



## Catholic Central Athletics

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# CC SPORTS PHYSICAL POLICY (2021/2022)

The MHSAA requires that a sports physical be completed on or after April 15<sup>th</sup> of the current year, to be acceptable for sports participation in the following school year. The MHSAA does not take into consideration personal insurance calendar years.

**For the 2021/2022 school year a sports physical must be completed on or after April 15, 2021.**

- ❖ A student can only be cleared for sports participation by the CC Athletic Office, who must have a completed/cleared sports physical on file for all athletes participating in sports.
- ❖ Sports physicals can be submitted by scanned email to [loribailey@grcatholiccentral.org](mailto:loribailey@grcatholiccentral.org) and mailed or delivered in person to the CC Athletic Office. Contact the athletic office for summer office hour availability.

### MHSAA Sports Physical Forms Available:

- In the CC Athletic Office (north end of gym lobby) and the High School Main Office
- At [www.CatholicCentralSports.com](http://www.CatholicCentralSports.com) under “**FORMS**” tab, or use the link below:
  - [MHSAA Sports Physical Form](#)
  - Before turning your sports physical in to the Athletic Office, confirm all information is complete and **all signatures are present**.
  - **Students should not turn their physicals into a coach.** Coaches are not authorized to accept or collect physicals, and they cannot clear students for sports participation. **If a physical is not on file in the Athletic Office, that student is not cleared to participate under MHSAA requirements.**

**Head coaches are continually provided with updated “Cleared” and “Incomplete” physical lists, which they use to confirm each student’s eligibility or ineligibility to participate in sports.**

- If a student’s name is not appearing on either the “Cleared” or “Incomplete” list, they have no sports physical turned in and they are not eligible for participation until a physical is submitted and verified complete.
- If a student’s name appears on the “**Incomplete**” list, there is an issue with the sports physical they submitted, which must be addressed before they can be cleared for participation (contact Lori Bailey directly).