

2023 “Tough as Nails”- Dan Haskell Junior Varsity and Dennis Noel Women’s Wrestling Tournaments

General Admission: \$5.00

When & Where: Saturday, December 9th, 2023

Weigh-ins at 8:00am Saturday in the HS gym
Coaches scratch meeting at 8:30 a.m. in Room 217
Wrestling will begin approximately at 9:30 a.m.
Rolla High School Main Gymnasium – 4-6 mats

Eligibility: Boys- Any freshman or sophomore who has not wrestled in a varsity match. First year junior or senior who have not wrestled in a varsity match are also eligible.
Women’s is a varsity tournament.

Entry Fee: **\$250/Boys team and \$200/Girls team;** no extras in each weight class on women’s side allowed ***at this time.***
Please send payment to:
Rolla High School Activities Office
900 Bulldog Run
Rolla, MO 65401

Line-ups: We will be using Trackwrestling this year, so you will receive an email the week of the tournament to enter lineups. For the JV tournament, please enter wrestlers into weight class with the following classification: *A= above average JV, B= average JV C=below average JV, D= very inexperienced.* This helps with competitive pairing.

Please enter your wrestlers by **Thursday, December 7th, 2023 before 12:00 pm** and seeding information for women wrestlers by **Friday, December 8th, 2023 before 12:00pm.** Any questions, problems, changes call Coach Hauck at 573-263-1202 or Coach Meyer at 417-489-6856.

Pairing & Matches: JV will be put in pools by weight classes and matches will be 2-1-1 minutes.
Women will have one bracket per weight class and matches will be 2-2-2 minutes.

Scoring & Medals: JV will be awarded 1st place medals for each pool and no team scoring.
Women’s will place top three in each weight class and a team trophy will be given, and Outstanding Wrestler.

Scratches and Adds: Friday or Saturday morning if you know of any lineup changes, please text/call Coach Hauck at 573-263-1202 or Coach Meyer at 417-489-6856.

Any questions contact Mark Caballero mcaballero@rolla31.org or Coach Hauck mhauck@rolla31.org or Coach Kyle Meyer kmeyer@rolla31.org