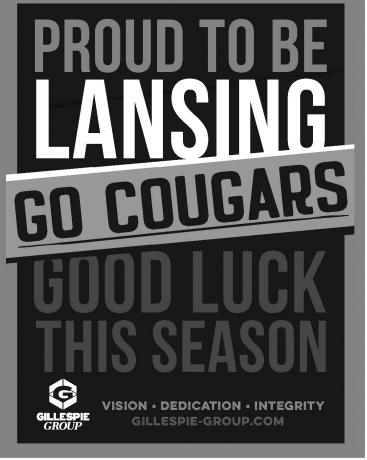


Michael K. Peters, DDS, MS, PC
Orthodontics

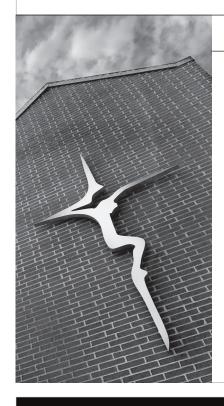
Van-Anh Tran Peters, DDS, PC Family Dentistry

GOOD LUCK COUGARS!





LANSING CATHOLIC HIGH SCHOOL

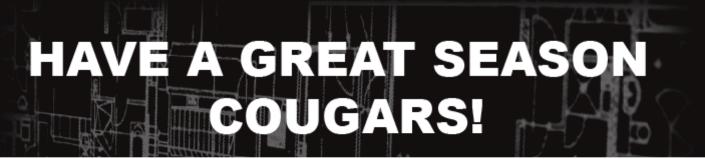


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Lansing Catholic High School is part of a tradition of over 100 years of Catholic high school education in Lansing, Michigan. As a student at LCHS, you are part of something bigger, not just a number or another face in the crowd. You are part of a community of people who care about you as an individual and who strive to help you grow intellectually, spiritually, and socially. Prospective families are invited to join us at our events and for a tour to see how we truly live out our mission.

Information about how to get started with enrollment, admissions events, and tuition can be found on our website www.lansingcatholic.org. If you have any questions about the admissions process, or would like to schedule a tour or have information sent to you, please contact LCHS Admissions Coordinator Stacia DeVries at: stacia.devries@lansingcatholic.org or 517-267-2158.

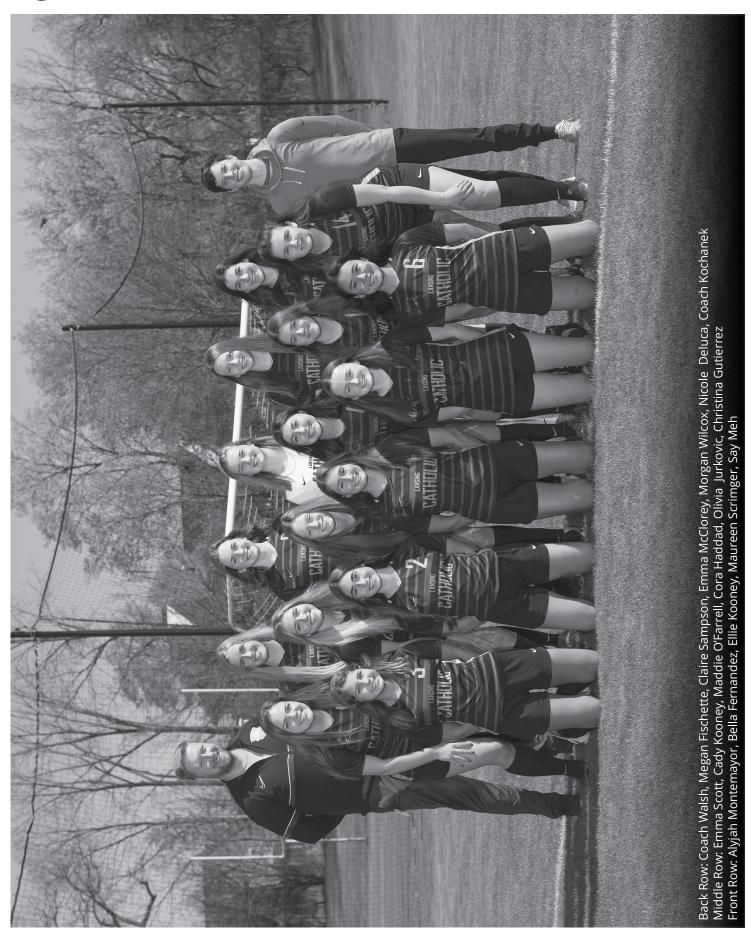






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SOCCER — GIRLS — VARSITY



JAKE WALSH HEAD COACH

This is Jake's first year as head coach. Coach Jake is from Grand Ledge and a graduate of Northwood University with a degree in Advertising / Marketing Management. Jake was a goal keeper all four years at NU where he led his team to the round of 16 in the NCAA tournament his

senior year. He is looking forward to coaching the girls and having a very successful season!



JILL KOCHANEK ASSISTANT COACH

Jill is a PhD student in sport psychology at Michigan State University, where she studies effective coaching for youth development. She played soccer at the high school and college varsity levels. As a student-athlete at Amherst College, she was four-year varsity starter, two-time captain, and D-III All American (in 2011). After

Amherst, she went on to teach psychology and coach soccer at an all-girls' high school in the Baltimore area for several years. Her early experiences as a student-athlete and educator inspired her to go to graduate school to more systematically study coaching and do community-based work with athletes and coaches to support their own growth and development. She comes to MSU from the University of Minnesota, where she earned her master's degree. Her soccer coaching experience includes working with athletes ages 7 to 21 years at the club, high school, and college levels.

PLAYER ROSTER

| Emma McClorey | Senior |
|---------------------|-----------|
| Bella Fernandez | Junior |
| Alyjah Montemayor | Senior |
| Cora Haddad | Senior |
| Maddie O'Farrell | Senior |
| Say Meh | Senior |
| Ellie Kooney | Senior |
| Claire Sampson | Sophomore |
| Maureen Scrimger | Sophomore |
| Megan Fischette | Senior |
| Nicole Deluca | |
| Olivia Jurkovic | Freshman |
| Morgan Wilcox | Freshman |
| Christina Gutierrez | |
| Cady Kooney | Sophomore |
| Emma Scott | |

SCHEDULE

| \sim | 03/20/21 | 7.00 | DNAVC | Haslett HS |
|--------|-----------|--------|---------------|---------------------------------------|
| | 117//9//1 | / ()() | P = V = V = V | $\square A \cap \square \cap \square$ |

☆ 04/13/21 5:30 PM vs Northwest HS

☐ 04/19/21 7:00 PM @ Grand Ledge HS

☆ 04/21/21 5:30 PM vs Portland HS

🗬 04/24/21 9:00 AM @ Williamston shootout

🗬 04/26/21 7:00 PM @ Charlotte HS

☐ 04/27/21 7:00 PM @ Mason HS (Mason)

☆ 04/29/21 5:30 PM vs Ionia HS

➡ 05/03/21 7:00 PM @ Eaton Rapids HS

☆ 05/07/21 5:30 PM vs Holt HS

☆ 05/10/21 5:30 PM vs Lansing Christian School

☆ 05/11/21 7:00 PM vs DeWitt HS

★ 05/13/21 5:30 PM vs Laingsburg HS

☆ 05/18/21 5:30 PM vs CAAC Cup

☆ 05/20/21 7:00 PM vs CAAC Cup

□ 05/26/21 5:30 PM Pre-District @ Williamston

₽ 06/01/21 6:00 PM District @ Williamston

□ 06/08/21 6:00 PM Regional Tournament

★ Home Game Away Game

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In 1984, the Fund was founded to provide need-based tuition assistance to Lansing Catholic High School families. These dollars provide critical tuition grants to over 25% of current families.

