



DAKOTA FOOTBALL 2023  
 Football Office – 586-723-2948  
 Coach Baur (Cell) 586-557-0719

**Note the following dates:**  
**Speed Camp Starts Monday, June 19th 9:00-Noon**

# JUNE VARSITY FOOTBALL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12 ½ Day Exams Hours 1-2	13 ½ Day Exams Hours 3-4	14 ½ Day Exams Hours 5-6  <b>Last Day of School</b>	15	16	17
18	19 <b>Speed Camp Begins 9:00-Noon</b>	20 <b>7 on 7 At Dakota 6:00 pm Varsity Only</b>	21 Speed Camp 9:00-Noon	22	23 Speed Camp 9:00-Noon	24
25	26 Speed Camp 9:00-Noon	27 <b>7 on 7 At Dakota 6:00 pm Varsity Only</b>	28 Speed Camp 9:00-Noon	29	30 <b>Mandatory MHSAA Shutdown begins</b>  <b>No Speed Camp</b>	



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MHSAA Mandatory Shut Down Week June 30 - July 9

# JULY VARSITY FOOTBALL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
<b>Mandatory MHSAA Shutdown Period            June 30 – July 9</b>						
9	10 Speed Camp Resumes 9:00-Noon	11 <b>7 on 7 6:00 pm At Dakota Varsity Only</b>	12 Speed Camp 9:00-Noon	13	14 Speed Camp 9:00-Noon	15
16	17 Speed Camp 9:00-Noon	18 <b>7 on 7 6:00 pm At Dakota Varsity Only</b>	19 Speed Camp 9:00-Noon	20	21 Speed Camp 9:00 - Noon	22
23	24 Speed Camp 9:00-Noon	25 <b>7 on 7 6:00 pm At Dakota Varsity Only</b>	26 Last Speed Camp 9:00-Noon	27	28	29
30	31 See August Calendar					

**Dakota Football 2023**  
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## AUGUST - DAKOTA FOOTBALL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	July 31  Varsity Lift 5:00-6:30 pm  Conditioning All Levels 7:00-8:00 pm	Aug 1  <b>Varsity Equipment 5:00-6:30 pm</b>  Conditioning All Levels 7:00-8:00 pm	2  <b>JV Equipment 5:00-6:30 pm</b>  Varsity Lift 5:00-6:30 pm  Conditioning All Levels 7:00-8:00 pm	3  <b>Freshman Equipment 2:00-3:30 pm</b>  Conditioning All Levels 4:00-5:00 pm  <b>Senior Meeting at Coach Baur's 6:00 pm</b>	4  Conditioning All levels 7:00-8:00  *Only if you have not met cougar card goal*	5
6	7 V/FR Practice 9:00-3:00  JV Practice 3:00-8:00  Helmets Shorts	8 V/FR Practice 9:00-3:00  JV Practice 3:00-8:00  Helmets Shorts	9 V/FR Practice 9:00-3:00  JV Practice 3:00-8:00  Helmet/Shorts Shoulder Pads	10 V/FR Practice 9:00-3:00  JV Practice <b>3:00-8:00</b>  Helmet/Shorts Shoulder Pads	11 V/FR Practice 9:00-3:00  JV Practice 3:00-8:00  <b>Full Pads</b>	12 <b>Picture Day 9:00-10:30</b>  Practice Full Pads 10:30- 12:00  <b>Family Fun Tailgate 12:00</b>
13	14 V/FR Practice 9:00-3:00  JV Practice 3:00-8:00  Full Pads	15 V/FR Practice 9:00-3:00  JV Practice 3:00-8:00  Full Pads	16 Practice 9:00-Noon  Helmet/Shorts Shoulder Pads	17 <b>Scrimmage: Rochester at Dakota FR: 11-1 JV: 2-4 VAR: 5-7</b>	18 <b>Film / Lift Walkthrough 10:00-1:00</b>	19
20	21 Practice 2:30-5:30	22 Practice 2:30-5:30	23 Practice 12:00-2:00 Team Dinner 2:00 FR/JV Games: At Fordson 4:00 / 7:00	24 <b>VARSIY GAME 1</b>  <b>FORDSON 7:00 HOME</b>	25 <b>Film 10:00-11:30</b>	26
27	28 Practice 2:30-5:30	29 Practice 2:30-5:30	30 Practice 1:00-3:00 Team Dinner 6:00 FR/JV Games: Home vs Utica 4:00 / 7:00	31 <b>VARSIY GAME 2</b>  <b>UTICA 7:00 AWAY</b>		