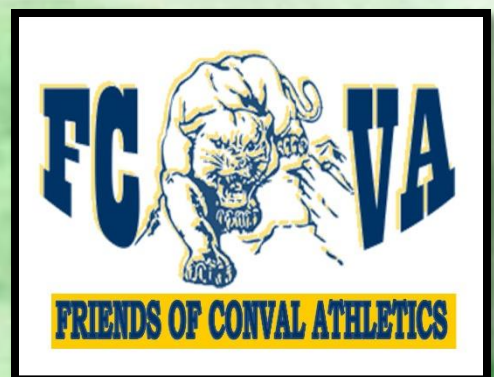


**ConVal High School**  
**Homecoming Week**  
**October 1 thru 5 2019**



*Heather Zell*  
9/15



# Welcome to 2019 Homecoming Week

Greetings ConVal Community,  
Welcome to Homecoming Week 2019!

Homecoming is ConVal's biggest athletic celebration of the year. This community event celebrates past, present and future ConVal High School traditions and memories. The games, the pep band, the bonfire, and the dance bring us together to celebrate ConVal and our connections to each other.

I would like to thank Mr. Jim Wickham and the members of the ConVal Marching Band, the Student Athletic Leadership Team and the Friends of ConVal Athletics. Your efforts make Homecoming Weekend a special event for everyone. I would also like to express my sincere thank you to our student-athletes and their coaches, who dedicate hours of hard work and represent ConVal High School in a positive light, both on and off the field.

Best wishes for a safe and enjoyable weekend.

Sincerely,  
John Reitnauer  
Athletic Director



John Reitnauer  
Athletic  
Director

## Friends of ConVal Athletics

### Our Mission


Friends of ConVal Athletics (FCVA) fosters a spirit of cooperation and support among ConVal athletes and the broader community through development of a variety of fundraising and other efforts which better the opportunities to our athletic programs.

### Our Member Sports


Alpine Skiing, Basketball (Boys, Girls, and Unified), Cross Country, Field Hockey, Golf, Indoor and Outdoor Track, Lacrosse (Boys and Girls), Nordic Skiing, Soccer (Boys and Girls), Softball, Spirit, Boys Tennis, Volleyball, and Wrestling

## THANK YOU!

### *The Friends of ConVal Athletics (FCVA) would like to acknowledge and thank the following:*

 The remarkable efforts of our Athletic Department team of John Reitnauer, Brandi Litts, and Chris Lundsted! Their commitment to providing quality experiences for our student athletes from 22 teams is second to none!

 The Pizza Barn and their staff for their continued support of FCVA and ConVal athletics!

 Melissa Dishong, Kristin Larson, Mary Goldthwaite, Amy Earle, Katherine Heck, Tina Kriebel, and Greg Kriebel for providing photos, and Greg Kriebel for designing the Homecoming Program.





# Cross Country

## Coed Varsity



### Roster

**Front Row, L-R:** Bank Wangtrakuidee, Nick Merzi, Lewis Carlton, August Kotula, Jackson Burnham, Haven Deschenes, Henry Bernstein, Eddie Sulborski, Nick Dinino, Joey Chamberlain, Alexander Olivo **2nd Row:** Daniel McCall, Malachi Page, Nick Drummond, Elijah White, Tyler Beard, Abe Dreher, Thomas Sennett, Philip Pope, Jaimini Viles, Danny Veverka, Jared Crooker, Joe Gutwein, Christopher Robbins, Harrison Kim, Chi Fowler **Not Pictured:** Ian Post, Gabriel Post, Timothy Murray, and Logan Decker

Marina McMahon, Makenna Proctor, Rya Collins, Avery Beard, Ella Phillips, Rosie Crooker, Leah Krason, Catherine Martin, Anna Taylor, Raegan Riffle  
**Head Coach:** Lance Flamino, **Assistant Coach:** Mary Goldthwaite

### Class of 2020



**L-R:** Nick Drummond, Jackson Burnham, Harrison Kim, Marina McMahon

### Captains



Marina McMahon, Harrison Kim, Haven Deschesnes, August Kotula, Reagan Riffle







# Field Hockey

## Varsity



**Front (L-R):** Coach Carrie Whittemore, Emma Carpenter, Tessa Doherty, Jacqueline Madeja, Shannon Allen, Makennah McPerson, Ella Dishong, Breanna Hutchinson, Ashlie Chandler, **Manager** Nissa Anderson, **Coach** Brian Whittemore **Back:** Natalie Tremblay, Cruz Dellasanta, Hayden Kaltsas, Laramie Wilson, Eliza Harris, Sarah Holdridge, Tracie Dailey, Molly Dishong, Makenzie Anderson, Madison MacLaren