Without tuition assistance many of our current students would not be attending LCHS today.

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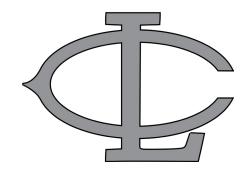
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GO COUGARS!

LET'S GO COUGARS!



INNOVARE

INSPIRED INTERIORS

JIM BAKER, OWNER





JORDAN KOHLER

Jordan has been playing baseball since he was in first grade. While challenging, it quickly became his favorite sport as he progressed through levels and ultimately ended up at Lansing Catholic. His biggest influence has been his parents who have shown up to every game to support him in his journey to improve his craft. His favorite memory was his Freshman year, when the team drove to Georgia to practice over spring break. He wants to study Biology in college, and wants to thank his family, coaches, and teammates for making baseball the enjoyable experience it has been.



KRISTINA RATHBUN

Kristina has been playing softball since the beginning with T-ball and has played on varsity for all four years while at Lansing Catholic. She has also been playing travel ball for the last six years. Her biggest influence to play softball is her dad who has been a coach and a supportive father throughout her years of playing ball. Kristina will miss most of all laughing, hanging out and playing ball with her teammates. She wants to thank her parents and family for always supporting her and taking time from their days to drive to games and tournaments all over the state to watch her play. She also wants to thank her past and present coaches especially Dave Puck and the late Roo Overholtz. Kristina plans to study chemistry or biochemistry in college, and has plans to continue playing ball.



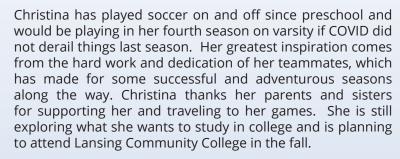
SOCCER — BIOS



MEGAN FISCHETTE

Megan has been playing soccer since she was four years old and has played varsity soccer for four years. She loves all the time she was able to spend with her teammates and coaches over the years especially jamming out to music with them on the bus and the field and all the laughs when coach Jake thought it was a good time for that of course. Her biggest influence is her dad who was her first soccer coach and has continued to support her all these years. She thanks her family for coming to every game and her coaches for always making soccer a good time, but still pushing her to do her best and believing in her. She plans to go to Grand Valley State University to study Exercise Science.

CHRISTINA GUITIERREZ







CORA HADDAD

Cora is excited to be back on the soccer field, having played when she was younger, but taking several years off for other activities. She wants to thank the coaches for their encouragement and her teammates for making this such a fun and memorable season. She also wants to thank her parents and her family for their support and for cheering on the Cougars at the games. Cora will be attending Saint Mary's College this fall to study neuroscience.

ELLIE KOONEY

Ellie has been playing soccer since the 5th grade and has played all four years of high school on varsity. She thanks her parents who have pushed her to do the best she can and participate in the sport that she loves. She will miss spending time with the team at practices, pregame warm ups, and Friday practices with Coach Jill. She advises younger players to just keep playing soccer, encourage others to play, and enjoy the game. Ellie is attending the University of Michigan STAMPS school of Art and Design to dual major in both concept design and pre-med.



SOCCER — BIOS



COUGAR

EMMA MCCLOREY

Emma has played soccer since elementary school up until sophomore year. She took a break from soccer but for her senior year thought it would be a good way to finish by going back to the sport she started with. Emma hasn't been goalie for many years but the team needed one so she thought, "why not!" She wants to thank her parents for always supporting her throughout high school. Emma plans to attend LCC while continuing to pursue a career in firefighting.

SAY MEY

Say began playing soccer her freshmen year of high school and kept coming back each season. Outside of school, Say is a leader for VBS and Kids Club year round for the Karenni community in Lansing. Say would like to thank her coaches and teammates for always pushing her to improve and for a great season. Say would also like to thank her family for all their support and sacrifices. In the fall, Say will be attending the University of Michigan to major in International Studies.





ALYJAH MONTEMAYOR

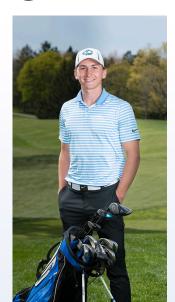
This is Alyjah's first official year playing varsity soccer. Her biggest influence is her grandmother Cindy McCormick who taught Alyjah to love everything she does. Her best advice came from her grandmother Cindy "Just go out there and have fun kid" and that is exactly what Alyjah has done this season. Singing throwback songs with her teammates at practice and during warmups is Alyjah's favorite memory. Alyjah thanks her grandfather, siblings and parents for all the support they have given her. Alyjah has a special thanks to her grandmother Cindy McCormick for coming to every game, cheering loud and always letting her get Chick-fil-A afterwards. After high school Alyjah plans to study Political Science at Hope College and eventually go into law.

MADELINE O'FARRELL

Maddie has been playing soccer for twelve years, and this is her fourth season on the varsity team for Lansing Catholic. Her best memories over the years have been the team dinners and bus rides to and from games. She would like to thank her parents for the countless sacrifices they've made to allow her to play soccer, and she would like to thank coaches Jake, Jill, Joe, as well as Bill Pettit, for constantly pushing her every day to become the best person she can be both on and off the field. Maddie plans to continue her soccer career at Eastern Michigan University while studying biochemistry.



GOLF - BIOS



KEVIN BIERGANS

Kevin has been playing golf since the age of five, and has been on the varsity team for four years. His grandpa taught him how to play, and is the reason he loves the game so much today. Kevin's best advise came from Coach Kim when he said "Don't worry about what happened on the last hole, just focus on each shot one at a time". His best memories came from carpooling to matches with upperclassmen his freshman year, and eating snacks before practices from coaches bag. Kevin thanks his grandparents, mom and dad, and aunts and uncles for watching him play throughout the years. Kevin plans on going to Lansing Community College for two years, then transferring to Michigan State to go to Dental school.

WILL CASTLE

Will played golf his freshman and senior year. He would like to thank Mr. Golzynski for being a great coach across both his sports. His favorite memories of golf are from having fun in practice rounds. Will plans to study computer science at the University of Michigan.



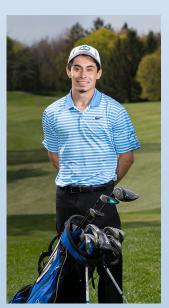
MAX FLAGA

Max is a senior graduating from Lansing Catholic.



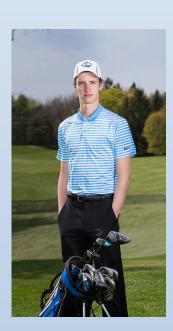
ROBBY FRAZEE

Robby is a senior graduating from Lansing Catholic.



NATHAN GMAZEL

Nathan started playing golf as a senior. He had ran track and field his freshman and sophomore year, but for senior year, decided to play golf. His biggest influence to get back into golf having not played since elementary school was his father. He has enjoyed playing golf even though he has not been playing with the team for very long. Having fun with other players on the team is his favorite part about the golf season. Nathan thanks his family for helping him get back into golf. Nathan plans to study business in college at Northwood University.



