

**Alton High School
Summer Track Meet 2023
@ 6:00 P.M.
\$5.00 PER EVENT OR \$15.00 FOR 4 EVENTS
SIGN UP DAY OF THE MEET**

**June 15th & July 6th 2023
100 Meters, 400 Meters, 1600 Meters, 4 X 200 Relay, 4 x 4 Relay, Long Jump & Shot Put**

**June 29th & July 20th 2023
200 Meters, 800 Meters, 1500, 110 Hurdles, 4 x 100 Relay,
4 X 800 Relay, 4 X 400 Relay, Triple Jump, High Jump & Discus**

**Age Groups:
Elementary: 2nd grade - 5th Grade
Middle School: 6th Grade - 8th Grade
High School: 9th Grade - 12th Grade
College Level: 30-40 Age Group
Over 40**

**Ribbons and Medals will be awarded for 1st - 3rd place
Running events will be hand timed**

**Money raised will go toward the
Alton High Boys/Girls Cross Country Team**

**Please contact Tammy Talbert
ttalbert@altonschools.org**

I give my permission for my son/daughter to participate in the Alton Summer Track Meets. My son/daughter is covered on an existing insurance policy in case of an accident or injury. I understand that, as a condition of admittance as a participant, the undersigned, on behalf of all parents and guardians and on behalf of the applicant, hereby release all employees and agents of the track meets from any and all liability from injury or illness, mental or physical suffered by the participant during or related to the track meets.

Student Name: _____

Parent/Guardian Name: _____

Phone Number: _____

Emergency Number: _____

Address: _____

City: _____ **Email:** _____