**Blue Ridge Athletics**

**2022‐2023**

**Blue Ridge Middle/ High School**

**Coach, Parent, & Athlete**

**Handbook**

***“Home of the Raiders”***

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**School Website**

[www.brsd.org](http://www.brsd.org)

**Athletics Website**

[www.blueridgeraiders.org](http://www.blueridgeraiders.org)

Blue Ridge Middle/High School is a member of District 2, Lackawanna League Class AA/A of the

Pennsylvania Interscholastic Athletic Association (PIAA).

**Pennsylvania Interscholastic Athletic Association**

https://www.piaa.org/

**PIAA District 2**

http://www.piaad2.org

**Lackawanna League High Schools**

Abington Heights, Blue Ridge, Carbondale, Delaware Valley, Dunmore, Elk Lake, Forest City, Holy Cross,

Honesdale, Lackawanna Trail, Lakeland, Mid Valley, Montrose, Mountain View, North Pocono, Old

Forge, Riverside, Scranton, Scranton Prep, St. Gregory’s, Susquehanna, Valley View, Wallenpaupack, West Scranton and Western Wayne

**Wyoming Conference High Schools**

Berwick, Coughlin, Crestwood, Dallas, GAR, Hanover Area, Holy Redeemer, Lake Lehman, Meyers, MMI,

Nanticoke, Northwest, Pittston Area, St. Michael’s, Tunkhannock, West Side Tech, Wyoming Area,

Wyoming Seminary, Wyoming Valley West

**Vision Statement**

Our vision is to continue to build a passion for learning and a desire for future success. The secondary program will facilitate student learning to develop academic potential, achieve personal success and become responsible and productive citizens. Partnerships across staff and the community will refine primary learning. All students will develop the ability to think critically, logically, creatively and to effectively communicate. The Blue Ridge MS/HS staff will work collaboratively to ensure student success by placing the highest priority on supporting consistent high achievement on college, career and trade readiness indicators and State Assessments. Our program will be rigorous, robust and relevant to the real world, reflecting the knowledge and skills that our young people need for success after graduation.

**Philosophy**

The Blue Ridge School District believes that the opportunity for participation in extracurricular activities is a vital part of students’ educational experiences. Such participation is a privilege that carries with it responsibilities to the school, the sport, the student body, the community, and to the participants themselves. Lessons in teamwork, positive attitudes, competition, dedication, self‐sacrifice, loyalty, discipline, and leadership are a part of each activity in our athletic program. Interscholastic competition adds to our school spirit and helps students, spectators, the community, and the student‐athletes develop a sense of pride in their school. While in the process of achieving the lessons mentioned above, opportunities are provided for the development of knowledge, athletic skill, interpersonal skills, sportsmanship, and overall character development and personal growth.

**Purpose**

The Blue Ridge School District recognizes the important role athletics plays in our community.

Attendance at school athletic events is a popular recreational activity for students, parents, and citizens of all backgrounds and ages. In the interest of making sporting events the learning experiences we intend them to be, and in making the athletic events enjoyable and positive experiences for our spectators, we have in place a code of conduct for those who choose to be members of our athletic programs. It is important to note that these programs are voluntary programs that students have chosen to try out for and participate in, and they agree to the conditions placed upon their behavior and attitudes as members of a team. The following is a description of the Blue Ridge School District’s Code of Conduct for all athletic programs. The district recognizes that individual sports may also include more specialized rules as the respective coaches see fit.

**Administrative Organization**

**Blue Ridge Board of Education (BOE)**

The BOE is the ruling agency for the district. It is responsible for interpreting the needs of the community and requirements to the professional organization. Additional responsibilities include: developing policies, approving means by which professional staff may make these policies effective, and evaluation of the interscholastic athletic program in terms of its value to the community.

**Superintendent of Schools –Mr. Matthew Button**

The Superintendent is responsible to administer the district according to the policies adopted by the

BOE as well as the rules and regulations of the Pennsylvania Department of Education (PDE).

**High School Principal – Mrs. Casey Webster**

By delegation and established precedent, the high school principal is the official school representative in matters dealing with the Pennsylvania Interscholastic Athletic Association (PIAA) and the Lackawanna

Interscholastic Athletic Association (LIAA) related to varsity and junior varsity and junior high competition.

