

REGISTRATION FORM

Name of Athlete

Age Grade School

Mailing Address

City/State/Zip

Phone Number Shirt Size

Email

Resident - \$325/camper Commuter - \$200/camper
Group discount for teams of seven-plus - \$295

PAYMENT

Please make checks payable to: UWSP Wrestling

Mail payment to:

UWSP Wrestling Camp
c/o Johnny Johnson
2050 Fourth Ave.
Rm. 104A - HEC
Stevens Point, WI 54481

Registration packet will be sent in the mail after payment and athletes information is received.

Return registration by June 1 and receive a FREE T-shirt!

Registrations received after June 1 subject to an additional \$25 late fee



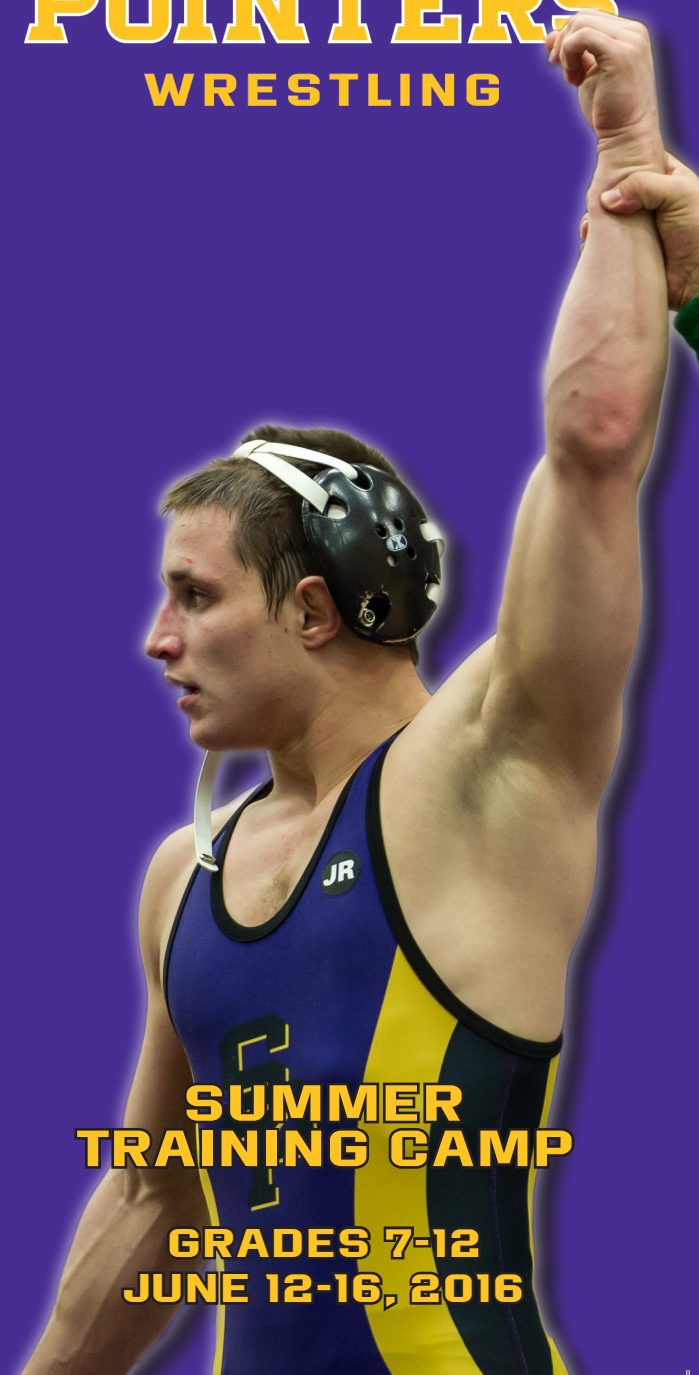
2015 CAMP



Johnny Johnson
Head Wrestling Coach
2050 Fourth Ave.
Rm. 104A - HEC
Stevens Point, WI 54481
Phone: 715-346-4184
Fax: 715-346-4655
Johnny.Johnson@uwsp.edu



POINTERS WRESTLING



SUMMER TRAINING CAMP

**GRADES 7-12
JUNE 12-16, 2016**

SUMMER TRAINING CAMP

COST

Resident- \$325/camper

(\$295/camper for seven or more from same team)

Commuter- \$200/camper

(includes breakfast and lunch)

CAMP SCHEDULE

Sunday, June 12

12-2 p.m.	Check-in at the dorm
2:15-3 p.m.	Rules meeting
3:15-5:15 p.m.	First workout
6:00-7:30 p.m.	Dinner
8:15-9:30 p.m.	Technique session
10:30 p.m.	Lights out

Monday-Wednesday, June 13-15

6:45-7:45 a.m.	Run/Lift
8-9:45 a.m.	Breakfast
10-11:30 a.m.	Technique session
12-2 p.m.	Lunch
3-5:30 p.m.	Live wrestling practice
6-7:30 p.m.	Dinner
8-9 p.m.	Evening activity

Thursday, June 16

7-9:30 a.m.	Breakfast
10-12 p.m.	Last hard practice (open to parents)
12:30-2 p.m.	Check-out

Johnny Johnson is in his 17th season as head coach at UW-Stevens Point after serving as the head assistant coach for four years.



Having coached at the collegiate level for over 25 years, he brings experience as an assistant coach for eight years at the University of Minnesota and was a two-time NCAA Division I All-American as a competitor at the University of Oklahoma. He compiled a 112-22-2 record for the Sooners and was an alternate to the U.S. Olympic team in 1988. Johnson has a 63-16-1 conference record and in 2011, he became the winningest coach in UWSP history with his 126th career victory.

Jake Wozniak is in his fifth year as the Pointers head assistant coach after two years as an assistant and a four-year competitive career at Stevens Point. While wrestling for the Pointers, Wozniak compiled over 80 career victories and was a national qualifier twice. Wozniak was awarded the John Peterson WIAC Outstanding Wrestler Award after winning a conference title as a senior.



David Thorn was a two-time All-American while wrestling at the University of Minnesota, finishing 7th as a junior and 5th as a senior. During his time at Minnesota, the Gophers were 2nd at the NCAA tournament twice and won the national duals three times. In high school, David was a four-time state champion and a Junior Freestyle National Champion.



GENERAL INFO

The Pointers Wrestling Summer Camp is an opportunity for wrestlers, grades 7-12, to learn technique and training practices that have produced 22 Individual WIAC Conference titles and 24 All-Americans since 2000.

During the week, which will be run like a training camp, wrestlers will experience college level practices from Pointers wrestling head coach Johnny Johnson and head assistant Jake Wozniak, along with David Thorn and current wrestlers.

Wrestling workouts will include technique from all three positions as well as live wrestling. The athletes will also be put through strength and cardio workouts daily.

Each night on campus there will be recreational activities that all campers will participate in together.