



# EXCELLING SLATERS TO THE TOP

**Bangor Area School District  
2023-2024 Athletic Handbook**



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Dear Parent, Guardian, or Student-Athlete,

Welcome to Bangor Athletics. We hope that this handbook will be informative and help to make *Slater Athletics* a positive experience for everyone involved.

The athletic program at Bangor is education based, which demands student-athletes be students first and athletes only as a privilege, rather than a right. Students participating in athletics learn teamwork and responsibility. The athletic field offers excellent experiences in dealing with success and adversity. There is research that shows those who participate in athletics and extracurricular activities are more likely to perform better in the classroom and less likely to have disciplinary issues than those who do not participate.

Again, athletic participation is a privilege, and we expect the student-athlete to complete his or her duties as a student before taking part in the extra-curricular activities that are offered.

Here are some statistics from the NCAA's website to keep in mind:

- Of the 8 million students currently participating in high school athletics in the U.S. only 460,000 will compete at an NCAA school. Of those participating in college athletics, only a fraction will become professional athletes.
- Overall student-athletes benefit from their experience in college athletics as they pursue their careers in other fields. Student-athletes graduate at higher rates than their peers in the student body, and those rates rise every year.
- In baseball, 6.9% of the 482,629 high school participants will play in college. In football, 6.5% of the 1,093,234 high school players go on to play in college. In Men's Basketball, 3.4% of the 541,054 participants go on to play in college. In Women's Basketball of 433,344 high school players, 3.8% will play in college.

Please understand that while it is possible for your student-athlete to play in college and even realize the dream of becoming a professional, the goal of athletics is to develop the skills and tools necessary to develop into a well-rounded individual. Our focus is on developing the whole student, and that begins with a focus on academics first.

This handbook has been provided as a guide to Bangor High School and Bangor Middle School Athletes. Please use it to help guide you throughout your time at Bangor.

Stephan Panczer  
Athletic Director

Approved by the Board of School Directors on June 27, 2023.

# OUR MISSION: Pursue Excellence

## Bangor School Board Directors

The Board of School Directors is a locally elected legislative body of citizens who share a common goal to provide a “thorough and efficient” education for District students as mandated by the Pennsylvania State Constitution. The Board consists of nine members who voluntarily serve in four-year terms. The Superintendent is an official member of the board without the ability to vote. Bangor School Board Members are elected at large, meaning that any of the nine members may reside in varied locations within District boundaries.

The School Board meets as a body once per month to conduct business according to the schedule found on the Bangor School District website. The Board adopts its calendar of meetings each December which is published in local newspapers and on the district website. The School Board may also schedule a special meeting for a designated topic, such as the annual budget adoption. All special meetings are advertised.

The Board is organized into four standing committees: Buildings and Grounds, Curriculum, Finance, and Policy. Board committees are authorized to render advice on district business and operate in accordance with the provisions of the Sunshine Act. Each committee typically convenes once per month. The President of the Board appoints members of each committee and serves as an ex-officio member on all committees. Committees are comprised of three to four board members and an administrative liaison. Each board committee is led by a chairperson, who reports on behalf of the committee and is facilitated by an administrative liaison.

Buildings & Grounds	Curriculum	Finance	Policy
Michael Goffredo*	Zachary Miller *	Craig Berger *	Kenneth Brewer, Jr.*
Dave DeNardo	Kenneth Brewer, Jr.	Chris Marozzi	Craig Berger
Toni Lynch	Thomas Mort	Zachary Miller	Dave DeNardo
Thomas Mort	Terra Schrader		Terra Schrader
Braden Hendershot, Ed.D.+	Kristin Kruger, Ed.D.+	Mark Schiavone+	Joseph Kondisko, Ed.D.+
*Committee Chairperson		+Administrative Liaison	

Members of the public are invited to attend school board and committee meetings. School Board Meetings are held in the Slater Conference Room on the 3rd Tuesday of each month at 7:00 PM unless announced otherwise. A period for public comment is scheduled at every school board meeting. Citizens who wish to comment on action items before the Board that evening must contact the Office of the Superintendent prior to the meeting. Each speaker is allowed three minutes to speak. The board will listen, take comments and questions under advisement, but is not obligated to respond. The presiding officer will refer questions to the Superintendent for research. and response.

