CHANTILLY FOOTBALL

2018

Reminders...

Chantilly Sports.org

- The best source of communication
- All families should create an account to receive blasts.
 - Follow Varsity <u>and</u>, if applicable, Junior Varsity or Freshman
 - PLAYERS should create accounts as well
 - Self-Advocacy and Responsibility are paramount to success

Reminders...

- In addition to ChantillySports.org, you can sign up for text and email alerts via GoMaxone.com
 - Invite Code: tillyfootball
 - (invite code is all lower case)
- Email: StCurry@fcps.edu
- Twitter
 - Follow us @TillyFootball
 - Follow us @TheCoachCurry
- ChantillySports.org is the BEST source of info

THANK YOU!

Thank You!

- For coming out this evening
- For supporting your athlete and our program
- For participating in off-season activities

Agenda

- Introduction of New Staff
- "State of the Program"
- Mission Statement
- Values
- Expectations
- Philosophies
- Volunteer Opportunities
- Recruiting
- Schedule

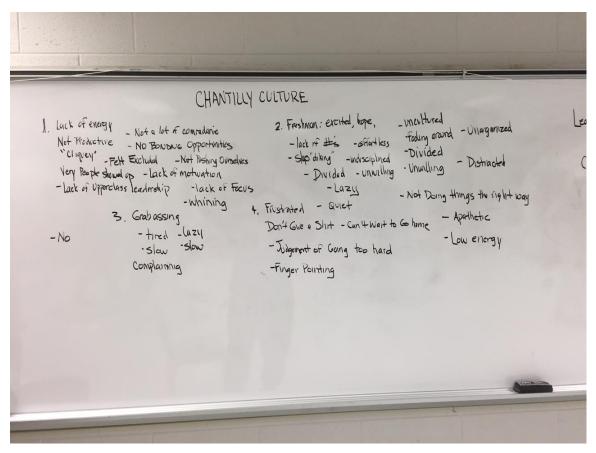
New Faces in 2018:

- Phil Brady
- Chris Fowler
- John Glufling
- Marc Matthie
- Anthony McGee
- Jason Rowley
- Pat Purcell
- Sean Purcell
- Cory Williams



Let's talk about it...

What the returning players said about 2017:



State of the Program—Finances

- The program should expect to be 100% self-sufficient.
 - The only guaranteed funding we have from CHS/FCPS is toward reconditioning of helmets and shoulder pads.
- Fundraisers are mandatory; all players are expected to participate
- Last year we raised approximately \$24,000
- We spent \$22,000 +/- for the 2017 season
- Purchased \$25,000 Nike Uniforms

Expense	Quantity	Cost
Knee Pad Pair	12	72
Mouthpiece	75	75
Helmet Toppers	24	120
Storage Totes	20	201.39
Practice Belts	30	276
Extra Practice Jersey	20	280
MaxOne Subscription		300
Decals	125	595.35
Coupon Card Print Fee		863
Shoulder Pads	9	1,296
Hudl Sideline	N/A	\$1,500.00
Footballs	36	2,826.00
Helmets	18	4860
Headsets	10	\$7,745.00
2018 Jersey Order	Complete Set	24,898.03

\$45,907.77

This does not reflect the cost of updating of items such as: sleds, cameras, tripods, iPads, helmet racks, tackle rings, wrist coaches, practice pads, etc.

Fundraisers:

How can you help?

Get involved: find donors, make donations, chair a fundraiser, etc. Join boosters.

- Fall
 - o Card Blitz
 - o Email Campaign
- Spring
 - o Plant Sale?
 - o Golf Tournament?
 - o Dinner?
- Summer/Pre-Season
 - Social Events:
 - Mom's Clinic
 - Dad's Chalk Talk

Mission Statement:

Through football, athletes will develop physical and mental skills that will *empower* them to be successful on and off the field. Athletes will learn *selflessness*, develop *discipline*, build *confidence* and foster *toughness*.