**Athletic Director – Mr. Nicholas Swaha**

The primary responsibility of the athletic director is the administration and supervision of the interscholastic athletic program in the district. The athletic director will handle the day‐to‐ day operation of the athletic department. Athletic Director will hand out and collect all uniforms and warmups, schedule all competitions and assist in the hiring of new coaches.

**Coaches**

The coaches are responsible for the daily operation of the team and the supervision of all participants involved. The junior varsity and junior high coaches report to the varsity coach. The varsity coach reports to the athletic director.

**Athletic Trainer**

The primary responsibility of the Athletic Trainer is to maintain the health and safety of the student-athletes. The Athletic Trainer shall practice in accordance with the operating procedures developed in agreement with an overseeing physician.

**Code of Ethics for Coaches**

A coach is a powerful role model. The impact that a coach has on the lives of the young people is significant. A coach leads by his/her own actions. The manner in which a coach handles adversity will influence the actions of our student‐athletes. There should be one voice when dealing with our youth.

All coaches and volunteer members of the athletic program are required to do the following:

• Emphasize the proper ideals of good sportsmanship, ethical conduct, and fair play.

• Eliminate all things which tend to take away from the best values of the game.

• Show courtesy and respect to the visiting team, coaches, and fans.

• Respect the integrity and judgment of game officials.

• Encourage leadership, initiative, and the use of good judgment by team participants.

• Recognize that the purpose of playing the game is to promote the physical, mental, moral,

 social, and emotional well‐being of individual players.

• Remember that the athletic contest is only a game, not a matter of life or death for players,

 coaches, and/or the school.

• Set an example of good conduct for team participants, spectators, and the public in general.

 A coach should always conduct himself/herself in a professional manner.

• At no time while supervising a school athletic team should a coach use tobacco products,

 drink alcoholic beverages, use illegal drugs, or demonstrate profane or abusive language.

**Duties and Responsibilities of Coaches**

All coaches are official representatives of the Blue Ridge School District. Coaches have the responsibility for the guidance of team members. The work of the coach must be an integral part of the educational program through the encouragement of academic achievement and the enforcement of rules and policies.

• Follow all PIAA rules and regulations.

• Submit a team roster (including managers) to the athletic office prior to the first contest.

 The roster should include the name of each participant, uniform number, grade, and

 position.

• Provide roster updates every 2 weeks to AD office.

• Know the rules of the sport.

• Provide players with thorough conditioning and comprehensive fundamentals of the sport

 to ensure safety for the participant.

• Make athletes aware of appropriate safety equipment at all times when participating in the

 sport.

• Submit a copy of the team rules prior to the start of the season to the A.D.

• Provide written copies of team rules and procedures to each participant and their parents.

• Submit practice time schedule and location for entire season to athletic office after 1st week

 of practice. Also submit any changes to practice times and places during the season.

• Prior to any participation, athletes must have the following ***Signed*** and on file:

* Code of Conduct
* Concussion form
* Cardiac form‐
* Current physical on file with the athletic office/ nurse’s office
* Concussion Impact test complete, along with being
* Academically eligible (GPA ≥ 77, and not failing more than one core class).

• Supervise all participants until their departure from the school after practice or a game.

* Students should never be left unsupervised at any time. The coach should be

the last to leave.

* An Official (Paid) Coach is required to ride the bus to and from away events with the team.

• All emergency cards must be on file in the athletic office and must be in your first aid kit.

• Report all injuries to the athletic director immediately and file necessary documentation

 with the athletic office.

• Report any unsportsmanlike conduct and game ejections to the athletic director the day or

 night of the event.

• Check the bus for personal property and cleanliness.

• Account for all participants on trips away from the home district.

• Assist the athletic director in the preparation of the playing facility for contests.

• Assist the athletic director in securing the playing facility after an athletic contest.

• Keep an accurate record of equipment assigned and manage the return and cataloguing of

 returned equipment.

• Attend all league/district rules interpretation/seeding meetings.

• Attend pre‐season coaches meeting.

**SPECIAL NOTE:**

**\*PIAA ELIGIBILITY REQUIREMENTS‐ STUDENT ATHLETES HAVE 4 YEARS OF ELIGIBILITY AT THE VARSITY LEVEL.**

**7th AND 8th GRADE PARTICIPATNTS ARE NOT PERMITTED TO PRACTICE, SCRIMMAGE, OR PARTICIPATE IN CONTESTS AT THE VARSITY LEVEL.**

**Anti-Hazing Policy – BOE Policy Code 247**

**Purpose**

The purpose of this policy is to maintain a safe, positive environment for students and staff that is free from hazing. Hazing activities of any type are inconsistent with the educational goals of the district and are prohibited at all times.

