

LANSING CATHOLIC
COUGARS



FALL 2021





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**LET'S GO
COUGARS!**



KRYSTYN SCHMERBECK
PRINCIPAL

Welcome to Lansing Catholic, Home of the Cougars!

The beauty of a vibrant athletics program is the way it enriches students' lives by providing opportunities for each athlete to strive for greatness! Our patron, Saint John Paul the Great, reminded us not to settle for mediocrity. This advice points us toward the deep longing for something great, a desire to serve a purpose beyond ourselves. Participation in athletics teaches young people about endurance, perseverance, teamwork and recovering from mistakes. Each of these qualities pours over into intellectual and spiritual formation.

Moreover our student athletes not only provide a wonderful example of working hard and playing hard, but they are a light to our community through the generosity of their service. That same spirit is evident through our coaches, faculty, staff and most especially our parents who volunteer to feed teams and serve guests in a variety of ways. Without the extraordinary charity of our Lansing Catholic community in time, talent and treasure, we would not see such outstanding witness to the words of St Paul (cf. 1 Cor 5:26-27). Our Cougars do not run aimlessly, but instead train mind, body and soul for eternal success.

We are excited to celebrate all the competitions we host here and hope that you enjoy your time on our campus! God bless & Go Cougars!

Sincerely,

Krystyn Schmerbeck

Principal



KEN HINTZE
ATHLETIC DIRECTOR

Welcome to the 2021-2022 school year! I feel great privilege writing this letter for the first time as your Athletic Director. This first year has already been quite the adventure! When I reflect on the mountains and valleys from the 2020-2021 school year, a quote from our Patron Saint John Paul II comes to mind.

“Sports contribute to the love of life, teaches sacrifice, respect, and responsibility, leading to the full development of the human person.”
- St. John Paul II

Seeing students smile again, laugh easier, and love life a little fuller has brought such joy this year. Many have taken sports for granted in the past, myself included, however, through the lens of COVID-19 I have found a focal point: togetherness. We are all a family at Lansing Catholic, we are Cougar Nation!

As I move into my 6th year here at LCHS and 1st year as Athletic Director, I look forward to leaving the struggles of last year in the rearview mirror, and keeping championships on the horizon.

Let's have an incredible year; and, as always, GO COUGARS!!

Yours in Christ,

Ken Hintze

Athletic Director

PS. Please welcome our new additions to the Athletic Department!

Taylor Parker - Assistant Athletic Director

Kerri Wilcox - Athletics Secretary

Marcus Kirkpatrick - Junior Cougars



FR. JOSEPH CAMPBELL
CHAPLAIN

Welcome to Lansing Catholic High School! What a blessing to be able to have in-person learning this fall. If there is anything the last two years have taught us, it's that we cannot take anything for granted. We're so glad to be able to welcome students to our athletic programs as well. Athletic competition has been a part of human society from ancient times. Even the bible uses athletic metaphors frequently when speaking of our faith. Just one of many examples is Hebrews 12 verse 1: "Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith." Whenever we are part of cougars athletic events—either as an athlete or a spectator—let's not forget that the true competition is the "race" for eternal life. In this competition, we are not competing against God but against the pressures of the world, our own sinfulness, and the works of the evil one. None of us is a spectator in this great spiritual battle. Just as athletes train and discipline themselves, Jesus invites us to train and discipline our spiritual lives so that we may be prepared for this battle. "Every athlete exercises self-control in all things. They do it to receive a perishable crown, but we an imperishable" (1 Corinthians 9:24). Let's work hard at our studies and our athletic competition this year. But above all, may we run so as to win the crown of everlasting life.

Go Cougars!

Fr. Joseph Campbell

Chaplain

MISSION STATEMENT

The Lansing Catholic High School community forms students spiritually, intellectually, and socially into faithful disciples of Jesus Christ.

TYPE OF SCHOOL

Regional, comprehensive, co-educational Catholic high school

ACCREDITATION

Michigan Association of Non-Public Schools

ADMISSIONS

Based on prior academic, behavior and attendance records; recommendations and admissions review of application

STUDENTS

LCHS serves the varied educational needs of Catholic and non-Catholic youth in the greater Lansing area

SIZE

Students: 422
Student/Teacher Ratio: 13:1
Average Class Size: 17.7

FACULTY

President: 1
Principal: 1
Athletic Director: 1
Dean of Instruction: 1
Dean of Students: 1
Certified Lay Teachers: 31
(18 master's degrees, 1 doctorate degree)
Chaplain: 1
Religious Sisters: 3
High School Counselors: 2
Student Resource Staff: 2

SCHOOL DAY

8:00am-3:10pm (Mon., Tue., Wed., Fri.)
9:00am-3:10pm (Thursday)

FAITH

- Every school day begins and ends with prayer
- All students attend Mass weekly, daily Mass is offered
- Sacrament of Reconciliation and Eucharistic Adoration is offered weekly
- All students attend a school sponsored retreat once per year
- Juniors and Seniors have the opportunity to be retreat leaders and attend our Kairos retreat
- Additional retreats, trips, and events are available for students to grow in their faith throughout the school year

MISSION TRIPS

- Mission Trips are offered during Spring Break and Summer Break to the following locations: Montgomery, Alabama; Beattyville, Kentucky; Logan, West Virginia; Pine Ridge, South Dakota; and Memphis, Tennessee
- 30% of our student body participate in a Mission Trip each year
- Financial Assistance is available to ensure all students who wish to take part in a Mission Trip are able to participate

SERVICE

- 80 hours of community service required for graduation
- Students also participate in numerous school wide service projects, including hosting a mobile food pantry, sponsoring families for Thanksgiving and Christmas, and various collections throughout the year for local charities
- Work-a-Thon is our annual day of service in which students, staff, and parents spend the morning volunteering in the greater Lansing area

CLUBS & ACTIVITIES

Ambassadors	National Honor Society
Art Club	Outdoor Club
Be Love Revolution	Peer Assistance Leaders (PALs)
Discipleship	Prayer Partners
Drama/Musicals	Quiz Bowl
Eucharistic Ministers	Retreat Leaders
Evergreen Club	Robotics
Good Works Crew	Sociedad Honoraria Hispanica
Guardians of the Altar	Spiritual Theme Committee
International Travel	Strings
Intramural Basketball	Student Athletic Trainers
Jazz Band	Student Leadership Team
Lectors	Student Tutors
Mission Trips	Students for Life
Music Ministry	Tabletop Game Club

COUGAR ATHLETICS

Fall Sports: Football, Boys Tennis, Boys Soccer, Girls Volleyball, Boys & Girls Cross Country, Sideline Cheerleading, Girls Golf, Girls Swimming & Diving

Winter Sports: Hockey, Boys Swimming & Diving, Wrestling, Competitive Cheer, Boys & Girls Basketball, Bowling

Spring Sports: Baseball, Softball, Boys & Girls Track and Field, Boys Golf, Girls Tennis, Girls Soccer, Boys & Girls Lacrosse

GRADUATION REQUIREMENTS

Students must successfully complete the following 24 credits:

Theology..... 4.0 credits
English..... 4.0 credits
Mathematics..... 4.0 credits
Science..... 3.0 credits
Social Studies..... 3.0 credits
Fine Arts..... 1.0 credit
Physical Ed..... 0.5 credit
Health..... 0.5 credit
Speech..... 0.5 credit
World Language..... 2.0 credits
Electives..... 1.5 credits

ACADEMIC HONORS

Honors for graduates are determined by the 7th semester cumulative Grade Point Average (G.P.A.) according to this scale:

Summa Cum Laude (3.9 to 4.0)
Magna Cum Laude (3.75 to 3.89)
Cum Laude (3.5 to 3.74)

DUAL ENROLLMENT OFFERINGS

College-level dual enrollment courses vary based on offerings provided by Lansing Catholic university partners.

MEMBER OF LANSING PROMISE SCHOLARSHIP PROGRAM

www.lansingpromise.org

COLLEGE SCHOLARSHIPS & CLASS GRADE POINT

Our 2021 graduates earned over \$5 million in college scholarships. The class grade point average earned by the Class of 2021 was a 3.4.

CONNECT WITH US @LANSINGCATHOLIC



ADVANCED PLACEMENT COURSE OFFERINGS

AP English	AP Spanish	AP Biology
AP Chemistry	AP US History	AP Government
AP European History	AP Calculus AB	AP Art History
AP Computer Science	AP Physics	AP Statistics
AP Macroeconomics	AP Microeconomics	AP World History

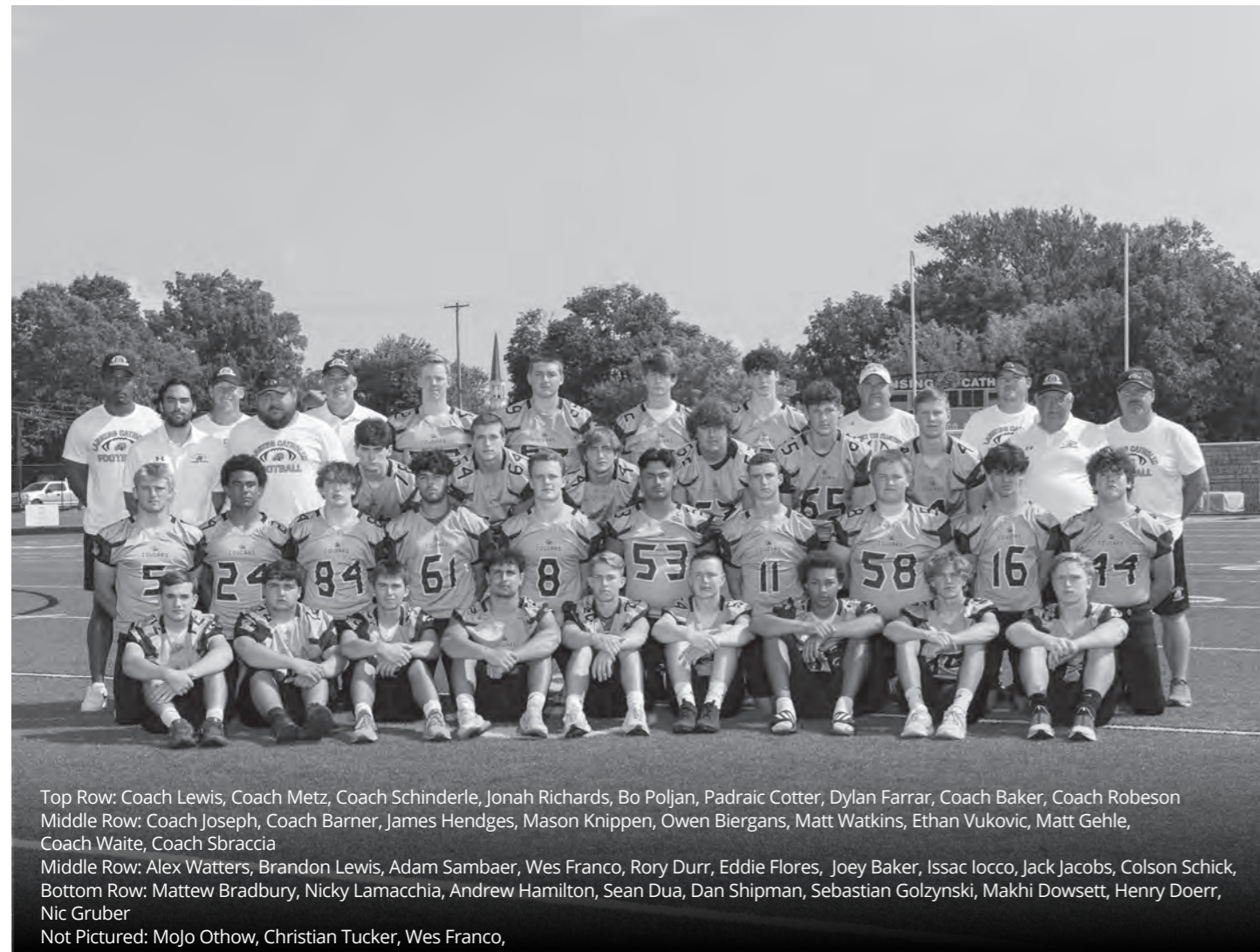
WORLD LANGUAGES

Spanish, French, Latin with more available via Michigan Virtual School

CLASS OF 2021 RECOGNITION

99 percent of our 2021 graduates are continuing their studies. Our 2021 graduates were accepted at the following colleges and universities:

