



ATHLETIC DEPARTMENT

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ATHLETIC CONTRACT

The Coe-Brown Northwood Academy Athletic Department consists of a proud, successful group of student-athletes led by committed and knowledgeable coaches, athletic trainers, and administrators. **The athletic program is an important and integral part of the total educational experience; however, participation in this program is a privilege and not a right. With this privilege comes certain responsibilities.** Student-athletes represent Coe- Brown Northwood Academy in the classroom, in the hallways, in the athletic arena, and in the community. **The Athletic Code of Conduct is in effect for a student's entire high school career. These rules begin on August 10th and end on the final day of NHIAA sponsored events during the spring season.**

The expectations of student-athletes and parents/guardians are made clear through "Meet the Coaches Nights", the CBNA Athletics website, and pre-season/in-season/post-season team meetings. Through their participation the student-athletes are expected to give time, energy, and loyalty to the program. To meet this commitment the athlete must comply and agree to regulations and responsibilities which are unique to the athletic program. In order to contribute to the welfare of the team and the athletic program as a whole, the athlete is required to and must be willing to assume the following obligations: Coe-Brown Northwood Academy has agreed to be a participating member of the New Hampshire Interscholastic Athletic Association (NHIAA) and, therefore, Coe-Brown Northwood Academy athletes are required to adhere to established NHIAA By-laws as well as those of Coe-Brown Northwood Academy.

I. Academic & Athletic Eligibility:

Academics are the number one priority of all student athletes at Coe-Brown Northwood Academy. It is the expectation that all students focus on school first.

1. All athletes must have a current physical exam performed on or after June 1 of the current academic calendar prior to their respective sport season.
2. All athletes must have a valid ImPACT (neurocognitive test) baseline completed by CBNA prior to participation. ImPACT baseline will be valid for 2 years.
3. All athletes must meet the minimum academic standards per order of the New Hampshire Interscholastic Athletic Association.
 - a. **NHIAA BY-LAWS FOR ALL STUDENTS**
 - To be eligible, a student athlete must have received passing grades in a minimum of four (4) units of work in the prior grading period. A unit of work reflects a course that meets the equivalent of five (5) times per week.
 - Incompletes are not to be considered passing grades for purposes of eligibility.
4. Students must be in school by 8:30 a.m. to be eligible for the day's practice or game unless they have received prior permission of the Headmaster or Athletic Director.

II. Expectation of Participation:

Participation in school-based athletics is a privilege. Student-athletes are expected to conduct themselves in a positive manner both on and off campus while striving for excellence academically, athletically, and socially. A student athletes' failure to meet the expectations of this agreement, by their actions, words, and behavior inside or outside of the school environment are subject to consequences that range from game(s) suspension to full removal from the team and future athletic participation at Coe-Brown.

1. All student athletes must attend all practices, scrimmages, and games unless obtaining prior approval to be absent from the Athletic Director and coach.
 - Any athlete missing one or more practice(s), scrimmage(s), or game(s) will be subject to the consequence of a loss of playing time to be determined by the coach and Athletic Director.
 - If an event occurs that is likely to result in greater than a one game suspension, both the coach and the parent must submit a written statement containing his/her respective positions on the incident to the Athletic Director and the Headmaster. The coach's position statement must contain a recommendation regarding the student-athlete. The Athletic Director will arrange a meeting with the coach, Athletic Director, and Headmaster to review the case. The final decision will rest with the Headmaster.
 - Medical excuses will be granted for injury, illness, and other medical situations with prior parental notification to the coach and Athletic Director.
 - Any student athlete and/or parent who is not satisfied with the result may appeal, in writing, to the Board of Trustees as per the complaint and grievance procedure of the Academy.
2. Student athletes are expected to demonstrate good sportsmanship with teammates, opponents, coaches, officials and spectators.
 - Any player who is ejected/disqualified before, during or after any sanctioned event at the sub-varsity or varsity level shall not participate in any scheduled interscholastic athletic events until after sitting out the next two scheduled events at the level at which the suspension occurred. This includes NHIAA tournament contests, invitational events, or regular season contests. The NHIAA enforces a one game suspension, Coe-Brown enforces a second. Any player involved in a fight shall receive a four-game suspension for the first offense (2 games from the NHIAA, and 2 games from Coe-Brown). A second disqualification will lead to a disqualification in that sport for the balance of the sports season, per NHIAA by-laws. Additional event suspensions may be imposed by the Headmaster/Athletic Director based on the nature and severity of the incident that caused the disqualification.
3. Non-school competition and participation for programs and or sport clubs outside of school may not conflict with Coe-Brown athletics, per order of the **NHIAA By Law Article II, Section 7A:**

*"A member of a school team is an athlete who is regularly present for, and actively participates in, all team practices and competitions. Bona fide **members of a school***