GOLF - BIOS





ANGELO GREENBURG

Angelo is glad to be part of the golf team this year. It is his first real season on the team because of COVID. He started playing golf in the Junior Cougar golf program and really enjoys his time on the course. Angelo wants to thank Cliff Farr for teaching him about the game of golf and Mr. G for being a great coach and for making the season fun.

NICKOLAUS JURKOVIC

Nick has been playing golf longer than any sport, and played three out of four years at Lansing Catholic. His biggest influences are his parents, and Coach Mary, Coach G, and Coach Kim. His favorite memories are hanging out with teammates and being the top scorer at a Portland match sophomore year. Nick is going to Kalamazoo College and is pursuing a career in medicine.





CONNOR PROKOP

Connor began playing golf for about a month and he has a strong drive to improve his score. He is hoping the many valuable lessons and memories from golf will never fade away. Of course, he really enjoys hanging out with his friends while out playing a round of golf. Even though he finds every hazard and sand trap, he is on par to improve his game. He thanks his parents, coach, and his cat for being supportive. He plans to study Iceberg Migration Patterns in the Caribbean.

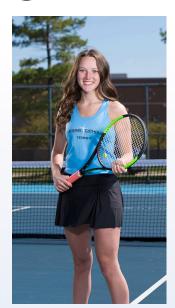
ANDREW WILCOX

Andrew has played golf for six years ever since his father took him and his older brother, Nathan, to a golfing range to see if they had interest in the game. After a few swings it became clear who had the better talent for golf. After that day Andrew has worked very hard to be the best golfer he can be as witnessed by his steady, and continued improvement, and lower score averages year after year. This wouldn't have been possible without the help from his coaches, past and present. Both coach Kim and Coach G have been a tremendous help in getting his golf game to the level it is today.

Andrew would like to thank his parents for their love and support and is grateful for their constant encouragement. He would like to give a special thanks to his grandparents, John and Barb, who took the time to go out and golf with him in the summers and showed up to all his events, rain or shine. The golfing journey hasn't always been easy, but definitely worth it. After graduation Andrew plans to attend Lansing Community College where he will study psychology and history.



TENNIS - BIOS



CLARE CLEMENT

Clare has been playing tennis since her freshman year of high school, and has been playing varsity tennis for the past two years. Her biggest influence is her mom who always pushes her to work her hardest. The best piece of advice she has received is from Coach Sheila, "take each hit one at a time, and focus on getting the ball back over the net." Her favorite memory is cheering on her teammates at all of their matches. Clare wants to thank her parents, coaches, and teammates for their constant support over the years. Clare plans to study political science at Saint Mary's College.

ANNA DELUCA

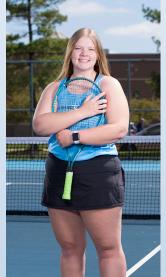
Anna has been playing tennis since her freshman year. She enjoys getting to bond with her team and playing matches with her doubles partner. She would like to thank her parents and coaches for always believing in her and pushing her to do her best. She is going to go to LCC to major in creative writing. She looks forward to starting a new path in her life and taking her high school experiences with her.





ANDREA ENDRES

Andrea is a senior graduating from Lansing Catholic.



NICKI HUFNAGEL

Nicki has been playing tennis for four years, one year on JV and three years on varsity. Some of her favorite memories have been spending time with her teammates at tournaments and games, and joking around at practice. The best advice Nicki received was from her coach, Rebah, who said "you can only control what you can control". She would like to thank her parents and friends for always being her biggest supporters, as well as her coaches, Sheila and Rebah. Nicki plans to attend Michigan State University in the fall and major in accounting. As Sheila would say, "keep swinging!"



TENNIS — BIOS





MADISON KEPROS



Madison is a senior graduating from Lansing Catholic.

MIRANDA LINDBERG

Miranda joined tennis her senior year in hopes of finding a new hobby. Miranda's biggest supporters are her dad and sister, who always make efforts to attend her matches. Miranda enjoys her supporters who help her practice outside of school and within her free time. Miranda is so thankful for her friend who pushed her to join tennis, she will miss their time together in high school sports. Miranda will miss dressing up in warm clothes for cold match days, communicating with her doubles partner in practice, and her coach who treated her like a best friend. Miranda plans to explore the broad subject of science in college.



MEGAN PHAM

Megan has been playing tennis for five years and has played on varsity for the last three years. She wishes to thank her amazing teammates who've made this season the best one yet. Her favorite quote is a saying that her coach frequently reminds the team; "this is my happy place." Megan's most anticipated part of the season every year is playing in the league matches because there is a strong sense of solidarity and enjoyment in the atmosphere. She plans to study psychology on the pre-med track with a business minor at the University of Michigan. Megan also hopes to be able to play tennis as often as possible in her free time.

SOPHIA ST. MARIE

Sophia St.Marie has been playing tennis since middle school and has played on varsity for 4 years. She thanks Coach Mike, Coach Sam, Coach Sheila, Coach Carley and all her other coaches for making her into the player that she is today. Tennis has taught Sophia the importance of making every point count and to not give up when things get challenging. Going to states her freshmen year was her favorite memory and she will never forget the memories that she made with her team. Sophia plans to study nutrition with a minor in public health at Purdue University in the fall. She hopes to continue her tennis career by joining club tennis at Purdue. Boiler Up!



TENNIS — BIOS



SHANNON STEVENS

Shannon started tennis during her senior year, and she has loved every minute of it. The past year, she had been working hard to earn a spot on varsity. She has enjoyed her first season of tennis with her doubles partner Megan and has made so many memories with her new team! She wishes that she had started earlier, because this year has been her favorite sports season ever. Shannon wants to thank Coach Sheila, Coach Mike, and Coach Larke for putting in the extra time to make her a "real" tennis player. She also wants to say, "that it is never too late to try something new". Shannon is going to attend the University of Michigan. She plans to pursue a pre-PA track with a minor in spanish.

CHRISTINA THIEU

Christina is a senior graduating from Lansing Catholic.



J.

LACROSSE — BIOS



ELEANOR WASHBURN

Eleanor has been playing lacrosse for seven years, four of which were spent on the varsity team. She would like to thank all her coaches, past and present, her teammates throughout the years, her mom for always supporting her, and her dad for the stellar hand-eye coordination and hours of practice in the street. Eleanor's favorite high school lacrosse memory was being a part of the school's first winning season team in 2019. Eleanor's advice for the rest of the team is to never take a practice for granted since it can all be gone in a day. Eleanor is grateful for all the lessons she's learned, relationships she's formed, and goals she's scored while being a member of this team. After graduation, Eleanor plans to attend the University of Tennessee where she will study business and Spanish.

LACROSSE — BIOS





VICTOR CIMALA

This is Victor's first year playing lacrosse. His largest influence he has had on him and the sport has been his coach who encouraged him to play the game. Victor plans on attending LCC next year and moving to Florida in the future to study Marine Biology and Oceanography.

WILL GRUBER

Will has been playing lacrosse since the 3rd grade and has played on varsity for three years. His biggest influence in the game is coach Kimball, who has pushed him to be the best player he can be and to love the sport. His advise to younger players would be to cherish every moment you have with the sport and team, because you never know what could happen. Wills favorite memory was getting the game winning goal vs Huron Valley his freshmen year. He will miss having fun with the team at practice and competing next to his teammates during the games. Will wants to thank his grade school coach, Coach Keefer and his high school coaches, coach Jacobs and Coach Kimball, for making him the lacrosse player he is today. Will is playing football at Hillsdale College and plans to study Business.





