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~Sportsmanship: “Respect the Game”~

The ultimate indicator of the value of school athletic programs must be the level of citizenship displayed by those who participate. Hence, teaching and exhibiting good sportsmanship is the fundamental objective of our program.

The "Respect the Game" initiative speaks to the heart of sportsmanship. There are no fancy strategies or lofty exhortations. There are no official pronouncements or haughty platitudes. The message is simple and direct. Let all of our actions be guided by respect. To achieve that goal, everyone is targeted in a way that relates to their individual circumstances yet collectively achieves a common goal.

This initiative offers a few key points as a reminder that everyone has a role to play in educationally related athletics. The MPSSAA invites you to use these resources in your efforts towards promoting good citizenship through sportsmanship. There can be no greater objective for us all.

To learn more about the “Respect the Game” initiative please visit the MPSSAA website at <http://www.mpssaa.org/respectthegame/index.asp>.

PARENTS
“Respect the Game”

- **Respect** the fact that all athletes are someone’s son or daughter.
- **Respect** coaches and their decisions. Remember their job performance is on display at every game. Very few professions are so openly observed and publicly critiqued. Second guessing their work does not provide a positive atmosphere for the player, coach and parents.
- **Respect** a time and place to air concerns with the coach. After a game or practice is usually not the best time to address the coach.
- **Respect** your son or daughter by realistically assessing their skills. Don’t relive your experiences through them.
- **Respect** the educational component of school athletics. Remind your son or daughter that there is many times more money available for academic aid to college there is for athletic aid.

Never Forget To Respect the Game

FANS
"Respect the Game"

- **Respect** all athletes because they are representatives of their school. They are not the enemy but fellow competitors in athletic games designed to mold character.
- **Respect** all opponents along with their symbols, traditions and heritage. That includes student-athletes, coaches, cheerleaders, mascots, bands, signage, logos, etc. They are supporting their team as you are supporting your team.
- **Respect** all fans as they are merely encouraging their teams as you are encouraging your team.
- **Respect** our country, its flag and anthem. Recognize our blessings as a nation allow us the ability to compete in today's contest.
- **Respect** officials and the role they need to play. The game needs them in order to be contested. Remember calls go both ways and we should respect their honest assessment of the rules.

Never Forget To Respect the Game

~CONDUCT OF ATHLETES~

- A.** Each athlete is expected to display good conduct and sportsmanship at all times throughout the season both on and off campus.
- B.** As a result of misconduct or disruptive behavior, the principal or designee shall be responsible for deciding appropriate discipline.
- C.** Any student expelled or suspended from school;
 - 1. Shall remain away from the school premises during those hours each school day when the school the student attends is in session;
 - 2. May not participate in school sponsored activities and;
 - 3. May not return to the school building or grounds unless accompanied by a parent.
- D.** A student athlete who has been suspended or expelled from school for violation of any Board of Education policy or regulation governing assaults by students, possession and use of weapons and dangerous implements by students, alcoholic beverages, controlled dangerous substances or other intoxicants, use of tobacco by students or expelled for any other reason, will be prohibited from participating in interscholastic sports programs for at least the remainder of the season in which the infraction occurred, and may be subject to such other athletic sanctions as the principal deems appropriate.
- E.** Discipline applied under these regulations may be appealed by an athlete through the existing complaint procedures found in the AACPS Parent handbook.
- F.** A coach has the responsibility to administer appropriate forms of discipline for infractions of athletic policies, rules, or regulations, consistent with the Administrative HELP Manual's reference to due process.
- G.** If an athlete is removed from a contest for fighting or unsportsmanlike conduct, that athlete will not be permitted to play in the next scheduled contest for the team during the current season. Depending on the severity of behavior, additional time out or removal from the team may result. In regional or state games MPSSAA sanctions on state tournament participants also will apply.

H. County Tournament

If a team, or any students participating in a County Tournament, leaves the field before completion of the contest, fails to continue play when eligible to do so, or is guilty of detrimental misconduct before, during or after the tournament, the team, coach or student may be suspended from further participation in the current tournament or the next event, upon the determination of the principal of the offending team, coach or student.

I. Hazing Statement

Hazing is not permitted. Hazing is defined as an act, which creates harm and is affiliated with initiation to a team. Hazing may involve an act committed against a student or a situation in which a student is coerced into committing an act. Activities may include, but are not limited to those which:

Subject a student to embarrassment or humiliation or creates a hostile environment;

Present a risk of physical harm;

Involve the consumption of alcohol, drugs, or tobacco;

Are of a sexual nature, or

Involve a violation of federal, state or local laws or the school district's policies and regulations.

The principal will declare the participants of the hazing activity to be ineligible to participate for at least the next contest. Further sanctions may be imposed if determined to be appropriate by the principal or county policies.

~CONDUCT OF SPECTATORS~

The supervising personnel at an athletic function are required to maintain and enforce appropriate conduct of the spectators.

1. Spectators represent their schools, as do athletes.
2. Spectators are expected to demonstrate the highest standards of sportsmanship.
3. Booing, taunting, inappropriate cheers, or attempts to intimidate athletes, coaching staffs, event personnel, administrators, officials and opponents are unacceptable behaviors. Spectators should support and cheer for their teams in a positive manner.
4. Spectators who exhibit unacceptable behavior will be asked to leave the contest without reimbursement of game fees and will not be permitted to re-enter that contest. Further disciplinary action may be imposed by the school principal.
5. Spectators will not be permitted to leave and reenter without paying a second admission.
6. Spectators must comply with the AACPS' alcohol, drug and tobacco policies.
7. Spectators may not take food or drinks into the gymnasium.
8. Spectators must stay in the bleachers or stands. For spectator safety, there is no jumping on the bleachers or stands.
9. Only authorized coaches for the designated activity and/or authorized school supervisory personnel so designated by the school are permitted on the sidelines. Reporters who have requested to be on the sidelines should check in with game management.
10. School dress code extends to athletic contests.
11. During contest, spectators may not play catch or pickup games inside the stadium or gymnasium.
12. Noisemakers are prohibited at athletic events.

~SOCIAL MEDIA GUIDELINES for ATHLETES~

- Everything you post is public information – any text or photo placed online is completely out of your control the moment it is placed online – even if you limit access to your site. Information (including pictures, videos, and comments) may be accessible even after you remove it. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the site and may be searchable even after you remove it.
- What you post may affect your future. Many employers and college admissions officers review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, comments, and posters).

Similar to comments made in person, we will not tolerate disrespectful comments and behavior online, such as:

- derogatory language or remarks that may harm my teammates or coaches; other student athletes, teachers, or coaches; and student-athletes, coaches, or representatives of other schools, including comments that may disrespect my opponents.
- incriminating photos or statements depicting violence; hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism, stalking; underage drinking, selling, possessing, or using controlled substances; or any other inappropriate behaviors.
- creating a serious danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.
- indicating knowledge of an unreported school or team violation—regardless if the violation was unintentional or intentional.

In short, do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The on-line social network sites are NOT a place where you can say and do whatever you want without repercussions. Any of the above actions, but not limited to, may be considered conduct detrimental to the team. The information you post on a social networking site is considered public information. Protect yourself by maintaining a self-image of which you can be proud for years to come.

