



MARSHFIELD JV INVITATIONAL TRACK MEET

MONDAY, APRIL 1, 2024



1. We will be using Act Now Timing again this year. All entries will be done online at MoMileSplit
2. Coaches meeting at 2:45 P.M. in the equipment barn
3. **\$150.00 entry fee per team, \$300.00 for both boys and girls teams. Make checks payable to Marshfield High School.**
4. Each school will be allowed 4 entries per event and 2 relay teams per event.
5. Girls Javelin will begin at 3:00, Boys Pole Vault will begin at 3:00, and shot and discus will begin after completion of girls javelin.
6. All other field events will begin at 3:45 P.M. Running events will begin at 4:00 P.M. No Prelims, all heats run against time with the fast heat first.
7. The long jump and triple jump will run cafeteria style. Javelin, Shot, and Discus will be flighted. Each participant will be allowed 4 jumps or throws. NO FINALS.
8. Scoring will be 10-8-6-5-4-3-2-1
9. Medals will be awarded to the top 3 finishers and top teams in each division.
10. **ONLY 1/8-INCH PYRAMID SPIKES WILL BE ALLOWED ON THE TRACK AND RUNWAYS; DUE TO WARRANTY RATING ON TRACK.**
11. Athletes are to stay in the bleachers unless warming up or competing. Please stay off of the football field.
12. Buses need to park in the parking lot on the lower east side of the stadium.
13. Please communicate that we will be charging a gate fee for all spectators this year (\$4 adults, \$2 children)

THANK YOU,

Roy Kaderly
Head Track Coach

Girls Javelin at 3:00 pm
Boys Pole vault at 3:00 pm
Remaining Field Events Start at 3:45 pm

Girls Long Jump	Followed by the Boys Long Jump
Boys Shot Put	Followed by the Girls Shot Put
Boys Triple Jump	Followed by the Girls Triple Jump
Girls Discus	Followed by the Boys Discus
Girls High Jump	Followed by the Boys High Jump
Boys Pole Vault	Followed by the Girls Pole Vault

Running Events Start at 4:00 pm

4x800m Relay Girls
4x800m Relay Boys
100m hurdles Girls
110 High Hurdles Boys
100m Dash Girls
100m Dash Boys
4x200m Relay Girls
4x200m Relay Boys
1600m Run Girls
1600m Run Boys
4x100m Relay Girls
4x100m Relay Boys
400m Dash Girls
400m Dash Boys
300m Low Hurdles Girls
300m Intermediate Hurdles Boys
800m Run Girls
800m Run Boys
200m Dash Girls
200m Dash Boys
3200m Run Girls
3200m Run Boys
4x400m Relay Girls
4x400m Relay Boys

4 x 200 Lane judges:

4 x 100 Lane judges:

Games Committee:

High Jump Girls: _____ Boys: _____ Pole Vault Girls: _____ Boys: _____

