

**March 1-3, 2021- Indoor Track Championships – Revised 2/2/2021**  
**All Events will have a Maximum of 12 athletes**

7:00 AM - Doors open for Girls Participants

7:30 AM - Coaches Meeting

*Female participants will compete in the morning session.*

8:00 AM - Girls High Jump, Girls Triple Jump, Girls Pole Vault, Girls Shot Put

8:30 AM - Girls Long Jump and 4X800 Relay Finals - 1 Section

10:00 AM - Running Events

Girls 55 Meter Hurdles Timed Finals - 2 Sections

Girls 55 Meter Dash Timed Finals - 2 Sections

4X200 Relay Finals - 2 Sections

1600 Meter Run Finals - 1 Section

500 Meter Run Finals - 2 Sections

Tentative Competition Break – TBD based on Meet Pace

1000 Meter Run Finals -1 Section

300 Meter Dash Finals - 2 Sections

3200 Meter Run Finals -1 Section

4x400 Relay Finals - 2 Sections

1:00 PM - approximate Conclusion

2:00 PM - Facility Opens for Boys Participants

2:30 PM - Coaches Meeting

*Male participants will compete in the afternoon session.*

3:00 PM - Boys High Jump, Boys Triple Jump, Boys Pole Vault, Boys Shot Put

3:30 PM - Boys Long Jump and 4X800 Relay Finals -1 Section

5:00 PM - Running Events

Boys 55Meter Hurdles Timed Finals - 2 Sections

Boys 55Meter Dash Timed Finals - 2 Sections

4X200 Relay Finals - 2 Sections

1600 Meter Run Finals - 1 Section

500 Meter Run Finals - 2 Sections

Tentative Competition Break – TBD based on Meet Pace

1000 Meter Run Finals -1 Section

300 Meter Dash Finals - 2 Sections

3200 Meter Run Finals -1 Section

4x400 Relay Finals - 2 Sections

8:30 PM approximate Conclusion

Class 4 on Monday, 3/1@ Liberty Univ. /Class 6 on Monday, 3/1@ Va. Beach Center

Class 3 on Tuesday, 3/2@ Liberty Univ. /Class 5 on Tuesday, 3/2@ Va. Beach Center

Class 1&2 on Wednesday, 3/3@ Liberty Univ.