



Kutztown High School Class of 2021 Presents:

Running of the Cougars

5K Run and Fun Walk

Saturday, May 18, 2019, 9:00 AM

The Kutztown Area High School Class of 2021 is pleased to present the fifth annual **Running of the Cougars** on May 18, 2019, beginning at the Kutztown Area High School Stadium. There will be two course offerings: a 5K run in Kutztown, or if you choose not to run, there will be a walk for fun in the high school stadium or on the 5K course. Entry fees for runners are \$25 (to receive shirt) or \$20 (without shirt). Entry fees for those who are walking are \$15 (to receive shirt) or \$10 (without shirt). Shirt guaranteed with registration prior to 5/1/19. Prizes will be awarded in a variety of 5K categories. Prizes drawing for walkers as well. Registration begins at 8:00 AM, 5K begins at 9:00 AM, Walkers may begin at 9:05 AM. All proceeds benefit Kutztown Area High School. Water will be provided at the 1 & 2 mile markers for 5K run.



First Name:

Last Name:

Address:

Email:

5K _____ **Fun Walk** _____

Phone: (____) _____ - _____

Age on Day of Race: _____

DOB: ____/____/____

Gender: (circle) Male Female

T-Shirt Size: S M L XL XXL

Emergency Contact:

Emergency Phone: (____) _____ - _____

ALL CHECKS MADE PAYABLE TO KASD

Release: (must be signed by all participants)

In consideration of the acceptance of the entry, I hereby waive/release any and all rights or claims for damage or injuries against the spectators, officers, and staff of the Kutztown Area School District; race officials; the municipalities through which the run takes place; their heirs, executors, administrators, successors, and families or for any and all injuries which I may suffer while taking part in the run or as a result thereof; and agree to be bound by the rules of sanctioning organizations, Kutztown Area High School.

SIGNATURE (by parent or guardian if under 18)

PLEASE RETURN FORMS and PAYMENT TO:
Kutztown Area High School
Class of 2021
50 Trexler Ave
Kutztown, PA 19530
(Checks Made Payable to KASD)

OTHER DETAILS...

- For the safety of all runners, no scooters, in-line skates, headphones, animals, or jogging strollers are permitted on the course.
- The race begins and ends at Kutztown Area High School Stadium.
- The race will be held rain or shine. The class advisor will have the right and responsibility to cancel events due to extreme and dangerous weather. In such instances, information will be available by calling 484-641-5539.
- There are no refunds in the event of cancellation.