Albion College	Lake Superior State University
Aquinas College	Lansing Community College
Ave Maria University	Lawrence Tech
Belmont University	Loyola University of Chicago
Butler University	Miami University
Central Michigan University	Michigan State University
Colorado State University	Michigan Technological University
Columbia College (Chicago)	MidMichigan College
Cornerstone University	New York Film Academy (LA)
DePaul University	Olivet College
Eastern Michigan University	Northwood University
École Supérieure d'Art du Nord-Pas de Calais	Purdue University
Elon University	Rensselaer Polytechnic Institute
Ferris State University	Saint Mary's College
Furman University	St. Louis University
Gonzaga University	Texas Christian University
Grand Valley State University	University of Alabama
Hampton University (VA)	University of Arizona
Harmel Academy	University of Cincinnati
Heidelberg University	University of Dayton
Hillsdale College	University of Detroit Mercy
Hope College	University of Illinois
Indiana University	University of Michigan-Ann Arbor
Kalamazoo College	University of Nebraska
Kansas State University	University of Tennessee
Kettering University	Virginia Tech
	Western Michigan University



Top Row: Coach Lewis, Coach Metz, Coach Schinderle, Jonah Richards, Bo Poljan, Padraic Cotter, Dylan Farrar, Coach Baker, Coach Robeson
 Middle Row: Coach Joseph, Coach Barner, James Hendges, Mason Knippen, Owen Biergans, Matt Watkins, Ethan Vukovic, Matt Gehle, Coach Waite, Coach Sbraccia
 Middle Row: Alex Watters, Brandon Lewis, Adam Sambaer, Wes Franco, Rory Durr, Eddie Flores, Joey Baker, Issac Iocco, Jack Jacobs, Colson Schick,
 Bottom Row: Matthew Bradbury, Nicky Lamacchia, Andrew Hamilton, Sean Dua, Dan Shipman, Sebastian Golzynski, Makhi Dowsett, Henry Doerr, Nic Gruber
 Not Pictured: Mojo Othow, Christian Tucker, Wes Franco,

COACH ROSTER

- Jim Baker Head Coach
- Hub Waite Asst. Coach
- Nick Baker Asst. Coach
- Aaron Metz Asst. Coach
- Anthony Joseph Asst. Coach
- Vinny Villanova Asst. Coach
- Justice Lewis Asst. Coach
- Pat Barner Asst. Coach
- Michael Fata Asst. Coach
- Dave Sbraccia Asst. Coach
- David Hart Asst. Coach
- Jim Ahern Asst. Coach
- Kelly Carrier Asst. Coach
- Jack Schinderle Asst. Coach

SCHEDULE

- 08/27/21 7:00 PM @ Waverly HS
- 09/02/21 7:00 PM @ Williamston HS
- 09/10/21 7:00 PM vs Lansing Sexton
- 09/17/21 7:00 PM 2 Eaton Rapids HS
- 09/24/21 7:00 PM vs Ionia HS Homecoming
- 10/01/21 7:00 PM vs Portland HS
- 10/08/21 7:00 PM @ Charlotte HS
- 10/15/21 7:00 PM vs Fowlerville HS
- 10/22/21 7:00 PM @ Pewamo-Westphalia HS

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

PLAYER ROSTER

- 4 Matt Gehle Senior
- 5 Alex Watters Senior
- 8 Rory Durr Senior
- 9 Mojo Othow Senior
- 11 Joey Baker Senior
- 13 Dylan Farrar Senior
- 14 Owen Biergans Senior
- 15 Henry Doerr Senior
- 16 Jack Jacobs Junior
- 20 Dan Shipman Junior
- 24 Brandon Lewis Junior
- 25 Christian Tucker Senior
- 31 Andrew Hamilton Junior
- 33 Nic Gruber Junior
- 42 Padraic Cotter Junior
- 48 Makhi Dowsett Junior
- 50 Sean Dua Junior
- 52 Jonah Richards Senior
- 53 Eddie Flores Junior
- 54 Sebastian Golzynski Senior
- 58 Issac Iocco Junior
- 61 Wes Franco Senior
- 62 Matt Watkins Junior
- 63 Colson Schick Junior
- 64 Mason Knippen Senior
- 65 Ethan Vukovic Junior
- 69 Bo Poljan Senior
- 72 Matthew Bradbury Junior
- 74 Nicky Lamacchia Junior
- 79 James Hendges Junior
- 84 Adam Sambaer Junior

FOOTBALL — VARSITY



JIM BAKER VARSITY HEAD COACH

Coach Baker is a graduate of Grand Ledge High School and Western Michigan University. He has been coaching football at LCHS for over 24 years. He is married to Kathy and has four children, Zac, Nick, Tori and Joey.



JIM AHERN

Coach Ahern has been coaching high school football since 1967. This is his 14th year at Lansing Catholic. He was the head coach at Ithaca High School for over thirty years. Coach Ahern spent 13 years here at LCHS as head coach. He has been selected as the Michigan High School Coach of the Year once and is enshrined in the Michigan High School Football Coaches Hall of Fame.

NICK BAKER
ASSISTANT COACH

Nick played four years of football at Lansing Catholic. He graduated from Lansing Catholic in 2017 and is currently a senior at Michigan State University.



PAT BARNER
ASSISTANT COACH

Coach Barner is a graduate of LCHS where he played 4 years of Football, Basketball and Baseball. He then graduated from Olivet College where he also played football. Patrick has been a part of the coaching staff since 2014, and enjoys spending time with his 4 year old daughter, Ryleigh.

MICHAEL FATA
ASSISTANT COACH

Coach Fata is a graduate of Lansing Catholic C08 with letters in football and hockey. He is also a graduate of Central Michigan University (2013) and resides in Grand Ledge with his wife Madeline.

DAVE HART
ASSISTANT COACH

David played four years of football at Lansing Catholic. He graduated from Lansing Catholic in 2017. He is a recent graduate from Michigan State University. David is excited to return for his second season to help with the defensive line.

KELLY CARRIER
ASSISTANT COACH

Coach Carrier is a graduate of Michigan State University and teaches science at Okemos High School. He has coached for over 20yrs for both Okemos and Lansing Catholic. He is married to Mary and has three children, Sebastian, Sam and Maddie.

FOOTBALL — VARSITY



ANTHONY JOSEPH
ASSISTANT COACH

Anthony played four years at DeWitt High School. He graduated from DeWitt in 2018. Anthony is now a senior at Michigan State studying Construction Management. He will be working with the Quarterbacks and wide receivers this fall.



JUSTICE LEWIS
ASSISTANT COACH

Coach Lewis is an LCHS graduate (C17) and was a standout on the Cougar football team (C17). He is excited to return to the program to help his alma mater by working with the offensive line. Justice currently attends Michigan State University.



AARON METZ
ASSISTANT COACH

Coach Metz is a graduate of Brother Rice High School and Saint Joseph's College. He has been coaching football for 20+ years, with 12 years serving as the Head Coach at Howell High School. He is married to Ashley and has five children, Zach, Brady, Sophia, Eloise, and Andrew.



ANDREW ROBESON
ASSISTANT COACH

Coach Robeson played 4 years of football at Lansing Catholic and graduated in 2011 and went on to play football at Saginaw Valley State University. This is Coach Robeson's first year as the Head JV coach and will continue coaching the secondary on varsity.



DAVE SBRACCIA
ASSISTANT COACH

Coach Sbraccia is a graduate of Ferndale High School and Michigan State University. He has been married to Sherry for 20 years and has two children Anthony and Sophia. He is the Uncle of Nathan Biergans (C20), Kevin Biergans (C21) and Owen Biergans (C22).



JACK SCHINDERLE
ASSISTANT COACH

Coach Schinderle graduated from Grand Ledge and Purdue University. This is his first season with the Cougars, He previously coached at Grand Ledge. He has three children with his wife of 34 years, Barb.

VINCE VILLANOVA
ASSISTANT COACH

Coach Vince is a graduate of Saginaw Swan Valley High, class of 2005, where he played 4 years of football. This is his 4th year coaching and really enjoys being apart of the Lansing Catholic family.



HUB WAITE
ASSISTANT COACH

Hub was a member of the Midland High School 1957 State Championship Football Team during his high school career. He has coached 22 years of football at LCHS. He has been married for 54 years to his wonderful wife, Marilyn.

FOOTBALL — VARSITY



BO POLJAN
LSJ DREAM TEAM 2020
OFFENSIVE FOOTBALL PLAYER
OF YEAR FINALIST



ALEX WATTERS
LSJ DREAM TEAM 2020



JOEY BAKER
LSJ ALL AREA



WILL GRUBER
LSJ ALL AREA



BRANDON LEWIS
LSJ ALL AREA



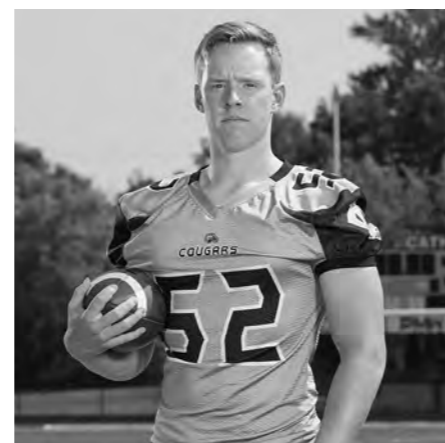
BRONSON ABBOTT
LSJ ALL AREA



MASON KNIPPEN
LSJ ALL AREA



JAKE MALONEY
LSJ ALL AREA



JONAH RICHARDS
LSJ ALL AREA

FOOTBALL — VARSITY

OFFENSIVE TEAM SEASON RECORDS

Most Wins	13	1985, 2011, 2014 and 2019
Most Wins In a Row	15	1985-86
Reg Season Win Streak	22	2009-12
League Titles Outright		1974,80,83,85,91,10,11,12,14
League Titles Shared		1982,84,86,87
Most Shutouts	8	1985
Most Points Scored	606 46.6 avg.	1985
Most Total Yards	6172 474.8 avg.	2011
Most Rushed Yards	2986 230 avg.	1985
Most Passed Yards	4035 310.4	2011
Least QB Sacks Allowed	1	1985
Most Pass Attempts	374	2011
Most Pass Completions	248	2011
Best Completion Avg.	.689 151-219	2018

DEFENSIVE TEAM SEASON RECORDS

Least Points Allowed	33 — 4.1 avg.	1970
Least Total Yds. Allowed	1305 — 163 avg. & 1319 — 101 avg.	1970 & 1985
Least Rush Yds. Allowed	884 — 101.5 avg. & 895 — 99.4 avg.	1973 & 1989
Most Interceptions	30	2014
Most Fumble Recoveries	19	1987
Most Blocked Kicks	5	1975, 85
Most Turnovers Caused	44 — 3.1 avg.	2014
Best Turnover Ratio	+37 3	2014



COACH: JIM AHERN
LSJ ALL AREA

**Joseph Dunn
Insurance Agency**



**GO
COUGARS!**



OFFENSIVE RECORDS 1970-2019

Career Rushing Yards Leaders

Joe Joseph	1984-86	3172 yds	45
Tony Poljan	2012-15	3107 yds	60
Luke Hollis	2000-02	2614 yds	21