ANDREW HICKS

Andrew has been playing lacrosse since the fifth grade. Andrew thanks his parents for encouraging him to start playing, his sister for playing alongside him for all those years, and his coaches for always working hard to help him improve. He will miss the fun practices and games and everything in between that makes the team and the season so special. Andrew will be attending Michigan State University where he plans to study accounting.

BRANDON HILLMAN

Brandon has been playing lacrosse since 7th grade. Brandon's advice for younger players is to focus on the basics.....catching and passing and practice daily and everything will come naturally. Brandon wants to thank his parents and sister for all their support and attending his games. Brandon will be attending Michigan State in the fall.



LACROSSE — BIOS



BRENDAN MELLING

Brendan has been playing lacrosse since he was in 6th grade. Brendan's favorite memory of playing lacrosse is spending time with the guys in the CAP center training for the upcoming seasons. Brendan would like to thank the coaches for improving his game and all the effort they put into the program, his parents Mark and Leanne for supporting him at every game, and his teammates for pushing him in practices and 1 on 1's in the offseason. His advice to younger players is to work hard and enjoy every second of time on the field.

JOEY MOONEY

Joey has been playing lacrosse since 6th grade, and has played varsity lacrosse for three and a half years. He would like to thank Coach Kimball, Coach Mike, Adam, and most importantly his parents, for giving up many hours and weekends for him to play lacrosse. Some advice he would give to the younger players is to enjoy this time, and play every game like its your last. Joey's favorite memories is all of them; early morning lifts, late night practices, hard fought games, bus rides with the guys, etc. He loves them all. Next year, Joey will be attending Hope College studying business and continuing his lacrosse career at Hope as well.



JACK SAXTON

Jack has been playing lacrosse since he was in fifth grade. He has played on varsity since sophomore year. He would like to thank his parents for always supporting him and driving him to practices and games when he could not do so himself, and taking him to tournaments in the summer. He would also like to thank Coach Kimball for helping develop him as a player as well as a good person. Jack's favorite memories are hanging out/getting meals with his teammates after workouts and games. Jack plans to major in engineering at the University of Dayton in the fall.



JACOB SMITH

Jacob has been playing lacrosse for 9 years and has been on varsity for four years. Some of his favorite memories come from the bus rides to and from games. Jacob would like to thank his teammates, coaches, and parents for all the support. Jacob plans on attending Essex community college to continue his academic and athletic carrier. His advice to young players is to work hard in the classroom and on the field.



LACROSSE — BIOS





JACKSON VUKOVIC

Jackson is a senior graduating from Lansing Catholic.





THOMAS GIANIODIS

I am going to MSU and I am undecided with what I would like to study. I have ran track under coach Simpson since 7th grade. My favorite memory is long runs with the distance team, and breaking 5 in the mile. I would like to thank my parents and Coach Simpson for being there through cross country and track, and always pushing me.



Jacob is a senior graduating from Lansing Catholic.



NOEL SPENCE

Noel is a senior graduating from Lansing Catholic.









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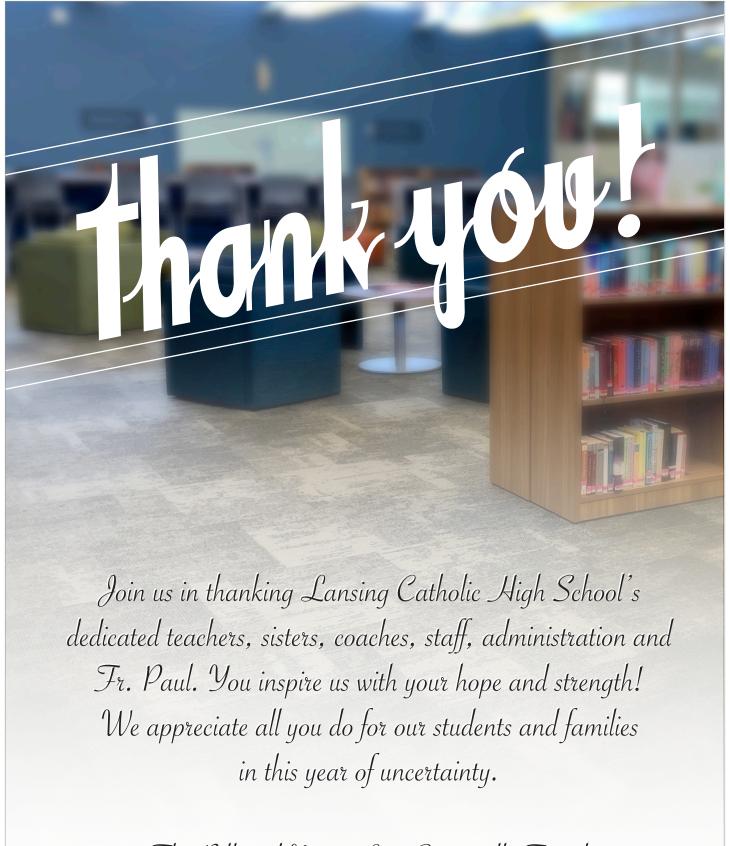


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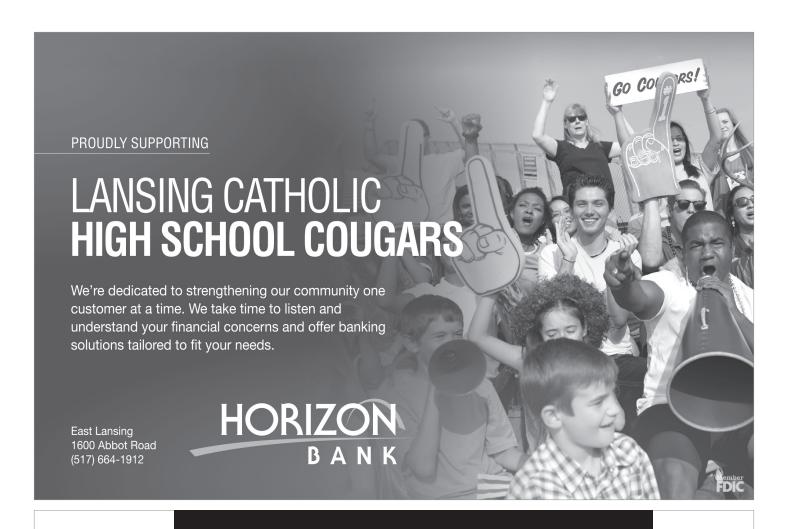
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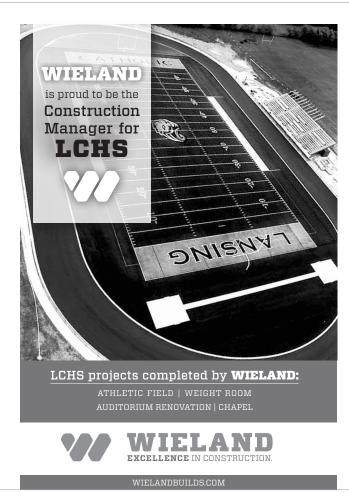


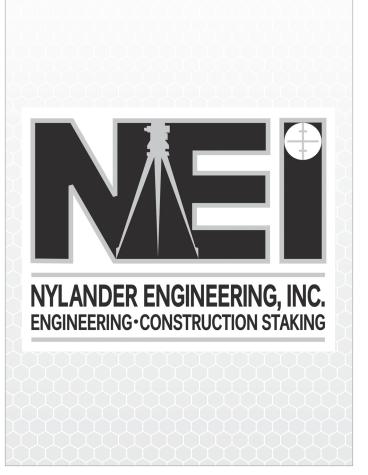


GO COUGARS!

from Jerry and Amy McKenna











GOLF ─ BOYS ─ VARSITY



MATT GOLZYNSKI HEAD COACH

Matt is beginning his first year as the dean of students at Lansing Catholic high school. Previous to that he spent eight years in the social studies classroom. He is the National Honor Society advisor and the boys varsity tennis coach for the last three years. This is his sixth year with the golf program

and the first year as the varsity head coach. Matt's goal as a head coach is to help the boys become better golfers, but more importantly better young men while helping them in their path to become disciples of Jesus Christ.