**Definitions**

For purposes of this policy **hazing**is defined as any action or situation which recklessly or intentionally endangers the mental or physical health or safety of a person or which willfully destroys or removes public or private property for the purpose of initiation or admission into or affiliation with, or as a condition of continued membership in, any organization. The term shall include, but not be limited to:

1. Any brutality of a physical nature, such as whipping, beating, branding;
2. Forced calisthenics;
3. Exposure to the elements;
4. Forced consumption of any food, liquor, drug or other substance;
5. Any forced physical activity which could adversely affect the physical health and safety of the individual, and shall include any activity which would subject the individual to extreme mental stress, such as sleep deprivation, forced exclusion from social contact, forced conduct which is intended to or could result in humiliation, extreme embarrassment, or any other forced activity which could adversely affect the mental health or dignity of the individual; or
6. Any willful destruction or removal of public or private property.

For purposes of this policy, any activity, as described above, upon which the initiation or admission into or affiliation with or continued membership in an organization is directly or indirectly conditioned shall be presumed to be “forced” activity, the willingness of an individual to participate in such activity notwithstanding.

For purposes of this policy, **student activity or organization**is defined as any organization, team, club, society, or group operating under the sanction of or recognized as an organization by the district.

**Title IX Policy**

**Definition**

Title IX is a federal civil rights law passed as part of the Education Amendments of 1972. This law protects people from discrimination based on sex in education programs or activities that receive Federal financial assistance. Title IX states that:

“No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.”

Title IX applies to any institution receiving federal financial assistance from the Department of Education, including state and local educational agencies. Educational programs and activities that receive federal funds from the Department of Education must operate in a nondiscriminatory manner. Also, a recipient may not retaliate against any person for opposing an unlawful educational practice or policy, or because a person made charges, testified or participated in any complaint action under Title IX.

**Title IX Link**

The link to Blue Ridge School District’s full Title IX Policy can be found at the below link:

<https://www.brsd.org/files/user/1/file/BRSD_TITLE_IX_Webpage_Info.pdf>

**Emergency Injury Procedures**

• Remind your student‐athletes to report all injuries directly to the Athletic Trainer. If the Athletic Trainer is not present, to the Head Coach.

• The Athletic Trainer must fill out and sign an accident report and turn it in to the Athletic

 Director by the following school day. If an Athletic Trainer is not present, the Head Coach must fill out and sign an accident report and turn it into the Athletic Director.

• Each coach is expected to have the emergency information forms in his/her possession.

• When an injury occurs and an Athletic Trainer is not present, follow these procedures:

* Give first aid as needed. When in doubt, call 911.
* When a student‐athlete is transported by ambulance, a coach or adult designee

must accompany him/her.

* Call parent – refer to emergency information form when parent cannot be

contacted. Every coach must have this form in his/her possession and be

available any place or time for everyone connected with his /her team.

* Student‐athlete should be turned over to parent, relative or adult designee, as

indicated on the Emergency Information form. If none are available, the coach is

to be considered as the parent in absentia. The coach is responsible to make

sure the student‐athlete receives reasonable and prudent treatment.

• Accident report forms must be filled out signed and returned to the Athletic Director’s office

 by the following school day.

**Other Emergency Information**

* Refer to both the Emergency Action Plan and the Standard Operating Procedures located in the Coach’s Binder.
* Any student-athlete who is suspected of having a concussion after evaluation/assessment, either by the school nurse or the athletic trainer, cannot return to competition until seen and cleared by a physician.
	+ Student-athlete’s diagnosed with a concussion must complete a Return-To-Play progression either with the athletic trainer, physical therapist, or by physician’s office before returning to full competition.

**Other Coaching Requirements**

• Call scores into the Scranton Times

* Fax Attention: Sports Department
* 570-348-9125

• Email or text scores and synopsis of the game/event to the athletic director:

* Scott Summers, summerss@brsd.org
* An announcement will then be generated for students and staff based on the

 information provided.

• Call the athletic office by 2:00pm to verify that an event is still scheduled.

• Assist with crowd control by demonstrating good sportsmanship and respect for game

 officials.

**End of Season Responsibilities**

• Submit all information to the athletic office for the purpose of:

* Organizing athletic awards night.