**ANNE ARUNDEL COUNTY PUBLIC SCHOOLS
HIGH SCHOOL CONTACT LIST**

SCHOOL	ATHLETIC DIRECTOR	PRINCIPAL	PHONE
ANNAPOLIS 2700 RIVA ROAD ANNAPOLIS, MD 21401	DAVID GEHRDES DGEHRDES@AACPS.ORG	DONALD LILLY	410-266-5240
ARUNDEL 1001 ANNAPOLIS ROAD GAMBRILLS, MD 21054	LEE ROGERS LR ROGERS@AACPS.ORG	SHARON STRATTON	410-674-6500
BROADNECK 1265 GREEN HOLLY DRIVE ANNAPOLIS, MD 21409	KEN KAZMERAK KKAZMERAK@AACPS.ORG	DAVID SMITH	410-757-1300
CHESAPEAKE 4798 MOUNTAIN ROAD PASADENA, MD 21122	CHIP SNYDER ESNYDER@AACPS.ORG	FRANK DRAZAN	410-255-9600
GLEN BURNIE 7550 B&A BLVD GLEN BURNIE MD 21060	BRUCE SIDER BSIDER@AACPS.ORG	VICKIE PLITT	410-761-8950
MEADE 1100 CLARK ROAD FT MEADE, MD 20755	DAVID LANHAM DLANHAM@AACPS.ORG	JOHN YORE	410-674-7710
NORTH COUNTY 10 EAST FIRST AVE GLEN BURNIE, MD 21060	MARIANNE SHULTZ MSCHULTZ@AACPS.ORG	WILLIAM HEISER	410-222-6970
NORTHEAST 1121 DUVALL HIGHWAY	KEN MILLER KFMILLER@AACPS.ORG	JASON WILLIAMS	410-437-6400
OLD MILL 600 PATRIOT LANE MILLERSVILLE, MD 21108	CRAIG WHITE CTWHITE@AACPS.ORG	JAMES TODD	410-969-9010
SEVERNA PARK 60 ROBINSON ROAD SEVERNA PARK, MD 21146	WAYNE MOOK WMOOK@AACPS.ORG	PATRICK BATHRAS	410-544-0900
SOUTH RIVER 201 CENTRAL AVE EAST EDGEWATER MD 21037	DAVID KLINGEL DKLINGEL@AACPS.ORG	WILLIAM MYERS	410-956-5600
SOUTHERN 4400 SOLOMON'S ISLAND RD HARWOOD, MD 20776	TED GOTT VGOTT@AACPS.ORG	MARC PROCACCINI	410-867-7100

~Chain of Command~

Both parenting and coaching are very difficult vocations. By establishing an understanding between coaches and parents, both are better able to accept the actions of the other and provide a more positive experience for everyone. Parents have the right to know, and understand, the expectations placed on them and their children. Coaches have the right to know that if parents have a concern, they will discuss it with the coach at the appropriate time and place.

Communication parents should expect from their child's coach:

- 1) Coach's philosophy.
- 2) Expectations the coach has for your son or daughter, as well as other players on the team.
- 3) Locations and times of practices and contests.
- 4) Team requirements, i.e., fees, special equipment needed, school & team rules, off-season expectations.
- 5) Procedures that will be followed if your child becomes injured during participation.

Communication coaches expect from parents:

- 1) Concerns regarding their son or daughter expressed directly to the coach at the appropriate time and place.
- 2) Specific concerns in regard to the coach's philosophy and/or expectations.
- 3) Notification of any schedule conflicts well in advance.

As your child becomes involved in interscholastic athletics, they will experience some of the most rewarding moments of their lives. It's important to understand there may be times when things do not go the way you or your child wishes. These are the times discussion with the coach is encouraged.

Appropriate concerns to discuss with a coach:

- 1) The mental and physical treatment of your child.
- 2) What your child needs to do to improve.
- 3) Concerns about your child's behavior.

It is very difficult to accept your child is not playing as much as you may hope. Coach's make decisions based on what they believe is in the best interests of all students participating. As you can see from the list above, certain things can and should be discussed with your child's coach. Other things, such as those listed next, must be left to the discretion of the coach.

Issues NOT appropriate for discussion with your child's coach:

- 1) How much playing time each athlete is getting.
- 2) Team strategy.
- 3) Play calling.
- 4) Any situation that deals with other student-athletes.

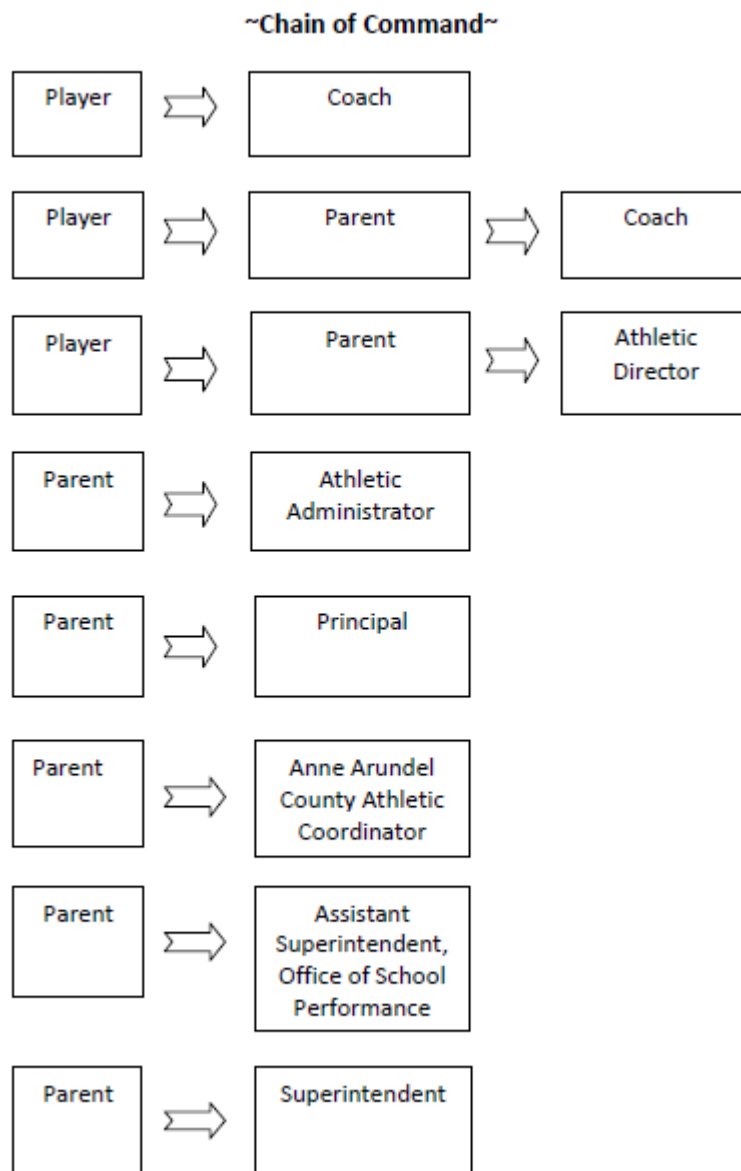
There are situations that may require a conference between the coach and parent. These are not discouraged, as it is important for each party to have a clear understanding of the others' position. When these conferences are necessary, the following procedure is suggested to help promote resolution to the issue.

If a parent has a concern to discuss with the coach, the following procedure should be followed:

- 1) Call the coach to set up an appointment.
- 2) If the coach cannot be reached, call the athletic director and ask him or her to set up a meeting with the coach for you.
- 3) Think about what you expect to accomplish as a result of the meeting.
- 4) Stick to discussing the facts, as you understand them.
- 5) Do not confront the coach before, during or after a practice or contest. These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolution of the situation, but often escalate it.

What should a parent do if the meeting with the coach didn't provide satisfactory resolution?

- 1) Call the athletic director to set up a meeting with the athletic director, coach, and parent present.
- 2) At this meeting, an appropriate next step can be determined, if necessary.



~GENERAL STANDARDS FOR ELIGIBILITY~

A student's eligibility for participation in interscholastic athletics at the high school level shall be based on the criteria in the current MPSSAA Handbook.

ACADEMIC ELIGIBILITY

Definitions:

- A.** Academic eligibility period the period of time during which a student may participate in interscholastic athletics and extracurricular activities. Academic eligibility periods are determined by the date of issuance of report cards reflecting grades earned during each marking period.
- B.** Academic probation the consequence for a student who fails to maintain academic eligibility standards.
- C.** Academic probation period the period of time during which a student may participate in interscholastic athletic practices or extracurricular clubs, meetings or rehearsals, but will not participate in interscholastic athletic contests or extracurricular contests or performances.
- D.** Academic ineligibility the consequence for a student who fails to meet academic eligibility standards at the end of an academic probation period or academic eligibility period.
- E.** Academic ineligibility period the period of time during which a student is ineligible to participate in interscholastic athletic practices, interscholastic athletic contests or extracurricular activities, contests or performances.
- F.** Interscholastic athletics school-approved, individual or team interscholastic athletic contests between two or more schools.
- G.** Extracurricular activities school-approved non-interscholastic athletic activities for which a student does not receive a letter grade and which normally occur outside of the regular instructional day. This includes state, county, and school elected and/or appointed officers of the student government.
- H.** Partial Schedule anything less than eight classes over a two day period.

