

# Central High School

## Youth Cheer Clinic

For GRADES K-8

**DATE:** Sunday, October 11, 2015

**TIME:** 11:00 AM TO 5:00 PM

**PLACE:** Central High School

**COST:** \$30 PER PARTICIPANT

### **PARENT SHOWCASE @ 4:30 PM beginning with JV routine**

The Central cheerleading team will be hosting its annual clinic to help raise money for choreography and other needs. This is a perfect opportunity for all ages to learn the fundamental cheerleading skills and techniques including jumps, motions, sideline cheers, dance, stunting and tumbling. Snacks will be provided. Participants will receive a bow at the clinic. On October 16<sup>th</sup> all participants are invited to attend the Varsity football game where they will be performing on the sidelines with the Central cheer squads. Please be advised the weather can be very tricky this time of year- dress appropriately.

Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Contact Phone \_\_\_\_\_

Medical Insurance Company \_\_\_\_\_ Group Number \_\_\_\_\_

Policy Number \_\_\_\_\_ Phone Number \_\_\_\_\_

Participants must wear athletic clothing and tennis shoes. Hair must be pulled off face and shoulders. No jewelry allowed. Cheerleading can be a dangerous sport. Even though the school will follow all of NFHS rules, participating in cheerleading instruction as in any other sport presents risk for accidental injury. I hereby assume such risks and release Central High School; its employees, representatives, and all cheerleading instructors from such liability.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

**No one will be allowed to participate without a waiver signed by parent or guardian. NO EXCEPTIONS!**

Registration is due October 2nd to guarantee participant receives a bow. Registrations may be taken at door without guarantee of a bow. Sorry no refunds. If paying by check, please make out to Westosha Cheer Club

If you have any questions, please contact Coach Natalia at [vernezen@westosha.k12.wi.us](mailto:vernezen@westosha.k12.wi.us) or visit Westosha Central Cheer page on Facebook or Follow us on Twitter @WestoshaCheer

Please mail/drop off payment and registration to Central High School c/o Westosha Cheer Club  
P.O Box 38 Salem, WI 53168