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**President:** Michael Goffredo  
**Vice-President:** Craig Berger  
**Superintendent:** Dr. William Haws  
**Treasurer:** Zachary T. Miller  
**Secretary:** Mark Schiavone



## District Offices

123 Five Points Richmond Road  
Bangor, PA 18013  
610-588-2163

**William Haws, Ed.D.** | Superintendent  
**Kristin Kruger, Ed.D.** | Assistant Superintendent  
**Braden Hendershot, Ed.D.** | Assistant to the Superintendent  
**Mark Schiavone** | Business Manger

## Academic Support

**Scot Engler** | Director of Special Education  
**Joseph Kondisko, Ed.D.** | Director of Student Services  
**Timothy Curran** | Director of Technology

## Athletics

**Stephan Panczer** | Athletic Director

## Operations

**Edward Iandoli** | Chief of School Police  
**Ronald Baker** | Director of Building and Grounds  
**James Saylor** | Director of Food Services (Aramark)  
**Carole Emery** | Transportation (STA)

## Hours

### District

8:00 a.m. – 4:00 p.m.

### Elementary

Regular Hours: 8:10 a.m. – 2:50 p.m.  
2-Hour Delay: 10:10 a.m.

### Secondary

Regular Hours: 7:10 a.m. – 2:05 p.m.  
2-Hour Delay: 9:10 a.m.

## Elementary Schools

**Five Points Elementary School (K-2)**  
363 Five Points Richmond Road  
Bangor, PA 18013  
610-599-7015  
Cara McCormick | Principal

**Washington Elementary School (Grades 3-4)**  
381 Washington Boulevard  
Bangor, PA 18013  
George Angelopoulos | Principal

**DeFranco Elementary School (Grades 5-6)**  
267 Five Points Richmond Road  
Bangor, PA 18013  
610-599-7013  
Kimberly Kochanski | Principal

## Secondary Schools

**Middle School (Grades 7-8)**  
401 Five Points Richmond Road  
Bangor, PA 18013  
610-599-7012  
Jason Clifford | Principal  
Amanda Borger | Assistant Principal

**High School (Grades 9-12)**  
187 Five Points Richmond Road  
Bangor, PA 18013  
610-599-7011  
Andrew Krohn | Principal  
Stephanie Deemer | Assistant Principal  
Joseph Disidore | Assistant Principal

**B.A.S.E. (Grades 7-12)**  
Bangor Alternative to Support Education  
Allison Tucker | Assistant Principal  
610-599-7011 ext. 1802

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The Board requires a notice stating that the district does not discriminate in any manner, including Title IX sexual harassment, in any district education program or activity, to be issued to all students, parents/guardians, employment applicants, employees and all unions or professional organizations holding collective bargaining or professional agreements with the district. All discrimination notices and information shall include the title, office address, telephone number and email address of the individual(s) designated as the Compliance Officer and Title IX Coordinator.

## **Section I - Bangor Area School District Athletic Philosophy and Objectives**

We believe the athletic program in the Bangor Area School District is an integral part of the total educational program. Therefore, we extend the privilege of participating in interscholastic athletics to all students who are able to meet the standards established by the Bangor Area School District. Participation in interscholastic sports provides an opportunity for students to gain valuable experiences, which will contribute toward physical growth and development, healthy living habits, high moral standards, school citizenship, and sportsmanship. Everyone involved in the athletic program should have a sincere belief in the value of athletics and be willing to spend the time and effort necessary to influence in a positive way the lives we come in contact with.

With this philosophy in mind, it will be our objective to teach student-athletes to understand the importance of the following:

- Accepting Responsibility
- Dedicating themselves to a set of beliefs and goals
- Developing teamwork, pride, and commitment
- Accepting discipline from authority and developing self-discipline
- Associating and working with others toward a common goal
- Learning to deal with success as well as failure
- Achieving their full potential
- Healthy living habits
- Developing leadership skills
- Developing good sportsmanship

## **Section II - Warning Regarding the Inherent Dangers of Athletic Participation**

Student-athletes and parents must be aware that any athletic participation will always have inherent dangers and risks. Although rare, death or catastrophic injury can result from participation in sports, and care should be taken by all concerned to minimize such dangers through the use of appropriate equipment, proper training methods, and common sense.