Scholastic Eligibility Code Academic Eligibility - grades 9 through 12

- A.** To be eligible to participate in interscholastic athletics or extracurricular activities, grades 9 through 12, a student must maintain a "C" average (a 2.0 grade point average or greater) as determined by existing county grading procedures in all courses enrolled in AACPS that counts toward graduation.
- B.** A student may earn a maximum of one "E", — "I" or — "U" grade in courses taken during that eligibility period.
- C.** A student on a partial schedule must maintain a — C average (a 2.0 grade point average or greater) and may not earn an —E, —, or —U grade.

State Eligibility Requirements - grades 9 through 12

To be eligible to participate in interscholastic athletics at the high school level, a student must also meet the eligibility requirements and standards established in the current edition of the Maryland Public Secondary Schools Athletic Association Handbook.

Eligibility Requirements

- A.** The principal of a school is responsible for the certification of academically eligible students for participation in interscholastic athletics and extracurricular activities.

B. A student who is academically ineligible or serving a game suspension will not be part of the team or act in the capacity of a team member at the game or games. Examples include but would not be restricted to the following: riding the team bus, gaining free admission to the game, wearing the uniform or a part of the uniform, sitting on the bench or sideline, keeping statistics, time or score and acting as team manager.

C. At the end of each academic eligibility period the head coach or sponsor of each activity will notify the principal or the principal's designee of those students who have failed to meet academic eligibility requirements and are on academic probation or are academically ineligible. Following notification to the principal, the head coach or sponsor of each activity will notify promptly the affected students.

D. The academic probation period for each sport season is as follows:

Fall – First day of the new school year for all students

Winter – The same day first marking period report cards are issued.

Spring – First day of the spring season.

NOTE: There are no “mid-season” academic probation options. If a student is declared academically ineligible during the season, that student is removed from the team.

E. A high school student on academic probation:

1. Must attend academic assistance sessions monitored by the academic advisor.
2. May participate in interscholastic athletic practices or extracurricular clubs, meetings or rehearsals.
3. Must attend a conference with the academic advisor to review their eligibility status on the 16th day of probation.

F. Students who are still not academically eligible at the conclusion of the 16-day academic probation period are ineligible to practice or play for the remainder of that sport season.

G. Calculating Seasonal Eligibility

1. Fall eligibility will be computed by using the 8 highest grades from the 4th marking period plus summer school.

2. Winter and Spring eligibility will be computed by using all grades including Twilight and Evening school.

3. The same criteria for marking period academic eligibility calculations for students on a full or partial schedule should be utilized for the 16-day academic probation check.

H. Academic assistance sessions will consist of a minimum of 8 sessions for a minimum of 6 hours spread evenly throughout the 16-day probationary period. These academic assistance sessions shall be only for students attempting to become eligible for the current sports season. These sessions are not a typical study hall but specialized individual help sessions approved by the principal.

I. A student who withdraws and then reenters the same high school or any other county high school must satisfy academic eligibility requirements. Academic eligibility will be determined by the most recent complete marking period report.

J. Ninth grade students shall have one marking period to establish academic eligibility.

K. Students who transfer from an out-of-county or private school are subject to the academic eligibility standards of their preceding school/school system until they establish eligibility through grades issued on an AACPS report card. Said transfers shall provide a copy of their preceding school's academic eligibility standards and their last report card before participating in a game or contest. Students remain eligible to try-out and practice with the team while awaiting clearance to play.

Determining Academic Eligibility for Students with Disabilities

If a student with a disability receiving special education services (IEP or 504 plan) fails to meet academic eligibility standards to participate in interscholastic athletics or extracurricular activities, the student or his/her parent/guardian may contact the principal of the school to request the convening of an emergency admission, review and dismissal (IEP) committee meeting in order to determine if the student's IEP has been implemented. Once a request for an IEP Review has been received by the school, the student will continue to participate fully in the extracurricular program pending the findings of the IEP Team/Committee.

The parent(s)/guardian(s) will be provided an explanation of procedural safeguards including all special education due process rights available under the Federal and State Law.

The IEP Team/Committee will make a determination as to whether or not the student's IEP has been implemented. If the IEP Team/Committee determines that the student's IEP has been met and the student has still failed to meet academic eligibility standards, the student will be ineligible and the requirements of the policy will be followed.

If the IEP Team/Committee determines that the IEP has not been implemented, the student will continue to be fully eligible for participation in interscholastic sports or extracurricular activities.

~ATTENDANCE~

A. Each athlete is required to attend all scheduled classes.

B. In the case of extenuating circumstances, the principal of the school may grant an exception for excused class absences.

C. As a result of administration verification of a class cutting or truancy, for any part of the school day, the student will be ineligible to compete in the next event. A second offense of a class cutting or truancy, or a combination of the two, during the same sport season, will result in the removal of the student from the team for the remainder of the sport season. Multiple days of class cutting or multiple days of truancy satisfy the rule for second offense and the student athlete will be removed from the team for the remainder of the sport season.

~Calendar~

August 2012							
S	M	T	W	Th	F	S	
			1	2	3	4	8 Fall Coaches Meeting and Rules Interpretation at South River HS.
5	6	7	8	9	10	11	11 Fall Sports begin.
12	13	14	15	16	17	18	17 1st day for scrimmages.
19	20	21	22	23	24	25	20 Teachers report. No practice during teacher work hours.
26	27	28	29	30	31		27 Schools open for grades 1-5 and grades 6 and 9 only.
							28 Schools open for students. First day of Academic Probation period.
							31 First play date for fall sports.
September 2012							
S	M	T	W	Th	F	S	
						1	3 Labor Day — All Schools and Central Offices closed.
2	3	4	5	6	7	8	17 Rosh Hashanah - All Schools and Central Offices closed. No practices or contests. All practices and contests must be completed by sunset the preceding evening.
9	10	11	12	13	14	15	20 Academic Probation period ends.
16	17	18	19	20	21	22	26 Yom Kippur- All Schools and Central Offices closed. No practices or contests. All practices and contests must be completed by sunset the preceding evening.
23	24	25	26	27	28	29	30 Interims to be sent home.
30							
October 2012							
S	M	T	W	Th	F	S	
	1	2	3	4	5	6	* Complete tournament entries and check MPSSAA deadlines.
7	8	9	10	11	12	13	1-4 High School Assessment (HSA) Administration.
14	15	16	17	18	19	20	6 SAT testing- No mandatory practices or any contests before 2pm.
21	22	23	24	25	26	27	19 Schools closed for students. No practice during teacher work hours.
28	29	30	31				
November 2012							
S	M	T	W	Th	F	S	
				1	2	3	3 SAT testing- No mandatory practices or any contests before 2pm.
4	5	6	7	8	9	10	3 Weight Certification at Old Mill.
11	12	13	14	15	16	17	6 Election Day- All Schools and Central Offices closed.
18	19	20	21	22	23	24	7 Winter Coaches Meeting at Arundel HS
25	26	27	28	29	30		15 Winter sports begin. Check ineligibility report.
							16 Report Card Distribution.
							16 Academic Probation period begins.
							19 & 20 Schools closed for students. No practice during teacher work hours. Professional Development day
							21 1st day for scrimmages.
							21-23 Thanksgiving Holiday—All Schools and Central Offices closed. No practices on Thanksgiving Day unless involved in state football playoffs.
December 2012							
S	M	T	W	Th	F	S	
						1	1 2nd Weight Certification
2	3	4	5	6	7	8	5 First play day for winter sports.
9	10	11	12	13	14	15	14 Interims to be sent home by this date.
16	17	18	19	20	21	22	14 Academic Probation period ends.
23	24	25	26	27	28	29	24-Jan.1 Christmas/Winter Break—All schools closed for students and teachers.
30	31						Voluntary practices on Christmas eve. No practices on Christmas Day.
January 2013							
S	M	T	W	Th	F	S	
		1	2	3	4	5	1 All Schools & Central Offices closed.
6	7	8	9	10	11	12	5 SAT testing- No mandatory practices or any contests before 2pm.
13	14	15	16	17	18	19	7-18 High School Assessment (HSA) Administration.
20	21	22	23	24	25	26	21 Martin Luther King, Jr. Birthday Commemoration— All schools and central office closed.
27	28	29	30	31			Voluntary practices only. No contests.
							22-25 High School Semester Exams. Modified extra-curricular hours. 90 minutes maximum practice.
							No contests on the evenings prior to exams.
							28 & 29 Schools closed for students. Teachers Workdays. No practice during teacher work hours.

