



Waynesville R-VI School District

Athletic Department
200 G. W. Lane
Waynesville, MO 65583
Phone: 573-842-2450
Fax: 573-842-2402
cace@waynesville.k12.mo.us



Cory Ace, Athletic Director
Jamie Stearns, Administrative Asst.
Candice Gorenflo, Administrative Asst.
Dr. Jason Whitt, Principal

WAYNESVILLE BOYS' AND GIRLS' JV INVITATIONAL March 26th, 2024

Coach: Mike Rawlings mrawlings@waynesville.k12.mo.us

Follow us on Twitter - @WHSTrackTeam

Scoring: Will be 10-8-6-5-4-3-2-1

Entry Fee: \$200.00 – boys, \$200.00 – girls. \$400.00 total for full entries (10 or more) or calculated per entry with prior communication.

Awards: Medals will be given to the top 3 places in each event. Team trophies will be given to each 1st place team.

Meet Entries: Entries are due no later than 5 pm on Friday, March 22nd All entries will be made **online** using Mo Mile Split **Three total entries per event and one per relay are allowed.**

The Invitational will be Electronically Timed by MO Timing:

Tickets for spectators will be sold at the gate for \$4.00.

Concessions will be available for purchase.

WHS Track Meets are at our High School – 200 GW Lane

3:00 Coaches Meeting

3:15 Javelin

3:45 Field Events

Discus	girls/boys to follow
Shot Put	boys/girls to follow
Long Jump	girls/boys to follow
Triple Jump	boys/girls to follow
High Jump	boys/girls to follow
Pole Vault	girls/boys to follow

4:00 Running Events

- Girls will precede boys
- No preliminaries; all heats against time
- All runners should report to the bullpen when called
- No spikes in bleachers
- Fast heat will run LAST
- No tape on track or runway
- 3/16 or smaller pyramid spikes only; no needles
- **NO FOOD OR GATORADE ON THE TURF PLEASE**

Starter/Referee: David Allen and Wade Jennings

Order of Events

4x800	Relay
100/110	Hurdles
100	Dash
4x200	Relay
1600	Run
4x100	Relay
400	Dash
300	Hurdles
800	Run
200	Dash
3200	Run
4x400	Relay

All entries for the Waynesville Invitational will be made using MO Timing. All registrations will be done at MO Mile Split.