MIKE MCGINNITY
ASSISTANT COACH

PLAYER ROSTER

| Kevin Biergans | Senior |
|-------------------|-----------|
| Will Castle | |
| Max Flaga | Senior |
| Robby Frazee | |
| Nathan Gmazel | Senior |
| Angelo Greenburg | Senior |
| Nickolas Jurkovic | |
| Connor Prokop | Senior |
| Andrew Wilcox | Senior |
| Andrew Hart | |
| Will Mansfield | Junior |
| Christian Rule | |
| Sam Murphy | Sophomore |
| Tomas Rampe | |
| Ethan Rule | |
| Matthew Watkins | Sophomore |
| Paul Watson | Sophomore |
| Jack McGinnity | |
| Gabe Mullaney | |
| Kevin Peck | Freshman |

SCHEDULE

| ☆ 03/27/21 10:00 AM vs LCHS Catholic Invite |
|--|
| ₩ 04/15/21 3:00 PM @ CAAC |
| Jamboree #1 V = ER @ 2:30 JV = Char @ 3:00 |
| 🗐 04/16/21 9:00 AM Judson Scramble @ Glenbrier |
| □ 04/19/21 1:00 PM vs Lansing vs Kazoo@Calderone |
| 🖨 04/22/21 3:00 PM vs CAAC @ Charlotte |
| V @ 3:00 pm: JV at ER 2:30 pm |
| 扁 04/24/21 9:00 AM Perry Invite - Dicks Sporting Goods |
| 扁 04/28/21 9:00 AM REDWING INVITATIONAL - JV |
| 扁 04/29/21 12:00 PM vs CAAC @ Sexton |
| 🖨 04/30/21 9:00 AM @ Mason Optimist Invite |
| 🖨 05/03/21 9:00 AM vs Holt Varsity Invite @ Eldorado |
| ☆ 05/06/21 1:30 PM vs CAAC |
| Jamboree at Groesbeck |
| 🗐 05/07/21 9:00 AM @ REDWING INVITATIONAL |
| 🗐 05/12/21 3:30 PM vs CAAC Jamboree @ Ionia |
| 🗐 05/17/21 2:30 PM vs CAAC Jamboree @ Portland |
| □ 05/19/21 9:00 AM vs Lansing Christian Invite |
| @ Hawk Hollow coach meet 8:30 |
| 🗐 05/20/21 9:00 AM @ Holt 18 hole JV invite |
| □ 05/25/21 10:00 AM vs CAAC League Meet @ Ionia |
| Emerald Golf Course |

★ Home Game Away Game

□ 05/31/21 9:00 AM MHSAA Regionals □ 06/11/21 9:00 AM MHSAA finals

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

GOLF RECORDS

| VARSITY 18 | B-HOLE TEAM RECORDS | VARSITY 1 | 8-HOLE INDIVIDUAL RECORDS |
|------------|--|-----------------------------------|---|
| 286 (+2) | vs Mason (8/17/05) @ Groesbeck (Par 71 Eric Lilleboe (65), Pete Tomkie (73), Sean | 65 (-6) | Eric Lilleboe vs Mason (8/17/05) @ Groesbeck (Par 71) |
| 291 (+3) | Courtney (73), Ben Setas (75) in the 2005 EL Fall Classic (8/22/05) @ MSU | 68 (-4) | Jacob Johnson in the 2013 EL Invitational (4/22/13) @ Walnut Hills CC (Par 72) |
| | Forest Akers East (Par 72), Eric Lilleboe (70), Pete Tomkie (73), Ben Setas (74), Tony Kovac | 68 (-4) | Eric Lilleboe in the 2004 Redwing Invitational (8/15/05) @ The Emerald (Par 72) |
| 292 (+4) | (74) in the 2004 Redwing Invitational (8/20/04) | 68 (-4) | Pete Tomkie in the 2003 EL Fall Classic (8/18/03) @ MSU Forest Akers East (Par 72) |
| | @ The Emerald (Par 72), Pete Tomkie (71), Eric Lilleboe (72), Bobby Mooney (73), Sean Courtney (76) | 68 (-4) | Eric Lilleboe in the 2004 Redwing Invitational (8/15/05) @ The Emerald (Par 72) |
| VARSITY 9- | HOLE TEAM RECORDS | 68 (-2) | Patrick Staudt in the 2008 MHSAA District (5/22/08) @ Gratiot CC (Par 70) |
| 138 (-6) | in the CAAC III Jamboree (9/22/05) @ Brookshire (Front Nine - Par 36), Eric Lilleboe (34), Sean Courtney (34), Pete Tomkie (35), | 69 (-3) | Jacob Johnson in the 2012 MHSAA District (5/13/12) @ Yarrow Golf Club (Par 72) |
| 139 (+3) | Ben Setas (35), Tony Kovac (35) in the CAAC III Jamboree (9/8/05) @ | 69 (-3) | Polo Hourani in the 2001 Mason Invitational (8/17/01) @ MSU Forest Akers East (Par 70) |
| 139 (13) | Wheatfiled Valley (Front Nine - Par 34), Eric Lilleboe (33), Sean Courtney (34), Pete Tomkie (35), Tony Kovac (37) | 69 (-3) | Wayne Mueller vs Everett @ Groesbeck (1986) |
| 140 (-4) | vs Charlotte (9/20/04) @ Groesbeck, (Back | VARSITY 9-HOLE INDIVIDUAL RECORDS | |
| | Nine - Par 36), Eric Lilleboe (33), Pete Tomkie (35), Sean Courtney (36), Tony Kovac (36) | 32 (-4) | Eric Lilleboe vs Mason (8/17/05) @ Groesbeck (Back Nine - Par 36) |
| 145 (+1) | in the CAAC III Jamboree (9/14/06) @ Wheatfield Valley (Back Nine - Par 36), Sean Courtney (35), Aaron Nichols (35), Ben Setas (36), Mike Murray (39) | 32 (-4) | Alan Nicholson vs Jackson Northwest/ Okemos (9/7/00) @ MSU Forest Akers East (Back Nine - Par 36) |
| 145 (+1) | in the CAAC III Jamboree (9/9/04) @ Groesbeck (Back Nine - Par 36), Eric Lilleboe | 32 (-3) | Ben Setas vs Mason (8/23/06) @ ElDorado (White Nine - Par 35) |
| | (33), Sean Courtney (35), Pete Tomkie (38), Jeff Klein (38) | 32 (-3) | Wayne Mueller vs Everett (1986) @ Groesbeck (Old Back Nine - Par 35) |
| 145 (+1) | vs Mason (9/6/01) @ Groesbeck (Back Nine - Par 36), Chris Johnson (33), Sean King (35), Polo Hourani (36), Zack Cole (41) | 33 (-3) | Brent Marshall in the MHSAA District (5/23/14) @ The Emerald (Back Nine - Par 36) |
| 148 (+4) | in the CAAC III Jamboree (9/16/04) @ Brookshire (Front Nine - Par 36), Adam Beachnau (36), Pete Tomkie (37), Tony Kovac | 33 (-3) | Brent Marshall in the MHSAA State Finals (6/14/13) @ Bedford Valley GC (Back Nine - Par 36) |
| 144 (+5) | (37), Eric Lilleboe (38) in the CAAC White Jamboree (4/17/14) @ | 33 (-3) | Eric Lilleboe vs Charlotte (9/20/04) @ Groesbeck (Back Nine - Par 36) |
| (2) | Willow Creek GC (Par 35), Niko Voutsaras (35), Adam Elias (35), Owen Rush (36), Brent | 33 (-3) | Eric Lilleboe in the CAAC III Jamboree (9/9/04) @ Groesbeck (Back Nine - Par 36) |
| | Marshall (39) | 33 (-3) | Pete Tomkie in the 2003 EL Fall Classic (8/18/03) @ MSU Forest Akers East (Front Nine - Par 36) |
| | | 33 (-3) | Chris Johnson vs Mason (9/6/01) @ |