### Captains



**L-R:** Jacqueline Madeja, Tracie Dailey, Shannon Allen, Cruz Dellasanta







# Field Hockey

## Junior Varsity



**Front (L-R):** Emalee Naylor, Addison Lustenberger, Hailee Wade, Allison Hodgen **Middle:** Abigail Kamieniecki, Ada Stephens, Abigail Shumway, Callie Boisvert, Emma Carpenter **Back:** Morgan MacLaren, Brissa Evans, Sierra Hamlin, Lydia Cleveland, Lily Heck **Not pictured:** Alex Payero **Coach** Cindi Hodgdon







# Boys Soccer

## Varsity



**Front (L-R):** Oscar Bernier, Colby Knight, Bryson Boice, Max Scheinblum, Caden Peck, Owen Kotula, Zach Burgess, Finn Wegmueller, Rhett Landers, Ben Kriebel, Fletcher Maggs **Back:** August Marshall, Jamison Coty, Mather Kipka, Alex Mills, Del Bonsu-Anane, Trevor Faber, Connor Close, Zach Kriebel, Taylor Burgess, Casey Jordan, Evan Shippee, Max Shumway **Coaches:** Josh Smith and John Szep



### Captains



Zach Kriebel, Finn Wegmueller







# Boys Soccer

## Junior Varsity



**Front (L-R):** Jake Daniels, Jason Bergeron, Carter Rousseau, Owen Kotula, Bennett Saxe, Caden Peck, Will Thompson, Noah McCarthy, Austin Klonel, Gage Kruger, Abe Dreher **2<sup>nd</sup> row:** Wyatt Beaulieu, Fletcher Maggs, David MacKay, Keegan Harris, Alex Mills, Ethan Kinney, Wyatt Burbank, Pedro Soares, Jackson Mills, Zach Burgess, Addison Dodge, Harrison Bernier, Kaden Shattuck **Coach** Kevin Morneault

### JV Captains



David MacKay and Jason Bergeron







# Girls Soccer



**Front (L-R):** Grace Shippee, Miriam Turner, Elli Ward, Loraine Rupp, Morgan Bemont, Kara Keiper, Olivia Martino  
**Middle:** Madeline Shippee, Meara McClusky, Ayla Laro, Mairin Burgess, Cami Hendrixson, Eva Calcutt, Eva McCullough  
**Back :** **Coach** Curt Martens, Lucy Civitella, Wubalem Harrison, Madeline Faber, Nicole Bell, Lorien Tyne, Kendall Larson, Gwyneth Inglis, **Assistant Coach** Derek Sorbello **Not Pictured:** Delaney Thompson **Assistant Coach** Kevin Carne

## Captains



Delaney Thompson, Nicole Bell, Kara Keiper







# Spirit



**L-R:** Jaelynn Gagnon, Lilly McCarthy, Anastasia Barbosa, Hayden Derosier, Alana Edwards, Emma Martino, Katherine Craig **Head Coach:** Leah Fiasconaro-Conway **Assistant Coaches:** Tiffany Cote and Alexis Robicheau-Hall

# Golf



**L-R:** Nick Towers, Riley Momenee, Max Heck, Logan Burnham, Brady Proctor, Coery Guzman, Brigham Boice **Coach:** Mike Young





# Girls Volleyball

## Varsity



**Front (L-R):** Elyssa Naylor, Chloe Ahern, Haley Davis, Izabella Ketchersid, Haiden Burnside **Back:** Julia Donovan, Kendall Sullivan, Isis Battaglia, Molly Tyle, Molly Cole, Mary Visingard, Anna Chisholm, Lillian James **Coach** Amanda Hinton



Captains Haley Davis & Lillian James



Seniors Lillian James, Haley Davis, Molly Cole, Haiden Burnside, Izabella Ketchersid