Game Rushing Yards Leaders

Marty Castellon	1989	5	ER
Marty Castellon	1989	3	Mason

Career Receiving Yards Leaders

Matt Macksood	2010-11	16/2997	42
Frank Fata	2002-05	1331-1549	13

Game Receiving Yards Leaders

Matt Macksood	2010	11/372 **	4 Ionia
Matt Macksood	2011	11/312	4 Dowagiac
Josh Kramer	2017	11/142	2 Olivet

Career Passing Yards Leaders

Cooper Rush	2009-11	455-734	7254/80
Tony Poljan	2012-15	390-682	6179/59

Game Passing Yards Leaders

Cooper Rush	2011	25-29	541/8 ** Dowagiac
Cooper Rush	2010	18-25	472/6 Ionia

Longest Run

Jack Swain	2010	99 yds **	Albion
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Most Completions in a Row

Cooper Rush	2011	20 **	Dowagiac
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Best Season Completion Average

Josh Kramer	2018	147-209	70.3%
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Career Most Field Goals (FG/Attempts)

Rob Campion	1973-75		8 / 14
Dominic Magaldi	2002-05		5 / 6

Best Punter

Dominic Magaldi	1992	31/1123 yds	36.2 av
Rob Campion	1973-75	122/4341 yds	35.5 av

Career Most Extra Points

Rory Leisman	2011-12	79 / 92	
Jonah Richards	2019-	72 / 75	

Longest Kick Off Return Leaders

Dan Ghannon	1978	98 yds	
Matt Macksood	2010	90	Corunna

Best Kick Off

Dominic Magaldi	1992	18/1017	56.5
Rob Campion	1973/74	65/3033	50.8

Longest Field Goal Leaders

Dominic Magaldi	1992	47	Redford
Rob Campion	1975	37	



DEFENSIVE RECORDS 1970-2019

Career Tackles Leaders

Bob Fata	1983-85	365
Pat Gillespie	1985-87	286

Game Tackles Leaders

Brian Boyer	1994	28
Jim Sinicropi	1971	25

Career Tackles for a Loss

Demond Winston	1984-85	48
Bob Fata	1984-85	36

Game Tackles for a Loss

Bob Fata	1985	6
Andy Dion	2001	6

Season Tackles for a Loss

Bob Fata	1984	21
Demond Winston	1985	18

Career Interception Leaders

Zac Baker	2013-14	16/122 yds
Jack Swain	2010-12	14/318 yds

Game Interceptions

Nine Players — 3		
Josh Kramer — 3	2017	Everett

Season Interceptions

Zac Baker	2014	13 (in 14 games)
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Career Fumble Recoveries

Joe Prichard	2010-11	8
John Back	1998-99	6

Career Blocked Kicks

Mike Repovz	2006-08	3
Tom Vogal	2000	3

Career Quarterback Sacks

Demond Winston	1984-85	17
Jim Sinicropi	1970-71	10

Game Quarterback Sacks

Mike Watson	2003	4.5
Demond Winston	1985	3.5

Season Quarterback Sacks

Demond Winston	1985	12
Jim Sinicropi	1970-71	10

Stats taken by Bill Richardson (williestat.com)

** State Record

COUGGAR

prichard

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 **DELTA DENTAL[®]**

*Delta Dental of Michigan proudly supports
Lansing Catholic High School athletics.*



Top Row: Coach Sbraccia, Coach Joseph, William Nakfoor, Joshua Pritzlaff, Alex Fernandez, Brock Bigger, John Watters, Coach Robeson
 Middle Row: David Magaway, Navier Fleming, Justin Devarona, Delco Rowley, Drew Diehl, Jacob Alvarado, Sean Durr
 Bottom Row: Jack Grill, Braydon Smith, John Hinton, Tyler Rakan, Braden Rabideau, Anthony Edwards, Benjamin Selesky, Evan Ellis

COACH ROSTER

Andrew Robeson Head Coach

ANDREW ROBESON

Coach Robeson played 4 years of football at Lansing Catholic and graduated in 2011 and went on to play football at Saginaw Valley State University. This is Coach Robeson's first year as the Head JV coach and will continue coaching the secondary on varsity.

SCHEDULE

- 08/26/21 6:00 PM vs Waverly HS
- 09/01/21 6:00 PM vs Williamston HS
- 09/09/21 6:00 PM @ Lansing Sexton H.S
- 09/16/21 6:00 PM vs Eaton Rapids
- 09/23/21 6:00 PM @ Ionia HS
- 09/30/21 6:30 PM @ Portland HS
- 10/07/21 6:00 PM vs Charlotte HS
- 10/14/21 6:00 PM @ Fowlerville HS
- 10/21/21 6:00 PM vs Pewamo-Westphalia HS

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

COUGAR *pride*

PLAYER ROSTER

- | | |
|------------------------------------|------------------------------------|
| 1 John Watters..... Sophomore | 40 Benjamin Selesky Freshman |
| 2 Alex Fernandez..... Freshman | 51 William Nakfoor Freshman |
| 3 Braden Rabideau Freshman | 57 John Hinton Sophomore |
| 7 Tyler Rakan Freshman | 60 Joshua Pritzlaff..... Freshman |
| 10 Sean Durr..... Sophomore | 67 Jacob Alvarado..... Sophomore |
| 12 Justin Devarona Sophomore | 70 Delco Rowley..... Freshman |
| 21 Brock Bigger Sophomore | 76 David Magaway..... Freshman |
| 23 Evan Ellis..... Freshman | 77 Anthony Edwards..... Freshman |
| 34 Drew Diehl..... Sophomore | 79 Navier Fleming..... Freshman |
| 35 Braydon Smith Freshman | 88 Jack Grill..... Freshman |



**FAITH
 FAMILY
 TRADITION**

COUSINS • GRANDKIDS • COUGARS

Sam and Judy Eyde



Top Row: Nicole DeLuca, Olivia Voss, Alivia Castle, Nina Hufnagel, Emi Gulock, Ava Wilcox, Coach McMillan
Bottom Row: Hannah Hayes, Isabella Schultz, Cady Kooney, Aubrie Hicks, Hailey Bres, Amy Magaway

KEVIN MCMILLAN
VARSITY HEAD COACH

Kevin McMillan has been involved in volleyball for the past 23 years, as a player, official, and coach. Coach McMillan started his playing career at University of Toledo, where he played club volleyball for the Rockets. In addition he has coached in Michigan since 1998, at the collegiate level (club), in high school, notably at Perry (85-45-6) and Lansing Christian 135-33-13 and three district titles. Kevin is currently the Recruiting Coordinator and National Team Coach for Attack Volleyball Club. His teams have been highly successful over the past several years, posting a program high 3rd place finish in the 17U Division at the 2017 USAV National Championships in Chicago, IL. Kevin has been married to his wife for 18 years, and has a 14 year old son named Joey, and 5 year old daughter, Kyler. Lansing Catholic is excited to welcome Kevin and his family to our LCHS family!



SCHEDULE

- 08/21/21 9:00 AM @ Owosso HS
- 08/28/21 8:00 AM @ TBA Mount Pleasant Sacred Heart
- 08/31/21 6:00 PM vs Charlotte HS
- 09/07/21 6:00 PM vs Portland HS
- 09/14/21 6:00 PM @ Lansing Sexton H.S
- 09/18/21 9:00 AM @ Onsted HS
- 09/21/21 6:00 PM vs Ionia
- 09/28/21 6:00 PM vs Eaton Rapids HS
- 10/02/21 8:00 AM @ Mt.Pleasant HS
- 10/05/21 6:00 PM @ Charlotte HS
- 10/09/21 8:00 AM @ Redwing Invitational
- 10/12/21 6:00 PM @ Portland HS
- 10/14/21 5:00 PM @ Pewamo-Westphalia HS
- 10/16/21 9:00 AM @Ithaca Invite
- 10/19/21 6:00 PM vs Lansing Sexton H.S.
- 10/23/21 9:00 AM @ Williamston Volleyball Tournament
- 10/26/21 6:00 PM @ Ionia HS
- 10/28/21 6:00 PM @ Eaton Rapids HS
- 11/01/21 TBA Playoffs: Districts

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

PLAYER ROSTER

- 1 Hailey Bres..... Senior
- 2 Hannah Hayes Senior
- 3 Aubrie Hicks Senior
- 4 Cady Kooney Junior
- 5 Amy Magaway Junior
- 6 Ava Wilcox..... Sophomore
- 7 Isabella Schultz..... Junior
- 8 Olivia Voss..... Senior
- 9 Emi Gulock..... Junior
- 10 Nina Hufnagel Junior
- 11 Nicole DeLuca..... Junior
- 13 Alivia Castle..... Senior



HAILEY BRES
LSJ DREAM TEAM 2020



MELISSA BEACHNAU
LSJ ALL AREA 2020
MIVCA HONORABLE MENTION
ALL-STATE

TAYLOR PARKER ASSISTANT ATHLETIC DIRECTOR

Taylor Parker graduated from Cass Tech High School in Detroit, Michigan. She played college basketball at Kent State University for two years before transferring to Glenville State College where she helped the Pioneers win two MEC Championships. Parker Graduated from Glenville State with a BS in Exercise Science before being named the Women's Basketball Graduate Assistant at Salem University. While at Salem she also earned her MBA in Sports and Recreation Management. Parker comes to Lansing Catholic after spending a year as an Assistant girls' basketball Coach at Cass Tech High School.



COUGGAR pride

VOLLEYBALL — JUNIOR VARSITY



Top Row: Coach Bumpus, Maken Snitgen, Mary Poljan, Leah Richards, Eleni Lahanas, Addison Charette
 Bottom Row: Marina Taylor, Makayla Paul, Maddie Murphy, Krystyn Hoff, Gabriella Torgeson, Makena Collins

PLAYER ROSTER

- 1 Makena Collins Sophomore
- 2 Eleni Lahanas..... Sophomore
- 3 Gabriella Torgeson..... Sophomore
- 5 Maddie Murphy..... Sophomore
- 6 Krystyn Hoff..... Sophomore
- 7 Addison Charette..... Sophomore
- 8 Mary Poljan..... Sophomore
- 9 Makayla Paul Sophomore
- 10 Leah Richards Sophomore
- 11 Marina Taylor Sophomore
- 12 Makena Snitgen..... Sophomore

SCHEDULE

- 08/31/21 5:00 PM vs Charlotte HS
- 09/07/21 5:00 PM vs Portland HS
- 09/11/21 9:00 AM @ Williamston Tournament
- 09/14/21 5:00 PM @ Lansing Sexton H.S.
- 09/18/21 8:00 AM @ Grand Ledge Tournament
- 09/21/21 5:00 PM vs Ionia HS
- 09/28/21 5:00 PM vs Eaton Rapids HS
- 10/05/21 5:00 PM @ Charlotte HS
- 10/12/21 5:00 PM @ Portland HS
- 10/19/21 5:00 PM vs Lansing Sexton H.S.
- 10/26/21 5:00 PM @ Ionia HS
- 10/28/21 5:00 PM @ Eaton Rapids HS
- 10/30/21 9:00 AM @ Ithaca Invite

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

VOLLEYBALL — JUNIOR VARSITY

HEIDI BUMPUS
 HEAD COACH

This is Heidi's second year coaching the Junior Varsity Volleyball team at Lansing Catholic High School. Heidi has been involved in volleyball for over 20 years as camp director, tournament director, regional rep and coach. From 1995-2016 she coached at Dansville schools 7th-varsity. During that time she also began the youth program which is still ongoing. Heidi lives in Dansville with her husband Steve and has two adult children, Travis and Dakota (Kota).