The Bangor Area School District encourages student-athletes in all sports, and their parents, to discuss risks and risk minimization with coaches and school administrators.

## **Section III - Bangor Athletic Department Chain of Command**

In the Athletic Department of the Bangor Area School District, the following chain of command is in effect:

Players  
Assistant Coach(es)  
Head Coach  
Athletic Director  
Principal  
Assistant to the Superintendent

If there are any questions or concerns involving an aspect of the athletic program, the student-athlete or parent should first contact the appropriate coach. If there were no resolution, he or she would then go to the head coach and continue up the chain of command.

## **Section IV - Parent - Athlete - Coach Relationship**

### **Parent/Coach Communication Plan**

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to children. As parents, when your children become involved in our athletic program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

### **Communication You Should Expect from Your Child's Coach**

1. Expectations the coach has for your child as well as all the players on the team.
2. Locations and times of all meetings, practices, and contests.
3. Team requirements, i.e., practices, special equipment, out of season conditioning.
4. Team rules, guidelines, and consequences for infractions.

### **Communication Coaches Expect from Athletes/Parents**

1. Concerns expressed directly to the coach.
2. Advance notice of any situations that may hinder participation in practice, games, or other team activities.

As your child becomes involved in the programs of the Bangor Area School District, they will experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

### **Appropriate Concerns to Discuss with the Coaches**

1. The treatment of your child.
2. Improving your child's athletic performance.

At times it may be difficult to accept your child's limited playing opportunities. Please remember that coaches are professionals. They make decisions on what they believe to be the best for all students involved. As you can see from the list above, certain things can and should be discussed with your child's coach. Other things, such as those listed below, must be left to the discretion of the coach.

### **Issues Not Appropriate to Discuss with the Coaches**

1. Playing time
2. Team Strategy
3. Other student-athletes
4. Selection of team leaders

Sometimes there are situations that may require a conference between the coach and the parent. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue of concern.

### **If There Is a Concern to Discuss with a Coach**

1. Please encourage your child to speak directly to the coach.
2. Call the coach to set up an appointment.
3. If the coach cannot be reached, call the athletic office to assist you in arranging a meeting.
4. Please **DO NOT** attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature rarely promote resolution.
5. If the meeting with the coach does not provide a satisfactory resolution, call, and set up an appointment with the Athletic Director to discuss the situation.

## **Section V - Behavior Expectations of Spectators**

### **Expectations of Parent/Guardian**

1. Support your student-athlete's efforts toward success.
2. Work to promote a positive environment that is conducive to the development of the student-athlete.
3. Become familiar with and review the rules and regulations with your child.

4. Communicate any concerns in a timely manner according to district protocol.
5. Treat all coaching personnel with courtesy and respect and insist your student athlete do the same.
6. Treat all game officials with courtesy and respect and insist your student athlete do the same

Research indicates a student involved in extracurricular activities has a greater chance for success as an adult. Involvement in athletics is an extension of the classroom where students learn the values of commitment, teamwork, and pride. Development of these character traits in a competitive arena will promote success in life after high school. We hope the information provided in this pamphlet makes both your child's and your experience with the Bangor Area School District athletic program truly rewarding and enjoyable.

### **Suggestions for Parents of Student Athletes**

1. Make sure your children understand that win or lose, you love them.
2. Be realistic about your child's physical ability.
3. Help your child set realistic goals.
4. Emphasize "improved" performance, not winning.
5. Don't relive your own athletic past through your child.
6. Provide a safe environment for training and competition
7. Control your emotions at games and events.
8. Be a "cheerleader" for your child AND other children on the team.
9. Respect your child's coaches. Please communicate with them in a positive way.
10. Be a positive role model.
11. Never communicate with the officials.
12. Never approach a coach or athlete during a contest or coach your child from the stands.
13. Never enter the field of competition.

Be sensible and responsible and keep your priorities in order. There is a great deal more at stake than a win/loss record.

### **Section VII - Responsibilities of a Student-Athlete**

Coaches expect a student-athlete to adhere to the following guidelines:

1. The team's goals, welfare, and success must come before any individual.
2. A student-athlete needs to consistently attend practice sessions, including weekends and holidays.
3. Players must be receptive to coaching.
4. Team members are responsible for all issued uniforms and equipment.
5. As a member of a team, a student-athlete must agree to and follow all team rules. Student-athletes need to remember that they are ambassadors and represent not only themselves, but the coaching staff and the school.
6. If injured, a student-athlete must report all injuries to either the coach or, more importantly, to our athletic trainer.