February 2013						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March 2013						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2013						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2013						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2013						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

*Complete tournament entries, check MPSSAA deadlines.

- 7 Check ineligibility report in AD office.
- 8 Report card distribution for all students.
- 13 Spring Coaches meeting at North County HS.
- 18 Presidents Day— All Schools and Central Offices closed.

- 1 Spring sports begin/ Academic Probation begins.
- 1 Interims to be sent home.
- 2 SAT testing- No mandatory practices or any contests before 2 pm.
- 7 1st day for scrimmages.
- 21 First play day for spring sports
- 22 Academic Probation period ends.
- 25-Apr.1 Easter/Spring Holiday. All Schools closed March 25-April 1 for students, teachers and school-based unit IV employees. School Offices and Central Offices closed March 25 – April 1.

- 1 Easter/Spring Holiday— All schools closed for students, teachers, and school-based Unit IV employees. School Offices & Central Offices closed April 5–9.
- 3 Primary Election Day— All School Offices & Central Offices closed.
- 15-19 High School Assessment (HSA) Senior Administration.
- 23 Check ineligibility report in AD office.
- 25 Report Card distribution for all students.

- *Complete tournament entries, check MPSSAA deadlines
- 4 SAT testing- No mandatory practices or any contests before 2 pm.
- 6-17 AP testing
- 10 Interims to be sent home by this date.
- 20-22 High School Assessment (HSA) Administration.
- 27 Memorial Day—All Schools and Central Offices closed.
- 30 Last day for graduating seniors.

- 1 SAT testing- No mandatory practices or any contests before 2 pm
- 14, 17-19 High School Examinations, textbook collection. Two-hour early dismissal for all students.
- 19 End of fourth marking period. Last day for students.
- 20 Last day for teachers.

Inclement Weather and Emergency School Closings

In the event the Board chooses to close a school or schools early due to inclement weather, all interscholastic practices and contests will also be cancelled. Local school athletic director/s are reminded to contact transportation vendors, official's assignors, school based security and police, athletic trainers before 12 pm if possible. Postponed contests should be played on the next playable date possible involving the involved schools.

Semester Tests and Examinations

Extracurricular activities, practices, and club activities shall be scheduled at the end of the regular school day for not more than 90 minutes on the evening prior to the day of semester tests and examinations for high schools.

Religious Observances

Jewish dates are set according to the Lunar calendar; they begin at sundown on the pre-eding evening and conclude at sundown on the dates noted above.

Sat Dates

No mandatory extracurricular activities or contests may be scheduled prior to 2 pm on SAT testing Saturdays.

~HEALTH AND SAFETY OF STUDENT ATHLETES~

Heat Acclimatization

The intent of these guidelines is to minimize injury and heat related illnesses while enhancing the player's health, performance and well-being. Coaches, athletes and parents are reminded to always err on the side of caution. Schools are encouraged to educate athletes and parents regarding the risks of dehydration on health and physical performance. Schools should work with individual athletes to develop fluid-replacement strategies that optimize hydration status before, during and after competition /practice. For more information, please refer to <http://www.nfhslearn.com/electiveDetail.aspx?courseID=34000>.

Each year high school athletes experience serious injury and even death as a result of heat-related illnesses. It has become a major concern in that the number of deaths over the last 15 years has remained constant. That statistic becomes more alarming given that heat-related illness and death are almost entirely preventable. The need to dramatically increase awareness of the issue, recognize the symptoms of heat illness and treatment of suspected cases has become a primary consideration for early season practice routines.

The Maryland General Assembly recognized the potential for ameliorating risk and has provided legislation to address the problem. This document is offered to Maryland schools to assist in the formation of local guidelines to address heat acclimatization. It was formatted through a collaborative effort of representatives from the Maryland State Department of Education (MSDE), Department of Health and Mental Hygiene (DHMH), Local School Systems, Maryland Public Secondary Schools Athletic Association (MPSSAA), Maryland Athletic Trainers Association (MATA) and Licensed Physicians who treat student-athletes.

This packet includes information for coaches, parents, athletic administrators and student-athletes regarding important definitions; hydration awareness; environmental and non-environmental risk factors; heat acclimatization timeline; and a basic emergency plan. The guidelines attempt to strike a safe balance between a gradual introduction and assimilation into athletic competition with the need to properly teach safe playing techniques. The mitigation of other serious injuries must also be considered in any pre-season practice format.

These guidelines are recommended for fall practice where the greatest risks of heat related illnesses occur. However, athletes practicing indoors, in non-air conditioned or poorly ventilated gyms are also susceptible as are students practicing for spring sports. The guidelines are also recommended for winter and spring sports regarding the duration and intensity of practices. AACPS will evaluate whether equipment restrictions are necessary for winter and spring sports.

AACPS has carefully considered the specific guidelines created by MPSSAA for acclimatization of athletes to warm weather conditions. Resources may be found on the Health and Safety page of MPSSAA.org.

In its ongoing effort to minimize the risk of participating in high school athletics, the National Federation of State High School Associations (NFHS) has produced a free online course entitled "A Guide To Heat Acclimatization and Heat Illness Prevention". Select the link above to read the press release about the new course.

This timely course, which provides critical information designed to minimize the risk of activity-related heat stroke among high school athletes, is the fourth and latest free course in the NFHS Coach Education Program available online at www.nfhslearn.com.

Concussion

What is a concussion?

- A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

What are some warning signs of a concussion? — For Immediate Attention, *Call 911*

Signs Observed by a:

Parent/Guardian:

- ✓ Appears dazed or stunned
- ✓ Is confused about assignment or position
- ✓ Forgets sports plays
- ✓ Is unsure of game, score, or opponent
- ✓ Moves clumsily
- ✓ Answers questions slowly
- ✓ Loses consciousness (even briefly)
- ✓ Shows behavior or personality changes
- ✓ Can't recall events prior to hit or fall
- ✓ Can't recall events after hit or fall

Athlete:

- ✓ Headache or "pressure" in the head
- ✓ Nausea or vomiting
- ✓ Balance problems or dizziness
- ✓ Double or blurry vision
- ✓ Sensitivity to light
- ✓ Sensitivity to noise
- ✓ Feeling sluggish, hazy, foggy, or groggy
- ✓ Concentration or memory problems
- ✓ Confusion
- ✓ Does not "feel right"

What Should You Do If You Think A Concussion Has Occurred?

1. *Seek medical attention right away.*

- A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

2. *Keep your child out of play until medically cleared.*

- Concussions take time to heal. Don't let your child return to play until a health care professional says its okay. Children, who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