Commitment:

Commitment can be painful. It is in adversity that commitment finds meaning and power. Choose your commitments; anticipate difficult times; prepare to sacrifice; see it through. *If it was easy, everyone would do it.*

Effort:

Effort is not an inherent ability. It is a state of mind, a decision. *It is a choice to give effort.* It is a tenacious desire to relentlessly and passionately pursue your personal best.

Toughness:

Toughness is the ability to consistently perform at *your* very best regardless of circumstance.

Discipline:

Do what you're *supposed* to do, when you're *supposed* to do it, exactly as it is to be done.

Pride:

It is engrained in our DNA to simply survive, to get by. It takes pride to go beyond average, beyond "good enough".

How good do you want to be?

Don't *talk* about it; *be* about it.

The Team Rule:

Do right.

Family Expectations:

You can expect:

- Respect.
- Commitment from coaches.
- Support for players and families.
- Clear expectations and communication.

Program Expectations:

We expect:

- Respect.
- Commitment from players and families.
- Support from players and families.
 - Volunteerism
 - Support our mission and decisions
- The benefit of the doubt.

Positive Coaching Alliance

"Double-Goal Coach":

- Teach *life lessons* through sport
- Prepare athletes for competition and to <u>WIN</u>

"Triple-Impact Athlete":

- Makes self, teammates and the game better

"Second-Goal Parent":

- Concentrates on character development; lets athletes and coaches focus on the first goal of winning.

Positive Coaching Alliance

- ELM
 - Effort
 - Learning and Improvement
 - bounce back from <u>Mistakes</u>
- Win or Learn
- Control what you can
 - Focus on the little things and big things take care of themselves

- 1. We strive to care for each player as though they are family.
- 2. We may coach loudly and excitedly.
- 3. Football is a loud, tough, disciplined and emotional game; we coach it that way.
- 4. Schematically, we believe, teach, and stress our staff's priorities.
- 5. We evaluate every aspect of a player 24/7.
- 6. We require our athlete's undivided attention while teaching him.
- 7. The <u>team</u> will always come before an individual.

- 8. We may require more discipline of your athlete than anyone else expects of him.
- 9. We don't play athletes to make them happy. Athletes play because they have earned the opportunity to play. They play because they are the best player for the job. They play because they will help the team succeed.
- 10. Players are neither rewarded nor punished because of their parents.
- 11. Players will play positions that help the team succeed.
- 12. Players who commit to the program earn the opportunity to win a position; however, the best player will play.
- 13. Emphasis will always be on the team first.
- 14. We expect players to advocate for themselves before we speak with a parent.
- 15. It is always better to be simple and win than complex and lose!

Communication and Hierarchy:

Communication regarding concerns reflects our desire to help athletes mature into young adults:

- 1. Player should speak with position coach
- 2. Player should speak with his level head coach (Freshman, JV, Varsity)
- 3. Parent contacts level head coach via email
- 4. Parent contacts Coach Curry via email
- 5. Parent sets up appointment for meeting

Communication:

"24 Hour Rule"

- <u>Please</u>, do not approach *any* coach immediately following a practice or game to voice frustration, etc.
- Please, allow the emotion of the situation to cool prior to communicating.
- "36 Hour Rule"
- Please allow us 36 hours to respond to email

Communication:

- We will not discuss playing time.
- We will not discuss athletes other than your own.
- As mentioned earlier, we are constantly evaluating players. If you would like feedback regarding development and areas or strengths/weaknesses, we will gladly share our assessment.
- Football is a popular game and many people are knowledgeable, however, we are the stewards of Chantilly football and will handle the Xs/Os

Levels of Play

Developmental teams share a common goal...

LEARN AND RETURN!

Freshman and Junior Varsity teams are "developing" skills to eventually contribute at the Varsity level.

Levels of Play

*Develop*mental Goals

Freshman team:

- Acclimates athletes to high school socially and athletically
- Learn basics of the game and basics of our schemes
- Adjust to football without weight classes

Junior Varsity:

- Emphasis shifts toward greater competitiveness
- Scheme becomes more sophisticated
- Developing to "Friday Night" contributors

Levels of Play

Varsity Goals:

• Win every game.