### **Responsibilities of a Coach**

In the Bangor Area School District, a coach has the responsibility for the following:

1. The selection of a squad.
2. Their determination of the style of play, including offensive and defensive philosophy.
3. The teaching and instruction at practice sessions.
4. The determination of who starts and how long an athlete plays in a contest.
5. The decision of who plays what position.
6. The establishment of team rules.
7. The selection of team captains.
8. The communication with student-athletes and parents with respect to when practice sessions will be held, and when the sessions will start and finish.
9. The contents of any student-athlete's 504 or IEP.

### **Section VIII - Participation on an Athletic Team/Playing Time**

#### **Eligibility**

Any student-athlete who participates in interscholastic athletics must adhere to the eligibility rules of the PIAA and the District. Failure to comply, will result in a loss of eligibility to participate and/or penalty to our school or your team. The



high school principal and athletic director are responsible for certifying the eligibility of all student-athletes in the District. Information concerning eligibility is available in the athletic director's office.

It is important to understand that participation on an athletic team in the Bangor Area School District is a privilege and not a right. Being on and maintaining one's membership on the team means accepting all the responsibilities of a student-athlete. However, unlike recreation, intramural, or AAU teams, equal or guaranteed playing time does not exist. In an effort to win, a coach will use players best suited to the conditions or demands of the contest at that time.

Just as our students are exposed to a variety of teaching styles and techniques in the classroom, our student-athletes are exposed to a variety of coaching styles and techniques. Consequently, the Athletic Department does not have any rules that mandate the amount of playing time received by each player. Those decisions ultimately rest with the coaches in the program.

### **Age**

A student-athlete will be eligible for participation if he/she has not reached the age of nineteen (19) prior to July 1st of the current school year.

### **Enrollment**

No student who has been enrolled in grades 9–12 for eight semesters shall thereafter be eligible. The maximum high school (grades 9-12) participation shall be four (4) years in any one sport.

## **Section IX - Athletic Participation by Charter/Cyber/Home Education Students**

Charter, cyber, and home education students shall be given an equal opportunity to participate in the Bangor Athletic program as long as the cyber or charter school does not provide the same athletic program. Charter, cyber, and home education students may only participate in athletic programs at the school building they would be assigned if they were enrolled in the school district. In order to participate the following criteria must be met:

1. Be a resident of the district.
2. Comply with board policies, school rules, team rules, and administrative regulations regarding athletics.
3. Home education students, prior to trying out or joining a team, shall submit the required documents and written verification of eligibility to the athletic office.
4. Complete a PIAA physical examination prior to participation. Information regarding physicals will be posted on [www.slaterathletics.org](http://www.slaterathletics.org)
5. Charter, cyber, and home education students must meet the eligibility requirements to begin participation as well as continue to meet the requirements throughout the season. On a weekly basis during participation, verification that the student has met the eligibility requirements must be submitted to the athletic office.

## **Section X - Dual Sport Athletes Policy**

The PIAA allows student-athletes in grades 7-12 to participate in two sports during the same season. Realizing that there are challenges when doing this, the Bangor Athletic Department has set the following guidelines in place to help avoid any unnecessary complications.

Student-athletes who wish to participate in two sports in the same season must declare one of the sports as the primary sport two weeks before the official start of practices. At this time, the student-athlete will inform both coaches and the athletic director of his or her desire to participate in two sports during the same season. A meeting will be scheduled with the student-athlete, parent(s) or guardian(s), both head coaches, and the athletic director.

Once declared, this cannot be changed. Both coaches will understand that the primary sport takes priority over the secondary sport and will most likely result in missed practices and perhaps even missed contests for the secondary sport. The student-athlete and parents will understand that missing practices could result in lost playing time. At this meeting, all questions will be answered so that everyone involved knows the expectations of all affected parties in this decision to participate in two sports during the same season. Keep in mind that just declaring that you will participate in two sports in one season does not automatically ensure you a place on either team. Like all of our student-athletes, you must successfully try out for and make the team. Hopefully, this helps to eliminate any problems and gives everyone involved the opportunity to be aware of the expectations at the beginning of each season.