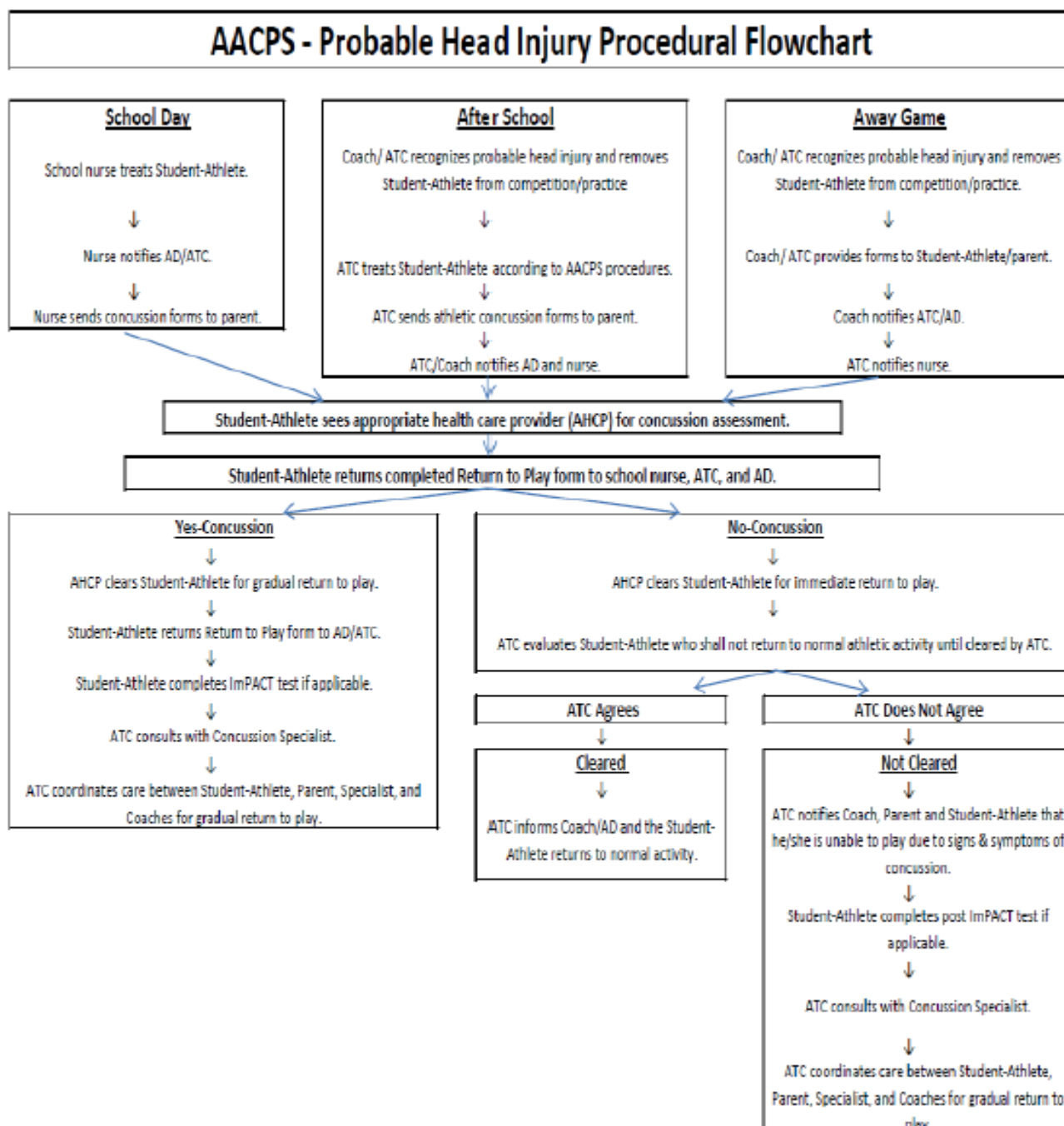
•

3. *Inform all coaches about any recent concussions.*

- Coaches should know if your child has a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

4. *Helping your child return to school safely after a concussion.*

- As your child's symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to school after a concussion may need to:
 - Take rest breaks as needed,
 - Spend fewer hours at school,
 - Be given more time to take tests or complete assignments,
 - Receive help with schoolwork, and/or
 - Reduce time spent reading, writing, or on the computer.



~AACPS Training Regulation ~

Any conduct deemed detrimental to the student athlete, team and/or overall good of the program, anytime, on and off campus, can result in penalties ranging from verbal reprimand to expulsion from the team as determined by the head coach.

~ ATHLETICS BEYOND HIGH SCHOOL ~

Estimated Probability of Competing in Athletics beyond the High School Interscholastic Level

<i>Men's</i>	<i>Women's</i>		<i>Men's</i>	<i>Men's</i>		
<i>Student-Athletes</i>		<i>Basketball</i>	<i>Basketball</i>	<i>Football</i>	<i>Baseball</i>	<i>Soccer</i>
HS Student-Athletes		545,844	438,933	1,108,441	471,025	398,351
HS Senior Student-Athletes		155,955	125,409	316,697	134,579	113,815
NCAA Student-Athletes		17,500	15,708	67,887	31,264	22,573
NCAA Freshman Roster Positions		5,000	4,488	19,396	8,933	6,449
NCAA Senior Student-Athletes		3,889	3,491	15,086	6,948	5,016
NCAA Student-Athletes Drafted		48	32	255	806	49

14 University Interscholastic League

Percent HS to NCAA	3.2	3.6	6.1	6.6	5.7
Percent NCAA to Pro	1.2	0.9	1.7	11.6	1.0
Percent HS to Pro	0.03	0.03	0.08	0.60	0.04

Note: These percentages are based on estimated data and should be considered approximations of the actual percentages.

Source: www.ncaa.org

NCAA clearinghouse information: Becoming Eligible

- The NCAA membership creates rules in three separate divisions that determine an individual's eligibility to participate in intercollegiate athletics. Prospective student-athletes must meet minimum academic standards and amateurism criteria in to play college sports. The NCAA Eligibility Center administers the process for prospects seeking initial eligibility. NCAA membership committees composed of faculty members, administrators and other higher education professionals create and apply eligibility standards.
- The NCAA Eligibility Center verifies the academic and amateur status of all student-athletes who wish to compete in Division I or II athletics.
- College-bound student-athletes, who want to practice, compete and receive athletically related financial aid during their first year at a Division I or II school need to meet the following requirements:
- Complete a minimum of 16 core courses for Division I or 14 core courses for Division II. After August 1, 2013, student-athletes who wish to compete at Division II institutions must complete 16 core courses.
- Earn a minimum required grade-point average in core courses.
- Earn a qualifying test score on either the ACT or SAT.
- Request final amateurism certification from the NCAA Eligibility Center.
- For Division I student-athletes who will enroll in August 2015 and later, the requirements to compete in the first year will change. In addition to the above standards, prospects must:
- Earn at least a 2.3 grade-point average in core courses.
- Meet an increased sliding-scale standard (for example, an SAT score of 1,000 requires a 2.5 high school core course GPA)

- Successfully complete 10 of the 16 total required core courses before the start of their senior year in high school. Seven of the 10 courses must be successfully completed in English, math and science.
- Prospects that earn between a 2.0 and 2.3 GPA and meet the current sliding scale standard (for example, an SAT score of 1,000 requires a 2.025 high school core course GPA) will be eligible for practice and athletically related financial aid but not competition.
- Division III college and universities set their own admission standards. The NCAA does not set initial eligibility requirements in Division III.

For additional information

<https://web1.ncaa.org/eligibilitycenter/common/index.html>

~Forms Appendix~



Anne Arundel County Public Schools | Athletics Office

Concussion Awareness Form

Information Students and Parents Need to Know

What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

What are some warning signs of a concussion?—For Immediate Attention, Call 911

Signs Observed by a Parent/Guardian

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Signs Reported by the Athlete

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

What Should You Do If You Think A Concussion Has Occurred?

1. Seek medical attention right away.

A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

2. Keep your child out of play until medically cleared.

Concussions take time to heal. Don't let your child return to play until a health care professional says it's okay. Children who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

3. Inform all coaches about any recent concussions.

Coaches should know if your child has a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

4. Helping your child return to school safely after a concussion.

As your child's symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to school after a concussion may need to:

- Take rest breaks as needed,
- Spend fewer hours at school,
- Be given more time to take tests or complete assignments,
- Receive help with schoolwork, and/or
- Reduce time spent reading, writing, or on the computer.

Student Name: _____

SPORTS CONCUSSION TESTING and RELEASE of INFORMATION

I understand that voluntary pre-concussion baseline testing and post-concussion testing will be administered at my son/daughter's high school. Information generated from the tests may help guide medical expert's treatment options after a student's suffers a head injury playing sports. This testing is only one part of the criteria used to determine the student's ability to return to play.

Procedures

- There is no charge for the Computerized Concussion Assessment Test (ImPACT) to be conducted at the school. (More information at impacttest.com)
- If my son/daughter sustains a concussion, the post-injury test will be administered by the athletic trainer when my son/daughter is asymptomatic.
- The post-injury test results will be reviewed by the certified athletic trainer and the authorized consulting neurologist. An appropriate course of action will be determined.
- Upon written request, a copy of the post-injury test results will be sent to me.
- I may choose to consult with a concussion specialist outside of the school system at my own cost to assist my son/daughter's recovery.
- The Anne Arundel County Public School System (AACPS) is not providing medical coverage or reimbursement for any testing, assessment, follow-up, or rehabilitation beyond the initial post-injury concussion test.