*team are prevented from missing a high school practice or competition to compete or practice with an “out-of-school team”. Whenever a conflict arises between the high school team practice / competition and an out- of- school practice / competition on the same day, **the high school competition / practice must be honored by the student athlete.** Priority must be given at all times to the high school team, its practices, and its contests unless a waiver has been granted by the principal and Athletic Director on a case by case basis. An athlete’s first violation of this rule, unless a waiver has been granted, will result in **automatic ineligibility for the next 4 consecutive interscholastic events or 3 weeks of a season in which the student athlete is a participant, whichever is greater.** A second violation will result in athletic ineligibility for the balance of the school year.”*

4. All student athletes will dress appropriately for all game days.
 - Field trip attire (as outlined in the CBNA Student Agenda Handbook) is required of all student athletes on the day of competition. Shorts are NOT allowed.
 - All athletes will wear complete game uniforms during the game.
 - Each player is responsible for his/her uniform/equipment and is to be dressed appropriately for all NHIAA competitions.
 - Absolutely no jewelry of any kind is allowed during practices, games, or designated athletic events.
 - Student athletes are responsible for returning all uniforms and equipment in the same condition as issued at the conclusion of their participation/season. Failure to return a uniform and/or equipment in acceptable condition will result in the student being billed the replacement cost of the uniform and/or equipment.
5. Coe- Brown Northwood Academy will provide bus transportation to and from Coe-Brown for all athletic competitions.
 - Student athletes must have transportation from Coe-Brown Academy to their home at the end of practices, games, and bus trips. It is expected that the student athlete will be picked up in a timely manner.
 - No athletic team or individual player will be transported to or from athletic events in private cars unless prior approval has been granted by the Headmaster or Athletic Director.
 - Student may be excused to ride home from an away game, only if a parent/guardian informs the coach in person, or in writing, that the student is riding home with a parent and sign the athletic department parent transportation authorization at the conclusion of the event.
 - Student athletes are allowed to ride home with another parent or guardian if there is a written note or letter, with legal parental permission for their son / daughter to ride with said adult.
 - *Notes on file with the coach must clearly name the parent or guardian whom their child has permission to ride with.*
 - Proper conduct is expected on all bus trips, as outlined in the Student Handbook. Personal music devices are allowed.

III. Substance Use:

Students who make a commitment to sports do so with the knowledge that the commitment brings extra responsibilities, obligations, and effort beyond that expected of all Coe-Brown Northwood Academy students. Medical research substantiates the fact that the use of tobacco, alcohol, steroids, illegal drugs and mood-altering substances produces harmful effects on the body. Further, the use of such substances alters the individual's ability to make reasonable choices and to live up to the commitments to team that have been made. **Offenses are cumulative, across all four years of high school.**

Being in the presence of others using, possessing or distributing drugs, tobacco, alcohol, mood altering substances and drug paraphernalia:

Student athletes who are found to have been voluntarily associating with others who are illegally using, possessing, or distributing drugs, tobacco, alcohol, mood altering substances and/or drug paraphernalia, and who do not attempt to remove themselves within 10 minutes are in violation of the Coe-Brown Athletic Code of Conduct. This regulation applies to circumstances that take place ON or OFF school grounds and at ANY TIME during the student's high school enrollment including the off season. Legal Authority Cited: RSA 179:10, RSA 179:10-a (underage alcohol consumption), RSA 126-K:6 (underage tobacco use), and RSA 318-B:2 (use of controlled drugs).

1. There shall be a greater consequence for any student-athlete, if it is determined they were involved in the organization, facilitation, promotion, or hosting of any gathering or social event where drugs, tobacco, alcohol, mood altering substances and/or drug paraphernalia were available, or use has occurred. The penalty should be, at a minimum, deemed second violation status.
2. Students are expected to be honest and forthcoming during investigation of any infraction/violation of the training rules. If a student is not truthful during the administration's investigation, the penalty may be doubled in force.
3. Student leaders (Team Captain, CBNA S.A.L.T., etc.) will be held to the highest standard of behaviors as they have chosen to be an example to their peers. Any student in a leadership role will face greater consequence for any serious code violation.
4. Any identifiable image, photo, or video which implicates a student to have been in possession or presence of a drug or portrays actual use, or out of character behavior or crimes, shall serve as confirmation of a violation of the code. Each image will be considered upon discovery. It must also be noted that there may be persons who would attempt to implicate a student, by taking such images, to place them in a situation where they might be in violation of this code standard. This supports the rationale for demanding that our students not place themselves in such environments.

First Violation:

Upon completion of the following actions, students may return to **practice**:

- Attend a mandatory meeting with parent/guardian, coach, Athletic Director and/or CBNA Administrator;
- Submit a reflection paper to Athletic Director;
- Address the team by accepting responsibility for their actions and apologizing for their decision, as confirmed by the head coach.