# Girls Volleyball

## Junior Varsity and Reserve Team



**Front (L-R):** Elyssa Naylor, Mary Visingard, Jocelyn Coty, Lillian Devoid, Tate Doherty **Back:** Avery Swasey, Aeva McCullough-Szehi, MacKenzie Gauthier, Leah Richardson, Molly Tyle, Alanna Batty, Sydney Rousseau **Coach:** Robin Kennedy



**Front (L-R):** Annabelle Delisle, Alahna Sayball, Jocelyn Coty, Mattison Visingard **Back:** Avery Swasey, Inaya Vaidya, Brianna Decker, Sophia Hatmaker, Danielle Luke, Alexis McCormack



# 2020 Seniors



Shannon Allen  
Field Hockey



Anastasia Barbosa  
Spirit



Oscar Bernier  
Soccer



Del Bonsu-Anane  
Soccer



Taylor Burgess  
Soccer



Jackson Burnham  
Cross Country



Haidden Burnside  
Volleyball



Ashlie Chandler  
Field Hockey



Lucy Civitella  
Soccer



Connor Close  
Soccer



Molly Cole  
Volleyball



Jamison Coty  
Soccer



Tracie Dailey  
Field Hockey



Haley Davis  
Volleyball



Cruz Dellasanta  
Field Hockey



Tessa Doherty  
Field Hockey



Nick Drummond  
Cross Country



Trevor Faber  
Soccer



Max Heck  
Golf



Lillian James  
Volleyball



# 2020 Seniors



Casey Jordan  
Soccer



Kara Keiper  
Soccer



Izabella Ketchersid  
Volleyball



Harrison Kim  
Cross Country



Mather Kipka  
Soccer



Colby Knight  
Soccer



Zach Kriebel  
Soccer



Everett Landers  
Soccer



Jacqueline Madeja  
Field Hockey



August Marshall  
Soccer



Marina McMahon  
Cross Country



Gabriel Post  
Cross Country



Max Scheinblum  
Soccer



Evan Shippee  
Soccer



Delaney Thompson  
Soccer



Nick Towers  
Golf



Finn Wegmueller  
Soccer

Best of luck to the class of 2020!





# Senior Messages



Boys soccer - it has been amazing watching you play and grow together over the years as a team. May your accomplishments on the field be continued, and best wishes in all your future endeavors. Thanks to all the coaches who supported you over the years.



Finn - We are so proud of who you are and all you have accomplished. Watching you and this Conval team over the years has been one of the highlights of our lives! We love you! Papa, Mama, Kate and Tom



Zach - It has been wonderful to be fans of yours on and off the field. You are fun to watch as a player, captain and person. Best of luck wherever life takes you! Love: Dad, Mom, and Ben



Taylor -- We are so proud of you! All of your hard work over many years has paid off for you and this special team. Congrats on a great run with Conval soccer -- we can't wait to see how this season ends! Love Dad, Mom, Tim and Mairin



Trevor, it's been a blast watching you play soccer all these years, especially these 4 years of high school. What an amazing experience, being a part of this special team that has the heart and drive to be champions. Your personality shines through on the field; you are driven and you never give up. Traits that will always serve you well. We are so proud of you! Love, Mom, Dad & Maddy.



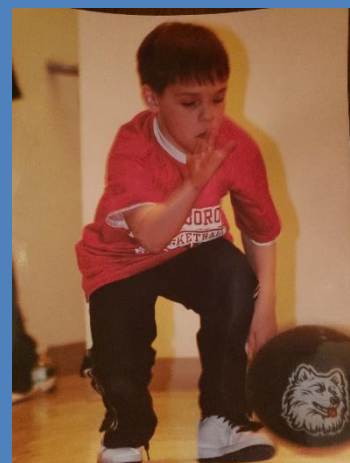
We love you, August, and are so proud of you! Zadi, Mom, John, Nonna, Boppa, The Richmans, The Lawrences & the Milers

Colby - I am so proud of how hard you have worked all these years at the game you love. I have enjoyed watching you grow as a player and as a person. I look forward to what lies ahead for you and hope to be able to continue to watch you play soccer for years to come. Love you with all my heart. Mom

Mather we are so proud of all you have accomplished on and off the field! You inspire and delight us! Love Mom, Dad, Chloe and Astrid

Casey, we are so proud of you! We love you! Can't wait to see where the world takes you! Love, Mom and Dad

Max - Who knew you could play soccer??!! Have a great senior year! We are so proud of you and love you so much! Love, Your Family