Limitations on Use of Information

- I understand that the concussion baseline is designed only for concussion management and not as an IQ test and will not be used for educational planning or placement decisions.
- It is important to recognize that blows to the head can cause a variety of injuries other than concussions (e.g., neck injuries, more serious brain injuries). ImPACT testing is designed for concussions only. You should see your doctor as soon as possible to address any other medical concerns.

Storage, Use of Information, Persons Authorized Access, and Confidentiality

- Anne Arundel County Public School System (AACPS) will appropriately safeguard protected individually identifiable health information made available to or obtained by AACPS from its students. AACPS will comply with applicable legal requirements relating to protected Health Information.
- Test results will be stored confidentially on a password protected secure website.
- Only the following individuals will have access to the test results: School's athletic trainer and athletic director, consulting neurologist, AACPS Coordinator of Athletics, and any physician designated by parent/guardian.
- Information about the student's recovery may be provided to the school nurse, guidance counselor, school psychologist, and/or teachers to provide temporary health or academic support.
- Upon written request, a copy of the post-injury test results will be sent to me in writing.

Acknowledgement and Consent

I have read this document completely and I understand the terms and conditions set forth above under Procedures, Limitation on Use of Information, and Storage, Use of Information, Persons Authorized Access, and Confidentiality. The concussion testing program is available on a voluntary basis. I consent to the administration of the concussion testing of my child under this program and to the release of my child's testing information and related protected health information to the individuals specified in this form.

Name of parent or guardian: _____

Signature of Parent or guardian

Date

(Parent/Guardian Phone Number # 1)

(Parent/Guardian Phone Number # 2)

Official Use Only:

Last Name: _____ DOB: _____

Grade: _____ Sport: _____



Guide For Student Athletes And Parents

General Standards and Forms for Participation in Interscholastic Athletics

Purpose: This *Athletic Guide* is designed to be useful to student athletes and parents. The intent is to condense that information which is necessary to effectively understand and participate in the athletic program in Anne Arundel County. **Athletic participation is a privilege, not a right**

The guide includes a collection of information pertaining to state and county procedures and regulations.

There may be questions which arise that may not be covered in this guide. Remember, this is only a guide. Only open communications between coaching staff, athletic director, parents, students, and school administrators will insure an effective athletic program. View the Anne Arundel Athletic Handbook at www.aacps.org.

I. General Standards for Eligibility

1. Enrollment

Students shall be officially registered and attending a member MPSSAA school. They may represent only the school in which they are registered and at which it is anticipated they will complete their graduation requirements. Ninth grade public school students, who reside in the attendance area of a high school organized 10-12 may participate in the interscholastic athletics program of that high school.

2. Age

Students who are 19 years old or older as of August 31 are ineligible to participate in interscholastic athletics.

3. Physical Examination:

A student shall be examined and certified to the high school principal as being physically fit to participate in any tryout, practice, or contest of a school team. The examination shall be performed by a qualified physician. Student physical examinations will cover one calendar year only. Verification of an examination must be submitted each year of participation, after June 1st of the subsequent year.

4. Athletic Insurance & Parental Permission

Every candidate for and participant on an interscholastic team must provide proof of parental permission and have insurance covering possible accident or injury in school-sponsored games, practice sessions and during travel to and from athletic contests. Such coverage may be provided through the purchase of scholastic accident insurance, or by providing proof of similar or superior insurance protection. Parents and/or guardians of athletes should anticipate the distinct possibility of incurring medical expenses for injuries related to participation in sports that will not be covered by insurance.

5. Amateur Status

Students who have not used or are not using their athletic skill as players for financial gain, or who have not competed under an assumed name as players, shall be considered an amateur. Employment as an instructor, counselor, or official shall not be considered a violation.

6. Seasons of Competition

Students may participate in interscholastic athletic contests for a maximum of three seasons in any one sport in grades 10, 11, and 12. Students who participate on an interscholastic team in grade 9 will have a maximum athletic eligibility of four seasons in any one sport.

7. Outside Team Membership

Students, while participating on a school team, are permitted to participate in the same sport outside of school during the sport's season. This participation must meet the following criteria:

1. The outside participation shall not conflict with the practice or contests schedule of the school including district, regional, and State championship play unless prior written approval has been obtained from the school principal and coach. All requests must be submitted in writing prior to the first playable date of that specific sport season:

Fall—August 31

Winter—December 5

Spring—March 21

2. Any factor of a non-school athletic activity that causes a student to miss any portion of a school practice or contest constitutes a conflict. Approval requests for an outside conflict will only be granted for a unique opportunity or singular event only.
3. Students involved in a conflict without prior approval shall forfeit their eligibility for the remainder of that sports season. Those students will immediately be removed from the team and will not finish the season in good standing.

8. Transfer

All transfers are subject to the academic eligibility standards from their preceding school/school system until they establish grades issued through an AACPS report card. All transfers shall provide a copy of their preceding school's academic eligibility standards and their last report card before participating.

9. Recruiting Statement

No coach or school personnel are to discuss or otherwise promote transfers or changes in residence or residence arrangements with any student, parent or other person of influence or knowingly permit such activity to take

place for the purpose of facilitating athletic participation.

II. Scholastic Eligibility Code

1. Academic Eligibility

To be eligible to participate in interscholastic athletics or extracurricular activities, grades 9 through 12, a student must maintain a "C" average (2.0 grade point average or greater) as determined by existing county grading procedures in all courses taken in a given eligibility period. A student may earn a maximum of one "E" grade in courses taken during that eligibility period.

2. Academic Eligibility Period

Academic eligibility period means the period of time during which a student may participate in interscholastic athletics and extracurricular activities. Academic eligibility periods are determined by the date of issuance of report cards reflecting grades earned during each marking period.

3. Academic Probation

Academic probation is the consequence that occurs when a student fails to maintain academic eligibility standards. Academic probation period is the period of time during which a student may participate in interscholastic athletic practices or extra-curricular clubs, meetings or rehearsals, but will not participate in interscholastic athletic contests or extracurricular contests or performances. The academic probation period for each sport season is as follows:

Fall—First day of the new school year.

Winter—The day first marking period report cards are issued.

Spring—First day of the spring season.

A high school student on academic probation:

- a. must attend academic assistance sessions monitored by the academic advisor.
- b. may only participate in interscholastic athletic practices or extracurricular clubs, meetings, or rehearsals.
- c. must attend a conference with the academic advisor to review their eligibility status on the 16th day of probation.

4. Failure to meet the Standard of Eligibility

- a. Students who are still not academically eligible at the conclusion of the 16th day of the academic probation period are ineligible to practice or play for the remainder of that sport season.
- b. Any student who fails to meet the standards of eligibility at the end of the school year may attend summer school and remove the deficiencies. Fall eligibility will be computed by using the eight highest grades from the fourth marking period and summer school.

III. Attendance

1. Each athlete is required to attend all scheduled classes.
2. In the case of extenuating circumstances, the principal of the school may grant an exception for excused class absences.
3. As a result of administration verification of a class cutting or a truancy, for any part of the school day, the student will be ineligible to compete in the next event. A second offense of a class cutting or a truancy, or a combination of the two, during the same sport season, will result in the removal of the student from the team for the remainder of the sport season. Multiple days of class cutting or multiple days of truancy satisfy the rule for second offense and the student athlete will be removed from the team for the remainder of the sport season.

IV. Conduct of Student Athlete

1. As a result of misconduct or disruptive behavior, the principal or designee shall be responsible for deciding appropriate discipline.
2. An athlete that is removed from a contest for fighting or unsportsmanlike conduct will be disciplined according to current Athletic Handbook regulations.
3. A student athlete who has been suspended or expelled from school for violation of any Board of Education policy or regulation governing assaults by students, possession and use of weapons and dangerous implements by students, alcoholic beverages, controlled dangerous substances or other intoxicants, use of tobacco by students, or expelled for any other reason, will be prohibited from participating in interscholastic sports programs for at least the remainder of the season in which the infraction occurred, and may be subject to such other athletic sanctions as the principal deems appropriate.
4. Discipline applied under these regulations may be appealed by an athlete through the existing complaint procedures established by the Anne Arundel County Public Schools.