Upon completion of the following actions, students may return to **competition**:

- a. Serve a suspension up to 25% of regular season and NHIAA tournament games. All suspensions will carry over to the next sport, if the suspension has not been fulfilled;
- b. Perform 5 hours of community service (does not count towards CBNA senior portfolio requirements);
- c. Provide proof they have met with a Licensed Alcohol and Drug Counselor, the School Resource Officer, or School Counselor as determined by Administration.

Second Violation:

Upon completion of the following actions, students may return to **practice**:

- a. Attend a mandatory meeting with parent/guardian, coach, Athletic Director and/or CBNA Administrator;
- b. Submit a reflection paper to Athletic Director;
- c. Address the team by accepting responsibility for their actions, apologizing for their decision, and recommit to provisions of CODE by resigning it in front of teammates and coaches, as confirmed by the head coach.
- d. Provide proof they are regularly meeting with a Licensed Alcohol and Drug Counselor, the School Resource Officer, or School Counselor (at least 3 sessions) as determined by Administration.

Upon completion of the following actions, students may return to **competition**:

- a. Suspension up to 50% of regular season and NHIAA tournament games. All suspensions will carry over to the next sport, if the suspension has not been fulfilled;
- b. Perform up to 20 hours of community service (does not count towards CBNA senior portfolio requirements).

Third Violation:

1. Offending student-athlete is removed from athletic activities indefinitely at CBNA. After one year suspension, the student may appeal for reinstatement.
2. Prior to being reinstated the student-athlete must complete the following:
 - a. a minimum of 25 hours of community service (does not count towards CBNA senior portfolio requirements) assigned by the Athletic Director.
 - b. proof they are regularly meeting with a Licensed Alcohol and Drug Counselor (at least 5 sessions).
3. *If reinstatement is granted:* The student must address the teammates and coaches and admit to the violation, show remorse and recommit to provisions of CODE by resigning it in front of teammates and coaches. This process is educationally based and is patterned after the restorative justice model.

IV. Student Athlete Injury:

1. It is the philosophy and opinion of the CBNA Athletic Department that a student-athlete's health, safety, and well-being, is more important than winning.
2. Any student athlete unable to compete or participate for more than 2 days will need to be evaluated and cleared by a doctor before they are allowed to participate in practices, scrimmages, or games.
3. Any student athlete seen or evaluated by a doctor will require medical clearance prior to resuming participation.
 - A clear timetable or date for return must be in writing.
 - Any limitations or modifications must be listed.
4. CBNA and the athletic department will follow a procedure for the evaluation and assessment of student athlete injuries.
 - Evaluation / decisions from a doctor take precedence over student athlete, parent, coach, or trainer opinion.
 - Evaluation / decision from a certified athletic trainer takes precedence over student athlete, parent, or coach opinion.
 - Evaluation / decision from a coach takes precedence over student athlete or parent opinion.

V. Communication:

1. Student athletes are to address any concerns directly with their coach as the first step in communication.
 - Student-athlete and coach must develop a mutual respect and understanding that allows them to discuss issues openly and honestly while striving to gain a better understanding of each other's roles, responsibilities and perspectives.
2. In step two, a parent/guardian should contact the coach to discuss the situation. It is important that both parties have a clear understanding of each other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue.
 - Call or email to set up an appointment with the coach at 942-5531 or through the academy.
 - If a parent/guardian is unable to reach the coach call the Athletic Director to have an appointment arranged for you.
 - Approaching a coach in person before or after a game or practice is not an appropriate step in resolution of the matter and is hereby discouraged.
 - The meeting discussion will focus on the issue. Personal opinions are not allowed to control the meeting.
3. Appropriate concerns to discuss with coaches: The treatment of your child, mentally and physically; ways to help your child improve individually and as a team member; and concerns about your child's behavior.
4. Issues NOT appropriate for parents to discuss with coaches: Playing time, team strategy, play calling, other student-athletes, and coach's skill and knowledge of the game.
5. Student athlete(s) & or parent(s) seeking further discussion of the matter should contact the Athletic Director to set up an appointment.
6. If a resolution cannot be formulated at this meeting, then the parent can contact

the Headmaster for a meeting.

7. If a resolution cannot be resolved in meeting with the Headmaster, the Headmaster will then set up a meeting for the parent with the Athletic Committee, Board of Trustees.

The following agreement has been designed to bring total understanding between the coach, the athlete and the family. We ask that the athlete and parent(s) / guardian who sign this agreement, fully realize the effort and dedication a commitment to the athletic demands put on the athlete, and in addition to the knowledge of the rules, and regulations of the NHIAA and The Academy.