

COACHING STAFF

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UNIVERSITY OF WISCONSIN-WHITTEWATER



HEAD COACH: Ned Shuck

Ned Shuck led the Warhawks to Conference, Regional, and NCAA Championships in 2015, 5 All-Americans and 6 Academic All Americans on the team. Ned Shuck wrestled for the University of Iowa from 2000-2005. He spent four years as a high school head coach, two years as an assistant coach at Augsburg College where they won a National Championship in 2010. Prior to becoming a Warhawk, he was the head coach at Heidelberg University for three years. He has lead the MN Storm Cadet Nationals Freestyle camp, assisted the OH USA Cadet/Junior Nationals camps, and many others.



HEAD ASSISTANT COACH: Justin Wharton

Justin Wharton, a former assistant coach and student-athlete at Heidelberg (Ohio) University, was named Assistant Head Wrestling Coach at the University of Wisconsin-Whitewater in August 2015. Wharton helped coach six regional placers and an All-American for the Student Princes. A three-year letter winner as a wrestler at Heidelberg from 2009-13, he served as a volunteer with the Lake Erie Freestyle and Greco Roman Wrestling Club, the Heidelberg Youth and High School Club and the Clay High School Wrestling Camp. A native of Oregon, Ohio, Wharton graduated from Heidelberg with a bachelor's in health and physical education in 2013. He earned his master's in education from Heidelberg in 2015.



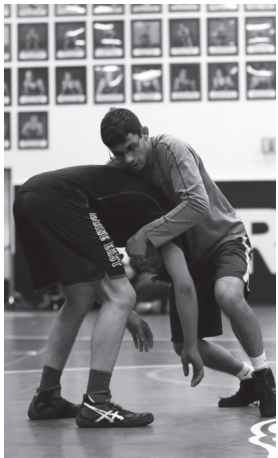
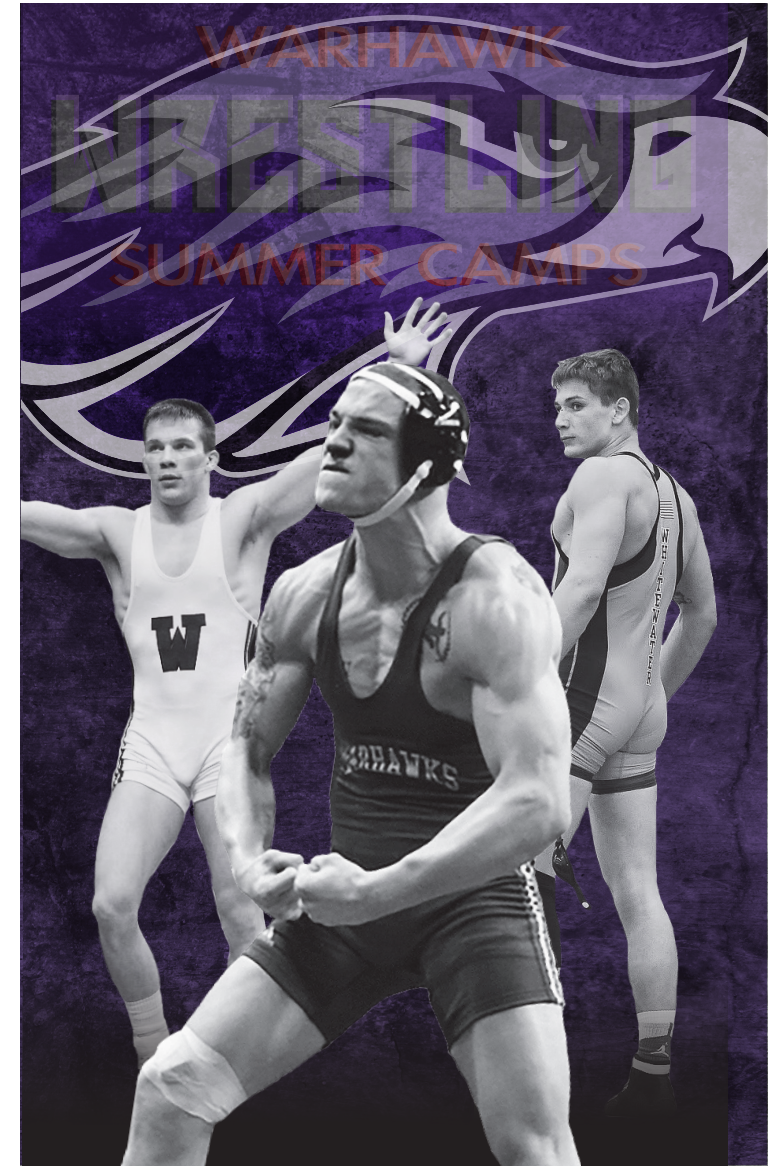
CAMP DIRECTOR: Del Schneider

Del Schneider is now in his second season with the Warhawks. Coach Del helped the Warhawks win, WIAC Conference title (2014), a Mideast Regional title (2014) and NCAA 4th place finish (2014). Prior to becoming a Warhawk, he coached the USA-OH Cadet Freestyle team. As an athlete, Coach Schneider was a NCAA Qualifier at 125 lbs. Del also claimed 3 runner up finishes in the O.A.C. and helped lead Heidelberg University to 3 Ohio Athletic Conference Championships. Amongst coaching Del has acquired the Director of Warhawk Wrestling Camps position.