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VOLLEYBALL — FRESHMEN



Top Row: Coach Bumpus, Kendalyn Busque, Bella Lewis, Gabrielle Pricco, Camille Clement
 Bottom Row: Grace Currie, Sophia Alvarado, Kaitlin Ludwig, Lauren Escojido, Eliza Palinski

PLAYER ROSTER

- 1 Gabrielle Pricco Freshman
- 3 Grace Currie Freshman
- 4 Sophia Alvarado Freshman
- 6 Lauren Escojido Freshman
- 7 Bella Lewis Freshman
- 9 Camille Clement Freshman
- 11 Eliza Palinski Freshman
- 12 Kaitlin Ludwig Freshman
- 14 Kendalyn Busque Freshman

SCHEDULE

- 08/31/21 5:00 PM vs Charlotte HS
- 09/07/21 5:00 PM vs Portland HS
- 09/11/21 9:00 AM @ Howell Tournament
- 09/14/21 5:00 PM @ Lansing Sexton H.S.
- 09/18/21 8:00 AM @ Grand Ledge Tournament
- 09/21/21 5:00 PM vs Ionia HS
- 09/28/21 5:00 PM vs Eaton Rapids HS
- 10/05/21 5:00 PM @ Charlotte HS
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- 10/26/21 5:00 PM @ Ionia HS
- 10/28/21 5:00 PM @ Eaton Rapids HS

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

VOLLEYBALL — FRESHMEN

DAKOTA BUMPUS

HEAD COACH

Dakota (Kota) Bumpus joins the Lansing Catholic volleyball staff as the freshman coach. Dakota has assisted with the freshman team at Dansville. She has assisted with high school and club teams performing setter training sessions. Dakota is excited for the season ahead.



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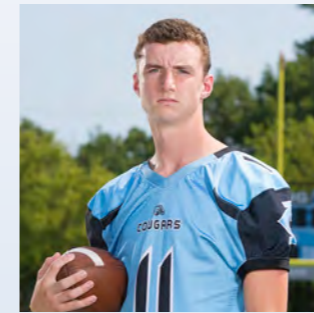
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COUGAR SENIORS 2022



FOOTBALL — BIOS



JOEY BAKER

Joey has been playing football since the car ride home from the hospital, and was on the football field as soon as he could walk. His biggest influence on his game has been his brothers (Zac and Nick) and his dad. They taught him that no matter how many times you get knocked down you have to get back up. His best advice came from his Dad, Jim Baker, "There is nothing better than Friday Nights, so play like it's your last one." Locker Room talks with his teammates and singing the fight song to the student section are his best memories. He will miss walking out 2 by 2 with his team and seeing his family in the stands. Joey would like to thank his parents, his siblings, his grandparents, Jax, and every one else who came out to watch him play. He plans to study Business in college. Joey would like to give a special shout out to Bobby Boucher (The Water Boy) for teaching him everything he knows.

OWEN BIERGANS

If it wasn't for coach Baker's constant encouragement, Owen never would have learned how much he loves football. Owen is so happy that he chose to play the full season this year! A huge thank you to Coach Carrier for always holding the linebackers to a higher standard. Owen will always have found memories of being able to play next to his brothers.



HENRY DOERR



Henry has been playing organized football since 6th grade. However, his love for the sport has been growing long since then, as a little kid running around behind the bleachers at any football game he could attend. His time playing high school football have been some of the most amazing 4 years of his life. He would love to thank his parents for always being there, and the Doerr family for his love of the game, as well as all of his family for the support. Specifically, He wants to thank Ben and Nate Jones for everything they've done for him to grow his love for football. Reminding him that on any day "you get to" play football, that it is not a required task to practice or play, but a blessing that you are able to play the game. Henry plans on attending college in state, to pursue his dreams of sports media or entrepreneurship.

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FOOTBALL — BIOS



RORY DURR

Rory has been playing football for the past two years. He would like to thank his parents for always supporting him, his dad for giving him advice and thanks to his mom for letting him play. As well as Adam, Sean and Sammy for all the backyard football games. He would like to thank his grandparents for always coming to his games to support him. His best memory from football has been getting to play along side his friends on Friday nights and winning the corn-hole championship at camp with Christian. Rory plans to study pre-med in college.

DYLAN FARRAR

Dylan has enjoyed playing football at Lansing Catholic. He thanks his family and friends for their support.



MATTHEW GEHLE

Matthew has enjoyed playing football at Lansing Catholic. He thanks his family and friends for their support.

SEBASTIAN GOLZYNSKI

Sebastian has been playing football for 2 years. He would like to thank his friends and his coaches for always pushing him to work harder on and off the field. Sebastian plans to attend a trade school and plans on taking up a career in welding. His advice to younger players is to always give it your all in everything you do.



MASON KNIPPEN

Mason has been playing football since 4th grade and been on Varsity for 3 years. His biggest influence on the game has been his dad encouraging to "get his hands up". He would like to give a special thanks to Coach Carrier, Coach Baker, Coach Ahern and all the coaches that have helped to form him into the player he is today. His best memories from football has been camp at Fort Custer and all the time spent with teammates. Mason thanks his Parents, Grandparents and all the family members who have sacrificed so much for him to play the game of football. Mason is still undecided for collage but hopes to play collage football in the future.

FOOTBALL — BIOS

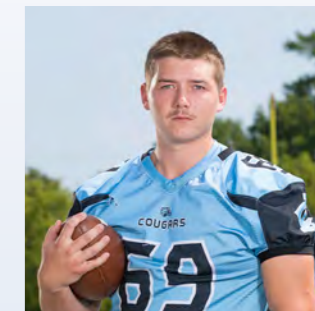


MOJO OTHOW

Mojo has enjoyed playing football at Lansing Catholic. He thanks his family and friends for their support.

BOREGARD POLJAN

Bo has Played foot ball on varsity for 3 1/2 years being moved up halfway through my freshman season. He has grown up watching football my whole life. I was always on the field supporting my brothers by being their water boy. Being on the sidelines for Lansing catholic football has cultivate my love for the sport and Lansing Catholic. His brothers have been the my biggest influence in the game of football for me through their support and post game talks about how bad my form is. The best advice he would leave to younger players is to savior every moment of high school football, the bonds you make will last forever. His favorite memory from football is playing spike ball at camp in our down time. He thanks his family for all of their love and support throughout the years. He plans on studying finance or business management.



JONAH RICHARDS

Jonah has been playing football since 7th grade and this is his 3rd year on varsity. His favorite memory from football is kicking on Ford Field in the 2019 State Championship. Jonah wants to thank his parents, siblings and extended family for always supporting him and attending his games, no matter how far away. After high school Jonah plans to attend college and then serve in the US Armed Forces.

CHRISTIAN TUCKER

Christian has been playing football since 5th grade and this is his second year playing at Lansing Catholic. He would like to thank his parents and grandma so supporting him through his sporting career and always pushing him to be his best. He would also like to thank his teammates and the Lansing Catholic community for bringing him in and making him feel at home in his short time here. His favorite memory is going to football camp this fall and spending all day with his teammates. He will miss pre game meals with his teammates the most. Christian plans to study biology while also playing lacrosse at the college of Wooster.



ALEX WATTERS

Alex has been playing since second grade flag football, and has played on varsity since freshman year playoffs. His biggest influence on the game is his dad, Alex thanks him for the countless hours he puts in, the long, encouraging talks and how much he pushes him. The best advice he has received is to always bet on himself and his favorite quote is "would you just be an athlete for once" from coach Baker. Alex's favorite memory was all of the celebrations with Vince Salquist, and he will miss playing with his best friends. Alex plans to continue his academic and football career in college but is unsure of where.

VOLLEYBALL — BIOS



HAILEY BRES

Hailey has been playing volleyball for 8 years now and this is her 4th year on varsity. She would like to thank her parents and teammates for always supporting her, and her coaches for training her to be the player she is today. Her biggest influence was her sister for always competing with her and pushing her to be better. Her favorite memory is pregame with her teammates and dig pink night.

ALIVIA CASTLE

Alivia has been playing volleyball since elementary school. She discovered her love of the game through her sister Ryan, who has continued to be an inspiration for her on the court. Alivia wishes to thank her family and friends who have always cheered her on and supported her. Especially her parents and sisters, who have gotten her to every practice and tournament, giving so much of their time so that she can do what she loves. Her favorite volleyball memory is getting an ace on her first serve in a varsity match. Alivia plans to pursue a degree in science and education. She hopes to continue her volleyball career in college, and one day continue her love of volleyball through coaching.



HANNAH HAYES

Hannah has been playing volleyball since middle school and all four years of high school. Her biggest influence on the game has been her former club coach, and her parents who have pushed her to always work and play the hardest she could and make her positive attitude shine on and off the court. Her advice to younger players would be to never give up, learn from your mistakes, and work hard and it will pay off. Her best memories are tournament days, bus rides with the team, and cheering on her team mates. Hannah would like to thank all of her coaches from both club and school, her sister for always encouraging her, her friends, grandparents, and her parents who have supported her through it all. Hannah plans to study pre-dental after high school at University of Detroit Mercy.



AUBRIE HICKS

Aubrie has been playing volleyball for eight years and this is her second year on varsity. One of her favorite things about volleyball is how she has always gotten to play with her friends. Her favorite memory from this team is the pre games in the locker room. A piece of advice she would like to give another player is to always work hard for what you want, what you put forward is what you should expect to receive. She will greatly miss joking around with the team and getting somewhere to have fun after the school day. She would like to thank her coaches and her teammates for always believing in her and she would especially like to thank her parents and her sister for always being her biggest fan through the highs and the lows. Aubrie plans to study creative marketing and advertising in college.



OLIVIA VOSS

Olivia has been playing volleyball since the 8th grade, and has been on varsity for 2 years. Olivia's biggest influence would be her parents that always reminded her to just have fun and play her game. Olivia also wishes to thank her parents for always coming to her games, and constantly supporting her in everything she does. Olivia will miss most the pregame music sessions in the locker room, and celebrating wins with her team. Olivia plans to study neuroscience in college wherever there's Big 10 football.



SOCCER — BIOS



AIDAN DAY

Aidan has been playing soccer for 4 years. He wishes to thank his coach's and teammates. His favorite quote is "I won't talk long" Coach Gus.

ADLEY DURANDISSE

Adley has enjoyed playing soccer at Lansing Catholic. He thanks his family and friends for their support.



WES FRANCO

Wes has been playing soccer his whole life. He started out at a local club but then moved to Vardar in Detroit where he played for seven years as well as three years of soccer at Lansing Catholic. There have been a lot of people that have impacted Wes in many different ways but God has been the driving force in his life. Wes plans to study business in college and wouldn't mind it if he could play some professional soccer along the way.



ELIJAH MCKELLAR

Elijah has enjoyed playing soccer at Lansing Catholic. He thanks his family and friends for their support.



JESSE OLEARY

Jesse has been playing soccer ever since elementary school and he has loved the sport ever since. Jesse would like to thank the coaches for always pushing him and convincing him to get better, and his friends for supporting him on and off the field. Advice for the younger players would be to work hard now so it can really pay off by your last year.



SOCCER — BIOS



JOSH OTTEN

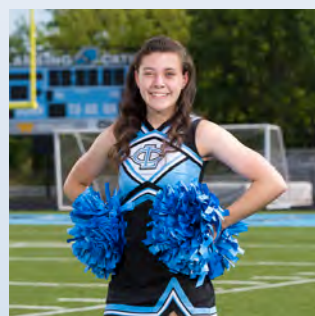
Josh has been playing soccer for as long as he can remember. It has not only always been his favorite sport, but one of his favorite things, period. He would like to thank his parents and family for coming to games, cheering him on, and building him up even when he puts six shots over the crossbar. His favorite memory from his high school soccer career is from this year: seeing his brother Brandon score and getting to celebrate with him after. The best advice he has received is to “forget about it and move on to the next one”, from Coach Gus. Josh plans to stay in Michigan for college, and is hoping run track and field. His advice to younger players is to never stop playing soccer, and to always have fun.

JOHN RAUBINGER

John has been playing soccer all four years of high school. He would like to thank Coach Gus, Coach Oscar, and Coach John for helping him to get better and grow as a player. He will miss bus rides home from the away games, and the early conditioning at the beginning of the season. Advice for the younger players is to never give up, and leave their heart on the field.