5. Hazing is not permitted. Hazing is defined as an act which creates harm and is affiliated with initiation to a team. Hazing may involve an act committed against a student or a situation in which a student is coerced into committing an act.

V. Conduct of Spectators

The supervising personnel at an athletic function are required to maintain and enforce appropriate conduct of the spectators.

1. Spectators represent their schools, as do athletes.
2. Spectators are expected to demonstrate the highest standards of sportsmanship.
3. Booing, taunting, inappropriate cheers, or attempts to intimidate athletes, coaching staffs, event personnel, administrators, officials and opponents are unacceptable behaviors.
4. Spectators should support and cheer for their teams in a positive manner.
5. Spectators who exhibit unacceptable behavior will be asked to leave the contest without reimbursement of game fees and will not be permitted to re-enter that contest. Further disciplinary action may be imposed by the school principal.
6. Spectators will not be permitted to leave and reenter without paying a second admission.
7. Spectators must comply with the AACPS' alcohol, drug and tobacco policies.
8. Spectators may not take food or drinks into the gymnasium.
9. Spectators must stay in the bleachers or stands. For spectator safety, there is no jumping on the bleachers or stands.
10. Only authorized coaches for the designated activity and/or authorized school supervisory personnel so designated by the school are permitted on the sidelines. Reporters who have requested to be on the sidelines should check in with game management.
11. School dress code extends to athletic contests.
12. During contest, spectators may not play catch or pickup games inside the stadium or gymnasium.
13. Noisemakers are prohibited at athletic events.

VI. Squad Membership

1. The coach of each sport is responsible for the determination of squad membership.
2. A student being taught by parental request at home (home instruction) is not enrolled in the Anne Arundel County Public Schools and cannot participate in athletics.

3. Seniors are not eligible for junior varsity competition in any sport.

4. Student athletes are subject to all rules beginning on the first day of try-outs at the start date of the specific sport season.

5. Once an athlete begins the try-out process for a sport, at any Anne Arundel County Public School, the athlete becomes ineligible to participate in that sport at another Anne Arundel County Public School for the remainder of the season. A bona fide change in residence which designates that student to another school is the only exception.

VII. Practice**1. Starting Dates for Practice**

- August 11 — *Fall sports*
- November 15 — *Winter sports*
- March 1 — *Spring sports*

2. Out of Season Practice

The following criteria should be utilized in determining whether or not an activity constitutes out-of-season practice:

- a. Member schools and coaches of member schools shall confine all organized or formal practice for a contestant or a team to the seasonal limitations.
- b. "A coach may not coach a team representing their school beyond the sports season as defined in MPSSAA Regulation .03."

Notification to Student Athletes & Parents

Students may be required to practice or compete off campus. Contact specific sport coaches at your school for additional information.

VIII. Awards

The minimum criteria for awarding a school athletic letter or other similar school awards must include:

1. The participant must complete the season in good standing.
2. The participant must fulfill all team related obligations.
3. The coach of the team may establish more specific requirements, but all such requirements must meet the approval of the athletic director and principal.
4. Student athletes who do not complete the season in good academic standing may not be allowed to attend school, base, or booster sponsored award banquets. Good standing is determined by the local school administration.

Parents and student should keep this portion of the form and return the Authorization for Participation and signature portion to the school.



Authorization for Participation in Scholastic Athletics

School Year 2012-2013

As parents or legal guardians of _____

(Name of Student)

We hereby authorize and consent to our child's participation in interscholastic athletics and sports. We understand that the sport in which our child will be participating is potentially dangerous, and that physical injuries may occur to our child requiring emergency medical care and treatment.

In consideration of the acceptance of our child by the Anne Arundel County Public Schools in its athletic program, we agree to release and hold harmless the Board of Education of Anne Arundel County, its members, the Superintendent of Schools, the Principal, all coaches, and assistant coaches, and any and all other of their agents, servants, and/or employees and agree to indemnify each of them, from any and all claims, costs, suits, actions, judgments, and expenses, arising from our child's participation in interscholastic athletics and sports.

We hereby give our consent and authorize the Board of Education of Anne Arundel County and its agents, servants, and/or employees to consent on our behalf and on behalf of our child, to emergency medical care and treatment in the event we are unable to be notified by reasonable attempts of the need for such emergency medical care and treatment.

We understand and agree that we will be responsible for all medical bills and costs that may be incurred as a result of medical care and treatment of our child, and agree to provide proof of insurance coverage of our child against accidents and injuries in school sponsored games, and practice sessions, and during travel to and from athletic contests.

Students who have made a decision to take part in the athletic program will be required to practice and participate in scheduled contests after school and possibly on non-school days. Supervision at practice, games, and travel will be provided by the school.

In addition, it is recognized that all students must comply with eligibility regulations that govern athletics in Anne Arundel County Public Schools as approved by the County Board of Education and the State Department of Education.

Every candidate for and participant on an interscholastic team must be insured against possible accident or injury in school sponsored games, practice sessions, and during travel to and from athletic contests. Such coverage may be provided by the purchase of scholastic accident insurance; otherwise, proof of similar or superior coverage must be presented.

Name of School	
Community or Development of Residence	
I also declare and affirm that my child: <input type="checkbox"/> Resides (with parents or legal guardians) within the above attendance area, or <input type="checkbox"/> Is attending the above school with special permission of the Office of Pupil Services of Anne Arundel County Public Schools.	

If a student is attending a high school without the benefit of *residing (with parents or legal guardians)* within the school's attendance area and/or without special permission of the Office of Pupil Services, the student in question is subject to disciplinary action which could result in loss of athletic eligibility for a period of time, ineligibility in a specified sport for the forthcoming year or penalties as may seem justified in the particular case. *A student being taught by parental request at home (home instruction) is not enrolled in the Anne Arundel County Public Schools and cannot participate in athletics.* The athlete's team and school will be penalized for failure to comply with MPSSAA regulations.

Relationship to Student	Signature of Parent/Legal Guardian	Date
Home Phone	Cell Phone	Email

Student Information

Name (son/daughter/ward)	Grade	Age	Birth Date
--------------------------	-------	-----	------------

Race

☐ American Indian/Alaskan Native
 ☐ Asian/Pacific Islander
 ☐ African American
 ☐ White—Non-Hispanic
 ☐ Hispanic

My son/daughter/ward, is covered by accident insurance:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Other Insurance (company)	Policy Number
---	--	---------------------------	---------------

Medical Information

Family Physician	Telephone Number
	— —
Dentist	Telephone Number
	— —

Home Address & Phone Number

Street Address			Home Telephone Number
			— —
City	State	Zip Code	Emergency Telephone Number
			— —

Information needed from Grades 9–12 ONLY

Year	School(s) Attended	Grade	Sports Played

By evidence of the signatures below, you are testifying that you:

- have read the Athletic Guide
- have read the provisions of the *Authorization for Participation in Interscholastic Athletics* form
- understand the eligibility standards.

Failure to complete, sign and return to your child's coach will result in her/his exclusion from participation in the interscholastic athletic program of Anne Arundel County Public Schools.

Important: If a student changes residency during the sport season, parents must notify the athletic director immediately and update this form.

☐ I have read and understand the **Concussion Information Sheet**

☐ My child has my permission to participate in Interscholastic Athletics for the 2012–13 school year.

Student's Signature	Date	Parent/Legal Guardian's Signature	Date

The Anne Arundel County Public School System does not discriminate on the basis of race, sex, age, national origin, religion, disability, sexual orientation, or familial status in matters affecting employment or in providing access to programs. For more information, contact:

Mr. Leslie N. Stanton, Specialist in Human Relations, Anne Arundel County Public Schools, 2644 Riva Road, Annapolis, Maryland 21401
(410) 222-5318; TDD (410) 222-5500. www.aacps.org



Preparticipation Physical Evaluation

HISTORY

This page to be completed by student and parent / guardians

Name _____	Sex _____	Age _____	Date of birth _____
Grade _____	School _____	Sport(s) _____	Phone _____
Address _____			
Personal physician _____			
In case of emergency, contact			
Name _____	Relationship _____	Phone (H) _____	(W) _____

Explain "Yes" answers below.