• Attend all awards ceremonies and booster club banquets.

• Fill out end of year report provided in coaching folder.

• Sign evaluation form and letter of assurance.

* All forms must be signed and turned in before pay is issued.

• Develop plan for off‐season conditioning/skill development.

**Varsity Letter Awards Criteria**

As a student-athlete at Blue Ridge High School, students have the ability to earn Varsity Letters for their participation in their sports. These letters are awarded for a student’s participation at the Varsity level of a particular sport. Participation at the Junior Varsity or Junior High level does not result in a Varsity Letter Award. Varsity Letters are awarded when a student-athlete participates in at least half of the available competitions of that particular sport, at the Varsity level. Below are listed the different levels of award for Varsity participation.

1 season of Varsity participation in a single sport – Varsity Letter Award Certificate

2 seasons of Varsity participation in a single sport – Certificate and Varsity Letter

3 seasons of Varsity participation in a single sport – Certificate and Sport Pin

4 seasons of Varsity participation in a single sport – Certificate and Second Sport Pin

3 Seasons of Varsity participation in a single sport or combination of sports – Varsity Jacket

* Student-athlete’s varsity jackets are purchased by the Athletic Department at no cost to the student-athlete. The completion of these sports seasons must be done as a student-athlete for the Blue Ridge School District.

\*Student-athletes at the Junior Varsity and Junior High Level will be awarded Participation Certificates.

**Objectives of Student Participation**

The following objectives have been established for the student‐ athletes:

• Physical fitness and skills

• Mental alertness

• Positive moral abilities

• Constructive social abilities

• Emotional maturity

Student‐athletes are given the opportunity to:

• Develop physical talents to their maximum potential.

• Engage in competitive activities, while encouraging sound health, safety, and physical

 fitness.

• Exemplify good sportsmanship as means for learning good citizenship.

• Learn to appropriately experience winning and losing in a competitive atmosphere.

• Learn from experience that consequences follow the violation of a rule.

• Experience working as a team member, exercising self‐ discipline and self‐sacrifice in

 order to achieve team goals.

• Learn how to be a good teammate, making positive contributions regardless of the role

 on the team.

• Experience problem‐solving and decision‐making.

• Learn to develop trust and accept responsibility that comes with earning trust from

 others.

• Create a positive image for the school in order to help them develop school spirit and

 loyalty.

**Eligibility of Athletes**

**Academics**

To be academically eligible for athletic participation, a student must meet the following criteria each

time an eligibility check is administered:

• Maintain a GPA ≥ 77

• Not failing more than one (1) core class

• If an athlete is academically ineligible they **CANNOT**:

* Practice or play
* They are to watch games sitting directly behind the team bench.

• Students that lose their eligibility for either of these reasons will only regain their eligibility

 when the requirements are met at the next eligibility check.

• In cases where the student’s work in any preceding quarter does not meet the academic

 criteria above, the student will be ineligible for fifteen (15) school days.

• Eligibility is monitored weekly by the Athletic Director/Principal. Reports are run every

 Friday.

**Age Requirements**

The following age eligibility rules will be in effect for students participating in interscholastic athletic

activities:

• Senior High School – A pupil shall be ineligible for interscholastic athletic competition upon

 attaining the age of nineteen (19) with the following exception:

o If the age of nineteen (19) is attained on or after July 1st, the pupil shall be eligible,

 age‐wise, to compete through that school year.

• Middle School – Involvement in interscholastic sports by a middle school student is limited

 to Junior High athletics only (7th, 8th, and/or 9th grade students).

O The athlete is ineligible to compete in Junior High interscholastic athletic contests

 after attaining the age of fifteen (15) years with the following exception:

* If the age of fifteen (15) is attained on or after July 1st, the pupil shall be

eligible to compete through that school year.

**School Attendance Requirements**

School Attendance and Conduct Requirements for Participation in Athletics and Extra‐curricular

Activities: (BRSD Policy #122/123). \*\*Policy applies to students planning to participate in athletics and extracurricular activities including clubs, student organizations, dramatic productions, field trips, dances and the prom.

Participants must be regularly enrolled in BRSD and be in full‐time attendance or meet eligibility requirements (BRSD Policy # 140.1).