CHEER — BIOS

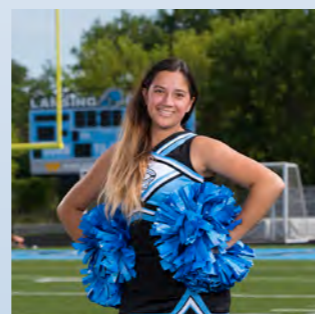


CARLY FLAMINI

Carly has enjoyed cheering at Lansing Catholic. She thanks her family and friends for their support.

LILLY RAMEREIZ

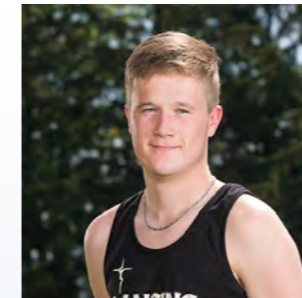
Lilly has enjoyed cheering at Lansing Catholic. She thanks her family and friends for their support.



REESE ROBINSON

Reese has been doing sideline cheer since the fourth grade and has been on varsity for four years. Her biggest influence has been her teammates and her coaches who have helped her to succeed. The best advice that she was given was from her Coaches, “If you have bruises that means you’re doing it right”. Getting ready for games and stunting are her favorite part of cheering. Her favorite memory was being able to cheering for a winning team at ford field her sophomore year. Reese thanks her parents for the money, blood, sweat, tears, and extensive time commitment that they gifted her in these past four years. Without them her experience would not have been successful. She also thanks her grandparents, aunts, uncles, and cousins who have committed time to coming to support her and her school. Reese plans to study pre-law track with a focus in political science and a minor in Spanish.

CROSS COUNTRY — BIOS



ANDREW FRARY

Andrew has been running cross country since sixth grade. He has ran cross country all four years of high school. His biggest influence has been Coach Simpson who has constantly pushed him to do his best, and has made him the runner that he is today. His favorite memory from cross country was being able to celebrate with his teammates after races. Andrew thanks his parents for always supporting him at his races and his teammates for all the memories that they made together. Andrew plans to study business in college, he hopes to attend Lansing Community College or Michigan State University.

JOSHUA FRARY

Josh has been running cross country since 6th grade. He has been on varsity for all 4 years in high school. His biggest influence has been his teammates who push him to work hard everyday. His favorite memories include, spending time with the team everyday, winning leagues, and long runs. He will miss the friendships and opportunities that cross country has provided for him for his 4 years in high school. Josh would like to thank his family and friends for traveling to all of his meets and supporting him. He plans to attend Lansing Community College or Michigan State with the major undecided.



CAMERON HARABURDA

Cameron has been running cross country for eight years. At first, it just was just a sport to get the energy out of him so he would be good in school. Now it has evolved into something bigger. It is now his family. They have influenced his life in many ways. His coaches throughout the years have been great ones. Cross country is a mind sport just as much as it is a physical one. It is about how long you can out run your opponents. He is forever grateful for Coach Warriner, Coach English, and most importantly Coach Simpson. He is thankful for his parents coming to as many meets as possible and giving so much for him and his teammates. Cameron is also thankful for his teammates, they are the best support he has ever received and he could not have done it without them. After high school he plans on joining the Army to make a difference in the world.

MATTHEW JENNESS

Matthew has enjoyed running cross country at Lansing Catholic. He thanks his family and friends for their support.



JOSHUA OTTEN

Josh has enjoyed running cross country at Lansing Catholic. He thanks his family and friends for their support.

CROSS COUNTRY — BIOS



DAVID PRUDER

David has been running since 5th grade and has ran Varsity all 4 years of his high school career. His biggest influences on his racing has been Mr. Warriner's tough love and winning attitude, his dad's never ending love for the gift of running and Coach Simpson's endless support. One phrase that stuck with David has been "Mental Toughness" something that Coach Simpson repeatedly stresses. Hard Workouts and Long Runs with his fellow runners at practice are among some of his fondest memories. David thanks Coach Simpson and his teammates for always being there for him and thanks his mom and dad for always coming to the races to support him. David preaches "Lansing Catholic Cross Country is a Family". He plans to attend Michigan State University, and will keep running after high school.

NORA COFFEY

Nora's been running cross country since freshman year. She wants to thank her parents for always supporting and cheering for her and her teammates for always having her back. Nora's favorite advice she's received is from Coach Simpson who said "pain isn't real". After high school, Nora plans to study business in college.



ADELA MIGAN

Adela has been running since a very young age and has ran cross country since her sophomore year in high school. Her favorite thing about being on the team is the feeling of accomplishment after each practice and meet and also her teammates. One of her favorite pieces of advice came from her father. He said, "Enjoy the pain". It reminded her to make the best of thing things you don't necessarily want to do. Adela would like to thank her parents and grandparents for being constantly supportive and attend everything they can. Her advice for younger cross country runners is to enjoy every second of the season(s), even if it is not enjoyable in the moment. You will look back and wish it never ended.

HAILEY PROKOP

Hailey has enjoyed running cross country at Lansing Catholic. She thanks her family and friends for their support.



BRIANNA TENNES

Brianna started running cross country her sophomore year, after lots of encouragement from her friends and her mom, a former high school cross country star. She stayed on the team because she loved the people, the environment, and the pasta. Her favorite memories are all at pasta parties or on bus rides back from meets.

GOLF — BIOS

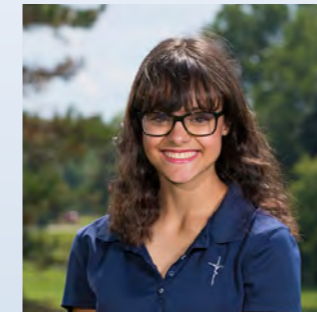


VICTORIA BLONDE

Tori has been playing on the LCHS Girls Golf team since her Sophomore year. She wants to thank her parents for supporting her, and both Coach Kim and Coach Mary for encouraging her through every shot, even the rough ones. Throughout her time on the team, she best enjoyed the atmosphere she got to be a part of with her teammates, cheering each other on and having lots of laughs. She will miss being able to get out and golf with her teammates and the fun they had. Tori's favorite piece of advice is that "you can learn from every shot." She plans to study English, Law, or History in college, wherever that may be.

MAYA BLONSHINE

Maya has enjoyed playing golf at Lansing Catholic. She thanks her family and friends for their support.



ELIZABETH CAIRNS

Elizabeth has played the game of golf since she was in 6th grade but finally joined a team her freshman year at Lansing Catholic. She never knew that joining golf would be one of the best decisions she would ever make in high school! The team and coaches are amazing at helping with improvement and making it a great season! Elizabeth would like to her uncle Tom who had taken her golfing for the first time ever back in 6th grade and started her love for the sport, he's her biggest golf support and mentor along with her favorite person to play a friendly round of golf with. Elizabeth plans on going to study youth ministry, where at is currently undecided.

AMANDA MELLING

Amanda has been playing golf since her freshmen year. She played her freshmen year on JV and the rest on varsity. Amanda has made so many friends and memories over her four years on the golf team. One of her favorite memories is when she was practicing at Groesbeck and a little boy came out on the course with his bike and was biking through the greens and bunkers. As many people know, she loves to laugh so of course she thought that was hilarious. Amanda would like to thank her parents for coming to all her matches and cheering her on in every weather condition. She loves when her mom blows her kisses to give her good luck and when her dad does the floss dance to try and cheer her up. She also would like to thank Coach Kim and Coach Mary for being to best coaches ever! They always lift her up on the bad days and care so much about her. The biggest lessons she has learned are to stay positive, be confident, and believe in herself. Amanda wants to give her Papa a quick shout out because he gives her so much confidence. He loves to tell her and his friends how proud he is of her golf accomplishments. Also she would also like to make another shout out to the girls on her team for being the most supportive and kind friends ever. The golf team, families, and coaches really feel like family to her!



GOLF — BIOS



ANNA SEVENSKI

Anna just started her first golf season her senior year. Her biggest supporter and influencer is her brother who has guided her to become better player every single day. She also wants to thank her parents for their support and her best friend, Sophia Tanner who is playing this season with her. After high school, Anna plans to attend Michigan State University and study education and religious studies. Her favorite quote that never ceases to inspire her is from her grandfather "Be honest and be fair". She strives to live this everyday and wants to motivate others to do the same. Anna is excited for this season and is ready to give it all she's got!

DELANEY SIMON

Delaney began playing golf her freshman year and continued it for the rest of her high school career. Although she loves the game of golf, it was the team and all the fun they had at practices and matches that quickly became her favorite part. The champion mindset constantly preached by Coach Kim and Coach Mary was valuable advice that will continue to guide her throughout life. Delaney would like to thank her parents and coaches for helping her grow both as a golfer and a person. In her future, Delaney plans to attend college and study medicine.



SAILOR SOMERVILLE

Sailor has been on the varsity golf team for four years, two of which she has been a team captain. She would like to thank "Team Sailor" for all of the love, guidance, and support throughout her years of being a student athlete. This includes her parents, Coach Kim Johnson (high school coach), Coach Mary Fineis (performance coach), and Coach Chad Kurlmel (swing coach). The piece of advice she will always remember is from Coach Mary, "No matter what the outcome is, remember that you did your best in that moment, learn from it, accept it, and move on." Her favorite memories include participating in three state championships with her team and all of the excitement that comes with that opportunity. Sailor plans to attend college to study engineering, and continue her golfing career after high school.

SOPHIA TANNER

Sophia started her first season of golf this year. Her best encouragement has been her coaches pushing her to strive for greatness. She also wants to thank her parents and her best friend, Anna Sevenski, who is playing beside her this year. The best advice she has received was from her mom, "stuff will happen, but it's how you react that matters." Sophia is planning on attending LCC and pursue her dreams of missionary work in the Catholic Church.



TENNIS — BIOS



ADAM DURR

Adam has been playing tennis since middle school and he has loved every minute of it. He would like to extend his heartfelt thanks to all of his coaches, both at the MAC and at Lansing Catholic, who have greatly influenced him as a tennis player. Adam is incredibly grateful for his time on the tennis team, and will forever cherish his memories of the past four years on varsity, particularly those of Regionals Junior Year, and States Freshman Year. He would like to thank his family for all their support, and for coming to so many long tournaments on the weekend. Adam plans to study Political Science in college.

MAX ELDEN

Max has enjoyed playing tennis at Lansing Catholic. He thanks his family and friends for their support.



ALBERTO NACCARATO

Alberto has enjoyed playing tennis since his freshman year of high school. His most memorable piece of advice he received was from his doubles partner Will Castle. Before every match he would tell Alberto, "Hit it in the court." His favorite memories from the tennis season include cheering on his teammates and eating snacks in-between matches. He has been fortunate enough to play with not only one but two of his cousins. Alberto wants to thank his parents and sisters for finding time to attend his matches. The commitment his family has put into getting him to and from practices has not gone unnoticed. After high school, Alberto plans to study STEM in college.

CHARLES RAMONT

Charlie has enjoyed playing tennis at Lansing Catholic. He thanks his family and friends for their support.



AUGUSTE ROBERT

Auguste has been playing tennis since he was 4 years old and played varsity tennis all 4 years of high school. His most memorable experience was playing with his brother on the same team Freshmen year and winning Leagues and Regionals and making it to States. It wouldn't have been possible without the encouragement of coaches along the way. Coaches Tim, Charlie, Coach G and especially Coach Mike, who is a tremendous coach and has been a big influence on Auguste on and off the court. Auguste would also like to thank his mom and dad who always remind him that winning is good but unless he's having fun it's not really winning.

TENNIS — BIOS



CHRISTIAN RULE

Christian rule has played tennis for four years at lchs. He has loved the atmosphere of the tennis team with all his friends. Christian wants to thanks his parents, the tennis parents who have contributed there time and effort's to help him have 4 great seasons. Christian plans to attend Michigan state university next year.