ASSISTANT COACH: Jason Russell

Jason Russell is heading into his 1st season as an assistant coach of the Warhawk wrestling program. Prior to joining Coach Shuck at Whitewater, Jason served as a volunteer assistant coach at Heidelberg University in Ohio during the 14-15 season. As an athlete, Coach Russell was an NCAA Qualifier in 2014 at 197 lbs and a 2nd team All-OAC selection. He ended his career with 73 wins, including a 30 win season his senior year. And helped lead Heidelberg University to an Ohio Athletic Conference Championship in both 2013 and 2014.



CHECK US OUT ON FACEBOOK:
www.facebook.com/WarhawkWrestlingCamps

ELITE

June 19 - 22
Grades 7-12

TEAM

June 26 - 29
Grades 7-12

JUNIOR

July 6 - 8
Grades K-6

REGISTER ONLINE:
camps.uww.edu

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WARHAWK

ABOUT WARHAWK WRESTLING CAMPS

Areas covered in our camps include: mental preparation, strength and power-development, implementing new techniques, drilling techniques, situational wrestling, and live wrestling. The camp is designed so athletes will receive one-on-one instruction. About 2–3 weeks prior to the start of each camp, specific instructions for reporting to camp and what to bring will be emailed to participants.



FEES & INSURANCE

- **Junior Commuter Camp: \$100**
- **Elite Camp: Resident: \$315 Commuter: \$225**
- **Team Camp: Resident: \$315 Commuter: \$225**

The camp fee for each camp includes (room and board for the Elite, and Team camp) insurance, instructional materials and camp t-shirt.

Each camper will be covered by a group accident insurance policy. The cost of insurance is included in the registration fee. The insurance includes primary coverage up to \$7,500 and \$300 maximum dental insurance. Insurance does not cover pre-existing injuries and is for accidents only. Every precaution will be taken to prevent accidents.

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WRESTLING

ELITE CAMP

- **June 19–22, 2016 • Grades 7-12**

Resident: \$315 Commuter: \$225

Going on its 14th year of helping to bring wrestlers to the “next level!” This overnight camp is intended to help experienced wrestlers advance their skills. The camp will cover multiple areas that are essential to becoming a champion wrestler. The unique part of the UW-Whitewater Elite Camp is the 4:1 camper-counselor ratio. Campers will be put in groups of four upon arrival and that group will have a counselor with them and at all practice sessions.

TEAM CAMP

- **June 26 – 29, 2016 • Grades 7-12**

Resident: \$315 Commuter: \$225

The University of Wisconsin-Whitewater Team Camp is focused on the individual wrestlers skill development and maximizing performances through team dual competitions and one-to-one technique feedback. Each team is assigned 1-2 coaches (UWW Coaches/Student-Athletes) that will coach and mentor the team in every technique session and dual meet competition. Following competitions, coaches evaluate team and individual performances and provide skill/drill instruction. UWW camp staff’s consistency with the team allows them to invest in each wrestler on the team in order to provide personalized development. High school coaches will also have breakout sessions with camp staff.

JUNIOR COMMUTER CAMP

- **July 6–8, 2016 • Grades K-6**

Commuter: \$100

Junior Commuter Camp is a great experience for wrestlers of all levels. This camp is especially great for those who want to learn and refine the fundamental skills and techniques of wrestling and wrestling competition. The camp will focus on developing fundamentally-sound skills. Wrestlers will learn to develop good wrestling habits and develop an interest for the sport of wrestling.

This is a commuter camp and parents are welcome to observe or can drop the kids off for the day and pick them up in the afternoon.

CAMPS

FACILITIES

The camps will be held in the Williams Center facilities of the University of Wisconsin-Whitewater, which contains a state-of-the-art training room, weight room, and several thousand square feet of gym space.

The residence halls are within walking distance of the Williams Center complex and instruction facilities. Campers will be housed two per room. The dining halls are located in close proximity to the residence halls and serve three well-balanced meals daily to resident campers. Commuters will be entitled to lunch and dinner. These meals are included in the camp fee.

HOST YOUR OWN CAMP

Wisconsin coaches can also run commuter camps and pre-season clinics through UWW. These camps and clinics are held at a host high school and vary in price and length.

“UW-Whitewater Commuter Camps make it easy to get your entire team more mat time and instruction. The UW-Whitewater coaching staff as well as their wrestlers come to you and teach in the familiarity of your own wrestling room. They set the tone with intense workouts and connect well with all of the kids. Wrestlers, parents, and coaches alike appreciate that!”

-FRANK CUDA
Head Coach of Kettle Moraine High School

If you are interested in hosting a commuter camp, contact head coach Ned Shuck at 262.472.1867 or shuckn@uww.edu.

