

INDOOR WINTER TRACK LEAGUE

QUALIFYING STANDARDS - DIVISION II

Note: All track events are Fully Automatic Times (FAT)

To convert hand times – ADD .24 seconds

	<u>Men</u>	<u>Women</u>
Shot Put	40' 0	29' 0
High Jump	5' 8	4' 10
Long Jump	19' 3	15' 3
55m HH	9.04	9.74
55m Dash	6.94	7.74
300m	39.24	44.74
600m	1:30.24	1:46.24
1000m	2:46.24	3:15.24
1500m	4:25.24	5:10.24
3000m	9:40.24	11:25.24
4x160m Relay	*	*
4x400m Relay	**	**
4x800m Relay	***	***

*Top 16 relay teams will be chosen according to NH Indoor Track League Battlenotes

**Top 15 relay teams will be chosen according to NH Indoor Track League Battlenotes

***Top 9 relay teams will be chosen according to NH Indoor Track League Battlenotes