

PENN HILLS SCHOOL DISTRICT
PHYSICALS
SPRING SPORTS
2022-2023

DATE & PLACE:	SPORT
TUESDAY, FEBRUARY 21, 2023	GRADES – 9TH TO 12TH
SENIOR HIGH NURSE'S OFFICE – 7:15 AM – 7:45 AM	VARSITY BOYS TRACK
	VARSITY BOYS VOLLEYBALL
	VARSITY BOYS RUGBY
	VARSITY BASEBALL
	VARSITY GIRLS SOFTBALL
	VARSITY GIRLS TRACK
WEDNESDAY, MARCH 1, 2023	GRADES – 7TH & 8TH
LINTON NURSE'S OFFICE – 8:00 AM – 8:30 AM	JR. HIGH SOFTBALL
	JR. HIGH GIRLS TRACK
	JR. HIGH BOYS TRACK
WEDNESDAY, MARCH 8, 2023	GRADES – 9TH TO 12TH
SENIOR HIGH NURSE'S OFFICE – 7:15 AM – 7:45 AM	MAKE-UP DAY FOR ALL ATHLETES
	THAT MISSED THEIR SPECIFIED DAY!
WEDNESDAY, MARCH 22, 2023	GRADES – 7TH & 8TH
LINTON NURSE'S OFFICE – 8:00 AM – 8:30 AM	MAKE-UP DAY FOR ALL ATHLETES
	THAT MISSED THEIR SPECIFIED DAY!

PHYSICAL FORMS ARE NOW ONLINE AT WWW.PLANETHS.COM

TIPS FOR COMPLETING ONLINE PHYSICAL FORMS

CREATE A STUDENT ACCOUNT FIRST, CHOOSE PENN HILLS HS OR LINTON MS, AND THEN LINK TO PARENT ACCOUNT.

*The student's email address and parent's email address must be different/unique.

THERE ARE PORTIONS THE STUDENT AND/OR PARENT MUST DIGITALLY SIGN.

THE DOCTOR'S PHYSICAL MUST BE DATED AFTER 6/1/22.

A PHOTO OF THE DOCTOR'S PHYSICAL MUST BE UPLOADED UNDER SECTION 6.

PHYSICAL FORMS MUST BE COMPLETELY FILLED OUT TO START PRACTICES.

1ST PRACTICE DAY FOR SPRING SPORTS

HIGH SCHOOL:	March 6, 2023
LINTON MIDDLE SCHOOL:	March 20, 2023

January 12, 2023