

Dear Parents and Guardians of LPS Student Athletes,

The Livonia Public School District, in conjunction with the Executive Order of Governor Gretchen Whitmer and the Michigan High School Athletic Association, will be allowing student athletes to meet with their respective coaches beginning on June 15, 2020 for purposes of physical conditioning. Your daughter or son will be contacted by coaches who would like to begin a conditioning program sometime very soon.

Strict guidelines will be followed by all athletic personnel when conditioning begins. Provided below is a list of these conditions:

- Student athletes must provide a personal water bottle (their name must be shown on the bottle) and hand sanitizer each day of attendance. Students will be asked to disinfect their hands every half hour.
- Student athletes and coaches will be screened before being permitted to participate. This will include a temperature check and a series of questions relating to COVID 19. Students who are demonstrating any symptoms will be asked to return home.
- Sharing of water bottles or other personal items will not be permitted.
- Locker rooms and meeting rooms will not be available. Student athletes must take their gear home after every session.
- All activity will take place outdoors. The gyms, weight rooms, pools, athletic training rooms and fitness areas will be unavailable.
- Social distancing will be stressed and implemented.
- Restrooms will be available for use by one person at a time.
- If threatening weather is in the area, student athletes will be directed to their cars or sent home. The MHSAA rule states that there will be a 30-minute delay in activity if thunder is heard or lightening is seen.
- Student athletes will be encouraged to wear a face mask when not involved in cardiovascular activity. Coaches will be wearing face masks.

Certainly, there could be additional questions or concerns not listed above. If you like further explanation or information, please notify your respective coach or athletic director for further clarification.

Our #1 goal is to ensure the safety and well being of each student athlete.

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