Students will become ineligible to participate due to excessive absences. Students absent (not including approved family trip or medical absences) 5 or more days after the end of the first marking period, 10 or more days after the end of the second marking period, or 15 or more days after the end of the third marking period will be restricted from participating in extracurricular activities, field trips and athletics. Students reaching 20 days of absence at any point in the school year will be ineligible to participate in athletics and extracurricular activities including clubs, student organizations, field trips, dramatic productions dances and the prom.

• A student is expected to be in school by 11:30 in order to attend or participate in a practice,

 athletic event or extra‐curricular function.

• Individuals who miss school as a result of a college visit or a death in the family must have

 pre‐approval to be able to participate in practice, athletic or extra‐curricular function event.

• Students are expected to be in attendance on the day following an athletic or extracurricular

 activity or they will be restricted from the next event. Students must be here for

 1st period.

**Student‐Athlete Code of Conduct**

Participation in athletics is a privilege to students at Blue Ridge. As a result, student‐athletes have a higher expectation for behavior and can have this privilege revoked for failure to comply with the code of conduct set forth by the school and the team.

The following rules govern all student‐athletes in the Blue Ridge School District:

**School Discipline**

• Student‐athletes are governed by the code of conduct of the Blue Ridge Middle School and

 Blue Ridge High School. This is in effect during the school day, during practices/games, en

 route to/from contests, and while being a spectator at any athletic contest.

• Any student assigned an in‐school suspension (ISS) of out of school suspension (OSS) is not

 permitted to participate in any event, practice or game, on the day(s) of suspension.

* Students that are suspended out of school cannot attend any school related

function on the days of suspension.

• Any student‐athlete that is a persistent discipline problem will be made ineligible at the

 discretion of the principal.

• Student‐athletes are expected to abide by all team rules and procedures as established by

 the coach. Failure to do so will result in consequences administered by the coach.

**Prohibited or Illegal Substances**

• The use of tobacco, alcohol, or drugs (as defined by Board Policy‐227) is expressly

 prohibited.

* Any athlete disregarding this rule, on or off school grounds, shall be

immediately removed from any team for the remainder of the season.

* Violation of this policy is also subject to consequences as outlined in the

student handbook.

**Sportsmanship**

• Student‐athletes are expected to show respect for the opponent and game officials at

 all times. In contests that occur on our campus, the opponent is considered a guest and

 is to be treated with the utmost respect and dignity. We welcome the opportunity to

 compete against those who visit our facilities and insist that our athletes act

 appropriately toward them before, during, and after all athletic contests.

• Similarly, when attending away events, participants represent themselves and their

 families as members of the Blue Ridge School District community.

• Athletes will show respect for the officials.

* Officials and referees are impartially assigned to direct and administer

 athletic contests according to PIAA and Lackawanna League rules.

* Participants must accept and abide by the decisions of officials and refrain

 from inappropriate criticism directed at game officials or other

 officials/workers who fulfill game‐related functions (i.e. clock operators,

 scorekeepers, timers, etc.).

• Athletes should know, understand, and appreciate the rules of the contest. A familiarity with the current rules of the game and the recognition of their necessity for a fair contest are essential. Good sportsmanship suggests the importance of conforming to the spirit as well as the letter of the rule.

• Athletes should maintain self‐control at all times. The cornerstone of effective athletic

 performance is the ability to control one’s emotions and corresponding actions.

* Athletes who lose control of their temper or allow the intensity of the

contest to develop into inappropriate actions or words, diminish team and

individual effectiveness.

**Transportation**

• Only team participants, managers, and coaches may ride the bus to/from contests.

• All team members and cheerleaders must ride on the school provided transportation to

 practices and events.

• All rules governing the school district and the transportation carrier must be followed.

• Athletes may ride home with a parent or legal guardian providing arrangements have

 been made between the coach and the parent/legal guardian and a written note has

 been provided to the coach.

• In order for team members to ride home with an adult other than their parent/legal

 guardian, a written request must be submitted and pre‐approved by the athletic

 director or building principal (see form at the end of the handbook).

• All transportation to events will be provided by the school district.

**Activity Bus Schedule**

• BRSD runs two activity buses:

 Hallstead/Great Bend

 New Milford/Jackson

• Both buses leave the school Monday ‐ Friday at 5:15PM

 Half day Friday’s activity bus will run at 2:15PM

• Students should advise the driver where they need to be dropped off when boarding

 the bus.

