

Waynesville R-VI School District

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Cory Ace, Director of MSHSAA Activities & Athletics Jamie Stearns, Administrative Asst. Candice Gorenflo, Administrative Asst. Dr. Jason Whitt, Principal

WAYNESVILLE BOYS AND GIRLS VARSITY INVITATIONAL April 19, 2024

Tigers Coach

Mike Rawlings <u>m</u>

mrawlings@waynesville.k12.mo.us

Follow us on Twitter - @WHSTrackTeam

Past Participating Schools: Camdenton, Eldon, Houston, Iberia, Lebanon, Liberty, Licking, Plato, Rolla, Russellville, Salem, Steelville, Washington, Waynesville, Vienna, West Plains.

Scoring: Will be 10-8-6-5-4-3-2-1

Entry Fee: \$200.00 - boys, \$200.00 - girls. \$400.00 total.

Awards: Medals will be given to the top 3 places in each event. Trophies will be given to each 1st place teams and an individual Male and Female High Point trophy will be awarded along with the Gary Shultz High Jump Award

Meet Entries: Entries are due no later than Wednesday, April 17th at 5 pm. All entries will be made online using MO Mile Split. <u>Two entries per individual event and one per relay are allowed.</u>

Tickets for spectators will be sold at the gate for \$4.00.

Concession will be available for purchase.

The Invitational will be Electronically Timed by: Act Now Promotions

3:00 Coaches Meeting

3:15 Javelin

3:45 Field Events

Discus	girls/boys to follow
Shot Put	boys/girls to follow
Long Jump	boys/girls to follow
Triple Jump	girls/boys to follow
High Jump	boys/girls to follow
Pole Vault	girls/boys to follow

4:00 Running Events

- Girls will precede boys
- No preliminaries; all heats against time
- All runners should report to the bullpen when called
- No spikes in bleachers
- Fast heat will run LAST
- No tape on track or runway
- 3/16 or smaller pyramid spikes only; no needles
- NO FOOD OR GATORADE ON THE TURF PLEASE

Starter/Referee: Donnie Thomas and Wade Jennings

Order of Events

4x800	Relay
100/110	Hurdles
100	Dash
4x200	Relay
1600	Run
4x100	Relay
400	Dash
300	Hurdles
800	Run
200	Dash
3200	Run
4x400	Relay

All entries for the Waynesville Invitational will be made using MO Mile Split. Our meet information will be posted with contact information for anyone having difficulties.