



## Catholic Central Athletic Department

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### **MHSAA CHANGES FOR 2020/2021 SCHOOL YEAR**

1. For the 2020-21 school year the MHSAA pre-participation sports physical requirement will be waived for students in any grade who received a valid physical for sports during the 2019-20 school year (one completed on or after April 15, 2019).
  - a. **If utilizing a 2109-20 sports physical, students and their parents/guardians will be required to complete the two-page MHSAA ANNUAL SPORTS HEALTH QUESTIONNAIRE found on [www.MHSAA.com](http://www.MHSAA.com).** These forms must be signed by student and parent/guardian and submitted directly to the CC Athletic Office, to be kept on file with their 2019-20 sports physical.
2. Students who do not have a 2019-20 sports physical should have a new sports physical completed, and turn it in directly to the CC Athletic Office. Sports Physicals & MHSAA Annual Sports Health Questionnaires can be submitted in person, by scanned email, or USPS (contact information above).
3. Coaches are not allowed to accept or collect Sports Physicals & MHSAA Annual Sports Health Questionnaires. Coaches can also not clear a student for sports participation.

### **MHSAA Sports Physical & Annual Sports Health Questionnaires:**

Forms are available on the CC Athletic website [www.CatholicCentralSports.com](http://www.CatholicCentralSports.com) under **"FORMS"**.

- Prior to turning in a sports physical and/or health questionnaire, please confirm all information is complete and all signatures are present (athlete & parent).
- Once a student's sports physical has been submitted to the Athletic Office and verified complete (per MHSAA requirements) the student will be cleared for participation.
- All our coaches are provided access to a Shared Google Document, listing the names of all **"Cleared"** students who have a completed physical on file in the Athletic Office.
- If a student's name does not appear on the **"Cleared"** physical list, that student is not eligible to participate in sports (practices/tryouts). **There are no exceptions.**
- Any student turning in an incomplete physical will not be cleared for sports participation, and their name will be added to the **"Incomplete"** physical list. Their name will be moved to the **"Cleared"** physical list only when any issues with their physical are addressed.