## Section XI - Eligibility for Interscholastic Athletic Participation and Curricular Requirements

### Academic Eligibility

1. Academic eligibility shall apply to any 7<sup>th</sup>-12<sup>th</sup> grade extracurricular activity that competes or performs.
2. Academic Probation - On a weekly basis, a student-athlete who is failing one (1) subject, grading period to date, will be placed on Academic Probation. The coach will notify the student-athlete. The coach may hold the student-athlete out of activities, including practices, contests, and performances to support the student-athlete in addressing the failing grade.
3. Academic Ineligibility
  - a. *During Marking Periods*
    - i. On a weekly basis, if a student-athlete is failing two (2) or more subjects, grading period to date, as of Friday of that week, they will be academically ineligible to compete or perform for seven (7) subsequent days, Sunday through Saturday.
    - ii. Participation in non-competing activities such as practice or rehearsals, is at the discretion of the advisor/coach.
    - iii. No student-athlete will be dismissed from class during academic ineligibility to participate in extra-curricular activities.
  - b. *End of Marking Period (quarterly)*
    - i. At the end of the marking period, any student-athlete who has failed two (2) or more courses will be ineligible to compete or perform for a minimum of fifteen (15) school days starting the day report cards are issued until the first Friday of the new marking period eligibility is calculated.
    - ii. Final marking period grades will be used to determine eligibility at the end of a marking period. An evaluation of the student-athlete's academic performance during the minimum fifteen (15) school days will determine whether they can resume competition or perform.
    - iii. Participation in non-competing activities such as practice and rehearsals, is at the discretion of the advisor/coach.
    - iv. No student-athlete will be dismissed from class during academic ineligibility to participate in activities.
  - c. *End of School Year*
    - i. At the end of the school year, a student-athlete who has failed three (3) or more courses for the year will be ineligible for the first 15 school days of the following school year until the first Friday of the new marking period eligibility is calculated.
    - ii. Final course grades of courses taken during the year (regardless of which semester) are used to determine academic eligibility at the end of the school year.
    - iii. Successful participation in district-approved summer or credit recovery programs may be used to meet academic eligibility standards.
    - iv. Student-athletes who have not met this requirement will be ineligible to compete or perform the first fifteen (15) school days of the following school year until the first Friday of the new marking period eligibility is calculated.
  - d. *Transfer Student-Athletes*
    - i. Student-athletes who transfer to the district must comply with the established academic guidelines.
    - ii. Academic eligibility will not be determined until the district receives official records from the ascending school.
    - iii. The student-athlete may participate in non-competing activities such as practices/rehearsals at the discretion of the coach/advisor but shall not compete/perform until official records are received.
    - iv. The academic standing from the preceding week, grading period or year from the ascending school shall be used to determine academic eligibility.
  - e. *Special Events* - Academic eligibility will not apply to special events, such as proms and class activities in which the entire class is allowed to participate.
  - f. **INELIGIBLE STUDENT-ATHLETES WILL NOT BE ALLOWED IN UNIFORM AT CONTESTS.**

## Attendance Eligibility

Any student-athlete absent during a regular school day may not participate in an event scheduled for that day. The head coach is responsible for enforcing this policy. Exceptions may be granted if the student-athlete is absent due to death, serious illness in the family, or a scheduled doctor's appointment. An excuse needs to be presented to the attendance clerk, head coach, and athletic director, in order for the student-athlete to be eligible to compete on that day. If a student-athlete is absent from school on a Friday, they can compete on a Saturday at the coach's discretion. A student-athlete who has been absent from school during a semester for a total of twenty (20) or more school days shall not be eligible to participate in inter-scholastic practices or contests until the student has been in attendance for a total of forty-five (45) school days following the student's twentieth (20th) day of absence. This is a PIAA regulation.

## Late to School/Tardiness

Any student-athlete who signs into school after 8:15 AM will not be eligible to participate in a scheduled athletic contest on that day. The daily attendance sheet indicates the arrival time of students if they are late for school. Exceptions to this policy may be granted to students who have prior approval from the principal or designee. A student who is late to school due to a medical appointment may be granted permission to participate if a written excuse from a healthcare professional is provided to the attendance office when the student reports to school. The principal or athletic director reserves the right to waive this rule under certain circumstances.

