

2022 Cross Country Practice/Meet Schedule
(Draft as of June 13, 2022)

Date	Day	Event Time	Scheduled Event	Bus Leaves	Location	For Whom
29-Jul	Fri	9:00 AM	Forms Collection	n/a	CHS- Trailer #1	ALL
30-Jul	Sat	11:00 AM	Introductory Meeting	n/a	Virtual	ALL
1-Aug	Mon	5:53 AM	Practice (Meet @ CHS)	6:13 AM	Burke Lake	ALL
2-Aug	Tues	5:53 AM	Tryouts (Meet @ CHS)	6:13 AM	Burke Lake	ALL
3-Aug	Wed	6:23 AM	Practice (Meet @ CHS)	n/a	Burke Lake	ALL
4-Aug	Thurs	7:53 AM	Practice (Meet @ CHS)	8:10 AM	Burke Lake	ALL
4-Aug	Thurs	7:45 PM	Potomac River Running- Shoe Night	n/a	Fairfax Corner	ALL
5-Aug	Fri	5:53 AM	Practice (Meet @ CHS)	6:13 AM	Burke Lake	ALL
5-Aug	Fri	n/a	FINAL DEADLINE FOR SPIRIT PACK ORDERS	n/a	n/a	ALL
6-Aug	Sat	7:13 AM	Practice (Meet @ Manassas Battlefield)	n/a	Manassas Battlefield	ALL
8-Aug	Mon	11:30 AM	Depart for Camp	12 noon	Lost River, WV	ALL
11-Aug	Thurs	2:00 PM	Return from Camp	10:30 AM	Lost River, WV	ALL
12-Aug	Fri	6:23 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
13-Aug	Sat	7:13 AM	Practice (Meet @ Manassas Battlefield)	n/a	Manassas Battlefield	ALL
15-Aug	Mon	5:53 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
16-Aug	Tues	5:53 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
17-Aug	Wed	5:53 AM	Practice (Meet @ Lees Corner)	n/a	Lees Corner Elem	ALL
18-Aug	Thurs	5:53 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
19-Aug	Fri	7:23 AM	Scrimmage vs. Herndon	7:50 AM	Burke Lake	ALL
20-Aug	Sat	7:13 AM	Practice (Meet @ Manassas Battlefield)	n/a	Manassas Battlefield	ALL
22-Aug	Mon	3:20 PM	First Day of School (Practice)	n/a	CHS Track	ALL
2-Sep	Fri	8:30 AM	Scrimmage vs. Centreville	n/a	Braddock Park, Centreville	ALL
5-Sep	Mon	7:53 AM	Practice(Meet@Lees Corner)	n/a	Lees Corner Elementary	ALL
10-Sep	Sat	8:00 AM	Monroe Parker Invitational	5:33 AM	Burke Lake	All ***
15-Sep	Thurs	4:30 PM	Concorde District Meet #1	3:15 PM	Lake Fairfax	ALL
21-Sep	Wed	4:30 PM	Concorde District Meet #2	3:15 PM	Lake Fairfax	ALL
24-Sep	Sat	9:00 AM	Oatlands Invitational	6:00 AM	Oatlands Plantation, Leesburg	TBA
29-Sep	Thurs	4:30 PM	Concorde District Meet #3	3:15 PM	Burke Lake	TBA
1-Oct	Sat	9:00 AM	Octoberfest Invitational	6:00 AM	Great Meadow, The Plains, VA	TBA
6-Oct	Tues	4:30 PM	Concorde District Meet (Rain Date)	3:15 PM	Lake Fairfax	ALL
8-Oct	Sat	10:00 AM	Glory Days Grill Invaitonal	8:00 AM	TBA	ALL
10-Oct	Mon	8:23 AM	Practice (Meet @ CHS)	n/a	CHS	ALL
11-Oct	Tues	4:30 PM	Dobson Double Dual Invitational	3:15 PM	Burke Lake	ALL
15-Oct	Sat	9:00 AM	Third Battle Invitational	6:00 AM	Millbrook HS, Winchester	ALL
19-Oct	Wed	4:00 PM	FCPS JV Championships	3:00 PM	Burke Lake	JV
20-Oct	Thurs	5:45 PM	Team Dinner	n/a	CHS Cafeteria	ALL
22-Oct	Sat	8:00 AM	Practice (District Teams Only)	n/a	TBA	Varsity
27-Oct	Thurs	2:00 (G),3:00(B)	Concorde District Championships	11:00 AM	Burke Lake	Varsity
3-Nov	Thurs	2:45 (g),3:30 (B)	Northern Region Championships	12 noon	Burke Lake	Varsity
12-Nov	Sat	TBA	VA 6A State Championships	TBA	Oatlands Plantation, Leesburg	Varsity
1-Dec	Thurs	7:00 PM	Cross Country Team Awards	n/a	CHS Auditorium	ALL

Please set ALL of these dates aside right now. You are making a real commitment to this team. You are expected to make ALL functions at which you are expect to participate. All absences must be exused approved ahead of time by Coach G.