• **Hallstead/Great Bend Stops:**

 Three Lanes / Susquehanna Beverage

 People’s Nation Bank Building / Great Bend Plaza

 Wellington Street/ Hallstead Library/ Chase Ave/Pine Street/ Dubois Street

 Route 7

 Corner Store / VFW

 Randolph Street / Orchard Road / State Line / Randolph Road

 Route 171

 Harmony Road

 Final Stop: Old Route 11

• **New Milford/Jackson Stops:**

 Thrift Shop

 New Milford Park

 Pump & Pantry

 Church Street / Route 492

 Route 492 (at student requests)

 Route 92 (at student requests)

**Fundraising**

The Board of Education has reviewed and established the following guidelines and procedures for

fundraisers:

**Guidelines**

• All fundraisers must receive prior administrative approval

• Groups are limited to three (3) fundraisers per year in which products are sold.

• In order to be approved, fundraisers should provide a minimum of 40% profit.

• All fundraisers must have a component that allows for direct donations in lieu of

 purchasing the product.

• All documentation as described in Procedure section below must be filed with the

 District Office or future requests will be denied.

**Procedure**

• A fundraiser request form must be obtained, completely filled out and returned to the high

 school principal in the high school office.

• The request will be approved/ denied by the high school principal.

• The Board requires that fundraiser requests be submitted a minimum of two weeks prior to

 the start date. The intent of this procedure is to cut down on the lead time needed to

 approve fundraisers and to simplify the process.

• If a team/group/club/organization that is sponsored by the Blue Ridge School District is

 purchasing apparel that will be worn on the field, court, or at any event that identifies them

 as "the club/team", then the colors can only be red/white. Black can be used as an accent

 color (edging of letters, numbers, etc.).

• If a team/group/club/organization that is sponsored by the Blue Ridge School District is

purchasing apparel that will be sold district/community‐wide, then the colors can only be red/white/athletic grey/black. Black can be used as an accent color (edging of letters, numbers, etc.). The colors of white, athletic grey, and black will be considered “neutral colors”.

 Girls Volleyball teams are permitted to wear black spandex shorts. The

 length must be mid‐thigh or longer.

* All wording and logos on apparel should reflect traditional school colors
* Logos used on neutral color apparel cannot be modified, colors or otherwise, from approved school logos.
* Apparel sold for charitable purposes can reflect that charity’s colors; ie. Pink for Breast Cancer
* Uniform guidelines do not change from passed guidelines. Red and White will be the base/prominent colors of all school athletic uniforms.

**STUDENT ATHLETICS PARTICIPATION WAIVER**

**ASSUMPTION OF RISK AND RELEASE OF ALL CLAIMS**

**STUDENT**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade:\_\_\_\_\_\_\_\_\_\_ Activity:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **Activity:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **Activity**: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­**­­

I am aware playing or practicing to play/participate in any sport can be a dangerous activity involving many risks of injury. I do understand that the dangers and risks of playing or practicing any sport include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, other aspects of my body, general health and well‐being. I understand that the dangers and risks of playing or practicing to play/participate in any sport may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in the above intramural or interscholastic athletic activity, I recognize the importance of following teachers’ and coaches’ instructions regarding playing techniques, training and other team rules, and agree to obey such instructions.

In consideration of the Blue Ridge School District Board of Education (hereinafter “Board of Education”) permitting me to engage in all activities related to the sport, including, but not limited to, trying out, practicing or playing/participating in that sport, I hereby voluntarily assume the risk of accident, injury or damage to person or property. Furthermore, I voluntarily release and discharge the Board of Education, its employees, agents, representatives, coaches and volunteers from, without limitation, any and all actions, causes of action, claims, demands, damages, costs, expenses, compensation, and/or suits at law or in equity, on account of or relating to any act or omission by the Board of Education, its employees, agents, representatives, coaches or volunteers. I also agree to defend, indemnify and save the Board of Education harmless from and against any and all liability, actions, causes of action, debts, claims, demands, or suits at law or in equity of any kind and nature whatsoever which may arise, directly or indirectly, by or in connection with my participation in any activity. The terms hereof shall serve as a release for my heirs, estate, executor, administrator, and assignees.

I further acknowledge that if I am participating in football, wrestling, baseball, or soccer, I am aware that they are violent contact sports involving even greater risk of injury than other sports.

In addition, I acknowledge all the regulations and the potential of denial and dismissal from sport participation for violations of Board policy and/or the expectations and standards of the coach(es).