## Discipline Eligibility

Expectations of our student-athletes remain high not only during practices and games, but also during the school day. We expect our student-athletes to be model students and leaders of their classmates.

In the event a student-athlete has been disciplined in school and has gained a detention, In-School, or Out-of-School Suspension, the following guidelines apply.

1. Detention – Athletes are not excused from detention nor are they to be dismissed early because of athletic practices or games.
2. School Exclusions- Exclusion removes the student from the classroom and revokes all privileges during the period of the exclusion, including extra-curricular activities. This includes practices, competitions and any activity connected to the extracurricular activity. Exclusions include in-school suspension (ISS), out-of-school suspension (OSS), and expulsion. A student may not participate in extra-curricular activities until the first day following the last day of an exclusion.
3. Any student-athlete who has been formally charged as an adult or juvenile with a crime committed on or off school property which constitutes a misdemeanor or felony related to domestic abuse, aggravated assault, use, possession, or distribution of alcohol, drugs, controlled substances, look-alikes, and drug paraphernalia, shall be suspended from participation in extracurricular activities pending administrative review.
  - a. Upon conviction or plea of guilty or a plea of no contest,
    - i. the case will undergo administrative review to determine extra-curricular participation.
    - ii. referral to SAP.
    - iii. referral to other appropriate agencies.
  - b. Upon acquittal or dismissal of the charges, the student will be reinstated to the extra-curricular activity as a member in good standing.

## Section XII – Athletic Code of Conduct

### **Sportsmanship**

Student-athletes will be expected to show courtesy and respect to all fellow students, as well as all personnel from other schools and officials involved in the activity. Conduct unbecoming of a student-athlete during a team activity will be addressed by the coach first. If the behavior continues and/or the behavior is a violation of school rules that should be addressed by the principal, who shall decide on any other appropriate form of discipline, the coach will alert the high school principal for his/her review. This review could lead to a suspension or dismissal from team activities and any other appropriate consequences. Flagrant misconduct could result in immediate suspension or dismissal from the activity and any other appropriate consequences.

All student-athletes must be willing to accept the rules, regulations, and responsibilities of each extra-curricular activity in which they participate. Violation of any Bangor Area High School or Middle School rules and regulations, in addition to those listed in this handbook, may result in the elimination or suspension of the privilege of participating in the extra-curricular program.

The coach may distribute a team-specific policy detailing a student's responsibilities about their particular sport. Any separate policies must also be followed. The coach's policy must comply with the overall philosophy of the District, as well as the standards set forth in all other applicable documents, including this handbook, the Bangor Slater Athletic Handbook, School Board policies, Administrative regulations, etc.

### **Use of Tobacco Products (Policy No. 222)**

The use of tobacco products during the season is unhealthy and is strictly prohibited. The PIAA and Colonial League have rules that prohibit the use of tobacco products by any participant at an interscholastic athletic event. The use of tobacco products interferes with the physical conditioning of the athlete and will impact their performance. Therefore, if an athlete is caught using tobacco during the season, the following discipline will result:

**First Offense:** A one (1) game suspension and participation in an on-campus tobacco awareness program conducted through the school nurse's office.

**Second Offense:** A three (3) game suspension and participation in an off-campus tobacco cessation program.

**Third Offense:** Dismissal from the squad for the remainder of the season.

### **Extracurricular/Cocurricular/Athletics Drug and Alcohol Policy (Policy 227.1)**

The Extracurricular/Cocurricular/Athletics Drug and Alcohol Policy has been adopted by the School Board and applies to all students. A copy of this policy may be obtained from the District's website ([www.bangorslaters.com](http://www.bangorslaters.com)) or at the District offices. Any questions regarding this policy should be directed to the Superintendent.

This policy applies to all District students who participate in athletics, co-curricular, and/or extra-curricular activities. These students are visible members of our school and represent the District publicly through performances, competitions, and trips. This policy is applicable throughout the entire calendar year and any student who violates this policy is demeaning the integrity and character of this District. Students are not only expected to model the image of the District during the school year, but also during the summer months. Violators of this policy during the summer months will be subject to the guidelines of this policy on their return to school. Support for such out-of-school action lies within the need for all students who represent the District to represent it with integrity and character.