DREW TAYLOR

Drew has enjoyed playing tennis at Lansing Catholic. He thanks his family and friends for their support.



SWIMMING — BIOS



OLIVIA SZAROWICZ

Olivia has enjoyed swimming for Lansing Catholic. She thanks her family and friends for their support.

ANNA JAGER

Anna learned how to swim at the age of two. She started swimming for the Waverly Piranhas swim team in second grade and then stopped swimming in fourth grade. She began swimming competitively again for Mid Michigan Aquatics in eighth grade, and has been on the WLC varsity team all four years of high school. Her mom has been her biggest supporter. She frequently dragged Anna along to swims at the MSU outdoor pool and Hannah Community Center, and has always encouraged her to work harder. The best advice she has ever recieved has been from a coach at Mid Michigan Aquatics, who told her that, "When you do a flip turn, kick the wall like you are kicking your brother in the stomach." Her favorite quote has come from her mom, who told her to never use the ladder in a pool because, "Ladders are for pregnant women." Anna would like to thank her family, friends, coaches, and teammates for helping her to become the person that she is today. She plans to major in public health or environmental geoscience in college.



BAND — BIOS

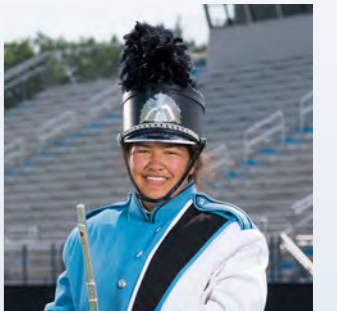


MARIE HAYWARD

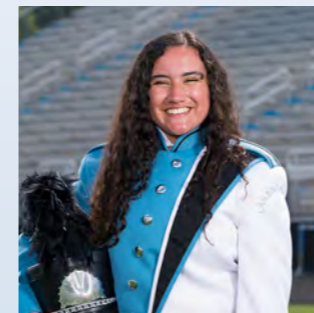
For the past four years, Marie has performed in the marching band. From freshman to senior year, she has been involved in many activities at LCHS. But band has always been one of her highlights due to the community she's formed. She recalls the afternoons with the band on the field, laughing and learning new moves. Her biggest thank you goes out to Mrs. T, her friends, and her family who stood by her side as she improved each year. If she could give any advice to younger players, it would be to always enjoy the moment you have with your friends in school events and sports.

TALENA MONASMITH

Talena has enjoyed performing in the marching band at Lansing Catholic. She thanks her family and friends for their support.



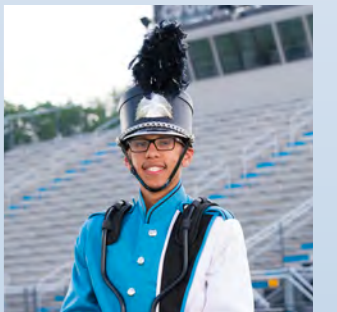
ABIGAIL MORRIS



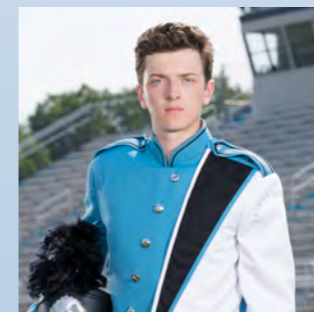
Abby has been in the band since she was in fifth grade, and she participated in all four years of marching band at Lansing Catholic. She plays the clarinet and is also one of the drum majors this year. Some of her favorite memories are from her last year at band camp, which she will always remember. Although she is excited to move onto the next chapter of her life, she will miss the community of the band and the opportunity it gave her to make music with wonderful friends. Abby thanks her mom, her siblings, and the rest of her family for coming to see her at games during marching season. She also looks fondly at memories of her dad coming to see past games, with all his Lansing Catholic gear on, supporting her as he always did. Abby also thanks Mrs. T, the band director, and all of her band mates, for a great last season. Abby plans to major in secondary education with a focus on English in college in the fall.

JUAN PECINA

Juan has enjoyed performing in the marching band at Lansing Catholic. He thanks his family and friends for their support.



JOHN RAUBINGER



John has been in Marching Band for four years, and has been playing trombone and tuba for his four years at Lansing Catholic. He would like to thank his parents for encouraging him to do band his freshman year because he was able to meet some of his greatest friends in band. He would also like to thank Mrs. Tietsort for encouraging him to strive to be better. He will miss the bus rides back after playoff games, band camp, and getting to see how much the band improves over the course of the season.

 **BAND — BIOS**



REESE ROBINSON

Reese has been playing the flute since the fifth grade and has been in the marching band for four years. Her biggest influence has been her teacher Mrs. T who she has had for eight years. Her best memory was running before halftime to meet the band for marching at home games and being the only one out of uniform on the field. Reese thanks her parents for making her stick with band through all four years because it was an amazing experience. Reese plans to major in pre-law with a focus in political science and a minor in Spanish.

ISIAH THOMPSON

Isiah has enjoyed performing in the marching band at Lansing Catholic. He thanks his family and friends for their support.



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[cor: noun, Latin — the heart]



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Save the date! **SATURDAY
JANUARY 29, 2022**

4 EVENTS...1 MISSION

TO BRING EXCELLENCE TO OUR STUDENTS
THROUGH THE POWER OF COMMUNITY



09.24/09.25 50 YEAR CELEBRATION

Friday and Saturday, September 24-25

The weekend celebration will include Homecoming Friday night, activities and gatherings for all alumni on Saturday, concluding with our Cougarfest event on Saturday evening.



01.29 5TH ANNUAL CORKS + CUISINE

Saturday, January 29 | 7-11 P.M.

Gather to savor delicious samplings of food and drink from area eateries while enjoying the great music and festivities. All proceeds to support future enhancements of the LCHS campus.



05.02 38TH ANNUAL FR. MAC SCHOLARSHIP DINNER

Monday, May 2 | 6-9 P.M.

A fine dining experience at the MSU Kellogg Center with an inspiring program, raising dollars to support our tuition assistance fund.



06.17 34TH ANNUAL COUGAR CLASSIC GOLF OUTING

Friday, June 17 | 10 A.M.

LCHS community members take over the links at Forest Akers Golf Course to support our students and teachers with dollars going toward our Annual Fund.

PLEASE JOIN US AT OUR 2021-2022 ANNUAL SPECIAL EVENTS!

Visit www.lansingcatholic.org or contact Paula Wilcox at 517.267.2121 for more details and sponsorship opportunities.

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SOCCER — VARSITY



Top Row: Coach Flores, Graham Thiel, Wes Franco, Joseph Treadwell, John Raubinger, Josh Otten, Daniel McGaughey, Coach Casteneda
 Middle Row: Jesse O'Leary, Aidan Day, Aaron Mora-poveda, John Lavagnino, Jacob Bertrand, Brandon Otten, Carson Herald,
 Bottom Row: Samuel Matias, Thaddeus Shoaf, Samuel Contreras Romero, Lincoln Svarc, Adley Durnadisse, Nathaniel Dalessandro, Collin Hargrove, Finn Keenan
 Not Pictured: Elijah McKellar, Isac Medina, Peter Wahl, Oscar Medina, Levan Svarc

COACH ROSTER

Gus Flores..... Head Coach
 Oscar Casteneda Assistant Coach
 Jillian Kochanek Assistant Coach
 John Zimmer Assistant Coach

GUS FLORES
 VARSITY HEAD COACH

Coach Flores is in his 12th season as the boys soccer coach at Lansing Catholic. In his first season the team won the league title, the district title, the regional title and lost in the State Championship game 1-0. An outstanding teacher of the game, Coach is looking forward to a terrific season. He lives in Lansing with his wife and two beautiful daughters.



SCHEDULE

08/14/21 10:00 AM Bishop's Cup
 08/18/21 5:30 PM vs Grand Ledge HS
 08/19/21 5:30 PM @ East Lansing HS
 08/24/21 5:30 PM vs St. Johns HS
 08/26/21 5:30 PM vs Lansing Eastern HS
 08/31/21 5:30 PM vs Portland HS
 09/07/21 5:30 PM @ Lansing Sexton H.S
 09/11/21 12:30 PM @ Holt HS
 09/14/21 5:30 PM vs Ionia HS Senior Night
 09/16/21 6:30 PM @ Fowlerville HS
 09/21/21 6:30 PM @ Eaton Rapids HS
 09/28/21 7:00 PM @ Charlotte HS
 10/05/21 TBA vs TBA CAAC Cup
 10/07/21 TBA vs TBA CAAC Cup

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

SOCCER — VARSITY

PLAYER ROSTER

- 1 John RaubingerSenior
- 4 Samuel MatiasJunior
- 5 Jacob Bertrand.....Junior
- 7 Elijah McKellar.....Senior
- 8 Isac MedinaSophomore
- 9 Carson Herald..... Freshman
- 11 Adley DurandisseSenior
- 12 Jesse O'LearySenior
- 13 Samuel Contreras Romero....Sophomore
- 14 Wes Franco.....Senior
- 16 Nathaniel DalessandroJunior
- 17 Collin Hargrove Freshman
- 18 John Lavagnino Freshman
- 19 Aaron Mora-poveda Freshman
- 21 Graham ThielJunior
- 22 Lincoln SvarcSophomore
- 23 Thaddeus Shoaf Freshman
- 25 Brandon Otten Freshman
- 26 Daniel McGaugheySophomore
- 27 Levan SvarcJunior
- 28 Joshua OttenSenior
- 32 Aidan Day.....Senior
- 35 Finn Keenan Freshman
- 42 Joseph Treadwell..... Freshman
- 44 Peter Wahl Freshman
- 45 Oscar Medina.....Junior

OSCAR CASTENEDA
 VARSITY ASST. COACH

Coach Casteneda is a long time soccer official and soccer coach. He is an integral part of CASL Youth Soccer in the Lansing Area. He is a wonderful ass't coach in the Cougar program as he knows how to reach different kids with his knowledge of soccer and life.



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 **SOCCER — VARSITY**



BRADY DESMYTER
LSJ DREAM TEAM 2020



LUCAS BOEHLERT
LSJ ALL AREA 2020



WES FRANCO
LSJ ALL AREA 2020



MAX HYMAN
LSJ ALL AREA 2020



SAMUEL MATIAS
LSJ ALL AREA 2020



JOSH OTTEN
LSJ ALL AREA 2020



DONOVAN PAPSON
LSJ ALL AREA 2020



JAMES SCRIMGER
LSJ ALL AREA 2020



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We are prepared to assist you and your advisors with more information that would help you in making your estate plans and including a legacy gift to support Lansing Catholic.

Learn more about legacy giving at Lansing Catholic. Visit www.lansingcatholic.org/legacy, call 517-267-2121 or email give@lansingcatholic.org for more details.