Student Name (*Printed*): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***THIS FORM MUST BE COMPLETED AND RETURNED TO THE PRINCIPAL’S OFFICE OF YOUR SCHOOL PRIOR TO THE START OF THE SEASON.***

**ASSUMPTION OF RISK AND RELEASE OF ALL CLAIMS**

**PARENT/GUARDIAN**

**Activity: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Activity: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Activity: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, am the parent/legal guardian of

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (*student*), now enrolled in grade\_\_\_\_\_\_\_\_\_\_. I have read the warning and release signed by the student and understand its terms. I understand that all sports can involve many risks of injury, including, but not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, other aspects of my child’s body, general health and well‐being. I understand that the dangers and risks of playing or practicing to play/participate in any sport may result not only in serious injury, but in a serious impairment of my child’s future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

In consideration of the Blue Ridge School District Board of Education (hereinafter “Board of

Education”) permitting my child to engage in all activities related to the indicated intramural or interscholastic sport, including but not limited to, trying out, practicing, or playing/participating in the indicated sport, I hereby give permission for the student to participate in the aforementioned activities and voluntarily agree, on my own behalf and on behalf of my child to release and discharge the Board of

Education, its employees, agents, representatives, coaches and volunteers from, without limitation, any and all actions, causes of action, claims, demands, damages, costs, expenses, compensation, and/or suits at law or in equity, on account of or relating to any act or omission by the Board of Education, its employees, agents, representatives, coaches or volunteers in connection with the indicated activity. I also agree to defend, indemnify and save the Board of Education harmless from and against any and all causes of action, debts, claims, demands, or suits at law or in equity of any kind and nature whatsoever which may arise, directly or indirectly, by or in connection with my child’s participation in the indicated activity. The terms hereof shall serve as a release for my heirs, estate, executor, administrator, and assignees, and the heirs, estate, executor, administrator, and assignees of the student, and for all members of our family.

I acknowledge that, if my child is participating in football, wrestling baseball, or soccer, I am aware that they are violent contact sports involving even greater risk of injury that other sports.

Furthermore, I acknowledge that I have read and will support the policies (rules & regulations) that have been set forth for students participating in the Blue Ridge Schools’ extracurricular program.

In addition, I acknowledge all the regulations and the potential of denial and dismissal from

sport participation for violations of Board policy and/or the expectations and standards of the coach(es).

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date Signature of Parent/Legal Guardian\*

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date Signature of Parent/Legal Guardian\*

**\*Both parents must sign unless only one has legal custody.**

***THIS FORM MUST BE COMPLETED AND RETURNED TO THE PRINCIPAL’S OFFICE OF YOUR CHILD’S***

***SCHOOL PRIOR TO THE START OF THE SEASON.***

**Student-Athlete Medical Privacy Notice**

In the course of a sports season, a student-athlete may become injured and may seek treatment from a physician. In this case, the Athletic Trainer at Blue Ridge School District may need to discuss the injury and/or further treatment with the student’s physician(s). As a parent/guardian, under the Health Insurance Portability and Accountability Act of 1996 (HIPAA), you have the authority to either grant or deny permission to both the physician and/or athletic trainer to communicate/disclose information about the student-athlete.

 Below you can indicate what level of permission you give to the Blue Ridge School District Athletic Trainer to be in contact with your student-athlete’s physician(s). Please indicate which you choose. By signing below you understand that you are permitting or denying the Athletic Trainer at Blue Ridge to be in contact with your student-athlete’s physician(s).

 No Permission X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

 Case by Case Basis X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

 Permission in All Events X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Name (Printed): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Name (Printed): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

**BLUE RIDGE ATHLETIC PERMISSION FORM for NON‐GUARDIAN TRANSPORTATION**

This form must be filled out 2 days prior to the date of the event or match and returned to AD office.

This form must be approved by the high school principal and/or athletic director. After approval the

student will pick up the form and give a copy to the coach.

I (*Parent name printed*) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ give:

(*Athlete name printed*) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ permission to ride home with:

(*Drivers name printed*) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from:

(*Sport*) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on

(*Date*)‐ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

**Contact Information:**

Phone number‐\_\_\_\_\_\_\_\_\_\_\_\_ Cell Work Home

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I (*Driver name printed*) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_will be taking:

(*Athlete name printed*) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ home from:

(*Sport*) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on

(*Date*)‐ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

**Contact Information:**

Phone number‐\_\_\_\_\_\_\_\_\_\_\_\_ Cell Work Home

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Approved by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date‐\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_