



## 2024 Summer Sports Camps

Coe-Brown offers a variety of summer camps that provide an instructional program in a safe and fun environment. All of our athletic programs are built on respect, sportsmanship, dedication and fun. We're excited to announce our 2024 summer sport camp series. Enrollment is limited, please register by June 21st. If registering after June 21st, please contact Coe-Brown at 942-5531 to check camp availability. Registrations will be processed on a first-come, first-served basis. Grades are based on the grade entering in the Fall of 2024.

### **Basketball (girls)**

**June 24-June 28 / Grades 4-9**

Enjoy fun in a combination with learning experiences and hard work. Develop self-confidence, self-esteem and good interaction among peers. Increase physical and mental competence in the techniques of basketball. Acquire sound and lasting values through hands-on experience.

### **Basketball (boys)**

**July 8-10/ Grades 6-10**

**July 11-13 / Grades 1-5**

Coaches will be assisting players in improving their individual skills and gain a better understanding of the game of basketball. High school coaches will be present daily with special speakers from the college players and coaches rank. There will be individual drill stations available each day to introduce and reinforce special skills.

### **Cross Country (coed)**

**July 14-19 / CBNA students grades 9-12**

This camp is a six-day, five-night stay in the heart of Acadia National Park in Maine. The camp is designed for new and experienced runners. All runs take place on historic carriage roads and trails located in the park. The camp provides a 4:1 camper to staff ratio to fully support all activities and runs. We will be camping at Smugglers Den Campground located in the Southwest Harbor. Trips to Bar Harbor, Sands Beach, and Franklin Farm are just some of the activities planned. This camp is a great way to test your limits while making new friends.

### **Volleyball (girls)**

**July 15-16 / Grades 4-6**

**July 17-19 Grades 7-9**

Camp will focus on the basic skills of volleyball, including passing, setting, serving, hitting, blocking, and learning offensive systems of competition. Instruction will offer a variety of games designed to let the campers show off their individual skills. Camp runs Monday to Friday and features Coe-Brown volleyball players and coaches serving as counselors and directors.

### **Volleyball (boys)**

**July 17-19 Grades 7-9**

Boys volleyball will be hosting a three-day camp for incoming students in grades 7-9 that will focus on building fundamental skills through on-court drills, gameplay, and instruction. Camp instruction will be led by the Coe-Brown coaching staff and players. Experienced and newcomers to the sport are welcome to attend.

### **Soccer (coed)**

**July 29-Aug. 2 / Grades 4-12**

This youth camp will develop self-confidence, self-esteem with an emphasis on cooperation and team first mentality, while increasing fitness and skills with a fun week of games, drills and instruction. The high school camp will focus on fitness, game awareness and skill building while allowing for a great opportunity to get ready for the upcoming soccer season. In addition emphasis on increasing physical and mental competence in the techniques and tactics of high school soccer are addressed.

### **Cross Country (Coed)**

**Aug. 5-9 / Grades 5-8**

This youth cross-country camp will help develop young runners to be their best version of themselves on the trails and off the trails. It will give the student-athletes a sneak peak into the weekly training of the CBNA Black Bears. Campers will learn healthy habits, stretching routines, and strength exercises to help them prepare for the cross-country season in the fall. Campers will also be able to run with high school coaches each day and compete in a 2-mile trail race at the end of the week on CBNA's home course!



CAMP	DATE	TIME	AGE GROUP	COST	CAMP BALL Add \$15.00	TOTAL
Girls' Basketball	<b>June 24-28</b>	8:00 – 12:00	Grades 4-9	\$90.00		
Boys' Basketball	<b>July 8-10</b>	8:15 – 3:00	Grades 6-10	\$90.00		
Boys' Basketball	<b>July 11-13</b>	8:15 – 12:00	Grades 1-5	\$75.00		
Cross Country	<b>July 14-19</b>	Overnight- departs 9am	CBNA Students- Grades 9-12	\$300.00	N/A	
Girls' Volleyball	<b>July 15-16</b>	8:00 – 12:00	Grades 4-6	\$65.00		
Girls' Volleyball	<b>July 17-19</b>	8:00 – 12:00	Grades 7-9	\$75.00		
Boys' Volleyball	<b>July 17-19</b>	12:30-3:00	Grades 7-9	\$75.00	N/A	
Coed Soccer	<b>July 29-Aug. 2</b>	8:00 – 12:00	Grades 4-8	\$90.00		
Coed Soccer	<b>July 29-Aug. 2</b>	1:00 – 5:00	Grades 9-12	\$90.00		
Cross Country	<b>Aug. 5-9</b>	8:00 – 11:00	Grades 5-8	\$90.00	N/A	
					<b>Total</b>	

Coe-Brown welcomes the participation of all students, subject to availability. Please direct any questions regarding the summer camps, including inquiries regarding the participation of students with disabilities, to Sam Struthers, Athletic Director ([sstruthers@coebrown.org](mailto:sstruthers@coebrown.org)). Please print this page and resubmit with payment to Coe-Brown

Camper's Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Grade entering in the Fall of 2024: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Parent/Guardian Phone: \_\_\_\_\_ Parent/Guardian Email \_\_\_\_\_

T-Shirt Size: Please circle one                      Youth:    S   M   L   XL                      Adult:    S   M   L   XL

Medical Conditions: \_\_\_\_\_

**Emergency Contact 1 Name:** \_\_\_\_\_

Relationship: \_\_\_\_\_ Primary Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

**Emergency Contact 2 Name:** \_\_\_\_\_

Relationship: \_\_\_\_\_ Primary Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

Coe-Brown Northwood Academy Summer Camps will safeguard the health of the participants, but will not be responsible for any accidents or sickness. I hereby request that my child named above be admitted to the Coe-Brown Summer Camps and I authorize the directors to act for me in any emergency requiring medical attention. I assume responsibility for payment of any such attention.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please make checks payable to **Coe-Brown Northwood Academy** and mail registration to:  
Coe-Brown Northwood Academy, ATTN: Samantha Douglas, 907 First NH Turnpike, Northwood, NH 03261.