CROSS COUNTRY — BOYS



Top Row: Coach Simpson, Cameron Haraburda, Matthew Jenness, Drew Tolfree, Josh Frary
Bottom Row: Tomas Rampe, Andrew Frary, David Pruder, Elijah Nevins

PLAYER ROSTER

Stephen Fair Sophomore
 Andrew Frary Senior
 Joshua Frary Senior
 Cameron Haraburda..... Senior
 Matthew Jenness Senior
 Elijah Nevins Sophomore
 Fredric Monreau Junior
 Joshua Otten Senior
 Lucas Payne Freshman
 David Pruder Senior
 Tomas Rampe..... Junior

SCHEDULE

08/24/21 4:30 PM Cougar 2 Mile @ St. Francis
 08/28/21 8:00 AM vs Michigan Catholic XC Invite
 @ St. Francis Retreat Center
 09/08/21 4:00 PM ER Class Invite @ Eaton Rapids HS
 09/09/21 5:00 PM Mini invite #1@ St. Francis Retreat
 09/17/21 1:00 PM Mini Invite #2 @ St. Francis Retreat
 09/21/21 5:00 PM vs CAAC Jamboree #1
 @ Eaton Rapids HS
 10/02/21 9:00 AM Shepherd Invite @ Shepard HS
 10/05/21 5:00 PM vs CAAC Jamboree #2 @ St. Francis
 10/09/21 9:00 AM @ Portage Invite
 10/14/21 3:45 PM @ East Lansing HS
 10/16/21 10:00 AM Greater Lansing Invite
 @ Ledge Meadows Golf Course
 10/21/21 5:00 PM vs CAAC Jamboree #3
 @ Portland HS
 10/29/21 TBA @ MHSAA Regionals

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

COACH ROSTER

Tim Simpson Head Coach
 Molly MacDonald Assistant Coach

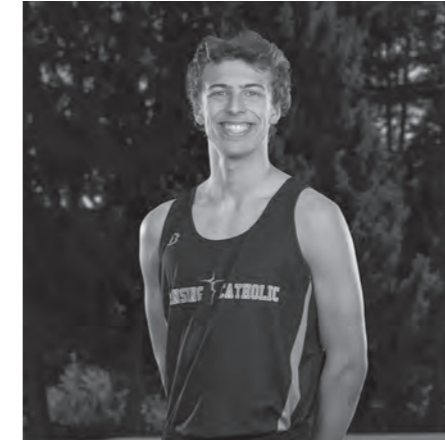
CROSS COUNTRY — BOYS

TIM SIMPSON HEAD COACH

Coach Simpson enters his 26th year with the cross country program at Lansing Catholic. He was an outstanding runner in high school and continued his career at Michigan State. He is looking for another strong season this year after the great successes of last couple of years.



JOSH FRARY
LSJ ALL AREA 2020



CAMERON HARABURDA
LSJ ALL AREA 2019



MATTHEW JENNESS
LSJ ALL AREA 2019



DAVID PRUDER
LSJ ALL AREA 2020

CROSS COUNTRY — GIRLS



Top Row: Coach Simpson, Adela Migan, Hannah Pricco, Ella Dunsford, Brianna Tennes, Kaitlyn Pfeffer, Hailey Prokop, Emmie West
 Bottom Row: Zee Simpson, Mary Tennes, India Doerr, Isabel Doerr, Colleen Jones, Elaine Kutas, Tessa Roe, Nora Coffey
 Not Pictured: Gabrielle Pricco

PLAYER ROSTER

Nora Coffey	Senior
India Doerr	Junior
Isabel Doerr	Freshman
Ella Dunsford	Junior
Colleen Jones	Junior
Elaine Kutas	Junior
Adela Migan	Senior
Kaitlyn Pfeffer	Freshman
Hannah Pricco	Junior
Gabrielle Pricco	Freshman
Hailey Prokop	Senior
Tessa Roe	Sophomore
Megan Schulte	Freshman
Zee Simpson	Junior
Brianna Tennes	Senior
Mary Tennes	Sophomore
Emmie West	Junior

COACH ROSTER

Tim Simpson	Head Coach
Molly MacDonald	Assistant Coach

SCHEDULE

08/24/21 4:30 PM Cougar 2 Mile @ St. Francis
 08/28/21 8:00 AM vs Michigan Catholic XC Invite @ St. Francis Retreat Center
 09/08/21 4:00 PM ER Class Invite @ Eaton Rapids HS
 09/09/21 5:00 PM Mini invite #1 @ St. Francis Retreat
 09/17/21 1:00 PM Mini Invite #2 @ St. Francis Retreat
 09/21/21 5:00 PM vs CAAC Jamboree #1 @ Eaton Rapids HS
 10/02/21 9:00 AM Shepherd Invite @ Shepard HS
 10/05/21 5:00 PM vs CAAC Jamboree #2 @ St. Francis
 10/09/21 9:00 AM @ Portage Invite
 10/14/21 3:45 PM @ East Lansing HS
 10/16/21 10:00 AM Greater Lansing Invite @ Ledge Meadows Golf Course
 10/21/21 5:00 PM vs CAAC Jamboree #3 @ Portland HS
 10/29/21 TBA @ MHSAA Regionals

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

CROSS COUNTRY — GIRLS

TIM SIMPSON HEAD COACH

Coach Simpson enters his 26th year with the cross country program at Lansing Catholic. He was an outstanding runner in high school and continued his career at Michigan State. He is looking for another strong season this year after the great successes of last couple of years.



HANNAH PRICCO
 LSJ DREAM TEAM 2020



ADDISON PUCK
 LSJ ALL AREA 2020



TESSA ROE
 LSJ ALL AREA 2020



AMALIA VILLARREAL
 LSJ ALL AREA 2020



EMMIE WEST
 LSJ ALL AREA 2020

COUGAR *pride*

GOLF — GIRLS



Top Row: Coach Fineis, Maegan Morley, Delaney Simon, Addison Russell, Annabella Hagen, Coach Johnson
 Middle Row: Anna Sevenski, Taryn Diebolt, Piper Somerville, Sailor Somerville, Amanda Melling, Cate Long, Elizabeth Cairns
 Bottom Row: Averie Russell, Sophie Hauser, Maya Blonshine, Sophia Tanner, Julia Sambaer, Victoria Blonde
 Not Pictured: Sydney Stevens

COACH ROSTER

Kim Johnson..... Head Coach
 Mary Fineis..... Assistant Coach

SCHEDULE

08/16/21 9:30 AM @ Hanover-Horton HS
 08/18/21 8:00 AM @ Judson Scramble
 08/25/21 9:00 AM Tri-Match @ Forest Akers Golf
 08/27/21 9:00 AM @ Mason Sun Dried Invite
 08/30/21 12:00 PM CAAC Jamboree #1 @ Royal Scot
 09/01/21 3:30 PM CAAC Jamboree #2 @ Portland CC
 09/07/21 12:00 PM CAAC Jamboree #3 @ Maple Brook Golf Course
 09/09/21 9:30 AM @St. Johns Invite
 09/13/21 3:00 PM CAAC Jamboree #4 @ Bonnie View
 09/15/21 3:30 PM CAAC Jamboree #5 @ Groesbeck
 09/21/21 3:30 PM CAAC Jamboree #6 @ Shadow Ridge
 09/23/21 9:00 AM @ Byron Eagles fall shootout
 09/27/21 10:00 AM @ East Lansing Invite
 09/29/21 9:00 AM CAAC League Meet @ Portland CC
 10/06/21 MHSAA Regionals @ Cascades Golf Course

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

GOLF — GIRLS

MARY FINEIS VARSITY HEAD COACH

Coach Fineis is in her sixth year of coaching with the girls' team. She provides sports performance coaching for both the girls and boys golf programs. She is a certified Life and Sports Performance Coach and enjoys working with individuals and teams to help them reach goals and be their best as an athlete and person. Coach Fineis is the founder and president of Game Changer Coaching, LLC. She recently was a contributing author to the international best selling book, *The One Thing Every Mom Needs to Know*. Coach Fineis, along with her husband Jeff and children Michael and Janie are all graduates of Lansing Catholic. Coach Fineis is a recipient of the Triple A+ Award and played four years of varsity softball at Michigan State.



PLAYER ROSTER

Victoria Blonde	Senior
Maya Blonshine.....	Senior
Elizabeth Cairns	Senior
Amanda Melling	Senior
Anna Sevenski	Senior
Delaney Simon	Senior
Sailor Somerville	Senior
Sophia Tanner	Senior
Taryn Diebolt	Junior
Annabella Hagen.....	Junior
Maegan Morley	Junior
Sydney Stevens	Junior
Averie Russell.....	Junior
Sophie Hauser	Sophomore
Piper Somerville	Sophomore
Brynn Anderson	Freshman
Margot Campau	Freshman
Cate Long.....	Freshman
Addison Russell.....	Freshman
Julia Sambaer	Freshman

GOLF — GIRLS



AMANDA MELLING
LSJ DREAM TEAM 2020



MAYA BLONSHINE
LSJ ALL AREA 2020



SAILOR SOMERVILLE
LSJ ALL AREA 2020



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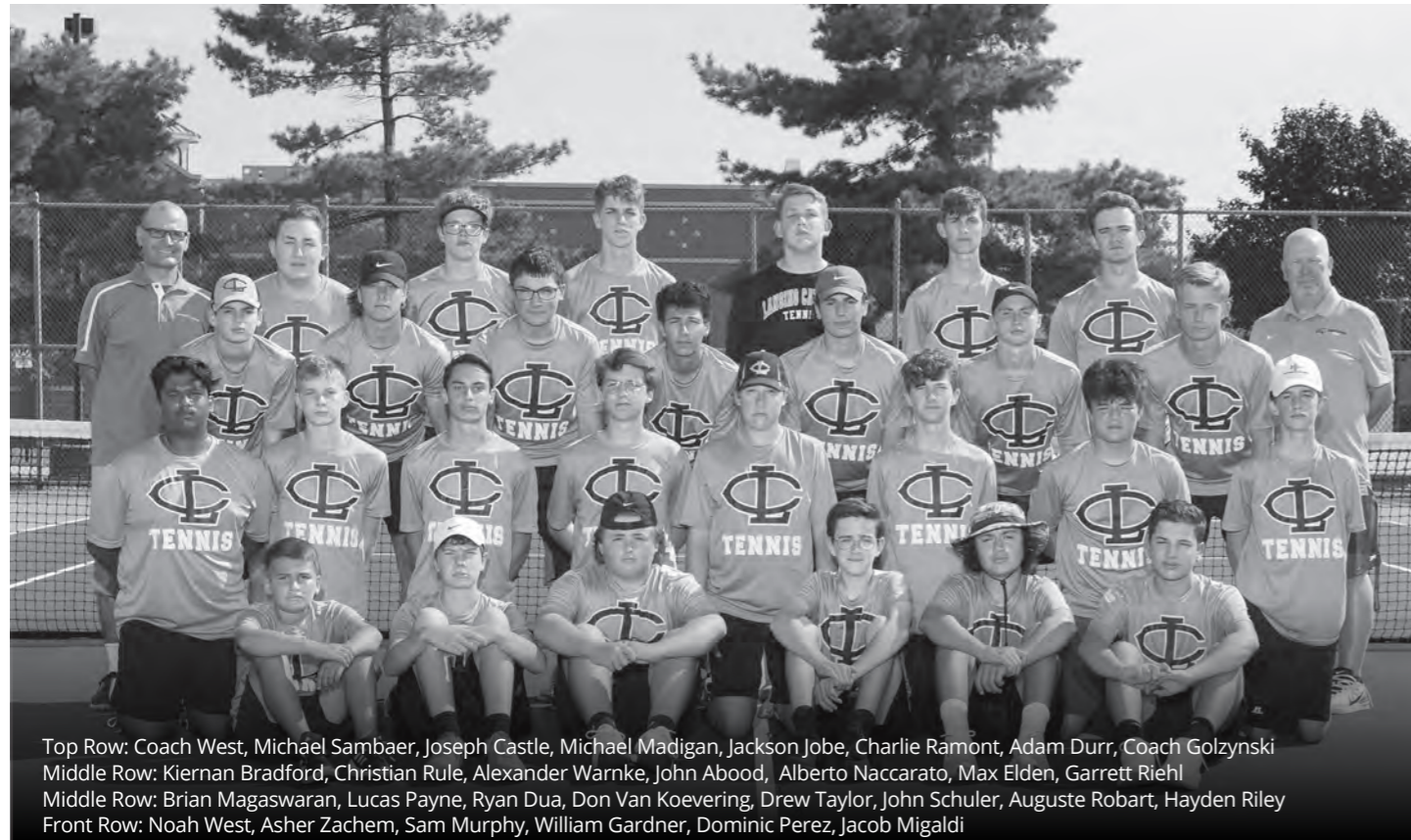
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COUGAR *pride*