Groesbeck (Back Nine - Par 36)

GO COUGARS!

Educational Outfitters

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ST. JOHN PAUL THE GREAT LEGACY SOCIETY

The St. John Paul the Great Legacy Society was formed to recognize those alumni and friends who have shown generosity and foresight by making planned or deferred gifts to Lansing Catholic High School. Members of the Lansing Catholic High School Legacy Society have made outright bequests in their wills, or have made other planned gifts such as life insurance, real estate, or retirement assets. Consider "adopting" Lansing Catholic High School as one of your children in your estate plan.

Visit www.lansingcatholic.org, call 517-267-2114 or email give@lansingcatholic.org for more details.





术 TRACK AND FIELD — BOYS





TIM SIMPSON HEAD COACH

Coach Simpson enters his 26th year with the track program at Lansing Catholic. He was an outstanding runner in high school and continued his career at Michigan State. He is looking for another strong season this year after the great successes of last vear.

MELISSA NELSON ASSISTANT COACH



DANA SPENCE FIELD EVENTS COACH

Coach Spence is the current jumps coach for the Lansing Catholic Track & Field program. This is his third year coaching in the track & field program at the high school level after spending multiple years coaching in the Catholic Youth League. Coach received a BS degree in chemistry from Grand

Valley State University and a PhD from Michigan State University. A major objective for this year is to have more scoring at league meets, win the league championship, and have multiple medal winners at regionals. Dana and his wife Diane, a teacher at St Thomas Aguinas Parish School, have 4 children, 3 of whom are on the LCHS team this season.

🕏 TRACK AND FIELD — BOYS

BEN MONROE

SPRINTER'S COACH

Coach Monroe is in his fifth season as the sprint, relay, and throws coach having coached previously at DeWitt and Ann Arbor Huron High Schools. A 2008 Lansing Catholic grad, he continued his academic and track career as a sprinter at Lake Superior State University where he received his degree in fire science, homeland security, and coaching. Coach Ben enjoys helping athletes achieve their own goals, helping them reach their fullest potential, and gain knowledge in their sport. Goals for this season include scoring many points at the league meet, being competitive at the regional meet, and defending our state championship in the men's 1600-meter relay. Coach and his wife Brittany are expecting their first child due in August.



TOM FAES HURDLES COACH

Coach Faes is in his fifth season as the hurdling coach for all hurdling events. Our goals this year are for the hurdlers to place in league meets, improve at our speed and strides between hurdles using strength training, core and sheer speed. Coach enjoys helping athletes achieve their own fun level

of skill through health, and their confidence through selfdrive. Tom and his wife Martha have two children who are active athletes and students.

PLAYER ROSTER

| Senior |
|-----------|
| Senior |
| Senior |
| Junior |
| Junior |
| Īunior |
| Junior |
| Junior |
| Junior |
| Īunior |
| Junior |
| Junior |
| Junioı |
| Sophomore |
| Freshmar |
| |

SCHEDULE

© 03/27/21 8:00 AM Jim Gardiner Catholic Schools Invite - Aquinas College

★03/30/21 4:30 PM vs Hastings HS Duel Meet

☆04/13/21 4:30 PM vs Portland HS

☆04/17/21 9:00 AM vs TBA LCHS Relavs

🚍 04/20/21 4:30 PM @ Multiple Opponents Tri Meet

★04/26/21 4:30 PM vs Ionia HS

□ 04/30/21 4:30 PM @ Mason HS (Mason)

🗬 05/04/21 4:30 PM @ Eaton Rapids HS

扁 05/07/21 9:00 AM @ Shepherd HS

扁 05/20/21 4:30 PM MHSAA Regional 20th-22nd

🗬 05/26/21 3:30 PM @ Lansing Sexton H.S.

CAAC League Meet

★ Home Game Away Game

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

Congratulations to Sam Matias on his selection to the MHSAA Student Advisory Council

From the MHSAA: The Student Advisory Council is a 16-member group which provides feedback on issues impacting educational athletics from a student's perspective, and also is involved in the operation of Association championship events and other programming. Members of the Student Advisory Council serve for two years, beginning as juniors.

Sam shared in an email to Mr. Wolcott, "Mr. Frushour just FaceTimed me to inform me, and I was absolutely pumped to hear this news. I want to thank you for giving me the opportunity to become a part of this important council, and I assure you that I will use my gifts and leadership to make the right choices over the next few years. Many good things will come from this, and I am very proud to have made it to this position."



🖈 TRACK AND FIELD — GIRLS





TIM SIMPSON HEAD COACH

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MELISSA NELSON ASSISTANT COACH



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★ TRACK AND FIELD — GIRLS

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TOM FRES
HURDLES COACH

Coach Faes is in his fifth season as the hurdling coach for all hurdling events. Our goals this year are for the hurdlers to place in league meets, improve at our speed and strides between hurdles using strength training, core and sheer speed. Coach enjoys helping athletes achieve their own fun level

of skill through health, and their confidence through selfdrive. Tom and his wife Martha have two children who are active athletes and students.

PLAYER ROSTER

| Honorine Akono | Junior |
|-------------------|-----------|
| Nora Coffey | |
| Adela Migan | |
| Olivia Perez | |
| Bri Tennes | |
| India Doerr | |
| Ella Dunsford | Sophomore |
| CC Jones | Sophomore |
| Elena Mullaney | |
| Hannah Pricco | |
| Zee Simpson | Sophomore |
| Emmie West | Sophomore |
| Chroma Okeke | Freshman |
| Tessa Roe | Freshman |
| Allison Spence | |
| Mary Tennes | Freshman |
| Amalia Villarreal | |

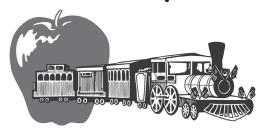
SCHEDULE

- © 03/27/21 8:00 AM Jim Gardiner Catholic Schools Invite Aquinas College
- **☆**03/30/21 4:30 PM vs Hastings HS Duel Meet
- **☆**04/13/21 4:30 PM vs Portland HS
- **★**04/17/21 2:00 PM vs TBA LCHS Relays
- 扁 04/20/21 4:30 PM @ Multiple Opponents Tri Meet
- **☆**04/26/21 4:30 PM vs Ionia HS
- ☐ 04/30/21 4:30 PM @ Mason HS (Mason)
- 🗬 05/04/21 4:30 PM @ Eaton Rapids HS
- 🗐 05/07/21 9:00 AM @ Shepherd HS
- 扁 05/20/21 4:30 PM MHSAA Regional 20th-22nd
- 扁 05/26/21 3:30 PM @ Lansing Sexton H.S.
- CAAC League Meet