Player Responsibilities

Off/Pre-Season

- Attend camps and workouts
- Commit to making Chantilly a winning program

In-Season

- Represent family and program well
- Attend all classes on time, every day
- LOCK all belongings personal and program issued
 - YOU ARE RESPONSIBLE for securing items.

Player Responsibilities

Health

- Players must learn the difference between pain and injury.
 - Athletes in most sports will be uncomfortable during the season, football players will feel even more beat up. There is a significant difference between feeling pain and being injured.
 - Fortunately, we have a full-time sports medicine specialist on staff in our Certified Athletic Trainers, Ms. Bishop and Mr. Boss.
- See ATC with any injury concerns *as soon* as they arise
- See ATC *before* going to an outside doctor

Safety

Safety is our top priority

- We practice safe tackling practices every day during August and multiple times during the week.
- We follow USA Football's Heads Up Tackling Protocol

Recruiting Process

Some basic information

- Academics matter beginning with 9th Grade
- Colleges inform us who they are interested in: we make suggestions; they make decisions
- Prospect Camps, often referred to as "One Day" camps are the best way to get recruited by a particular school
- Unaffiliated combines, 7v7 Leagues, showcases, etc. are of *little-to-no* interest to colleges of any level

Recruiting Process

What should an athlete do?

- Make yourself "recruitable"!
 - Earn good grades (SAT/ACT, GPA)
 - Have "good tape"
 - Lift weights
 - Listen to us!
- Complete the form that has been uploaded on ChantillySports.org and our Google Classroom Site

Chantilly Football 2018 Important Dates

Updated May 10, 2018

May

- May 10: Parent Meeting
- May 29—31: Spring Max Testing (used for point system)

June

- June 4: Chantilly Sports Physical Night-knock out the physical and pesky paperwork in one night!
- June 5: Optional Cleat Fitting and Sale From Wilkins' Shoe Center
- June 5—7 **Equipment Issue** for Combo Camp
 - o June 5: Equipment Issue—Top Off-Season Point Earners who've registered/paid for Camp
 - June 6: Equipment Issue—remaining Seniors and Juniors who've registered/paid for camp
 - o June 7: Equipment Issue—remaining Sophomores who've registered/paid for camp
- June 11—14 Combo Camp at Old Redskins Park (Word of Grace Church Field)
- June 18: "Pre-Season" Workouts Begin; time and split move to Monday through Thursday 9 am
- June 26: Equipment Issue for players who have registered/paid for July's Team Camp but not Combo Camp
- June 26: Equipment Issue for freshman who have registered/paid for July's Freshman Camp

July

- July 1—8: VHSL Summer "Dead Period" (No workouts or "Green Day Practices")
- July 9—12: Team Camp at Evergreen Sportsplex 7:30—9:30 am
- July 9—12: Freshman Camp at Evergreen Sportsplex 7:30—9:30 am
 - o Weight Room will run 11—12:30
- July 16: Workout hours back to 9 am
- July 23: final Equipment Issue for non-camp participants
- July 30: First Day of Practice; Two-a-Days begin 8 am

<u>August</u>

- August 4: Purple and White Intra-squad Scrimmage
- August 9: Varsity Scrimmage at Washington & Lee vs W&L and Stonewall Jackson
- August 16: Varsity Scrimmage vs Langley HOME
- August 18: Picture Day and FUNDRAISING BLITZ...ALL players participate
- August 24: First Varsity Game vs Hayfield (HOME)

September

• September 3: Labor Day Practice at 9 am

Dress Code

Rationale

There are multiple reasons for our "dress code" policy, but **preventing fun is** <u>not</u> **one of them**. We appreciate every athlete as an individual, but we will prohibit attempts to put oneself before the team; that includes modifying one's appearance/uniform. Football is a game of precision, calculation, and uniformity. It requires eleven athletes to be in unison at all times. **Dressing as a team is a small step to playing as a team.**

Additionally, less is often more. We want to limit the variables an athlete must worry about during a game.

Thank You for Coming tonight!

Please do not hesitate to contact us with questions or concerns!

StCurry@fcps.edu