## **Section XIII - Tryouts/Cutting**

While our ultimate goal is to promote the greatest athletic participation possible in the Bangor Area School District, it may be necessary in some sports to cut players in order to make a more manageable team. This may occur due to limitations of our facilities, regulations specific to some sports, travel restrictions, and other factors.

Every coach has the responsibility and authority for the selection of his or her team. The criterion for selecting the team is developed by the coach. The coach will be able to provide you with what is required for your specific sport.

It is important to remember that there are no guarantees. Players from a previous year's JV Team, for example, do not automatically make either the JV or Varsity team the following season. Having been a member of the team during the previous year or being a senior does not ensure that student-athletes will make the squad.

Parents should expect that every candidate is treated fairly and given every consideration. Coaches are sensitive to feelings of disappointment, will handle the task as positively as possible, and be available to answer student-athletes' questions.

While we understand that being cut is disappointing for many student-athletes and even for their parents, we unfortunately cannot keep everyone. Anyone cut from a team is welcome to try out again next season or to try another sport. When parents and student-athletes understand and support the coach's decision, this difficult process becomes less painful for all. Missing tryouts for vacation are not an excused absence and as a result, may lead to not making the team.

## **Section XIV - Senior Recognition**

Most coaches conduct a senior recognition ceremony. It is our philosophy that the celebration and recognition of our seniors are separate from the contest. Consistent with our philosophy, the game will be approached from a team perspective and seniors will not necessarily start on senior night. This will be left to the discretion of the coach.

## **Section XV - Purpose of a Sub-Varsity Team**

Sub-varsity teams exist to provide those student-athletes unable to participate on the varsity level an opportunity to develop skills and gain experience. While the student-athlete's age, size, or skill level may be the limiting factor in not making the varsity team, participation on a sub-varsity team may enhance the student-athlete's potential to make the varsity squad in the future.

A caution, however, must be given. Being a member of a sub-varsity team does not guarantee that a student-athlete will automatically move up the following year to the varsity squad. The student-athletes best suited for varsity competition will make the squad each year.

Striving to win is important in athletics; however, compiling a great record or winning a championship should not be the primary objective of a sub-varsity team. The Colonial League will not acknowledge sub-varsity championships. The development of student-athletes should be the ultimate purpose of a sub-varsity team while at the same time acknowledging the value of winning, learning, and enjoying being a member of a team.

At the junior high and junior varsity level playing time for all participants is encouraged, though will not and cannot, be guaranteed.

## **Section XVI - Transportation**

Transportation for all athletic contests, scrimmages, and when necessary, practices, will be arranged by the Athletic Department. Departure times will be scheduled and published for coaches, players, custodians, faculty, and administration.

Student-athletes must use school-provided transportation to all athletic contests and scrimmages unless prior arrangements have been made with administration. In addition, student-athletes who are transported by school provided transportation to events must return by school-provided transportation unless the head coach personally receives parental permission and approves the request. Head coaches have copies of this transportation permission form. Only a legal parent or guardian may transport student-athletes. This, however, should only occur in emergency circumstances.

## **Section XVII - Sports Medicine**

Athletic training is vital to all of the athletic teams and program as a whole at Bangor. At Bangor we have a contract with Coordinated Health who provides two athletic trainers and a performance coach. Our trainers will work together to make sure each individual injury is dealt with properly and work to prevent future injuries.

The following are guidelines that will help your child remain healthy or receive appropriate care needed when dealing with injuries when participating in extracurricular activities.

1. Student-athletes will follow the advice and discretion of the Athletic Trainer.
2. Players will get the proper amount of rest and follow a diet that facilitates good health.
3. Notify the coach and athletic trainer of all injuries that happen to you while at practice or in a game.
4. Arrive for treatment early enough to get treatment done and still be on time for practice or a game.

## **Section XVIII - Practice Sessions and Games**

Practice sessions are normally closed to spectators. These sessions are the equivalent of a teacher's classroom and there is real, quality instruction taking place. Interruptions and interference to a student-athlete's concentration and focus during practice cannot be allowed any more than a disruption would be tolerated in an academic setting. Education in any setting cannot be compromised.