★ Home Game Away Game

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

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INDIVIDUAL STATE CHAMPIONS

| 2016-17 | Noah Alvarado, 1600m relay 3:23:56 | 2007-2008 | Pat Duda, Golf |
|-----------|---|------------|--|
| | Konnor Maloney, 1600m relay 3:23:56 | | Jamaal Tarpeh – Fall, #4 singles |
| | Konnor Maloney, 400 :48:63 | 2006-2007 | Matt Kuch/ Aaron Nichols – Fall, #4 doubles |
| | Ryan Ruiter, 1600m relay 3:23:56 | | Matt Kuch/ Brian Japinga – Spring, |
| | Ryan Schroeder, 1600m relay 3:23;56 | | #2 doubles |
| | Olivia Theis, 1600 4:50:10 Olivia Theis, 3200 10:30:49 | | Peter Lindman/ Andrew Campbell – Fall, #1 doubles |
| | Olivia Theis, XC | 2004-2005 | Jordan O'Neil – Spring, #1 singles |
| 2014-15 | Keenan Rebera, XC | 2003-2004 | Allison Strouse, 200m, 400m relay |
| | Kennan Rebera, 1600m | | Liz Watson, 400m relay |
| 2013-14 | Keenan Rebera, XC | | Liz Hart, 400m relay |
| | Jacqueline Setas, Golf | | Erin Sachau, 400m relay |
| | Keenan Rebera, 3200m | 2002-2003 | Jocelyn Marks, 200m relay |
| 2012-13 | Keenan Rebera, 3200m | | Rennee Rademacher, 200m relay, |
| 2011-12 | Peter Murray/ Jake Johnson, #1 doubles | | 400m relay |
| | Zach Zingsheim, XC | | Erin Sachau, 200m relay, 400m relay |
| | Dan Liesman, Shot Put | | Allison Strouse, 200m relay, 400m relay |
| | Zach Zingsheim, 800m, 800m relay, | | Amanda Strouse, 400m relay |
| | 1600m relay, 3200m relay | 2001-2002 | Justin Murray- Golf |
| | Joe Marrah, 3200m relay | 2000-2001 | Kevin Boraenski- Fall, #1 singles |
| | Austin Winter, 3200m relay | 1999-2000 | Rachel Kirvan, 1600m, 800m relay |
| | Jimmy Hicks, 1600m relay, 3200m relay | | Lynn Gratz, 800m relay |
| | Connor Caporale, 800m relay, 1600m relay | | Stephanie McKenna, 800m relay |
| | Matt Macksood, 800m relay, 1600m relay | | Katie Chenoweth, 800m relay |
| | Cedric Lee, 800m relay | 1997-1998 | Jeff Irish, Golf |
| | Calla Ramont, #3 singles | 1995-1996 | Bryan Payne, #4 singles |
| 2010-11 | Peter Murray/ Greg Waddell – Fall, #1 doubles | 1991-1992 | Amanda Rabideau, #4 singles Christina Spadafore, #2 singles |
| | Paul Heeder – Fall, #1 singles | 1986-1987 | Wayne Mueller, Golf |
| | Connor Caporale, 200m relay | 1980-1981 | George Manson, Wrestling |
| | Matt Macksood, 200m relay | 1971-1972 | Rex Bane, Wrestling |
| | Zach Zingsheim, 200m relay | 197 1-1972 | Rex barre, Wresting |
| | Aaron Wilson, 200m relay | | |
| 2009-2010 | Sam Reedy/ Greg Waddell – Fall, #2 doubles | | |
| 2008-2009 | Adam Setas/ Michael Maddalena – Fall, #3 doubles | | |
| | Peter Murray/ Adam Parker – Fall, #2 doubles | | |
| | Sam Reedy/ Greg Waddell – Fall, #4 doubles | | |
| | | | |



TEAM STATE CHAMPIONS

2019-2020 Football

2017-2018 Girls Cross Country

2015-2016 Boys Cross Country

2014-2015 Boys Golf

2013-2014 Boys Golf

2012-2013 Boys Golf

Girls Golf

2011-2012 Girls Golf

Boys Track

2007-2008 Boys Basketball

2005-2006 Boys Golf

2004-2005 Boys Golf

2001-2002 Boys Golf

1995-1996 Baseball

Girls Basketball

1986-1987 Boys Golf

1985-1986 Football

1975-1976 Hockey

1974-1975 Hockey



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TENNIS — GIRLS — VARSITY



TENNIS — GIRLS — VARSITY



SHEILA TANSEY JOHNSON HEAD COACH

Sheila Tansey Johnson is the fourth year head coach for the Cougar varsity team. A Todd Martin Youth Leadership Tennis Program Consultant, Coach Tansey Johnson previously taught Heath and Wellness as well as Tennis at Macomb

Community College. She is a graduate of MSU with an MS in exercise physiology, a former MSU Varsity Golfer and an LPGA Professional.

CARLY KOSKI

ASSISTANT COACH

PLAYER ROSTER

| Clare Clement | Senior |
|------------------|-----------|
| Andrea Endres | Senior |
| Ava Foster | Junior |
| Marie Hayward | Junior |
| Nicki Hufnagel | Senior |
| Megan Pham | Senior |
| Mariana Prieto | Freshman |
| Anna Riehl | Freshman |
| Sophia St. Marie | Senior |
| Shannon Stevens | Senior |
| Christina Thieu | Senior |
| Gwen Zakhem | Sophomore |
| Anna DeLuca | Senior |
| Eva Eyde | Freshman |

SCHEDULE

♦ 04/20/21 4:00 PM vs Multiple Opponents

🗐 04/21/21 4:00 PM vs St. Johns HS V/JV Away

□ 04/22/21 4:00 PM vs Ionia HS

★ 04/27/21 4:00 PM vs Eaton Rapids HS

□ 04/29/21 4:00 PM vs OPEN

🗐 05/04/21 4:30 PM vs Portland HS V and JV

★ 05/06/21 8:00 AM vs CAAC League Meet

05/08/21 8:00 AM vs DeWitt HS Quad

☆ 05/11/21 4:00 PM vs West Catholic H.S.

☆ 05/11/21 4:00 PM vs West Catholic H.S.

↑ 05/14/21 4:00 PM vs Lansing Eastern HS

□ 05/20/21 TBA vs TBA MHSAA Regionals

★ Home Game Away Game

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.





TENNIS — GIRLS — JUNIOR VARSITY





TENNIS — GIRLS — JUNIOR VARSITY



RAQUEL SADLER HEAD COACH IV AND ASSISTANT COACH VARISITY

Coach Koski attended Dewitt High School and is currently a sophomore nursing major at Michigan State. This is her third year of coaching and she is beyond grateful for the experience! Coach Koski is looking forward to seeing all the improvement over the course of the season.

