

TEAM EXPECTATIONS 2015

CHS Girls Lacrosse

1. Communication is from the player → coach, not the parent → coach. Issues NOT appropriate for PARENTS to discuss with a coach (directly from MPSSAA Handbook)
 - a. Playing time
 - b. Team strategy
 - c. Play calling
 - d. Other student-athletes
2. **Players and Parents:** Respect coaches and their decisions. Second guessing their work does not provide a positive atmosphere for the player, coach and parents.
3. Practices and games are mandatory (including Spring Break)
 - a. If you miss school on a practice day you are not permitted to practice on that day.
 - b. If you miss school on a game day you are not permitted to play in that game.
 - c. If you are late/ leave early from practice you will be permitted to play, but not start, in the next game.
 - d. If you miss practice you will not be permitted to participate in the next game.
 - e. If you are late to school on a game day (but there at least 50% of the day) will be permitted to play, but not start that game.
 - f. **EXCEPTIONS:** School related activity or an excused absence that is approved by the head coach 48 hours prior
4. Practices will be held every day but Sunday for approx. 2 hours. A tentative schedule will be provided.
5. Players are responsible for arranging rides to and from practice.
6. No cell phone usage is permitted during practice or games. I don't want to see them!
7. You are expected to be dressed and ready **before** practice. Lateness or unexcused absence will result in disciplinary action as deemed appropriate by the coaching staff.
8. Players participating in a winter sport are not allowed to attend practice until their season ends. Players will be required to attend tryouts/practice the next day after winter season ends.
9. Students, while participating on a school team, are permitted to participate on sports teams outside of school during the high school sport's season, as long as the outside participation does not conflict with practice or contests.
10. Uniforms distributed to players are to be kept clean and will be returned at the end of the season.

By signing below, I agree that any violation of the CHS Code of Conduct or Team Expectations Form will result in disciplinary action deemed appropriate by the coaching staff.

Player: _____

Signature: _____

Date: _____

Parent: _____

Signature: _____

Date: _____

