

Individual Free Throw Records

Most Free Throw Attempts in a game

Rank	FT's	Player	Date	Opponent
1	25	Ally Heldt	12/28/2018	Macomb
2	22	Lauren Hiatt	11/14/1995	Beardstown
3	20	Josey Wort	12/29/2004	Bushnell
4	19	Kristina Schenk	11/15/1994	Beardstown
	19	Alexis Doyle	12/28/2015	Abingdon/Avon
6	18	Jill Boylen	11/18/1997	Beardstown
	18	Josey Wort	12/9/2004	Hamilton
	18	Alexis Doyle	12/14/2015	Routt
	18	Alexis Doyle	12/29/2017	Macomb
	18	Belle Koch	12/26/2019	Macomb

Most Free Throws Made in a Game

Rank	FT's	Player	Date	Opponent
1	20	Josey Wort	12/29/2004	Bushnell
2	19	Ally Heldt	12/18/2018	Macomb
3	14	Kristina Schenk	11/15/1994	Beardstown
	14	Josey Wort	12/2/2004	PORTA
	14	Alexis Doyle	12/29/2017	Macomb
	14	Belle Koch	12/26/2019	Macomb
7	13	Josey Wort	12/9/2004	Hamilton
	13	Lauren Hiatt	11/14/1995	Beardstown
	13	Josey Wort	12/8/2005	Liberty
	13	Vanessa Markert	11/30/2012	Calhoun
	13	Alexis Doyle	12/14/2015	Routt
	13	Alexis Doyle	11/19/2016	Beardstown
	13	Belle Koch	2/22/2021	Greenfield

Most Free Throw Attempts in a Season

Rank	FT's	Player	Year
1	227	Belle Koch	2019-2020
2	225	Ally Heldt	2018-2019
3	214	Josey Wort	2004-2005
4	206	Alexis Doyle	2015-2016
5	171	Belle Koch	2018-2019
6	165	Susie Wort	1990-1991
7	160	Lacey Wort	1999-2000
8	159	Vanessa Markert	2012-2013
	159	Alexis Doyle	2016-2017
10	158	Leah Kassing	2006-2007

Most Free Throws Made in a Season

Rank	FT's	Player	Year
1	188	Belle Koch	2019-2020
2	167	Josey Wort	2004-2005
3	163	Ally Heldt	2018-2019
4	152	Alexis Doyle	2017-2018
5	139	Alexis Doyle	2015-2016
6	128	Vanessa Markert	2012-2013
7	117	Lacey Wort	1999-2000
8	112	Ally Heldt	2017-2018
9	111	Belle Koch	2018-2019
10	110	Susie Wort	1990-1991

Most Free Throws Attempts - Career

Rank	FT's	Player	Years
1	639	Alexis Doyle	2014-2018
2	618	Ally Heldt	2015-2019
3	554	Belle Koch	2017-2021
4	529	Vanessa Markert	2011-2015
5	486	Josey Wort	2003-2006
6	453	Leah Kassing	2004-2008
7	429	Mariah Markert	2014-2018
8	411	Amy Kerley	2008-2012
9	344	Kim Hiatt	1998-2002
10	326	Lauren Hiatt	1994-1997

Most Free Throws Made - Career

Rank	FT's	Player	Years
1	431	Ally Heldt	2015-2019
2	428	Alexis Doyle	2014-2018
3	412	Belle Koch	2017-2021
4	401	Vanessa Markert	2011-2015
5	356	Josey Wort	2003-2006
6	270	Mariah Markert	2014-2018
7	233	Lauren Hiatt	1994-1997
8	229	Leah Kassing	2004-2008
9	214	Katey Flynn	2019-Present
10	206	Lacey Wort	1997-2000
	206	Amy Kerley	2008-2012

Highest Single Season Free Throw Percentage - Season

Min. 60 Attempts

Rank	FT %	Player	FTM-FTA	Year
1	84.3	Vanessa Markert	102-121	2014-2015
2	82.8	Belle Koch	188-227	2019-2020
3	80.5	Vanessa Markert	128-159	2012-2013
4	80.3	Tracy Ham	61-76	1996-1997
5	78.0	Josey Wort	167-214	2004-2005
6	76.6	Lisa Hollembeak	98-128	1978-1979
7	76.2	Klare Flynn	96-126	2021-2022
8	75.0	Erin Chaney	45-60	2003-2004
9	74.7	Belle Koch	68-91	2020-2021
10	74.7	Ally Heldt	112-150	2017-2018

Highest Single Season Free Throw Percentage - Career

Min. 150 Attempts

Rank	FT %	Player	FTM-FTA	Year
1	77.3%	Klare Flynn	119-154	2019-Present
2	75.8%	Vanessa Markert	401-529	2011-2015
3	74.4%	Belle Koch	412-554	2017-2021
4	73.3%	Josey Wort	356-486	2002-2006
5	72.0%	Lacey Wort	206-286	1997-2000
6	71.5%	Lauren Hiatt	233-326	1994-1997
7	71.0%	Tracy Ham	130-183	1994-1997
8	69.7%	Ally Heldt	431-618	2015-2019
9	68.6%	Rita Roberts	203-296	1984-1988
10	67.3%	Katey Flynn	214-318	2019-Present
10	67.2%	Susie Wort	184-274	1988-1992
11	67.0%	Alexis Doyle	428-639	2014-2018

Most Consecutive Free Throws Made

Rank	FT's	Player	Dates
1	34	Vanessa Markert	12/27/2014 to 1/13/2015
2	28	Vanessa Markert	11/15/2012 to 12/10/2012
3	24	Josey Wort	12/28/2004 to 12/30/2004
4	22	Belle Koch	2/20/21 to 2/27/2021
5	19	Lauren Hiatt	12/16/1996 to 12/26/1996
	19	Vanessa Markert	12/29/2012 to 1/7/2013
7	17	Vanessa Markert	1/9/2013 to 1/21/2013
	17	Ally Heldt	1/9/18 to 1/24/19
	17	Klare Flynn	12/28/21 to 12/30/21
10	16	Josey Wort	1/17/2005 to 1/20/2005
	16	Alexis Doyle	1/17/2018 to 1/25/2018
	16	Ally Heldt	11/23/18 to 12/3/18
	16	Belle Koch	12-21-19 to 12-26-19