Circle questions you don't know the answers to.

	Yes	No		Yes	No
1. Have you had a medical illness or injury since your last check up or sports physical?	<input type="checkbox"/>	<input type="checkbox"/>	9. Do you cough, wheeze, or have trouble breathing during or after activity?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have an ongoing or chronic illness?	<input type="checkbox"/>	<input type="checkbox"/>	Do you have asthma?	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you ever been hospitalized overnight?	<input type="checkbox"/>	<input type="checkbox"/>	Do you have seasonal allergies that require medical treatment?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>	10. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example, Knee brace, special neck roll, foot orthotics, retainer on your teeth, hearing aid)?	<input type="checkbox"/>	<input type="checkbox"/>
3. Are you currently taking any prescription or nonprescription (over-the-counter) medications or pills or using an inhaler?	<input type="checkbox"/>	<input type="checkbox"/>	11. Have you had any problems with your eyes or vision?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever taken any supplements or vitamins to help you gain or lose weight or improve your performance?	<input type="checkbox"/>	<input type="checkbox"/>	Do you wear glasses, contacts, or protective eyewear?	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)?	<input type="checkbox"/>	<input type="checkbox"/>	12. Have you ever had a sprain, strain, or swelling after injury?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a rash or hives develop during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	Have you broken or fractured any bone, or dislocated any joints?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you ever passed out during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints? If yes, check appropriate box and explain below.	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been dizzy during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Head <input type="checkbox"/> Elbow <input type="checkbox"/> Hip		
Have you ever had chest pain during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Back <input type="checkbox"/> Forearm <input type="checkbox"/> Thigh		
Do you get tired more quickly than your friends do during exercise?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Chest <input type="checkbox"/> Wrist <input type="checkbox"/> Knee		
Have you ever had racing of your heart or skipped heartbeats?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Shoulder <input type="checkbox"/> Hand <input type="checkbox"/> Shin/ calf		
Have you had high blood pressure or high cholesterol?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Upper arm <input type="checkbox"/> Finger <input type="checkbox"/> Ankle		
Have you ever been told you have a heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Foot	<input type="checkbox"/>	<input type="checkbox"/>
Has any family member or relative died of heart problems or of sudden death before age 50?	<input type="checkbox"/>	<input type="checkbox"/>	13. Do you want to weigh more or less than you do now?	<input type="checkbox"/>	<input type="checkbox"/>
Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?	<input type="checkbox"/>	<input type="checkbox"/>	Do you lose weight regularly to meet weight requirements for your sport?	<input type="checkbox"/>	<input type="checkbox"/>
Has a physician ever denied or restricted your participation in sports for any heart problems?	<input type="checkbox"/>	<input type="checkbox"/>	14. Do you feel stressed out?		
6. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?	<input type="checkbox"/>	<input type="checkbox"/>	15. Record the dates of your most recent Immunizations (shots) for:		
7. Have you ever had a head injury or concussion?	<input type="checkbox"/>	<input type="checkbox"/>	Tetanus _____ Measles _____		
Have you ever been knocked out, become unconscious, or lost your memory?	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B _____ Chickenpox _____		
Have you ever had a seizure?	<input type="checkbox"/>	<input type="checkbox"/>	FEMALES ONLY		
Do you have frequent or severe headaches?	<input type="checkbox"/>	<input type="checkbox"/>	16. When was your first menstrual period? _____		
Have you ever had numbness or tingling in your arms, hands, legs, or feet?	<input type="checkbox"/>	<input type="checkbox"/>	When was your most recent menstrual period? _____		
Have you ever had a stinger, burner, or pinched nerve?	<input type="checkbox"/>	<input type="checkbox"/>	How much time do you usually have from the start of one period to the start of another? _____		
8. Have you ever become ill from exercising in the heat?	<input type="checkbox"/>	<input type="checkbox"/>	How many periods have you had in the last year? _____		
			What was the longest time between periods in the last year? _____		
			Explain "Yes" answers here: _____		

We hereby state that, to the best of our knowledge, our answers to the above questions are complete and correct.

Signature of athlete _____ Signature of parent/guardian _____ Date _____

Pre-Participation Physical Evaluation

PHYSICAL EXAMINATION

DATE OF EXAM _____

This page to be completed by physician / nurse practitioner/physician assistant

Name _____

Date of Birth _____

Height _____ Weight _____ % Body fat (optional) _____ Pulse _____ BP _____

Vision R 20/ _____ L20/ _____ Corrected: Y N Pupils: Equal _____ Unequal _____

	NORMAL	ABNORMAL FINDING	INITIALS *
MEDICAL			
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
MUSCULOSKELETAL			
Neck			
Back			
Shoulder/arm			
Elbow/forearm			
Wrist/hand			
Hip/thigh			
Knee			
Leg/Ankle			
Foot			

*Station-based examination only

CLEARANCE

☐ Cleared

☐ Cleared after completing evaluation/rehabilitation for:

☐ Not cleared for (Sport(s)): _____ Reason: _____

 Recommendation: _____

Name of physician / **nurse practitioner /physician assistant (print/type) _____ Date: _____

Address: _____ Telephone: _____

Signature of physician /nurse practitioner/physician assistant _____

MD/nurse practitioner/physician assistant

Physicians Stamp:



DRIVER PERMISSION / STUDENT SELF-TRANSPORTATION FORM

Anytime a student is transported in a private vehicle, this form **MUST** be completed.

Because it is impractical to use commercial transportation for activities involving just a few students, there are circumstances when private vehicles are used to provide transportation. This form must be approved and filed with the Principal prior to the transportation of students to any school related activities when private vehicles with seating capacity of less than 10 (ten) passengers are used.

Driver

I, _____	wish to provide transportation to: _____	
(Driver)		
_____	at _____	(Location)
(Activity)		
on _____	Are you a <input type="checkbox"/> Student? <input type="checkbox"/> Volunteer? <input type="checkbox"/> School employee?	
(Date)		

Passenger

I, _____	as the passenger, I will be riding with: _____	
(Passenger)		
_____	to _____	(Activity)
(Driver)		
at _____	on _____	(Date)
(Location)		

Driver (student, volunteer, school employee) of the vehicle (circle one), please answer the following questions:

1. Do you have a current, valid driver's license? _____ State _____ License # _____
2. Vehicle to be used to transport students _____
(Year, Make, Model)
3. Vehicle's automobile insurance company _____
Policy # _____ Broker/Agent _____ Phone # _____

I understand that in the event of an accident, I must notify school personnel responsible for activity during normal school hours. Further, I understand that in the event of an accident involving personal injury or property damage arising out of this activity, that the school, school personnel, the Superintendent and members of the Board of Education are not responsible. Claims should be directed to the automobile insurance company listed above and reported to the Office of Insurance Management, 2644 Riva Road, Annapolis, Maryland 21401 (410-222-5223).

By signature below, the individual signifies the information provided here is accurate and that he/she understands and agrees to the terms herein.

Driver's Signature _____ **Date** _____

Address _____ **Telephone Number** _____

Parent/Guardian Signature _____ **REQUIRED FOR (STUDENT DRIVER/PASSENGER)**

Address _____ **Telephone Number** _____

Action by the Principal: Approved _____ Not Approved _____

(Principal's signature) **Date** _____

This form shall be retained by the school for 90 (ninety) days. If notice of an accident is received, please forward to the Office of Insurance Management.

Office of Insurance Management 2070/10NS (Rev. 06/07)



Anne Arundel County Public Schools | Office of Athletics

Medical Card for Athletes

This card should be kept on file by the coach for each sport. This should accompany the athlete to the doctor or hospital when medical attention is required.

Student's Name		Date of Birth	
Street Address		City	State Zip
			MD
Home Phone #	Mother's Work #	Father's Work #	Cell Phone #
Family Physician		Physician's Phone #	Hospital Preference
Other Medical Information (allergies, etc.)			

I, _____ give permission to treat my child in the event of an emergency.
(parent name, please print)

Parent Signature

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