



Dear Track Coaches and Athletic Directors-

We are excited to host the final Ozark Conference Track and Field Championships. This year the meet will be held on Wednesday, May 1st at Tiger Stadium on the campus of Waynesville High School. If you have any questions, please feel free to reach out to the Waynesville staff and we will work to address your concerns. Please take a look at the information below and we look forward to seeing you all!

Meet Director	<p>Cory Ace – Athletic Director cace@waynesville.k12.mo.us</p> <p>Mike Rawlings – Head Track and Field mrawlings@waynesville.k12.mo.us</p>
Facility	Tiger Stadium, 200 GW Lane, Waynesville, MO
Time	<p>Coaches Meeting: 9:15 AM (WHS Lecture Hall)</p> <p>Field Events: 10:00 AM <u>Varsity:</u> 3 Jumps/Throws in Prelims-Top 9 Advance to Finals w/ 3 additional jumps/throws. <u>JV:</u> 4 Jumps/Throws- No Finals</p> <p>Running Events: 11:00 AM Standard running event order. Girls will precede boys. JV events will be contested before Varsity events. The JV division 3200m run will begin at 11:00 AM. The 4X800m Relay will begin at 12:00 PM.</p>
Scoring	10-8-6-5-4-3-2-1
Awards	<p>Varsity: Medals to the top 6 JV: Medals to the top 3 Team plaques for top 3 teams in each division</p>
Entry Fee	Cost Share
Entries	<p>Varsity: 2 per event, 1 per relay in each division/event</p> <p>JV: 3 athletes and 1 relay in each division/event</p> <ul style="list-style-type: none"> ➤ Any athlete competing in an individual Varsity event is ineligible from participating in any JV event. An athlete competing in only relays at the Varsity level may compete in JV individual events. ➤ <p>Scratches may be made at the Coaches Meeting Only</p>
Entry Deadline	Monday April 29 at 5:00 PM. Entries will be done on MoMilesplit.com
Locker Rooms	<ul style="list-style-type: none"> ➤ No locker rooms will be available. Please ask athletes to refrain from entering locker rooms. Restrooms are available.

Spikes/Equipment	<ul style="list-style-type: none"> ➤ Up to 3/16" pyramid spikes only. Anything outside of these specification will be a DQ. No spikes in the bleachers. Each athlete is responsible for their own equipment. ➤ Blocks will be provided. Athletes are responsible for their own block holders. ➤ Implements will not be weighed and measured unless requested.
Bullpen	All running events will bullpen at the starting line for that event. PLEASE DO NOT COME TO THE BULLPEN AREA EARLY. ATHLETES SHOULD REPORT TO THE BULLPEN AT 3 RD CALL AND NOT BEFORE.
Tape/Markings	No tape will be allowed on the track. Chalk and tennis balls are acceptable.
Bus Parking	Busses will be able to drop off teams directly at the track. We then need busses to park off campus at Price Chopper- 300 Ichord Ave. Waynesville, Mo 65583.
Spectators	All spectators should view running events and jumping events from the stands. Additional seating will be available near the Shot Put, Javelin, and Discus area.
Admissions	Adults \$3, Students 5 yrs. or older \$2
Concessions	Concessions will be available
Trainer	There will be trainer on site near the finish line.
Tents	Please see map for acceptable tent locations. Athletes should not be on the tennis courts or softball field.
Meet Administration	<p><u>Field Events:</u> Waynesville High School will be providing field event judges for each field event. Schools attending the meet <u>will</u> not need to provide field event judges this year. We plan on having student workers at each event, but if you have injured or non-competing athletes that would like to help please let us know in advance.</p> <p><u>Exchange Zone Judges:</u> Exchange Zone Flags will be at the exchange zone. The new track is marked with large triangles at the beginning and end of the exchange zones.</p> <p><u>4X200m Relay:</u> Lebanon/Rolla <u>4X100m Relay:</u> 1st Camdenton/Central 2nd West Plains/Kickapoo 3rd Hillcrest/Glendale</p>

Running Event Finals		
Time	Division	Event
11:00 AM	JVG	3200m Run
	JVB	3200m Run

Standard Running Event Order Divisions Run in this Order (JVG, VG, JVB, VB)		
Time	Division	Event
12:00 PM		4x800m Relay
		100 m Hurdle
		110 m Hurdle
		100 m Dash
		4x200 m Relay
		1600 m Run
		4x100 m Relay
		400 m Dash
		300 m Hurdles
		800 m Run
		200 m Dash
	VG/VB	3200 m Run

		4x400 m Relay
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Field Event Schedule (first round of field events starts at 10:00 AM):

Field Events by Time			
Event Group	Event Type	Division	Event Location
1	Final - 4 Throw	JVB Discus	Middle School (Shuttle from WHS)
1	Final	VG High Jump	
1	Prelim / Final	VB Javelin	
1	Final - 4 Jump	JVG Long Jump	
1	Final	JVB Pole Vault	
1	Final	JVG Pole Vault	
1	Prelim / Final	VG Shot Put	
1	Final - 4 Jump	JVB Triple Jump	
2	Final - 4 Throw	JVG Discus	Middle School (Shuttle from WHS)
2	Final	VB High Jump	
2	Prelim / Final	VG Javelin	
2	Final - 4 Jump	JVB Long Jump	
2	Prelim / Final	VB Shot Put	
2	Prelim / Final	VG Triple Jump	

3	Final	JVG High Jump	
3	Final - 4 Throw	JVB Javelin	
3	Prelim / Final	VG Long Jump	
3	Final	VB Pole Vault	
3	Final - 4 Throw	JVG Shot Put	
3	Prelim / Final	VB Triple Jump	
4	Final	JVB High Jump	
4	Final - 4 Throw	JVG Javelin	
4	Prelim / Final	VB Long Jump	
4	Final	VG Pole Vault	
4	Final - 4 Throw	JVB Shot Put	
4	Final - 4 Jump	JVG Triple Jump	
5	Prelim / Final	VG Discus	
6	Prelim / Final	VB Discus	

- We will adhere to strict checkout times and time limits. Please ask your athletes to not leave a field event until final call for their running events. Also, make sure that they check out with the event judge. Athletes who check out properly will be given 15 minutes to return and check in with the event judge. If an athlete leaves an event without checking out with the event judge, the event will proceed without them. This is to allow a fair and continuous competition without long delays.
- Most importantly, there will be a hospitality room provided for Coaches and Meet Workers. Students and athletes will not be allowed in the hospitality room.
- FAT Timing will be provided by Act Now Promotions with Live Results.

We look forward to an excellent day of competition! Again, if you have any questions or concerns, please feel free to contact the Waynesville Track and Field Staff and we will work to address any concern.

Thanks-

Cory Ace, Mike Rawlings and the Waynesville Coaching Staff