COUGAR/rick

PLAYER ROSTER

| Fabiola Bigirmana | Freshman |
|----------------------------|-----------|
| Hannah Bradford | Sophomore |
| Sarah Corey | Sophomore |
| Elsie Gustafson | Freshman |
| Savannah Hayward | Freshman |
| Ava Hudson | Freshman |
| Madison Kepros | Senior |
| Phuong Le | Sophomore |
| Miranda Lindberg | Senior |
| Amy Magaway | Sophomore |
| Elianne Nishimwe | Freshman |
| Makayla Pham | Freshman |
| Yasmin Rodriguez Velazquez | Freshman |
| Emma Seabury | Freshman |
| Annie Tietsort | Freshman |
| Dylan Wohlfert | |

SCHEDULE

| ♠ 04/20/21 4:00 PM vs Multiple Opponer |
|--|
|--|

□ 04/21/21 4:00 PM vs St. Johns HS

□ 04/22/21 4:00 PM vs Ionia HS

☆ 04/27/21 4:00 PM vs Eaton Rapids HS

□ 04/29/21 4:00 PM vs OPEN

05/04/21 4:30 PM vs Portland HS

☆ 05/06/21 8:00 AM vs CAAC League Meet

□ 05/08/21 8:00 AM vs DeWitt HS

♠ 05/11/21 4:00 PM vs West Catholic H.S.

☆ 05/11/21 4:00 PM vs West Catholic H.S.

☆ 05/14/21 4:00 PM vs Lansing Eastern HS

■ 05/20/21 MHSAA Regionals

★ Home Game Away Game

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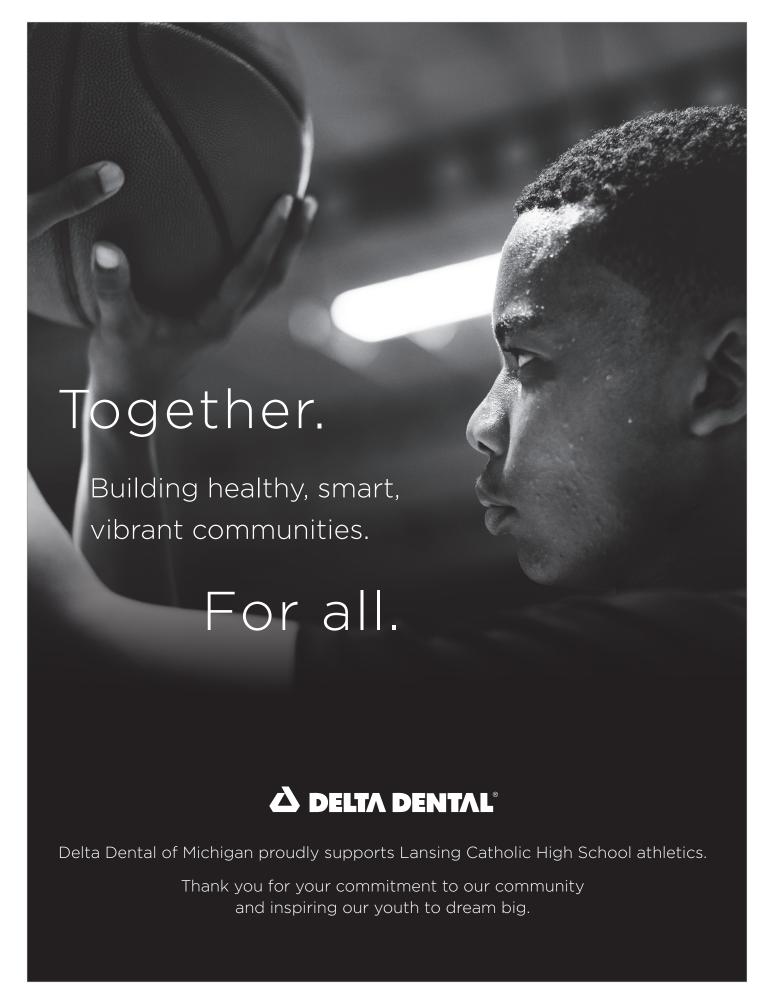
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🎤 LACROSSE — BOYS — VARSITY



LACROSSE — BOYS — VARSITY



RICH KIMBALL HEAD COACH

Coach Kimball is entering his tenth year as head coach, after assist coaching for three years, he began head coaching in 2016. His coaching credentials include seven years as a high school coach in New England and seventeen years as the head coach of the Michigan State varsity team, where his teams appeared in the NCAA DI tournament three

times. Coach Kimball was the athletic director at Lansing Catholic for the eight years. He lives in East Lansing with his awesome wife Mary who encourages him to pursue his passion for coaching lacrosse.



MAX LINSCOTT ASSISTANT COACH

JUSTIN TRIMASSISTANT COACH

Coach Trim enjoys coaching the lacrosse team and is looking forward to a great season.

PLAYER ROSTER

SCHEDULE

- 扁 03/27/21 12:30 PM @ Lakeview-Battle Creek
- ♠ 03/31/21 7:00 PM vs Grandville HS
- **♦** 04/20/21 5:30 PM vs East Lansing HS
- **☆** 04/22/21 7:00 PM vs Grand Ledge HS
- ↑ 04/24/21 1:00 PM vs Bloomfield Hills HS
- **☆** 04/27/21 7:00 PM vs Haslett HS
- 🗐 04/29/21 7:00 PM @ Okemos HS
- 扁 05/01/21 12:00 PM @ Vicksburg HS
- 扁 05/04/21 6:00 PM @ DeWitt HS
- □ 05/06/21 6:00 PM @ Holt HS
- **☆** 05/08/21 11:00 AM vs Midland HS
- ♠ 05/12/21 TBA vs TBA CAAC Tournament
- ♠ 05/13/21 TBA vs CAAC Tournament Round
- ♠ 05/18/21 7:00 PM vs Grand Blanc HS
- ♠ 05/26/21 TBA vs TBA MHSAA Regional Lacrosse
- ♠ 05/27/21 TBA vs TBA MHSAA Regional
- **↑** 06/01/21 TBA vs TBA MHSAA Regional Final
- **★** 06/04/21 6:00 PM MHSAA Quarterfinal

★ Home Game Away Game

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LACROSSE — GIRLS — VARSITY



LACROSSE — GIRLS — VARSITY



STEPHANIE HILKER

HEAD COACH

Coach Hilker is entering her second year as the varsity head coach for the Lansing Catholic Womens Lacrosse team. She is a graduate of Ave Maria University in Florida where she played Lacrosse as a Midfielder for 4 years and served as a Team Captain for two years. Coach Steph is also a CrossFit athlete and competed in

the 2021 CrossFit open for her gym. Her favorite thing about being a coach is seeing athletes become the best version of themselves through sport.

MIKE EIDELBES

ASSISTANT COACH

PLAYER ROSTER

| Senior |
|-----------|
| Senior |
| Junior |
| Junior |
| Sophomore |
| Freshman |
| |

SCHEDULE

🗐 04/15/21 6:00 PM @ St. Johns HS

□ 04/22/21 5:30 PM @ Grand Ledge HS

☐ 04/27/21 6:00 PM @ Haslett HS

☆04/29/21 7:00 PM vs Okemos HS

□ 05/01/21 1:00 PM @ Harper Creek HS

☆05/04/21 7:00 PM vs DeWitt HS

☆05/06/21 7:00 PM vs Holt HS

☆05/07/21 6:00 PM vs Harper Creek HS

□ 05/12/21 7:00 PM CAAC Tournament

₽ 05/14/21 7:00 PM CAAC Tournament Round 2

★Home Game Away Game

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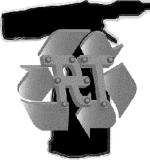


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