

# WINTER ACADEMY SOCCER TRAINING



GRCC girls' soccer is putting together a winter soccer training program to help build players skills in the areas of ball mastery, 1v1 moves, 1v1 defending, field vision, and finishing.

The academy training will be held at The CAT located at 2770 Knapp St. NE, Grand Rapids, MI 49525.

The training will run on Saturday mornings, February 4, 11, 18, 25

1<sup>st</sup>-3<sup>rd</sup> grade will train 1:00-2:00 PM

4<sup>th</sup>-6<sup>th</sup> grade will train 2:00-3:00 PM

The cost is \$50.00 (please make checks payable to GRCC girls soccer). Players will receive a GRCC soccer T-shirt as well if turned in by January 15<sup>th</sup>.

The first two weeks will be skill building the whole hour. The second two weeks will be split into 30 min. training and 30 min. scrimmages.

This will be a great way to grow your player's skill set and love for soccer plus they will receive great training while keeping them active during the winter.

\*Please mail form with payment to reserve your spot to 5031 Dorset Lane, Muskegon MI 49441.

\* Please put player's name and age on memo of check.

\* I will be capping enrollment at 30 players per session so reserve ASAP.

\*Email [adkicks11@hotmail.com](mailto:adkicks11@hotmail.com) if you have any questions.

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Player's name \_\_\_\_\_ Parent's name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone number \_\_\_\_\_ Grade of player \_\_\_\_\_ Shirt size \_\_\_\_\_

\*Please bring soccer ball, soccer gear and water.