# Senior Messages



Jacqueline, It is so wonderful to see the results of all your hard work and dedication to the sport of field hockey! When you believe in yourself, the sky is the limit! Your journey is just beginning and I can't wait to see where it takes you! I love you more than words can ever express!! Love, Mom and Annika



Kara - With joy in my heart, I see how hard you work to achieve your dreams. I can assure you that dedication, determination and hard work always pay off. I am extremely proud of you! Love, Mom



Shan - Make your Life a Masterpiece, Imagine No Limitations on what you can be, have or do. Loved you then, Love You Now, Love you always, Love, Mom xoxo

Tessa - We can't believe how quickly your four years have gone. It feels like yesterday that you were trying out for high school field hockey. In the blink of an eye you are one of the senior leaders of the team. We are so proud of the young woman you have become. We look forward to watching you continue to grow in the years to come. Love always, Mom, Keith, Tate and Ollie

Lillian, These past three years we have really enjoyed watching you play volleyball. You have always given it your all, and you never gave up. We are very proud of you!!! Love, Mom and Dad

"Success in golf as in life depends less on strength of body than upon strength of mind and character. Arnold Palmer"  
Never change Max,  
Love Mom, Dad , Alex & Lily

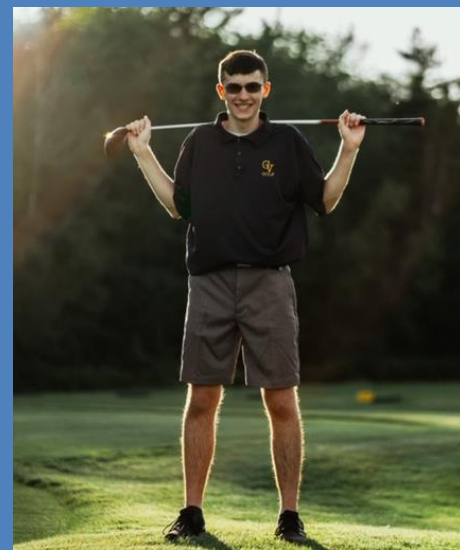
Lucy, we are so very proud of you. The fact that you stuck with this speaks volumes to your strength of character and dedication. Rising above makes you the better person. We know what you can do and what you can and achieve. ALWAYS believe in yourself. Much love, mom and dad

Jacqueline! We are so proud of the young woman you have become! Go get 'em girl, we love you! Auntie Jeanne and Uncle Art

Haley - We are so proud of the person you have become. Keep smiling, work hard, and treat others with respect and the world will be yours. Love: Mon, Dad, Ashlee, Tim, Matt, Miles, and Bella

"I love you for the little girl you once were, for the amazing woman you are today and for the precious daughter you will always be." Sloan Solomon

Dear Delaney (Laney Girl/Laney Bird/Laney Rose).....I love you for who you are and am so blessed to have such an amazing daughter. Love, Mom (Mama Bear)



Nick we are so proud of all of that you have accomplished in your four years at Conval, your love for golf and dedication to being part of this growing team for four years has been amazing to watch. Congratulations!  
Love Mom, Dad, Nate, Stephen, William and Emily







# Thank You to Our Dedicated Coaches & Staff



**Mary Goldthwaite**  
Coed Cross Country



**Lance Flamino**  
Coed Cross Country



**Carrie Whittemore**  
Varsity Field Hockey



**Brian Whittemore**  
Asst. Varsity Field  
Hockey



**Cindi Hodgdon**  
JV Field Hockey



**Mike Young**  
Varsity Golf



**Josh Smith**  
Boys Varsity Soccer



**John Szep**  
Asst. Boys Varsity  
Soccer



**Kevin Morneault**  
Boys JV Soccer



**Curt Martens**  
Girls Varsity Soccer



**Kevin Carne**  
Asst. Girls  
Varsity Soccer



**Leah Conway**  
Spirit



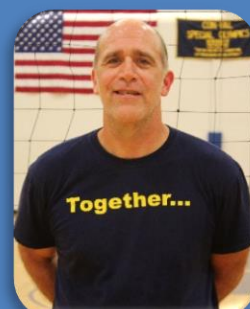
**Alexis Robicheau-  
Hall**  
Asst. Spirit



**Tiffany Cote**  
Asst. Spirit



**Amanda Hinton**  
Varsity and  
Reserve Volleyball



**Robin Kennedy**  
JV Volleyball