TENNIS — BOYS



Top Row: Coach West, Michael Sambaer, Joseph Castle, Michael Madigan, Jackson Jobe, Charlie Ramont, Adam Durr, Coach Golzynski
 Middle Row: Kiernan Bradford, Christian Rule, Alexander Warnke, John Abood, Alberto Naccarato, Max Elden, Garrett Riehl
 Middle Row: Brian Magaswaran, Lucas Payne, Ryan Dua, Don Van Koevering, Drew Taylor, John Schuler, Auguste Robart, Hayden Riley
 Front Row: Noah West, Asher Zachem, Sam Murphy, William Gardner, Dominic Perez, Jacob Migaldi

PLAYER ROSTER

VARSITY

John Abood.....Sophomore
 Joseph Castle.....Junior
 Adam Durr (captain).....Senior
 Max Elden.....Senior
 William Gardner.....Junior
 Samuel Murphy.....Junior
 Alberto Naccarato.....Senior
 Charles Ramont.....Senior
 Garrett Riehl.....Junior
 Auguste Robart.....Senior
 Christian Rule (captain).....Senior
 Drew Taylor.....Senior

JUNIOR VARSITY

Kiernan Bradford.....Freshman
 Ryan Dua.....Freshman
 Jackson Jobe.....Sophomore
 Brian Magaswaran.....Junior
 Jacob Migaldi.....Freshman
 Lucas Payne.....Freshman
 Dominic Perez.....Freshman
 Hayden Riley.....Freshman
 Michael Sambaer.....Sophomore
 John Schueler.....Freshman
 Donald Van Koevering.....Junior

SCHEDULE

08/17/21 4:00 PM vs Multiple Opponents Tri @ Haslett HS
 08/20/21 2:00 PM @ Holt Invite MSU Tennis Courts
 08/21/21 9:00 AM vs Multiple Opponents Quad @ Waverly HS
 08/24/21 4:30 PM @ Parma Western
 08/28/21 9:00 AM JP II Quad: Powers, FGR, Lumen @ Waverly HS
 09/02/21 6:30 PM Big Rapids Quad @ Ferris
 09/08/21 3:30 PM @ Charlotte HS
 09/11/21 @ Lansing Christian Quad
 09/11/21 9:00 AM @ Allegan Public Schools
 09/13/21 3:30 PM vs Portland HS
 09/18/21 9:00 AM @ NorthPointe Christian HS
 09/20/21 3:30 PM vs Ionia HS
 09/22/21 3:30 PM @ Eaton Rapids HS
 09/25/21 9:00 AM @ Grant Christian School
 09/28/21 4:00 PM @ Grand Ledge HS
 09/30/21 9:00 AM CAAC League League @ Eaton Rapids HS
 10/07/21 TBA MHSAA Regionals 7th-9th

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

TENNIS — BOYS

MATT GOLZYNSKI VARSITY HEAD COACH

Matt is beginning his second year as the dean of students at Lansing Catholic High School. Previous to that he spent eight years in the social studies classroom. He is the National Honor Society advisor and has been the boys varsity golf coach for the last two years. He is looking forward to coaching tennis for the fourth year, acknowledging, "God has a plan for all of us and we are called to do things that we never expect that we will be doing and I truly believe that coaching tennis this year is just that, a calling."

Matt's goal as a coach is to help the young men on his team to become better tennis players, but more importantly better young men, and, as a team, grow together in the way that God has intended for them.



COUGAR *pride*

JOIN US AT ONE OF OUR OPEN HOUSE

PROSPECTIVE FAMILY NIGHTS

Wednesday, October 13, 2021 | Wednesday, February 2, 2022 | 6:30-8:30 pm

Discover what Lansing Catholic has to offer by enjoying a tour with a student ambassador of our campus. Students and parents will have the opportunity to ask questions and meet with faculty and administration.

\$1000 TUITION DRAWING

This year, for the first time, a drawing will be held for a \$1000 tuition award for a new Lansing Catholic High School student. The drawing will be held at the conclusion of each open house for those who participated. Winner will be notified.

Please contact our admissions office at 517-267-2158 or admissions@lansingcatholic.org to register. Registration is not required, but is appreciated. Private family tours are also available by contacting our admissions office.

www.lansingcatholic.org    





Back Row: Coach Tamara McKenzie, Coach Kim Lindberg, Katelyn Molnar, Ava Hudson, Juliana Faes, Coach St. Germain
 Middle Row: Lexi Keith, Lilly Ramereiz, Reese Robinson, Allisyn Lindberg
 Front Row: Isabella Thomas, Carly Flammini, Arica Cherry

PLAYER ROSTER

- Carly Flammini.....Senior
- Lilly Ramereiz.....Senior
- Reese Robinson.....Senior
- Ava Hudson.....Sophomore
- Katelyn Molnar.....Sophomore
- Arica Cherry.....Freshman
- Juliana Faes.....Freshman
- Lexi Keith.....Freshman
- Allisyn Lindberg.....Freshman
- Isabella Thomas.....Freshman

COACH ROSTER

- Kim Lindberg.....Head Coach
- Olivia St. Germain.....Assistant Coach
- Tamara McKenzie.....Assistant Coach

SCHEDULE

- 08/27/21 7:00 PM @ Waverly HS
- 09/02/21 7:00 PM @ Williamston HS
- 09/10/21 7:00 PM vs Lansing Sexton
- 09/17/21 7:00 PM 2 Eaton Rapids HS
- 09/24/21 7:00 PM vs Ionia HS Homecoming
- 10/01/21 7:00 PM vs Portland HS
- 10/08/21 7:00 PM @ Charlotte HS
- 10/15/21 7:00 PM vs Fowlerville HS
- 10/22/21 7:00 PM @ Pewamo-Westphalia HS

Visit www.lansing-catholic.bigteams.com/ for up-to-date details as schedule is subject to change.

KIM LINDBERG
 VARSITY HEAD COACH



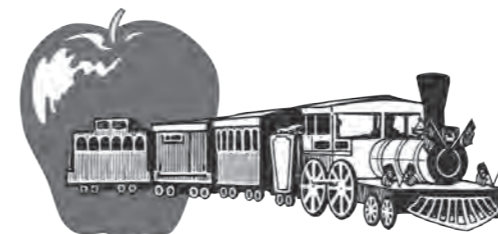
OLIVIA ST. GERMAIN
 ASSISTANT COACH



COUGAR FIGHT SONG

ROAR ON YOU MIGHTY COUGARS
 ALL HAIL THE SILVER AND BLUE
 STAND UP AND GIVE A CHEER - RAH RAH!
 SEND HIGH YOUR SPIRITS, TOO!
 ROAR ON YOU MIGHTY COUGARS
 BRING THUNDER TO THE SKY!
 AND RAISE ON HIGH YOUR VICTORY
 TO CATHOLIC CENTRAL HIGH!
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“By their fruits you will know them.” Matthew 7:20



From Top Left Anabella Panetta, Frida Moldrup-Dalum, Marieke Anderson, Olivia Szarowicz, Anna Jager, Lilah Kohrman
 From Bottom Left Head coach Kat Kelley-Hart, Alivia Burghdorff, Sarah Corey, Assistant Coach Bill Copland
 Not Pictured Janelle Ostrowski, Sophia Quintieri, Emerson Williams, Jaslyn Tejada-Torres, Isabella Stajos

PLAYER ROSTER

- Anabella Panetta
- Frida Moldrup-Dalum
- Marieke Anderson
- Olivia Szarowicz
- Anna Jager
- Lilah Kohrman
- Alivia Burghdorff
- Sarah Corey
- Janelle Ostrowski
- Sophia Quintieri
- Emerson Williams
- Jaslyn Tejada-Torres
- Isabella Stajos

COACH ROSTER

- Kathrine Kelley.....Head Coach
- Bill CoplandAsst. Coach

SCHEDULE

- 8/25 vs Waverly Relays
- 8/28 @ Williamston Invitational
- 9/9 @ Mason High School
- 9/11 @ DeWitt Invitational
- 9/25 @ Haslett Invitational
- 9/28 vs Holt
- 9/30 @ Williamston High School
- 10/7 vs Charlotte
- 10/14 @ Eaton Rapids High School
- 10/21 vs Ionia
- 11/5-11/6 CAAC Red Conference Meet TBD
- 11/19-11/20 Division 2 State Meet TBD



LANSING CATHOLIC HIGH SCHOOL
 A TRADITION OF EXCELLENCE

Lansing Catholic High School is part of a tradition of over 100 years of Catholic high school education in Lansing, Michigan. As a student at LCHS, you are part of something bigger, not just a number or another face in the crowd. You are part of a community of people who care about you as an individual and who strive to help you grow intellectually, spiritually, and socially. Prospective families are invited to join us at our events and for a tour to see how we truly live out our mission.

Information about how to get started with enrollment, admissions events, and tuition can be found on our website www.lansingcatholic.org. If you have any questions about the admissions process, or would like to schedule a tour or have information sent to you, please contact LCHS Admissions Coordinator Stacia DeVries at: stacia.devries@lansingcatholic.org or 517-267-2158.



 **MARCHING BAND**



Lexi Balasa, Piccolo

Kiernan Bradford, Clarinet

Aubry Bruch, Drum Line

Alex Campbell, Trumpet

Joey Castle, Drum Line

Jack Corona, Bari Saxophone

Mahki Dowsett, Trombone

Peter Dudley, Trumpet

Sara Duffiney, Alto Saxophone

Sophia Elliot, Clarinet

DJ Farmer, Bari Saxophone

Terryn Ferguson, Alto Saxophone

AJ Gates, Drum Line

Charlie Gates, Baritone

Isabella Griffin, Clarinet

Elizabeth Hayes, Color Guard

Marie Hayward, Alto Saxophone

Aaron Kenney, Trumpet

Aurora Kenyon, Trumpet

Therese Hourani, Trumpet

Jackson Jobe, Sousaphone

Peter Krause, Drum Line

Miliana Lara, Color Guard

Kaitlin Ludwig, Flute

Colm Madden, Tenor Saxophone

Brian Magaswaran, Alto Saxophone

Grace Molter, Flute

Talena Monasmith, Flute

Abby Morris, Clarinet,
DRUM MAJOR

Justin Nguyen, Trumpet

Emalee Noonan, Alto Saxophone

Jillian Nowlan, French Horn

Emily Putman, Drum Line

Sophia Quintieri, Drum Line

John Raubinger, Sousaphone,
DRUM MAJOR

Reese Robinson, Piccolo

Chris Sims, Trumpet

Navier Tanner-Fleming, Trombone

 **MARCHING BAND**



Isiah Thompson, Trumpet

Don Van Koeving, Drum Line

Conner VanNocker, Bass Clarinet

Matt Vorce, Trombone

Calvin Wasilevich, Baritone

Katrina Wrzesinski, Flute

JAN TIETSORT DIRECTOR

Jan Tietsort has taught in the Catholic school system for over 25 years. Currently she teaches band and choir at Lansing Catholic High School as well as beginning band and middle school band at IHM and Resurrection schools. She holds a Bachelor of Music from Western Michigan University and a Master's of Music in Conducting from the American Band College at Southern Oregon University. She is a member of Water Wonderland Chorus of Sweet Adelines and Sings Tenor in the Fleetwood Four Quartet. She is also a member of the Lansing/East Lansing Alumni Chapter of Sigma Alpha Iota holding the office of President.



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- 1 complimentary Club 360 swag item
- Access to our social media page for behind the scenes content including Hype Videos, Coaching Newsletter, Post-game Interviews

**Contact Ken Hintze at 517-267-2113 or
ken.hintze@lansingcatholic.org with questions.**

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Thank you!

Join us in thanking Lansing Catholic High School's dedicated teachers, sisters, coaches, staff, administration and chaplains. You inspire us with your hope and strength! We appreciate all you do for our students and families in this year of uncertainty.

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