

June 2024 Alton Redbirds Football Summer Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
	*Upper Classmen will report to Lift first, Frosh/Soph will report to FS first. At 4 pm we will switch.					
2	3 Meetings: 3-3:30, Lift/ FS: from 3:30-5:30, Practice: 5:30 - 7	4	5	6	7	8
		Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	
9	10	11	12	13	14	15
	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7		
16	17	18	19	20	21	22
	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7		
23	24	25	26	27	28	29

July 2024 Alton Redbirds Football Summer Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	7 on 7/Biggs Competition vs Marquette		
14	15	16	17	18	19	20	
	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Lift/ FS: 3-4:45, Practice 5-7	Schrimmage @ Roxana at 10			
21	22	23	24	25	26	27	
	Lift/FS: 3-4:45, Practice 5- 7	Lift/FS: 3-4:45, Practice 5- 7	Lift/FS: 3-4:45, Practice 5- 7	Lift/FS: 3-4:45, Practice 5- 7			
28	29	30	31				