In the Bangor Area School District practice sessions:

1. May last as long as a coach needs, with prior communication.

2. May start and end at different times, due to facilities or schedules.
3. Will not be held when school is dismissed early due to inclement weather with the exception of the varsity level upon administrative approval.
4. May be held on Saturdays and over holiday periods.

## **Section XIX – School-Issued Equipment**

The Bangor Area School District has gone to great lengths in order to ensure our student-athletes are equipped with appropriate, safe equipment. It is important to know that student-athletes have the responsibility to return reusable equipment to the coach at the completion of the season. Any student-athlete who does not return equipment will be placed on the hold list until all obligations are met. Students will be billed for the cost of missing items. The Bangor Athletic Department does not wish to receive money, but would instead prefer the items, as finding replacements is often very difficult. Students will not be able to participate in another sport, attend prom, receive report cards, or walk in graduation if obligations are not met.

## **Section XX - Off-Season Participation**

Please keep in mind that the Bangor Area School District sponsors no off-season activities (i.e., summer camp participation, summer leagues). The District assumes no liability for summer activities that are not school-sponsored.

## **Section XXI – Name Image and Likeness (NIL)**

Students may receive consideration for the use of their own name, image, and likeness (NIL). Permissible activities include commercial endorsements, promotional activities, social media presence, product or service advertisements, and unique digital items/assets. No school or anyone employed or affiliated with a PIAA member school, including booster clubs, coaches, collectives, administrators, and alumni, may solicit, arrange, negotiate, or pay for a student's, other than their own child, use of their NIL and/or the provision of consideration to a student for the use of their NIL.

In NIL activities, students may not make any reference to PIAA or PIAA member schools (including the school and/or team name, nicknames, terms by which a school or team is commonly referred or identified, logo) and may not wear school uniforms or school identifying apparel or items. Students may not endorse or promote any third-party entities, goods, or services during team/school activities. Students may not wear the apparel or display the logo, insignia, or identifying mark of a NIL partner during any team/school athletic activities unless it is a part of the standard school uniform for that sport. The following 7 areas are off-limits for NIL deals:

1. Adult entertainment products and services
2. Alcohol Products
3. Casinos and gambling (including sports betting, the lottery, and betting in connection with video games, on-line games, and mobile devices)
4. Tobacco and electronic smoking products and devices
5. Opioids and prescription pharmaceuticals
6. Controlled dangerous substances
7. Weapons, firearms, and ammunition

Within 72 hours after entering into any type of NIL contract/agreement, a student, or the student's parents/guardians must notify the Principal or Athletic Director of the student's entering into that agreement. A form will be available in the athletic office to complete.

## Section XXII - Slater Athletic Awards and Recognition

<b>SPORT</b>	<b>REQUIREMENT</b>
Basketball	Participated in 1/2 of the quarters of all scheduled games.
Baseball	Participated in 1/2 of the total innings of all games scheduled. Pitchers must pitch a complete game or 10 innings throughout the season.
Cheerleading	Participated in 3/4 of all scheduled games/meets.
Cross Country	Must score in 2/3 of the scheduled meets.
Field Hockey	Participated in 40% of the halves of scheduled games.
Football	Participated in 1/2 of the quarters of all scheduled games.
Golf	Participated in 1/2 of all scheduled matches.
Soccer	Participated in 40% of the halves of all scheduled matches.
Softball	Participated in 1/2 of the total innings of all games scheduled. Pitchers must pitch a complete game or 10 innings throughout the season.
Track & Field	Must score at least 10 points during the season.
Volleyball	Participated in 1/2 of all scheduled matches.
Wrestling	Participated in 1/2 of all scheduled meets or earned 12 team points.

### ***SPECIAL CONSIDERATIONS***

- Seniors and injured Student-Athletes who do not meet the participation requirements may receive a letter upon recommendation by the Head Coach.
- The coaches will determine all letter awards.
- A committee made up of the Athletic Director and all Head Coaches will determine overall Outstanding Athletes of the Year.

### ***TEAM CHAMPIONSHIPS***

- League, District, and/or State Championship Varsity Teams will be recognized with a sign depicting the championship, which will be hung in the high school gymnasium. This is in addition to the awards that the League, District, and State organizations distribute.
- Individual State Champions will be recognized with a plaque that will be displayed in a trophy case.